

Homeopathy

Select by Disease

Select by Disease

<u>Abdominal pain</u>	<u>Abortion</u>	<u>Abscesses & Boils</u>	<u>Acidity</u>
<u>Acne</u>	<u>Addictions</u>	<u>Adenoids</u>	<u>Albuminuria</u>
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<u>Fissure(Anal)</u>	<u>Fistula(Ano)</u>	<u>Fits</u>	<u>Flatulence(Wind)</u>
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<u>Gait(Walking)</u>	<u>Gall Stone(colic)</u>	<u>Gangrene</u>	<u>Gastroenteritis</u>
<u>Giddiness</u>	<u>Glands Ailments</u>	<u>Goitre</u>	<u>Gonorrhoea</u>
<u>Gout</u>	<u>Gums</u>	<u>Haematuria</u>	<u>Haemorrhoids</u>
<u>Hair</u>	<u>Headache</u>	<u>Heart affections</u>	<u>Hernia</u>
<u>Herpes Zoster</u>	<u>Hiccough</u>	<u>Hoarseness</u>	<u>Hydrocele</u>
<u>Hydrocephalus</u>	<u>Hydrophobia</u>	<u>Hang over</u>	<u>Hay fever</u>
<u>Hypertension</u>	<u>Hypotension</u>	<u>Hypothyroidism</u>	<u>Hysteria</u>
<u>Impotency</u>	<u>Injury</u>	<u>Indigestion</u>	<u>Influenza</u>
<u>Inoculation</u>	<u>Insanity</u>	<u>Insomnia</u> <u>(sleeplessness)</u>	<u>Iritis</u>
<u>Itching</u>	<u>Jaundice</u>	<u>Keloids</u>	<u>Keratitis</u>
<u>Kidney</u>	<u>Labor</u>	<u>Lachrymation(Tear)</u>	<u>Lactation</u>
<u>Laryngitis</u>	<u>Left Sided Remedies</u>	<u>Leprosy</u>	<u>Leucoderma</u>
<u>Leucorrhoea</u>	<u>Leukemia</u>	<u>Lice</u>	<u>Lumbago</u>
<u>Lupus</u>	<u>Malaria</u>	<u>Mammary glands</u>	<u>Mania</u>
<u>Marasmus</u>	<u>Mastoid Process</u>	<u>Masturbation(Male)</u>	<u>Masturbation</u> <u>(Female)</u>
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<u>Migraine</u>	<u>Morning Sickness</u>	<u>Mouth Ulcers</u>	<u>Mumps</u>
<u>Myopia</u>	<u>Nails affections</u>	<u>Nausea</u>	<u>Nephritis</u>
<u>Nervousness</u>	<u>Neuralgia(Facial)</u>	<u>Neuritis</u>	<u>Nightmare</u>
<u>Nose</u>	<u>Nymphomania</u>	<u>Obesity</u>	<u>Occupational</u> <u>Hazards</u>
<u>Oedema</u>	<u>Opposite</u> <u>Characteristics</u>	<u>Orchitis</u>	<u>Osteomyelitis</u>

<u>Otorrhoea</u>	<u>Overies affections</u>	<u>Pain</u>	<u>Palpitation</u>
<u>Pancreas affections</u>	<u>Paralysis</u>	<u>Peculiar symptoms</u>	<u>Peptic Ulcer</u>
<u>Periodicity</u>	<u>Peritonitis</u>	<u>Phimosis</u>	<u>Pharyngitis</u>
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<u>Spondylosis</u>	<u>Sprains</u>	<u>Squint</u>	<u>Stammering</u>
<u>Sterility</u>	<u>Stone</u>	<u>Stools affections</u>	<u>Stye(eyes)</u>
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<u>Throat sore</u>	<u>Thrombosis</u>	<u>Thyrotoxicosis</u>	<u>Time Modalities</u>
<u>Tobacco Craving</u>	<u>Tongue Affections</u>	<u>Tonsillitis</u>	<u>Toothache</u>
<u>Trachoma</u>	<u>Travel Sickness</u>	<u>Tuberculosis</u>	<u>Tumours affections</u>
<u>Typhoid Fever</u>	<u>Ulcers affections</u>	<u>Unconsciousness</u>	<u>Urine affections</u>

<u>Urticaria</u>	<u>Uterus affections</u>	<u>Vaccination Affections</u>	<u>Varicose Veins</u>
<u>Vertigo</u>	<u>Vision affections</u>	<u>Voice Loss</u>	<u>Vomiting</u>
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Abdominal Pain(see Colic also)

Symptoms/Problems	Remedy	Frequency(Doses)
Violent,spasmodic pain,better by hot drinks	Magnesia phos,6X or 30	2 hourly
After over-eating;due to sedentary habits	Nux Vomica 30	3 hourly
After abdominal pain; indignation	Staphysagria 30 or 200	4 hourly
Pain suddenly shifts and appears in distant parts like in fingers and toes.Pain better bending backwards and stretching the body	Dioscorea 30	3 hourly
In hypogastrium	Cimicifuga 30	3 hourly
In lower abdomen	Viburnum op.30	3 hourly
In front portion of abdomen; clean tongue	Ipecac 30	3 hourly
In upper abdomen;stools hard, constipated	Graphites 30	3 hourly
Radiating to other parts	Plumbum met.30	3 hourly
Pain after discharging flatus excessively;worse eating rich, fatty foods	Pulsatilla 30	3 hourly
With soreness above pelvis	Verat-vir.30	3 hourly
Pain spasmodic;cutting,soon after eating	Kali bich 30	3 hourly
Sticking pain;worse movements;colicky,before menses	Kali carb.30 or 200	3 hourly(3)
Shooting pain;historical colic	Ignatia 30 or 200	3 hourly(3)
Foods lies like a stone in stomach;stools hard, constipated;desire to lie quietly	Bryonia 30 or 200	2 hourly(3)

Violent pains;better hard pressure;umbilical region	Colocynth.30	3 hourly
Violent pain because of cold; (particularly before passing stool),burning sensation	China 6	3 hourly
Weakness,chilly feeling,whitish tongue,bad smell in mouth,pain in lower abdomen,stomach upset,headache	Nux mosketa 3	3 hourly
Violent pain,restlessness,feeling of empty stomach,vomiting tendency,smell like rotten egg, greenish stool with very bad smell	Chamomilla 6	3 hourly
Pain due to cold wind at night, stomach upset	Mercurious 6	3 hourly
Pain after taking oily,fatty food and then due to cold	Pulsatilla 6	3 hourly
Pain due to cold with sleeplessness,feeling like weeping	Cofia 6	3 hourly

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Abortion(Miscarriage-Threatened)

Symptoms/Problems	Remedy	Frequency(Doses)
From fright or excitement	Aconite 200	10 mins(3)
Acute bleeding with continuous flow of bright red blood;colic; tongue clean	Ipecac Q or 30	1/2 hourly
Abortion in any month (particularly in 8th month). <i>The patient must take complete bed rest</i>	Viburnum pr.Q or 30	2 hourly(3)
For impending abortion;when bleeding starts	Trillium p.Q	2 hourly, 5-10 drops
Threatened from a fall or shock,etc	Arnica 200	10 mins(3)
Threatened due to mental excitement	Chamomilla 30 or 200	2 hourly
From over-exertion or irritating emotions	Helonias Q	2 hourly, 5-10 drops
With black,non-coagulable blood	Crotalus h.30 or 200	1/2 hourly(3)
Due to weakness of uterus	Caulophyllum 30	3 hourly
Abortion during Ist month	Crocus sativa Q or 30	3 hourly
Tendency of abortion;specially in anaemic patients	Aletris f.Q	2 hourly, 5-10 drops
When haemorrhage persists for sometime	Thlaspi bur-p.Q	2 hourly, 5-10 drops
After effects of abortion;pain in lowerback and genitals etc.	Sabina 30	6 hourly(6)
To recover from weakness due to excessive bleeding	China 30	3 hourly

To Prevent Miscarriage(Tendency)

Symptoms/Problems	Remedy	Frequency(Doses)
To prevent tendency of abortion when there is thyroid disturbance	Thyroidinum 200	weekly(3)
In anaemic patients	Ferrum nat 3X	3 hourly
Abortion due to hardening of cervix	Aurum mur-nat.3X	3 hourly
In fat and flabby women with profuse and early mensuration	Calcarea carb.200 or 1M	weekly(3)
In hysterical women with superiority complex	Platina 1M	10 mins(3)
Abortion in early months; habitual in 2nd month	Kali carb.1M	weekly(3)
Habitual in 2nd,3rd or 4th month	Apis mel.200	weekly(3)
During 3rd month with blackish bleeding	Kreosotum 30 or 200	weekly(3)
During 3rd month; haemorrhage partly clotted; worse from least motion	Sabina.200 or 1M	weekly(3)
Abortion 5th to 7th month	Sepia 30 or 200	weekly(3)
Abortion 2nd and 7th month	D.N.A 1M	weekly(3)
Abortion after 7th month	Opium 200 or 1M	weekly(3)
In women with weak and unhealthy uterus(history of profuse menses lasting for weeks together)	Secale cor.30 or 200	4 hourly
Intercurrent remedy;when there is tubercular family history	Tuberculinum K.200 or 1M	fortnightly(3)
Intercurrent remedy;when there is history of abortion	Syphilinum 200 or 1M	fortnightly(3)

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Abscesses & Boils(including Carbuncles etc.)

1st Stage:(Inflammatory stage to suppurative stage)

Symptoms/Problems	Remedy	Frequency(Doses)
In acute abscesses;blood boils,when pus develop with lightening rapidity (mammary, hepatic or grandular abscesses)	Belladonna 30	2 hourly
Favours rapid formation of pus, useful for grandular abscesses with throbbing pain;worse from warmth of bed	Mercurius sol.30 and Belladonna 30	3 hourly(alternatively)
In the begining of suppuration;corroding, putrid,bloody pus formation with chill and sharp stitching pain;pus smells like old cheese. Though the patient is chilly but feels better in wet weather	Hepar sulph. 30	4 hourly
In the begining when the part is red with shining. Stitching pain;worst by slightest motion	Bryonia 30	4 hourly
Swelling very red with shining and burning;fever with dry hot skin;worse in worm room,evening and night	Aconite 6 or 30	2 hourly
When Hepar sulph fails and the pain is unbearable	Chamomilla 30 or 200	3 hourly

To cut short the duration of suppuration.It often does the work of a knife. Abscesses on the end of fingers and phallenges	Myristica seb.1X or 3X	2 hourly
Small painful/sore boils in crops(summer boils)	Arnica 30 or 200	4 hourly
To hasten suppuration	Hepar sulph 2X or 3X	2 hourly
To check suppuration	Hepar sulph.1M or 10M	10 mins(3)

2nd Stage:(When the suppuration has taken place)

Symptoms/Problems	Remedy	Frequency(Doses)
When the suppuration continues and boil does not heal.To bring the suppuration process to maturity;chilly patient; better in dry and warm weather	Silicea 6X or 6	3 hourly
To form healthy granulation after Silicea	Fluoric acid.30	4 hourly
When Silicea fails and the suppuration continues; better in open weather and worse in change of weather	Calcarea sulph.6X or 30	3 hourly
Copious,bloody,yellowish or greenish pus;worse after taking rich food,and warmth;better in open and cold air	Pulsatilla 30	4 hourly
Abscesses beneath skin; worse warm applications and warmth	Lycopodium 30 or 200	4 hourly(6)
Abscesses in patient of tubercular diathesis	Calcarea carb.200	4 hourly(6)

When pus is thick and yellow without inflammation	Calendula 30	3 hourly
Useful for suppurating glands.Pus may be copious, corroding,thin and watery	Rhus tox.6 or 30	4 hourly
Pus thin and sticky. Eruptions in bends of limbs, groins,neck and behind ears	Graphites 30 or 200	4 hourly
For recurring abscess conditions,fever etc.,To clean the system and to prevent a recurrence.	Pyrogenium 200 or 1M	weekly(3)
For unhealthy offensive pus with a low condition and hepatic fever. Extreme burning sensation and restlessness	Arsenic alb.30 or 200	4 hourly
Carbuncles/boils with intense burning and high fever	Anthracinum 200 or 1M	10 min(3)
In low conditions of abscess; boils of bluish colour when the pus is thin,dark and offensive in character. Burning pains;sensitive to touch.	Lachesis 30 or 200	10 min(3)
Painful and inflammed abscesses with tendency to gangrene; the neighbouring glands are swollen,hard and painful.Specific the abscesses under the armpit.	Tarentula c.200 or 1M	weekly(3)
For bloody and greenish yellow pus;intense pain.	Nitric acid.200 or 1M	10 min(3)
Boils or felons caused by needle pricks.	Ledum pal.200 or 1M	10 min(3)
To purify blood; when low fever persists due to infection.	Echinacea 1X or 30	4 hourly

Bad effects of burns.Pus may be bloody,greenish, greyish or yellowish; corroding,thin and watery.	Causticum 30 or 200	4 hourly
Ulcer which mature slowly. Burning pains;pus thin, watery and offensive may be bloody,brownish or yellowish.Tendency to gangrene.Better fanning	Carbo veg 30 or 200	3 hourly
Abscesses with excruciating pains;inflammation,chronic carbuncles,boils;abscesses in the joints especially in the left hip joint.Septic pus.	Stramonium 200 or 1M	10 min(3)
Carbuncle on lumber region with diabetes.Foul discharge of pus from several openings.Nausea and vomiting.	Carbolic acid 200	10 min(3)
For boils,herpes zoster, ascariasis and blood poisoning;stools constipated.	Gun powder 3X or 30	4 hourly
When the pus is thin, blackish and watery,putrid and offensive.	Kali phos 6X or 30	3 hourly
For syphilitic and tubercular patients.Boils in axilla; glands swollen	Kali iod 200 or 1M	weekly(3)
For syphilitic and tubercular patients.For abscesses about the bones	Carbo ani.30 or 200	4 hourly(6)
Recurrent boils in external ear with past history of measles.	Phosphorous 200 or 1M	3 hourly(6)
Boils in the external ears; worse in summer	Morbillinum 200	10 min(3)

Small,painful boils;pus greenish which mature slowly.	Picric acid 30,secale cor.30 or 200	4 hourly(6)
In chronic cases when the discharge of pus is profuse with emaciation and hepatic fever.(Intercurrent remedy)	Sulphur 200	One dose

Abscesses & Boils(including Carbuncles etc.)

Location

Symptoms/Problems	Remedy
Anus,of the	Alumina phosphorica
Anus,of the,painless	Calcarea sulphurica
Anus,near or about the	Calcarea phosphorica,Silicea, Mercurious sol.
Axilla,of the	Calcarea sulphurica,Calcarea silicate,Phosphoric acid,Kali silicatum
Axillary glands and patroids of the	Rhus tox
Back,specially back of neck and between shoulder	Tarentula hisp.
Bones,affecting the	Calc-hypo. & Augustura
Breast,mammary glands	Phosphorus,silicea
Breast,surrounded by lumps or nodules	Conium mac
Breast,of the,threatened abscess	Silicea
Ear,about and below	Capsicum
Ear,small boils and pustules in external auditory canal	Picric acid
Gums,and face about,better by warmth	Silicea

Gums,and about caries,mastoid abscess	Capsicum
Gums and teeth about	Fluoric acid,Lachesis
Gums,of the,frequently recurring	Causticum
Hip joints,of the	Carbo veg,Stramonium
Liver,of the	Lachesis
Lungs,in the	Carbo veg,Lachesis
Muscle,deep of the,neck,thigh, abdomen etc.	Calcarea carb.
Skin,below the,	Lycopodium
Spine,of the	Carbo veg,Stramonium
Vulva,about in women	Mercurius sol,Silicea
Vulva,about in women,worse walking, appears few days before period and subsides automatically after period	Mercurius sol

For External Use:

- # For dressing Calendula ext.Q and Echinacea ext.Q(lotion or oinment) is very useful.
- # To relieve unbearable pain Arnica mont.Q and Cassia soph.Q as a paint are useful.
- # To burst boils Pulsatilla.Q and Dioscorea.Q or Bryonia.Q as a paint are useful.
- # To suppress boils Calcarea 1X is very useful.

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Acidity(Hyperacidity-Gastralgia)

Symptoms/Problems	Remedy	Frequency(Doses)
Burning in food pipe with general sensation of burning	Sulphur 30	4 hourly
Burning pain in stomach(Ulcer), with both water and solid vomited as soon as it reaches stomach	Ars alb.30	4 hourly
Burning pain in the stomach,with water vomited but solid retained	Bismuth 30	4 hourly
Burning in food pipe,with sour stool	Natrum carb.30	4 hourly
Excess of hydrochloric acid, burning in food pipe,heart burn, nausea and chilly feeling.	Acid-sulph.30	4 hourly
From nervous anticipation of coming events,desire for sweets.	Argentum nit.30	4 hourly
Gastric complaints after taking rich fatty food;less or no thirst; better in open air	Pulsatilla.30	4 hourly
Hyperacidity;sour and bitter belchings	Iris v.30	4 hourly
Slow and imperfect digestion; offensive flatulence in upper part of abdomen;better after discharge of gas or eructations.	Carbo veg.30	4 hourly
Gastric derangement due to sedentary habits or over-eating.	Nux vomica.30	4 hourly
Dyspepsia;better after eating	Anacardium or 30	4 hourly
Acidity with irritating eructation and frontal headache; worse in night.	Robinia.30	4 hourly
Constant belching;tongue thickly white coated.Heatburn.Desire for acids,pickles etc.	Antim-crud.30 or 200	6 hourly

Digestion slow,no change after passing flatus or belching. Flatulence affects middle part of the abdomen.	China 6 or 30	4 hourly
Abdomen bloated;easy satiety,gas affects lower part of the abdomen; worse in the evening -4 to 8 P.M.	Lycopodium 30	4 hourly
Pain and flatulence in stomach, smell of food causes nausea	Colchicum 30	4 hourly(3)
Intercurrent Remedy	Psorinum 30	4 hourly(3)

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Acne(Pimples)

A inflammatory follicular,papular and pustuler eruption involving the sebaceous apparatus on face, chest and back is called ACNE.

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy.Pimples worse during menses; worse after eating fats, sugar,coffee and meat	Psorinum 200 or 1M	weekly(3)
Pimples at the age of puberty with itching	Asterias rub.30	6 hourly
If Asterias rub fails; pustuler eruptions	Kali brom.30	6 hourly
Chronic cases; worse after taking eggs and during winter seasons	Streptococcin.200 or 1M	weekly(3)
To clean the complexion	Berberis acuifolium Q	4 hourly, 7 - 8 drops
Pimples; stools constipated like sheep's dung;worse from sea bathing	Magnesia mur.30	6 hourly
Acne of nose; better in damp weather	Causticum.30	6 hourly
To cover tendency of pimples and to purify the blood	Echinacea Q	4 hourly,5 - 10 drops
Acne rosacea.Pimples are painful for some distance around;worse during menstruation.	Eugenia J.Q	4 hourly, 5 -10 drops
Pimples hard like flee bites,chilblains	Agaricus mus.30 or 200	6 hourly

Skin moist;pimples; digestion slow;flatulence; better fanning	Carbo veg.30 or 200	6 hourly
Rose colourd pimples;pale, waxy skin;chilly persons	Silicea.200 or 1M	weekly(3)
Acne in tuberculer patuents	Tuberculinum k.200 or 1M	weekly(3)
Acne hard;indurated base with pustule at apex;night sweats	Arsenic iod.3X or 6	4 hourly
When above remedies fail (intercurrent remedy)	Sulphur.200 or 1M	weekly(3)

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Addictions(To reduce the Cravings)

Symptoms/Problems	Remedy	Frequency(Doses)
To Opium	Berberis vul.Q	4 hourly, 5-10 drops
To Morphia	Avena sat.Q	4 hourly, 5 - 10 drops
Hereditary craving for alcohol	Syphilinum 1M	weekly(6)

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Adenoids

Hypertrophy of the lymphoid nodules in the posterior wall of the naso-pharynx resulting from chronic inflammation

Symptoms/Problems	Remedy	Frequency(Doses)
To start the treatment; also as an incurrent remedy	Bacillinum 1M or 10M	fortnightly(3)
In fat and flabby children who takes cold in every change of weather; extremities cold	Calcarea carb.200 or 1M	weekly(3)
In children with recurring attacks of tonsillities	Baryta carb.200 or 1M	weekly(6)
Fetid smell;thick,ropy,greenish-yellow discharge from nose, coryza with blockage of nose.	Kali bich.30 or 200	4 hourly
With lymphoid hypertrophy; mucous yellowish in colour, post-nasal catarrh	Hydrastis c.30	4 hourly
Greenish,purulent expectoration;patient sensitive to cold	Calcarea iod.30 or 200	4 hourly
Patient sensitive to cold; sensation of heat and dryness in the throat;drinks water frequently;feels better after eating.	Cistus can.30	4 hourly
Chronic catarrh; blockage of nose,offensive discharges;chilly patient	Psorinum.200 or 1M	weekly(3)
Patient prone to cold; obstruction of nostrills;chronic tonsillities.Breathes with open mouth.	Agraphis nut.6 or 30	4 hourly

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Albuminuria

The presence of protein in urine, mainly the albumin is called Albuminuria

Symptoms/Problems	Remedy	Frequency(Doses)
Albuminous urine with burning and drawing pain in urethra	Terebinth.Q	4 hourly,5-10 drops
Urine turboid;offensive, contains ropy or bloody mucous;difficulty in passing urine	Chimaphila umb.Q	4 hourly,5 -10 drops
Frequent;profuse,watery, milky urine;worse night	Acid-phos.Q	4 hourly,5-10 drops
Urine albuminous;alkaline, clear and profuse;contains phosphates	Helonias Q	4 hourly,5-10 drops
History of suppressed gonorrhoea.Painful,slow urination	Medorrhinum 200 or 1M	10 min(3)
Frequent urging;burning in urethra on beginning to urinate.Urine dark,scanty and bloody	Mercurius sol.200 or 1M	weekly(3)
Urine albuminous with great pain in urethra along with gout;during pregnancy	Mercurius cor.30	6 hourly
Frequent urging;scanty, dark,coffee coloured urine. Bladder distended	Helleborus Q or 30	6 hourly
Urine turbide;brown with red sediments,haematuria; thirst for icy hot cold water	Phosphorous 30 or 200	4 hourly(3)

Scanty; high coloured urine loaded with casts;burning and soreness while passing urine;loss of thirst,worse in heat	Apis mel.30 or 200	4 hourly(3)
Urine dark,scanty and suppressed,bloody,brown and blackish; contains albumin,patient feels worse with smell of food	Colchicum 30 or 200	4 hourly
When urine contains blood and albumin; lightening like pain in locomotor ataxia, brain fag,nervousness and vertigo	Zincum phos.30	4 hourly
Urine albuminous,turbid and scanty;severe burning in urethra while passing urine	Cantharis 30	4 hourly

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Alcoholism(Bad effects of)

Symptoms/Problems	Remedy	Frequency(Doses)
For bad effects of excessive use of alcohol;tremors, delirium and gastric complaints,etc; irritable and nervous patient	Nux vomica.30 or 200	4 hourly
When patient can not digest even small quantity of food without taking alcohol	Acid-sulph.30	4 hourly
When patient becomes violent and talkative after prolonged use of alcohol	Cannabis ind.30 or 200	4 hourly
For patients who drink in excess and have many fears in mind. Delirium tremens	Opium 200 or 1M	10 min(3)
Patient becomes intoxicated after consuming small quantity of alcoholic drinks;especially old bachelors	Conium mac.200	6 hourly(6)
Usually constipated,stools hard; patient feels intoxicated with small quantity of alcoholic drinks	Alumina 30	4 hourly
For bad character who are wicked and jealous in nature and talk nonsense even before drinking	Lachesis 30 or 200	6 hourly
Delirium tremens - constant loquacious	Hyoscyamus 30 or 200	10 min(3)
Delirium tremens - inflammatory; rush of blood towards head	Belladonna 30	1/2 hourly
Delirium tremens - maniacal; hallucination,illusions and fear of dark	Stramonium 200 or 1M	10 min(3)

**Mental depression and tremors;
tries to injure himself**

Cimicifuga 30 or 200

1/2 hourly

Alcoholism(To create Aversion)

Symptoms/Problems	Remedy	Frequency(Doses)
To create aversion to alcoholic drinks,water causes coldness in the stomach;water must be mixed with liquors	Acid-sulph.30	4 hourly
For chronic drunkards with weak heart	Stropanthus Q	4 hourly,10 drops
To take away craving for alcohol	Quercus g-s.Q	4 hourly,30-40 drops
To produce disgust for liquor	Angelica Q	4 hourly, 10 drops
Hereditary tendency (excessive desire)for alcoholic drinks	Syphilinum 1M or 10M	weekly(12)
If Angelica Q fails	Camphor Q(SOS)	4 hourly, 5 drops
Desire to take alcoholic drinks instead of water	Arsenic alb 30(SOS)	3 hourly
For weak and nervous persons who are addicted to alcohol	Avena sat.Q	4 hourly,10 - 15 drops

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Allergies(due to certain foods,drinks,medicines)

Symptoms/Problems	Remedy	Frequency(Doses)
Allergic to dust,smoke, strong perfumes	Histamine 1M	weekly(3)hourly
Allergic to bread,acidic food	Nat mur.30 or 200	4 hourly
Allergic to beer,malt liquor	Kali bich.30	4 hourly
Allergic to dust(asthma)	Pothos foe.6 or 30	4 hourly
Allergic to warm boiled milk,fatty pork,(diarrhoea)	Sepia 30 or 200	4 hourly
Allergic to milk	Magnesia carb.30 or 200	6 hourly
Allergic to cod liver oil	Hepar sulph.30	6 hourly
Allergic to aspirin,bad liquor,salt butter,bad eggs, poultry items	Carvo veg 30	4 hourly
Allergic to antibiotics	Sulphur 30 or 200	6 hourly(3)
Allergic to castor oil	Bryonia alb.30	6 hourly
Allergic to coffee	Nux vomica.30	4 hourly
Allergic to heat	Apis mel.30	4 hourly
Allergic to cold drinks,fruits, rotten food,iodine	Arsenic alb 30	4 hourly
Allergic to dampness	Dulcamara 30 or 200	4 hourly
Allergic to smell of flowers (asthma)	Ailanthus g.6 or 30	4 hourly
Allergic to sweats,fatty meat, onion	Thuja oc.30 or 200	6 hourly(3)
Allergic to sugar	Argentum nit 30 or 200	6 hourly(3)
Allergic to rice	Tellurium 30 or 200	6 hourly
Allergic to cabbage	Petroleum 30 or 200	6 hourly
Allergic to cheese	Nitri-spiritus dulcis Q or 30	6 hourly
Allergic to cold milk	Kali iod 200	6 hourly
Allergic to decayed vegetables	Carbo animalis 30 or 200	6 hourly

Allergic to unripe fruits, prunes	rheum 200	6 hourly
Allergic to veal	Kali nit 200	6 hourly
Allergic to pastry;rich ice-cream,mixed food	Pulsatilla 30	4 hourly
Allergic to lemonade	Selenium 30 or 200	6 hourly
Allergic to indigestible food, tongue clean,constant nausea	Ipecac 30 or 200	6 hourly
Allergic to melons	Zingiber 30	4 hourly
Allergic to iodide of potassium	Aurum met 30 or 200	6 hourly
Allergic to sugar;bitter food	Natrum phos.6X or 30	4 hourly
Incurrent remedy	Psorinum 200 or 1M	fortnightly(3)
Allergic to vinegar;pickles, sour foods,acids	Lachesis 200	weekly(3)
Allergic to strawberries	Oxalic acid 30 or 200	weekly(3)
Allergic to oysters	Lycopodium 200	hourly

Allergic Bronchitis(see also Bronchitis)

Inflammation of mucuos membranesof the bronchial tubes due to altered reaction incited by an antigen or allegen is called Allergic Bronchitis

Symptoms/Problems	Remedy	Frequency(Doses)
After preventive vaccines (Triple antigen, polio oral vaccine or B.C.G)	Drosera 1M(never give in acute stage)	fortnightly(3)
After vaccination against small pox	Thuja oc.200 or 1M	10 min(3)
After vaccination against Diphtheria	Diphtherinum 1M	10 min(3)

[Bronchitis](#)**Allergic Rhinitis(see also cold,catarrh,coryza and sinusitis & cough)**

Symptoms/Problems	Remedy	Frequency(Doses)
Allergic to dust,smoke, perfumes and sprays etc., usually of the naso pharynx which leads to sneezing and blockage of nose and then cough	Histamine 1M	weekly(3)
Allergic to dust,coryza with profuse nasal discharge and sneezing in the evening,dull frontal headache;lachrymation with itching in eyes	Justicia adhatoda 30	4 hourly
Profuse,watery coryza;itching to posterior chamber of nose	Solanum lycopersicum 30	4 hourly

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[Cough](#)
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Amoebiasis(see also Dysentery)

Symptoms/Problems	Remedy	Frequency(Doses)
Tongue clean;stools slimy,greenish or like frothy molasses with gripping at naval	Ipecac 30	4 hourly
With despair,dejection and irritability; loss of weight	Emetine 30	4 hourly
Stools greenish bloody and slimy; worse at night with pain and tenesmus in abdomen;never get done feeling	Mercurius sol 30	4 hourly
Fetid stools with flatus;great weakness after passing stool;involuntary stools, patient feels as if anus remained wide open	Phosphorus 30	4 hourly

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Anaemia

Symptoms/Problems	Remedy	Frequency(Doses)
Anaemia due to loss of vital fluids;blood loss,excessive menstruation,semen loss, dysentery,etc.,with much weakness;extremities cold with dropsy	China 6 or 30	4 hourly
Anaemia with breathlessness after slight exertion.Sudden fiery flush of face with paleness of parts with dropsical swelling	Ferrum met.3X or 6	4 hourly
Anaemia due to over indulgence in sex	Acid-phos.30	4 hourly
Anaemia caused by over-dosing of iron.Menstrual disorders; absence or loss of thirst;better in open,cool air	Pulsatilla 30	4 hourly
Anaemia with extreme prostration and anxiety;due to malarial and toxic influence. Irritability and restlessness; thirst excessive,sips water frequently.	Arsenic alb 30	4 hourly
Anaemia after prolonged nervous tension	Phosphorus 200	3 hourly(3)
Anaemia in fat and flabby person who crave for indigestible things.	calacarea carb 1M	weekly(3)
Anaemia in business person, studious persons,etc due to sedentary life and more intake of stimulants like tea,coffee and alcoholic drinks	Nux vomica 30	4 hourly
Anaemia with palpitation and breathlessness	Strophanthus Q	4 hourly,5-10 drops

Progressive and pernicious anaemia;brain-fag and sexual excitement	Picric acid.30	4 hourly
Anaemia with extreme weakness and trobbing all over the body;soft pulse;general depression,patient feels worse at 3 a.m.	Kali carb 30 or 200	4 hourly(3)
Anaemia with breathlessness; patient feels better lying flat and in warmth;desires warm clothings even in summer	Psorinum 200	weekly(3)
for aplastic anaemia	T.N.T.200	weekly(3)
Anaemia after long continued malaria.Emaciation inspite of eating well;excessive thirst; depression;consolation aggravates.Desire to eat extra salt	Natrum mur 6X or 30	4 hourly
Pernicious or chlorotic anaemia in young girls with waxy complexion	Ferrum phos.1X or 3X	4 hourly
Intercurrent remedy	Calcarea phos.30	4 hourly

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Anger(Annoyance)

Symptoms/Problems	Remedy	Frequency(Doses)
Anger when misunderstood; before convulsion	Bufo rana 200 or 1M	10 min(3)
Anger worse from contradiction; when forced to answer	Nux vomica 200 or 1M	10 min(3)
Anger violent;strikes friends and attendants	Tarentula h.200 or 1M	weekly(3)
Anger easy;quarrelsome, obstinate and irritable person	Kali carb.200 or 1M	weekly(3)
Anger with trembling,irritable, hateful,vindictive and head strong person	Acid-nit.200 or 1M	weekly(3)
Anger on small matters, grandular affections and thyroid enlargement at puberty	Calcarea iod.200	10 min(3)
Anger; violent fits;faints and falls down	Moschus 200	10 min(3)
Angereary;obstinate temperament;malignauncies	Carcinocin 200 or 1M	weekly(3)
Anger easy,hard to please; quarrelsome	Hepar sulph.1M	weekly(3)
Anger easy;irritable and obstinate person;feels better in open,cold places	Kali sulph.200	10 mins(3)
Anger with coition;obstinate; fat and flabby person	calcarea carb.200 or 1M	weekly(3)
Anger during pregnancy	Nux Moscheta.200 or 1M	10 min(3)
Anger;impulse violent;wants to kill	iodium 1M	weekly(3)
Anger;bad temperament, angry without reasons;never smiles or enjoys	Tuberculinum k.1M	weekly(3)

Anger; irritable; abusive and cruel person	Kali iod.1M	weekly(3)
Anger,with changeable moods, repents afterwards	Crocus sat.200	10 mins(3)
Wrong things make angry; oversensitive	Staphysagria 1M	weekly(3)
Quarrels with colleagues and teachers though easily frightened;wants attention	Phosphorus 200 or 1M	weekly(3)
Anger in children;desires some new things(like a toy,etc) frequently and refuses it when given;changeable moods	Chamomilla 200 or 1M	10 min(3)
Indifferent to family members, children and loved ones;worse before menses	Sepia 200	weekly(3)

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Angina Pectoris

Symptoms/Problems	Remedy	Frequency(Doses)
Acute pain ;suffocation and constriction in the chest(heart region)	Cactus g.Q	15-20 min(3),10 -15 drops
Angina Pectoris with pain and numbness radiating to left arm and fingers; almost specific in acute stage	Latrodectus m.3X or 30	10 min(3)
Pain chest and left arm; heart's action ceases suddenly;impending suffocation	Cimicifuga 30	10 min(3)
With violent beating of heart;depression and suicidal thoughts	Aurum met.200 or 1M	10 min(3)
With feeling as heart would to work;slow pulse; worse movements	Digitalis Q or 30	10 min(3)
Angina with heart cramps	Viburnum op.Q	1/2 hourly(3),5 -10 drops
When patient can not lie on left side due to acute pain	Spigelia 200	10 min(3)
Angina dueto weakness of heart	Strophanthus Q	4 hourly(SOS),8 -10 drops
When patient becomes unconscious due to intense pain and numbness of left arm	Naja t.30 or 200	15 min(3)
Heart failure due to prolonged illness	Ammonium carb 30	10 min(3)
Angina with faintinf, restlessness and weak pulses	Acid-hydro 30	10 min(3)

Shooting pain of heart and arteries of left chest extending to left arm	Lachesis 30	10 min(3)
Angina with restlessness, burning sensation, excessive thirst and fear of death	Arsenic alb.30 or 200	10 min(3)
Pain heart due to pressure of wind.patient desires to be fanned; coldness and blueness of the body	Carbo veg 30 or 200	10 min(3)
Collapse with extreme coldness,blueness and weakness of body. Tobacco heart;one of the best heart stimulants	Veratrum alb 30 or 200	10 min(3)
Palpitation with pain in heart;stiching pain in heart radiating to left shoulder and left hand; worse walking,after eating;hypertension, vertigo,darkness before eyes	Termilania arjuna Q or 6	1/2 hourly(SOS)
Heart tonic(to strengthen the heart)	Cactus g.Q and Crataegus Q	4 hourly,10 -15 drpos
When pain extends from heart region to right shoulder or right clavicle or towards right knee	LAc-can.30 or 200	10 min(3)

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Anxiety(Worry)(see Fear also)

Symptoms/Problems	Remedy	Frequency(Doses)
Sudden with restlessness and fear of death	Aconite 30 or 200	1/2 hourly(3)
Prolonged with periodic and panic attacks	Arsenic alb.200	4 hourly(3)
With fainting spells;profuse sweating;worse in the morning	sulphur 30 or 200	3 hourly(3)
Makes patient walk fast;due to anticipation	Argentum nit 200	3 hourly(3)
Worse lying in bed and closing the eyes	Carbo veg 30 or 200	4 hourly(6)
Anxiety aggravated by upward or downward motion;going in an elevator;worse till 11 P.M.	Borax 200 or 1M	3 hourly(3)
Anxious about business even when seriously ill	Bryonia alb.200	3 hourly(3)
full of apprehensions in the evening	Causticum 200	3 hourly(3)
Anxiety and fears in the evening with restlessness and palpitation	Calcarea carb.200 or 1M	3 hourly(3)
Anxiety worse while lying still. Sad music ameliorates the complaints	Manganum acet.200	3 hourly(3)
Anxiety due to fright,fear, exciting news;stage fright; worse while appearing for examination or interview,etc	Gelsemium 30 or 200	3 hourly(6)
Anxiety due to grief or shock in the subconscious mind	Ignatia 200 or 1M	3 hourly(3)
Anxiety;better after eating	Anacardium or.30	4 hourly

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Aphthae(see Mouth Ulcers also)

Small white spots often associated with small ulcerations on the mucous membrane of the mouth seen in thrush,spure,or with vincent's infection;though usually caused by a virus or fungus;they may occur after enteric use of broad spectrum antibiotics,etc.

Symptoms/Problems	Remedy	Frequency(Doses)
Painful,whitish blister in the mouth; bleeds easily	Borax 30	3 hourly
Painful blisters with foul smell from the mouth;excessive saliva;excessive thirst with moist mouth	Mercurius sol.30	3 hourly
Severe;painful blisters,Saliva acrid and offensive	Acid-nit 30	4 hourly
With fetid,sour smell from the mouth; sordes on the teeth and gums;glands swollen	Acid-mur 30	4 hourly
Aphthae with swollen tongue and profuse salivation;gums bleed easily; pyorrhoea	Acid-sulph 30	4 hourly
Aphthae with burning blisters;marked prostration and restlessness; unquenchable thirst,sips water frequently	Arsenic alb.30	4 hourly
severe aphthae with rawness and burning;gums swollen,spongy - bleeds easily;swelling of tongue.Patient feels worse after sleep	Lachesis 30	4 hourly
Aphthae;stomatitis;tongue yellowish coated,large and flabby with imprints of teeth;constipation	Hydrastis can 30	4 hourly

External Use:

(1) Borax mixed with honey

(2) Hydrastis can Q in one (1) part and Glycerine in nine(9) parts (mixed together) gives good results.

(3) In severe cases Echinacea Q can be used for mouth wash(5 to 7 drops in half a glass of luke warm water).

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[Mouth Ulcers](#)

Apoplexy(Lack of sensation due to stroke)

Symptoms/Problems	Remedy	Frequency(Doses)
Sudden onset due to draught of cold air	Aconite nap.200	3 hourly(3)
Complete unconsciousness, involuntary sighing.The look of the patient becomes idiotic	Helleborous 200 or 1M	3 hourly(3)
Unconsciousness;rush of blood towards head	Belladonna 200 or 1M	3 hourly(3)
Complete unconsciousness; cerebral apoplexy,jaws dropped	Opium 1M or 10M	3 hourly(3)
Stupor with sudden sharp cries and startlings;unconsciousness	Apis mel.200 or 1M	3 hourly(3)
Mouth partly open and running of excessive salivation	Baryta carb 200 or 1M	3 hourly(3)
Apoplexy due to mechanical injury	Arnica 200 or 1M	3 hourly(3)
Apoplexy due to suppressed anger	Colocynth 200 or 1M	3 hourly(3)
Apoplexy due to emotional disturbances;grief,shock	Ignatia 1M or 10M	3 hourly(3)
With palpitation;cold and moist skin;convulsions of the facial muscles	Laurocerasus 30	3 hourly
Intercurrent remedy	Sulphur 200	3 hourly(3)

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Appendicitis

Symptoms/Problems	Remedy	Frequency(Doses)
To start the treatment	Baptisia CM	1 dose only
Severe pain in the ileocecal region;worse even with slight touch	Iris tenax 1M	2 hourly(3)
Sudden severe pain;patient cannot bear even slightest pressure on the effected lesion	Belladonna 30 or 200	15 min(6)
Stitching pain; worse from slightest motion,even from breathing; better while lying quietly on painful-right side.	Bryonia Q	2 hourly,5 -10 drops
Pain worse during rest and better while moving	Rhus tox 30 or 200	2 hourly(6)
While sepsis starts;chill, diarrhoea,restlessness,anxiety and sudden sinking of strength;stitching pain with inflammation	Arsenic alb 200 or 1M	10 min(3)
When pain is better by bending backwards.Bowels filled with gas;gripping and twisting pain	Dioscorea 30 or 200	1/2 hourly(3)
Whole abdomen sensitive; stitching pain from the point of inflammation radiating to backwards and downwards to the thigh;can not bear even touch of clothes on effected parts	Lachesis 200	10 min(3)
Pain severe and intolerable; even slightest exposure to cold or touch aggravates.Patient chilly.	Hepar sulph 200 or 1M	15 min(3)

**Pain worse while lying on
right side.Profuse sweat which
does not relieve**

Mercurius sol.200

15 min(3)

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Appetite(Excessive)

Symptoms/Problems	Remedy	Frequency(Doses)
Due to worms ;hungry even after eating food	Cina 30 or 200	4 hourly
Worse especially at 11 A.M;lack of food leads to headache	Sulphur 200	10 min(3)
With pain in the stomach;better after eating	Lachesis 30	4 hourly
With diarrhoea;hunger after passing stool	Petroleum 30	4 hourly
After eating full meal;hurried feeling	Argentum met 30	4 hourly
Feeling emptiness even after eating full meal;fat and flabby patient	Calcarea carb 200	weekly(3)
Easily satisfied but feels hungry even at night and eats at odd hours	Lycopodium 30 or 200	4 hourly
Revenous appetite though emaciating;stomach feels as if swimming in water	Abrotanum 30	4 hourly
Feels better during and after eating;loosing weight even though eating good food	Iodium 30	4 hourly
Excessive hunger;hardly satisfied; nausea in the morning before eating	Sepia 30	4 hourly
Feels hungry even when stomach is full;desire stimulants	staphysagria 30	4 hourly
Hungry with intense thirst; sensitive to music	Tarentula h.30	4 hourly
Feels hungry but no appetite	Rhus tox 30	4 hourly
Hungry with hic-cough;prefers hot food and drinks	Chelidonium Q or 6	4 hourly

Appetite(Loss of)

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;craving for wine and coffee	Lecithin 3X	4 hourly
Loss of appetite after acute illness	Gentiana lut.Q	4 hourly,5 - 10 drops
Tongue thickly whitish coated; foul eructation;wind passes downwards	Antim-crud 30	4 hourly
Loss of appetite;with desire to eat	Mezereum 30	4 hourly
Complete loss of appetite in the morning but craving for food during noon and at night	Abies nig.30	4 hourly
Hungry without appetite;bad effects of tea,digestion slow	China off.30	4 hourly
Loss of appetite when totally exhausted after prolonged work; fat and chilly patient	Calcarea carb.30	4 hourly
Loss of appetite due to indigestion;bitter taste,tongue thickly coated at back	Nux vomica 30	4 hourly
Easily satisfied;appetite decreases after few mouth full of food	Ignatia 30	4 hourly
With loss of thirst and desire for open,cool air	Pulsatilla 30	4 hourly
Fluctuates greatly with aversion of food;nausea and vomiting of undigested food	ferrum phos.6X or 6	4 hourly
General tonic	Alfalfa Q	4 hourly,5 -10 drops

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Arthritis((including Gout,Arthritis Deformans and Rheumatism)

Symptoms/Problems	Remedy	Frequency(Doses)
Pain knee joints,worse by movements;better initial movements,continuous pain in joints,worse while rising from seat;pain in heels,worse by movements.	Cassia sophera 30	4 hourly
Acute attack of gout of joints of the feet.Pain with bright red swelling	Aconite nap 200	2 hourly
Pain with inflammation, worse by movements.	Bryonia alb 200 or 1M	6 hourly
Complaints worse after rest and exposure to cold	Rhus tox 200 or 1M	4 hourly
Complaints worse during menstruation;beginning at the time of menopause; more in hands and feet	Caulophyllum 30	4 hourly
When the origin of complaints is gonorrhoeal; worse during day time.	Medorrhinum 1M	fortnightly(3)
When the origin of complaints is tubercular	Tuberculinum k.1M	fortnightly(3)
Complaints of small joints with red or pale swelling; tenderness and shifting pains;worse by motion. Main remedy for gout during cold weather	Colchicum 30	4 hourly
When Rhus tox cease to work;pain is worse in cold damp weather and better by movements	Calcarea carb 200 or 1M	6 hourly(6)

Nodosities in the joints with gastric complaints. At last nodules become painless (Rheumatoid Arthritis). Tongue whitish thickly coated	Antim-crud 30 or 200	6 hourly
Complaints of feet and ankles; stiffness	Drosera 200	fortnightly(3)
Complaints of long bones; contraction of ligaments	Causticum 30 or 200	4 hourly
Pain worse at night; in wet weather; Rheumatism of large muscles	Cimicifuga 30	4 hourly
Rheumatism; worse in damp cold weather. Gout. Pain in limbs and hip joints	Natrum sulph 30 or 200	4 hourly
Pain travels downwards affecting the large part of a limb and passes through quickly along course of nerve	Kalmia lat 30 or 200	6 hourly
Pains worse during rest, night and warmth, better by cold, open air and movements	Pulsatilla 30 or 200	4 hourly
Pain - violent; bruised or as if sprained ; cannot bear touch, feels somebody coming near him may touch him and hit the affected part	Arnica mont. 200	4 hourly
Gout of great toe and joints with swelling; soreness and drawing pain on stepping; worse in warmth, pressure and motion. Pain travels upwards; better cold compresses	Ledum pal 200	4 hourly

Gouty nodosities of joints; tearing pain and extremities and contraction of the muscles	Guaiacum 30	4 hourly
Chronic nodosities of joints; hands twisted, out of shape due to deposits of water of soda	Ammonium phos. 6 or 30	4 hourly
Gouty complaints with offensive urine	Acid-benz 6 or 30	4 hourly
When there is red sand in urine in gouty patients	Lycopodium 30	4 hourly
severe pain with enlargement of the joints; worse during rest and when storm approaches	Rhododendron 200 or 1M	10 min(3)
Almost a specific for gout (to drain out uric acid and urates)	Urtica u.Q	4 hourly, 8 -10 drops in hot water
Arthritic deformans (chronic rheumatoid, particularly of fingers)	Picric acid 30	4 hourly
Rheumatic pains or arthritis after checked diarrhoea	Abrotanum 30 or 200	4 hourly(6)
Specific for pain with numbness; Pain so severe patient says that he would prefer death than the pain	Chamomilla 200 or 1M	1/2 hourly(3)
Pain appear diagonally as right arm and left leg with sensation of cold, numbness and tingling	Agaricus mus. 30 or 200	4 hourly
In weak persons; burning pain with chilliness, feels better by heat, while eating, and worse in cold open air	Capsicum 30 or 200	4 hourly

Unbearable pain;rigidity and stiffness.Superiority/inferiority complex	Platina 1M	weekly(3)
Pain flies like electric shock;due to exposurse of damp cold weather.Better by warmth and rest	Phytolacca 30 or 200	4 hourly
Rheumatic pain,worse after washing clothes, doing laundry work	Sepia 30 or 200	4 hourly
Pain in long bones;may be due to injury or rheumatism	Ruta g.200	6 hourly
Pain worse on slightest touch specially after loss of vital fluids like excessive bleeding,diarrhoea, vomiting	China off.6 or 30	3 hourly
Pain in the small joints of extremities with swelling. Backache,worse in the morning before rising	Staphysagria 30 or 200	4 hourly
Pain heels; better by putting most of the weight on them	Berb-vul Q	4 hourly,8 - 10 drops
Stiffing pain in all parts of the body;worse by movement	Stellaria Q	4 hourly, 8-10 drops in warm water
Rheumatic pain without swelling;pain joints;worse at night	Iodium 30	4 hourly
Osteo-arthritis of large joints with degeneration. Pain,swelling,stiffness and tenderness of joints;worse by motion(cracking joints) and cold ;better by warmth	O.A.Nosode 1M	weekly(6)

Chronic muscular rheumatism of back and neck.Intense pain along with sciatic nerve. Numbness alternates with pain	Gnaphalium 30 or 200	4 hourly
Muscular atrophy;rigidity and stiffness	Strychninum 3X or 6X	4 hourly
Rheumatism accompanied with skin ailments and itching;cannot walk erect	Sulpher 200	10 min(3)
Rheumatism of knee joint; with round worms	Natrum phos.6X or 30	4 hourly
For defective bony growth; better by warmth and worse by cold	Calcarea flour.12X or 30	4 hourly

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Ascites(Dropsy of abdomen)

Ascites is a watery effusion in the cavity of the peritonium, which causes much swelling of the abdomen. The symptoms are often in the form of fever, restlessness at night, faulty digestion, foul smell from the mouth, nausea or vomiting, constipation, scanty, high coloured urine, pain lower back and liver region. The ailments is due to complication of other ailments like rheumatism, anasarca, heart or liver disorders, albuminuria, menstrual disorders, etc.

Symptoms/Problems	Remedy	Frequency(Doses)
When the disease is outcome of excitability; urine dark and scanty; stools loose - like jelly	Helleborous 30 or 200	4 hourly
Debility, prostration and restlessness; thirst unquenchable, sips little water frequently	Arsenic alb 30 or 200	4 hourly
Ascites due to loss of vital fluids; short and dry cough with or without expectoration; paleness of skin; chilliness; small, feeble and slow pulse	China off. 6 or 30	4 hourly
Pain and disagreeable sensation are experienced in the region of kidneys	Zincum met. 6 or 30	4 hourly
Ascites after eruptive fever with loss of thirst and scanty urine. Skin pale, transparent and puffy. Worse by heat and better by cold	Apis mel. 30 or 200	4 hourly

Dropsy due to chronic albuminuria or liver disorders etc.or due to faulty nutrition	Lac defloratum 30 or 200	6 hourly
Due to urinary complaints; brick-dust sediments in urine;retention of urine	Thlaspi bur-p.Q	4 hourly,5 - 10 drops
With great thirst but scanty urination.Complaints after long continued fevers like typhoid,etc.Cold and cold drinks aggravate	Apocynum can.Q	4 hourly,5-10 drops
Patient cannot tolerate even the touch of clothings on the abdomen;lies on back lifting clothes from the abdomen	Lachesis 30 or 200	3 hourly(6)

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Asphyxia(Apparent death)

We know that individuals sometimes to all appearances suddenly expire,when infact there is but a mere suspension of animation;and in as much as absolute and sudden death frequently occurs when it might be mistaken for a suspension of the kind.In all such cases where there is least uncertainty to excercise the greatest care - we should not do anything that may cause death and should not interfere untill certain of putrefaction.

Apparent death may be a result of:

- 1. From Hunger**
- 2. From falling or an injury**
- 3. From lightning**
- 4. From drowning**
- 5. From suffocation due to inhaling noxious vapours, chemicals,etc.**
- 6. From cold or being frozen**
- 7. From long continued or sudden ailment**
- 8. From sunstroke,etc.**

1. From Hunger:

When an individual has been without food since long and animation has become suspended inconsequence,warm milk should be given repeatedly,in the beginning it may be given drop by drop and gradually increased to a tea spoonful;after short interval a small quantity of wine and beef tea or **Avena sat.Q** 10 -15 drops in warm water; when animation has been restored and patient has had been a sound sleep,small quantity of food can be given.The food may given at short intervals(but little at a time) and the patient should return to normal mode of living slowly.

2. From falling or an injury:

When the result is after a fall or injury the patient should be carefully placed upon a bed in a quiet place with his head keeping high and he should

be given **Arnica mont.200** (few doses)repeatedly every haif an hour or so. **Arnica** can be given orally or it can be rubbed on the skin also.

3. From lightning:

When the result is due to lightning the patient should be kept in open air and cold water should be showered upon face,neck and chest;warm water friction should be applied if the body is cold. Artificial respiration should be given if required.

4. From drowning:

When the result is because of drowning,the patient should be stripped and rubbed,and the body should be wrapped in warm clothes and should be kept in warm place.Throat,mouth and nostrils should be cleaned.Warmth should be applied to the spine,hot water bottle,etc should be used. The soles and feet of the patient should be rubbed constantly.Artificial respiration should be given.**Lachesis 30 or 200** or any other indicated remedy can be given frequently.

5. From suffocation due to inhaling noxious vapours, chemicals etc.:

When the result is from inhaling poisonous gases,carbon-di-oxide,etc,the patient should be kept in open and artificial respiration should be given immediately.**Carbo-veg.30 or 200** should be given repeatedly.Some times in cases of coal gas poisoning the face of the patient looks pinkish and thus he looks in best of health,which at times mislead and is very dangerous. In cases of complete unconsciousness **Opium 200 or 1M**should be used.If the body of the patient is cold then the patient should be surrounded with warm clothes.Hot water etc, may be used.

6. From cold or being frozen:

When animation becomes suspended in consequence of exposure to cold the patient should be gently removed to a place of shelter or cool room as a moderate degree of heat might prove an obstacle to restoration so he should be exposed to a draught of air.

The patient may be covered with snow keeping his mouth and nostrils free in such a position that the melted snow may run off easily.The same process can be renewed.If snow is not available then then a bath in icy cold water

can be substituted. The body should be immersed for a short time only and then should be covered with wet clothes covering with dry blankets. As the animation returns, the patient should be handled carefully.

Carbo veg.200, Arsenic alb.200 or Veratrum alb.200 can be given according to symptoms, half yearly.

7. From long continued or sudden ailments:

Treat according to the symptoms (see different ailments).

8. From sunstroke:

If the result is due to sunstroke (prolonged exposure to the sun) the patient should be kept in a dark, shady and quiet place and the clothes should be loosened. A wet cloth (wet in hot water) should be wrapped around the head changing it frequently and whole body should be sponged with warm water simultaneously. **Glonoine 6 or 30** (few doses) should be given repeatedly.

Glonoine can be given orally or it can be rubbed on the skin. Saline water, glucose or electrol powder should be given frequently in small quantities at a time.

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Asthma(Bronchial Asthma)

The inflammation of bronchial tract due to congestion by cough or due to some to allergen and allergic condition, increase in the percentage of eosinophilia, etc,are the pathological conditions.Constant breathing trouble, dyspnoea,dry cough with wheezing sound are chief complaints of bronchial asthma.

Symptoms/Problems	Remedy	Frequency(Doses)
Dyspnoea aggravates during winter,worse from exposure to dust,change of weather,cold drinks, exertion,inhaling smoke and in the morning.Hoarseness of voice.Cough with pain in the chest	Cassia sophera Q or 30	4 hourly
Dry cough;worse rest; dyspnoea at 4 P.M	Penicillinum 200	4 hourly
During acute attack;when there is anxiety,fear and dyspnoea	Aconite.Q and Ipecac.Q	1/2 hourly,5-10 drops alternatively
In children with spasm, secretion of mucous and infection(as an intercurrent remedy)	Bacillinum 1M	fortnightly(6)
In adults with spasm, secretion of mucous and infection(as an intercurrent remedy)	Tub-koch.1M	fortnightly(6)
In sycotic patients;worse during daytime;better knee-chest position and sea side	Medorrhinum 200 or 1M	fortnightly(3)

For patients coming for homoeopathic treatment after taking steroids etc,bad affects of chilly patient	Thuja 200 or 1M	weekly(3)
For chilly patient;worse after taking cold drinks or being angry;anxiety, restlessness and unquenchable thirst	Arsenic alb.30	2 hourly
In children with history of worms	Cina 10M or 50M	weekly(3)
Bronchial asthma with high eosinophil count;thyroid disturbance	Thyroidin.1M	weekly(3)
Better while lying on the back with arms and legs spread apart	Psorinum 200 oe 1M	weekly(3)
Worse on falling asleep and after sleep,worse after taking sour food or vinegar, etc	Lachesis 30 or 200	3 hourly(3)
Excessive dyspnoea,cough and much mucous secretion, emphysema	Antim ars.6 or 30	3 hourly(6)
Dyspnoea in the middle of night and early morning; wants windows open	Sulphur 200 or 1M	weekly(3)
Respiratory trouble due to foundry or traffic pollution	Acid sulphurosum 30 or 200	4 hourly
Patient cannot breath properly only while standing	Cannabis sativa 200 or 1M	4 hourly(6)
Asthma of stone cutters,silk/ cotton mill workers(should be used with great care)	Silicea 30 or 200	4 hourly(S.O.S)
Smell of flowers causes asthma	Ailanthus-g.30	4 hourly

Desires fanning during acute attack though body may be cold	Carbo-veg.30	1/2 hourly
Difficult and hurried breathing;feels as if every breath is last;loss of thirst	Apis mel.30	4 hourly
Attacks during rainy season and dampness with loosening of bowels at each attack	Natrum sulph.6 or 30	4 hourly
Due to nervousness;spasm and constriction of chest; better drinking water	Cuprum met.30 or 200	4 hourly
Due to anger;suffocative tightness of chest	Chamomilla 200 or 1M	4 hourly
Worse in dry,cold weather and better in damp weather	Hepar sulph 30 or 200	4 hourly
Patient cannot breath properly while lying in bed	Grindelia.Q and Blatta or.Q	2 hourly,5-10 drops alternatively
Asthma worse at night, when well selected remedies fail	Syphilinum 1M	weekly(3)
Due to suppressed emotions; grief(psychosomatic);little expectoration;worse inhaling smoke	Ignatia 1M or 10M	4 hourly(3)
Amelioration while passing stools;worse inhaling dust	Pothos foe.6 or 30	4 hourly
Difficulty in getting air into the lungs,better at sea; worse after coming on land; asthma of seafaring man	Bromimum 30 or 200	4 hourly
Want of breath on least motion; to stimulate respiratory centers to increase oxygen on the blood	Aspidosperma Q	2 hourly,5 -1 10 drops

Due to strong odours;of gastric origin;dyspnoea and constriction of chest	Sanguinaria 30 or 200	4 hourly
Collapse due to acute attack; paralysis of lungs;cyanosis	Acid-hydro.30 or 200	1/2 hourly(3)
Catarrhal asthma;desire for open air;uterine disorders	Sabina 30 or 200	4 hourly
Dry,splenic asthma; dyspnoea and stiches in chest	Scilla mar.30	4 hourly
Hysterical asthma;cough; worse warmth of bed	Nux moch.30 or 200	4 hourly
Nervous,spasmodic asthma; chocking on falling asleep	Valeriana Q or 30	4 hourly

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Aversions

Symptoms/Problems	Remedy	Frequency(Doses)
To smiling faces	Ambra-gr.200 or 1M	4 hourly(6)
To certain persons	Ammon-mur.200	4 hourly(6)
Aversion to her own children. Aversion to women in homosexuals	Platina 1M	weekly(3)
Aversion to friends during pregnancy	Conium mac.200	weekly(3)
Aversion to parents and wife	Flouric acid.1M	weekly(3)
Aversion to apples	Antim-tart.200 or 1M	weekly(3)
Aversion to bannanas and plums	Baryta carb.200 or 1M	weekly(3)
Aversion to beef,brandy and dry food	Mercurius sol.200 or 1M	weekly(3)
Aversion to beer	Nux vomica 200	weekly(3)
Aversion to brandy,cabbage	Carbo veg.200	weekly(3)
Aversion to bread,butter,hot food,melons	Natrum mur 200 or 1M	weekly(3)
Aversion to butter milk and craving for sweets	Cina 200 or 1M	weekly(3)
Aversion to cereals;boiled milk,onion,oranges,pastry, spices,puddings and warm drinks	Phosphorus 200 or 1M	weekly(3)
Aversions for cheese and craving for sweets	Argentum nit.200 or 1M	weekly(3)
Aversion to chicken	Bacillinum 200 or 1M	weekly(3)
Aversion to chocolate,cocoa, spices	Tarentula h.200 or 1M	weekly(3)
Aversion to coffee,gruel,milk	Calcarea carb.200 or 1M	weekly(3)
Aversion to cold drinks	Arsenic alb.200 or 1M	weekly(3)

Aversion to cold water,garlic, onion,wine	Sabadilla 200 or 1M	weekly(3)
Aversion to cooked food	Lycopodium 200 or 1M	weekly(3)
Aversion to eggs	Ferrum met.200 or 1M	weekly(3)
Aversion to fat;fruits,ham,hot drinks,pastry,spices	Pulsatilla 200 or 1M	weekly(3)
Aversion to fish,hot drinks, salt,soup,sweets	Graphites 200 or 1M	weekly(3)
Aversion to honey;milk	Natrum carb 200 or 1M	weekly(3)
Aversion to ice cream	Radium brom.200 or 1M	weekly(3)
Aversion to melons,pastry	silicea 200 or 1M	weekly(3)
Aversion to pickles	Abies can.200 or 1M	weekly(3)
Aversion to soup	Rhus tox.200 or 1M	weekly(3)
Aversion to sweets,starchy food,strawberries	Sulphur 200 or 1M	weekly(3)
Aversion to vegetables	Magnesia carb.200 or 1M	weekly(3)

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Backache-Lumbago(see arthritis and sciatica also)

Symptoms/Problems	Remedy	Frequency(Doses)
Sudden backache due to exposure to dry,cold wind	Aconite 200	3 hourly
Due to exposure to cold;over exertion,sprains etc.;worse initial movements better continued movements	Rhus tox.200 or 1M	3 hourly
With stiffness,worse movements and cold;better lying quietly	Bryonia 200 or 1M	6 hourly
Backache due to injury or over strain;bruised pains	Arnica 200 or 1M	3 hourly
Pricking pain,weakness and sweating;complaints worse 3-4 A.M.	Kali carb.200	10 min(3)
In fat and flabby patients; worse while bathing and exposure to cold	Calcarea carb.200 or 1M	10 min(3)
Pain lower back;better sleep and rest;patients desire cold, open air	Pulsatilla 30 or 200	4 hourly
Backache better by belching. Chilly patient.Aversion to family members	Sepia 200 or 1M	10 min(3)
In chilly,constipated patients who leads sedentary life; irritable by nature,pain worse cold,motion, particularly turning in bed patient has to sit up and then turn in bed	Nux vomica 30 or 200	4 hourly
Pain lower back due to constipation and piles.Better only while standing	Aesculus h.30 or 200	6 hourly

Backache worse damp cold and bending for long hours	Dulcamara 200 or 1M	10 min(3)
sever pain in lower back and coccyx.cannot walk erect. Pain better damp and cold, worse at night.Burning of soles	Sulphur 30 or 200	10 min(3)
rheumatic pains back,neck, lumbesacral regions-down thighs;stiffness and contraction;spine quite sensitive;pain in scapula and right shoulder	Cimicifuga 30	3 hourly
Worse while seating,better by motion,itching and frozen feeling of toes and feet	chelidonium 30	4 hourly
Worse at night;better by movements and at daytime; sweating do not relieve the pain	Mercurius sol.30 or 200	6 hourly
Pain lumbo-sacral region which extends to lower extremities;worse during day time,better at sea-shore and lying on abdomen	Medorrhinum 200 or 1M	weekly(3)
Pain back and more in small of back which at last settle at upper part of the thigh and buttock.Patient limps and at last pain become so severe that patient is unable to walk and stand;better pressure and heat	Colocynthis 200 or 1M	10 min(3)
Pain worse at rest and during storm;better warmth and eating	Rhododendron 200 or 1M	10 min(3)
Pain deep into bones after malarial fever with excessive thirst and chill	Eupatorium perf.30 or 200	3 hourly

Backache is better by hard pressure.Patient puts a hard thing under the back like a book or woollen plank while sitting or lying in bed	Natrum mur.30 or 200	4 hourly
Backache due to excessive indulgence in sex	Symphytum 30	4 hourly
Backache due to nerve injury	Hypericum 30 or 200	4 hourly(6)
violent pain in upper three dorsal vertebrae extending through scapulae;pain descending ,lumber pain of nervous origin	Kalmia lat.30 or 200	3 hourly

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Bad breath

Symptoms/Problems	Remedy	Frequency(Doses)
Putrid discharges and fetid breath	Acid-carb.30	4 hourly
With mrtallic taste and excessive salivation	Mercurius sol.30	4 hourly
Intercurrent remedy	Prorinum 200	weekly(3)

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Barber's itch(see other skin ailments also)

Symptoms/Problems	Remedy	Frequency(Doses)
Cracks with bleeding;skin sensitive,dry and rough	Petroleum 30	4 hourly
Eruptions papular.Patient feels the hair erect	Sulphur iod.3X or 30	4 hourly
Obstinate cases with excessive burning;itching with swelling and redness of effected lesion	Radium brom.30	4 hourly
Burning and itching with vesicular eruptions;worse wet, rainy season and cold	Rhus tox.30 or 200	4 hourly(3)
With sticky discharge;little injury suppurates;unaffected part of skin hard	Graphites 30 or 200	4 hourly(3)
Eruptions scaly;abscess under the eruptions;worse by warmth and warm applications	Lycopodiun 30 or 200	4 hourly(3)
Ring shaped eruptions;much itching and offensive odour from affected parts	Tellurium 6 or 30	3 hourly
When cracks re-appear after suppression and oozing starts; bluish,purplish appearance of effected lesion	Lachesis 30 or 200	10 min(3)
Worse after shaving.Exudation forms into a hard,lemon-coloured crust	Cicuta v.30	4 hourly
When the complaints are worse after washing the face or bathing	Sulphur 30 or 200	10 min(3)
When there is pain along with itching	Psorinum 200	10 min(3)

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Beauty tips(Plastic Medicines to improve Complexion/Glow)

Symptoms/Problems	Remedy	Frequency(Doses)
For dry and rough skin. Aversion to take bath; scratching of the effected lesions	Sulphur 30 or 200	weekly(3)(6)
Pain after scratching with rough and dry skin.Patient likes cold climate	Psorinum 200 or 1M	weekly(3)
Dark circles around eyes due to shock or grief	Natrum mur.200 or 1M	weekly(3)
Eyes sunken and face pale due to loss of vital fluids	china 6 or 30	4 hourly
Saddle like brownish complexion of nose and cheeks. Yellow spots on chest.sallow look	Sepia 200	weekly(3)
Dark circle around the eyes due to nervous weakness or prolonged nervous tension	Phosphorus 200	weekly(3)
For blackish spots;dry,rough, scaly skin;burning sensation. Restlessness	Arsenic alb.30	4 hourly
Bluish,purple spots,face pale, jaundiced.patient cannot tolerate pressure of even clothes around throat,abdomen and waist	Lachesis 30 or 200	weekly(3)
Complexion yellow due to anaemia	Ferrum met.3X	4 hourly
Face deathly pale with blue rings around the eyes	Bismuth 200	weekly(3)
Warts,epithelioma;frickles and blotches;brownish spots	Thuja oc.200	weekly(6)

Face pimply,dry,rough,scaly skin;to clean the complexion	Berberis aq.Q	4 hourly,4-5 drops
To dissolve scar tissue	Thiosinaminum 3X	4 hourly
Old burn or injury marks; bleeds easily;warts	Causticum 30 or 200	6 hourly

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Bed sores

Symptoms/Problems	Remedy	Frequency(Doses)
In cases of typhoid fever or long continued ailments	Baptisia Q or 6	3 hourly
In the beginning when there is bruised feeling in the bed-sores	Arnica 30 or 200	4 hourly
When bed-sores are very painful even touch is intolerable;patient over sensitive	Hepar sulph 30 or 200	10 min(3)
In chronic cases when thin,bloody, offensive pus oozes constantly	Silicea 12X or 30	4 hourly
With blue edges;worse touch. Oozing of decomposed blood	Lachesis 30 or 200	4 hourly(6)
When affected parts become gangrenous	Crotalus h.30 or 200	4 hourly(6)
Due to blood poisoning;septic conditions,gangrenous bed sores (Echinacea lotion can be used externally)	Echinacea Q or 30	4 hourly
In chronic cases when bed sores turn into gangrene	Sulphur 30 or 200	10 min(3)
Intercurrent remedy for tubercular patients	Tuberculinum k.200	weekly(3)

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Bed wetting(Enuresis)

Symptoms/Problems	Remedy	Frequency(Doses)
Bed wetting immediately after sleep;patient chilly	Sepia 200	10 min(3)
Unconsciously;during first part of night	Causticum 30 or 200	4 hourly(3)
In nervous patients when Causticum fails	Gelsemium 30	4 hourly
In fat and flabby children; perspires easily,prone to catch cold	Calcarea carb.200 or 1M	weekly(3)
Bed wetting,worse after measles;hot patient; changeable disposition, thirstlessness and desire for open air	Pulsatilla 30 or 200	4 hourly(6)
Urine of low specific gravity, strong smelling,wet the bed several times during sleep	Acid-benz.3 or 6	4 hourly
Weeting the bed in deep sleep with dreams of urinating at proper places;caries of teeth	Kreosote 30 or 200	4 hourly(6)
Habitual bed wetting with dreams or nightmares	Equisetum 30	4 hourly
Wetting the bed during fool moon.When selected remedy fails;psoric patient	Psorinum 200 or 1M	weekly(3)
Patient wakes up after wetting the bed in dreams	Lac caninum 200	weekly(3)
Due to strangury(urine dribbles drop by drop with tenesmus and pain)	Magnetics pol-austral 200	weekly(3)
Involuntary urination during sleep;fear of being alone, apprehensive	Lycopodium 30 or 200	10 min(3)

Bed wetting due to worms	Cina 30 or 200	4 hourly
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Bereavement

Symptoms/Problems	Remedy	Frequency(Doses)
severe shock due to sudden death of loved ones;restlessness, anxiety and fear	Aconite 200	10 min(3)
prolonged mournings;cannot overcome the loss of loved ones	Ignatia 1M or 10M	6 hourly(3)
When the grief is in the conscious mind;patient weeps; does not like sympathy	Natrum mur.200 or 1M	6 hourly(3)
for chronic grief and indignation	Staphysagria 200 or 1M	weekly(3)

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Birth marks(see Beauty tips)

Though it is not possible to cure any unwanted birth mark etc.,but there are certain medicines in homoeopathy (constitutional and symptomatic)which helps considerably

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Bites(of Animals,Insects,etc.)

Symptoms/Problems	Remedy	Frequency(Doses)
Bee bite(Urtica u. lotion can be used externally)	Apis mel.30	3 hourly
Wasp bite	Arnica 200	1/2 hourly(3)
Mosquito bites	Staphysagria 30	3 hourly
Serpent/snake/venomous bite	Belladonna 200 and Mercurius sol.200 Hoang-nan Q or Golondrina Q also can be given. Cedron 200 is also helpful Lycopus Q can also be given	alternate 10 min(6)
Flee bite	Pulex irritans 30	2 hourly
Gnat bite	Cantharis 200	15 min(3)
Dog bite;bite of rabid animals	Lyssin 200 alternately Echinacea lotion	10 min(6)
Rat or scorpion bite	Ledum pal.200	1/2 hourly(3)

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Bladder and Urethra(see cystitis also)

Symptoms/Problems	Remedy	Frequency(Doses)
Burning pains;urine comes drop by drop	Cantharis 30	3 hourly
Burning pain;worse at rest;better by walking in open air	Terebinth.Q	4 hourly,7 - 8 drops
Burning pain in the urethra while passing urine,thirst excessive - drinks quite often but little at a time	Arsenic alb.30	4 hourly
Paralysis of bladder; dribbling of urine while coughing or sneezing	Causticum 30 or 200	4 hourly(3)
Bladder weak - no expulsive power	Opium 30 or 200	4 hourly(3)
Constant desire to urinate; urine milky,scanty and hot	Lilium tig.30 or 200	4 hourly
Bladder feels full;constant feeling of as if contents would fall out	Sepia 30 or 200	4 hourly(3)
Inflammation of bladder with much difficulty in passing urine	Conium mac.200	10 min(3)
Pain in the bladder with rigidity of cervical muscles. Back stiff;pain better by lying on back	Strychnin.3X or 30	4 hourly
Prolapse of bladder	Pyrus americana 30	4 hourly
Haematuria while no pathological condition can be found;weakness of bladder	Belladonna 30	4 hourly
Haemorrhage from the bladder	Rhus aromatica 30	4 hourly

**Stone in the bladder - with
sharp pain in lions**

**Calcarea renalis 30 and
Hydrangea Q**

3 hourly,alternatively

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Bleeding

Gums Bleeding

Symptoms/Problems	Remedy	Frequency(Doses)
Soreness of gums;bleeding after extraction of teeth	Arnica 200 or 1M	1/2 hourly(3)
Gums swollen and sensitive to hot and cold;worse night;unhealthy gums,excessive saliva	Mercurius sol.30	4 hourly
Easy and passive bleeding;blood does not coagulate easily	Phosphorus 30 or 200	6 hourly(3)
Excessive bleeding from gums. Flatulence;hot and sour belching	Salicylic acid 30	4 hourly
Oozing of decomposed,thin blood. Gums swollen,spongy,sensitive to touch,bleed easily;worse in morning	Lachesis 30 or 200	6 hourly(3)
Gums retracted and bleed easily; pyorrhoea	Carbo veg.3X or 6	3 hourly

Bleeding Piles(Haemorrhoids)

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy - Haemorrhage and constipation	Sulphur 1M	weekly(3)
For bleeding piles;only till bleeding persists	Dolichos Q	6 hourly,4 - 5 drops
If Dolichos do not act;blood bright red	Millefolium Q or 200	4 hourly,5 -10 drops
Blood bright red;the proven Indian drug	Ficus relig.Q	4 hourly,5 - 10 drops

Blood dark clotted(venous); soreness;haemorrhoids and pulsation in the rectum	Hamamelis Q or 30	4 hourly, 5 - 10 drops
When bleeding is in a small stream with every stool	phosphorus 200	10 min(3)
With constipation or alternate diarrhoea;loss of appetite;specially during pregnancy;painful bleeding piles	Collinsonia 30 or 200	4 hourly
Ancient Indian medicine for bleeding piles	Blumea od.Q	4 hourly,5 -10 drops
Painful bleeding haemorrhoids;severe cutting pain after passing stools lasting for hours	Nitric acid.200 or 1M	10 min(3)
With burning pain,itching, smarting and stinging in anus while passing stools	Capsicum 30	4 hourly
Haemorrhoids - blind and bleeding;worse during climacteric	Aesculus hipp.30 or 200	4 hourly

Bleeding Vagina

Symptoms/Problems	Remedy	Frequency(Doses)
bleeding follows(next day)after coitus	Kreosote 30 or 200	10 min(3)
Bleeding from vagina after breast feeding;chilly patient	Silicea 6X or 30	4 hourly

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Blepharitis(Inflammation of eye-lids)

Symptoms/Problems	Remedy	Frequency(Doses)
In syphilitic cases;sensitive to touch;heat or cold	Mercurius cor.200	10 min(3)
Inflammation between eye lids and eye brows;especially upper eye lids	Kali carb.200	10 min(3)
Inflammation with throbbing pain;suppurative stage; sensitive to touch and cold; better warmth	Hepar sulph.3X to abort pus or 1M to suppress if possible(should be used with great care)	See remedy
Oedematous swelling;lower eye-lid;worse heat;loss of thirst	Apis mel 30 or 200	4 hourly(3)
Swelling on margin of eye lids with loss of eye lashes	Petroleum 30	4 hourly
Odematous swelling under eye lids;thirst of icy cold water/drinks	Phosphorus 30 or 200	10 min(3)
Swelling of eye lids with profuse lachrymation;worse cold and better by warmth; restlessness	Rhus tox.30	4 hourly
With hardness due to styes or cyst on eye lids	staphysagria 30 or 200	6 hourly(3)
swelling on eye lids due to tumours;malignancy etc.	Conium 200 or 1M	10 min(3)
Swelling;burning and redness of eye lids due to fistulous lachrymation;chilly patient	Silicea 12X or 30	4 hourly

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Blindness

Symptoms/Problems	Remedy	Frequency(Doses)
Sudden;when the reason is not known	Aconite 200 or 1M	10 min(3)
Nervous blindness;colour blindness	Santoninum 6	4 hourly
Night blindness	Ranunculus bulb.30	4 hourly
Day blindness	Bothrops 30	4 hourly
In anaemic;weak;hysterical patient	Ferrum met.30	4 hourly
Due to lightening;fear;nervous tension etc.	Phosphorus 30 or 200	4 hourly(3)
Night blindness;see only one half of the object	Lycopodium 30 or 200	6 hourly(3)
Night blindness;increased myopia	Physostigma 30	4 hourly
Blindness of leprosy patients	Hura brazil.30	6 hourly

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Blisters(skin)

Symptoms/Problems	Remedy	Frequency(Doses)
Due to insect bites;loss of thirst	Apis mel.30	4 hourly
Due to excessive walking; exposure to heat;sun burn etc.	Cantharis 30	4 hourly
On fingers;large;filled with serum	Ailanthus g.30	4 hourly
Blisters crusty;in typhoid fever	Acid-phos.30	4 hourly
Blisters in typhoid fever(sordes)	Baptisia 6 or 30	4 hourly
Blisters with much itching and redness surrounding it	Rhus tox.30	4 hourly
Blisters with white pus inside; sensitive to touch	Hepar sulph.30	4 hourly
Fever blisters especially around lips	Natrum mur.6X or 30	4 hourly

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Blood Pressure High(see Hypertension)

Blood Pressure Low(see Hypotension)

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[Hypertension](#)

[Hypotension](#)

Body odour(see Bad Breath also)

Symptoms/Problems	Remedy	Frequency(Doses)
Due to sweating etc,especially forehead	Calcarea carb.200	4 hourly(3)
Offensive odour of body like old cheese with sensitive skin	Hepar sulph.30	4 hourly
With excessive odorous,viscid perspiration which stains the clothes yellow but sweating do not relieve the complaints	Mercurius sol.30	4 hourly
With unhealthy looking skin;aversion to taking bath	Sulphur 30 or 200	4 hourly(3)
Offensive sweat on feet,hands and axillae;chilly patient	Silicea 30 or 200	4 hourly
Intercurrent remedy	Psorinum 200	weekly(3)

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[Bad breath](#)

Bone Affections(including Injuries and Caries)

Symptoms/Problems	Remedy	Frequency(Doses)
To aid all kinds of bone injuries	Ruta g.30	4 hourly
For fractured or broken bone	Symphytum 3X or 6	4 hourly
Caries;due to suppression of food sweat	Acid salicylic 30	4 hourly
Caries of cervical bones	Aurum met.200	weekly(3)
Caries of spinal cord	Calcarea carb.200 or 1M	weekly(3)
Tuberculosis of bone	Drosera 200 or 1M	fortnightly(3)

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Brain(Affections of)

Symptoms/Problems	Remedy
Anaemia of brain	Tabacum 30 or 200
Inflammation of brain	Arum triph.30 or 200
Injury of brain or after effects of brain	Natrum sulph.200 or above
Paralysis of brain;brain fag	Zincum met.30 or 200
Tumors of brain	Plumbum met.30 or 200
Inflammation of brain due to injury	Ruta g.30 or 200
Brain fag due to excessive mental work	Kali phos 6X or 30
Dread of making any mental effort;chilly patient	Silicea 12X or 30
Atrophy of brain after nervous tension or fright	Phosphorus 30 or 200
Affections of brain occuring in infants during attack of cholera	Nux Mosch.30 or 200

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Breast-Affections of(see Mammary Glands also)

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[Mammary Glands](#)

Bronchiectasis(see Bronchitis and asthma

***Dilation of a bronchus or of the bronchial tubes is called
Bronchiectasis***

Symptoms/Problems	Remedy	Frequency(Doses)
Cough;worse change of position.Carries of teeth	Kreosote 30	4 hourly
Feels better in knee-chest position;worse during day; better see side	Medorrhinum 200 or 1M	fortnightly(3)
Cough often ends in a sneeze; expectoration difficult;tough and profuse mucous	Senega Q	4 hourly,5 - 7 drops
Emphysema with excessive dyspnoea and cough;difficult expectoration and excessive mucous secretions	Antim ars.6 or 30	4 hourly
Cyanosis;venously congested lungs;dry,spasmodic, suffocative cough	Acid Hydrocyanic 30	2 hourly(3)

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[Bronchitis](#)

[Asthma](#)

Bronchitis

Acute(see Cough also)

1st Stage

Symptoms/Problems	Remedy	Frequency(Doses)
In healthy persons;due to sudden exposure to dry cold air;anxiety and chilly feeling,high fever,pulse fast;fear and restlessness	Aconite 30 or 200	2 hourly
Eyes red,face shiny red,high fever; respiration short,rapid and difficult;dry cough and hoarseness;skin hot and dry but moist on covered parts	Belladonna 30	2 hourly
Fever;inflammatory bronchial catarrh,soreness in chest and exhaustive cough;sweating does not relieve;mouth moist with saliva	Mercurius sol.30	4 hourly
Dry cough which hurts the head with fever.Thirst excessive for large quantities of cold water at long intervals.Worse movements	Bryonia 30 or 200	3 hourly
In weak patients with high fever	Ferrum phos.6X or 30	3 hourly

If there is no improvement with above medicines then give one dose of **sulphur 30 or 200** and wait for one or two days and again give the medicine according to symptoms.

Tuberculinum-bov.1M should be given in once a month for 6 months to the patients who are prone to Bronchitis.

2nd Stage

Symptoms/Problems	Remedy	Frequency(Doses)
When cough begins to loosen; complaints worse cold,even uncovering of body parts aggravate.Coughing chokes	Hepar sulph.30	4 hourly
Much rattling in the chest due to mucous in the bronchial tubes; tongue clean;dyspnoea and nausea	Ipecac 30	4 hourly
Wheezing;rattling chest,loose cough,but no phlegm comes out even after prolonged coughing. Tongue whitish coated	Antimonium tart.200	10 min(3)

3rd Stage

Symptoms/Problems	Remedy	Frequency(Doses)
When mucous becomes yellow; patient feels better in open air;loss of thirst	Pulsatilla 30	4 hourly
When no phlegm comes out;if any;it is blood streaked;pulse rapid and patient becomes very weak	Ammonium carb.30	4 hourly

Bronchitis

Chronic

Symptoms/Problems	Remedy	Frequency(Doses)
For persons who are constantly catching cold with chronic suffocative cough	Bacillinum 200 or 1M	weekly(3)

Wheezing and oppression in the chest.Breathing stops when falling asleep;wakes up with a start and gasps for breath.Must sit up to a breath;can not breath when lying down	Grindelia Q or 6	1/2 hourly(3)
Chronic bronchitis;pain in different parts of the body on coughing	Capsicum 30	4 hourly
Cough worse after midnight; dry and painful which makes the patient to hold his chest; worse on talking	Drosera 200	one dose only
When breathing is rapid and hard;wheezing with excessive dyspnoea;expectoration very difficult	Antimonium ars.6 or 30	4 hourly(6)
Hard,croupy cough with inability to raise the sputum	Antimonium iod.30	4 hourly
Cough with soreness in chest; better drinking cold water. Involuntary escape of urine while coughing	Causticum 30	4 hourly
Must cough for a long time before he can raise the mucous because it is strong and sticky; involuntary escape of urine	Squilla 30	4 hourly
Extreme restlessness with prostration.Thirst for small quantities of water at short intervals.Cough dry worse after drinking;and midnight must sit up.Chilly patient	Arsenic alb.30	4 hourly
When body turns blue and cold; patient wants to be fanned	Carbo veg.30	4 hourly
Copius expectoration with dilatation of bronchial tubes	Sabal ser.Q or 6	4 hourly
Painful spasmodic cough and dyspnoea;worse night	Napthaline 30	4 hourly

**Breathlessness after attack of
bronchitis**

Chloralum 30

4 hourly

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[Cough](#)

Burns

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy - for burns of any kind	Cantharis 30	4 hourly
Sun burns;rush of blood towards head,flushed face	Belladonna 30	4 hourly
Radium,X-ray burns	Phosphorus 200 or Cadmium iod.30	4 hourly(3)
When there is fear of death and anxiety due to burns. Burnt area is hot and swollen with fever	Aconite 30 or 200	15 min(6)
If the part mortifies (leading towards gangrene)	Silicea 30 or Sulphur 30	3 hourly(3)
If pus forms;effected parts becomes very sensitive	Hepar sulph.200	10 min(3)
Burns due to pouring of hot water or hot oil;when blisters has not formed	Urtica urens 30	4 hourly

For External use:

Cantharis lotion.If wound forms then apply Calendula lotion.

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Cancer(of different organs)

The medicine which have special affinity on particular organs have been given here if the totality of the symptoms of the patient as a whole tallies with a particular medicine then it can be given accordingly. The repetition should be with great care only.

Symptoms/Problems	Remedy	Frequency(Doses)
Cancer of stomach with constant vomiting of black fluid	Cadmium sulph.30	3 hourly
Cancer of pancreas or of bones,especially the lower jaw and tibia	Phosphorus 30 or 200	3 hourly
Cancer of bone,periosteum, especially the joints	Symphytum 6 or 30	3 hourly
Cancerous ulcer;especially when out-come is after suppression of Malaria	Chininum sulph.30 or 200	3 hourly
Cancer of stomach,of axilla, oesophagus;painful cracks in corner of the mouths	Condurango 30 or 200	3 hourly
Cancer of bladder,breast; disposition to pimples at adolescence	Asterias rubens 30 or 200	3 hourly
Cancer of caecum,pylorus, duodenum;painful contraction with duodenal distention	Ornithogalum Q or 6	3 hourly
Cancer of cervix;bleeds easily; sensation of boiling water along the back	Ustilago Q or 6	3 hourly
Cancer of face;ill effects of vaccination.Rapid exhaustion and emaciation	Thuja oc.30 or 200	3 hourly

Cancer of lungs;sleep always disturbed by lewd dreams	Cobaltum 30	3 hourly
Cancer of glands of the neck; patient sensitive to cold. Sensation of coldness in various parts	Cistus can.30	3 hourly
Cancer of testicles	Cadmium phos.30	3 hourly
Cancer of vagina;prostate;can not control the urine;urine dribbles constantly while lying	Kreosote 30	3 hourly
Cancerous history in the family or past history of cancer in the patient	Carcinocin 200 or 1M	fortnightly(3)
Cancerous diathesis;over irritability	Strychninum 200 or 1M	fortnightly(3)
To expel the poison from effected lesion	Silicea 12X or 30	4 hourly
When carbuncle turns towards gangrene;marked burning and restlessness	Arsenic alb.30	4 hourly
Cancer affecting lower bowel with prolapsus	Ruta grav.6 or 30	4 hourly

For External use: Hypericum lotion

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Caries Of Teeth

Symptoms/Problems	Remedy	Frequency(Doses)
Decay of teeth in children as soon as they appear;bed wetting	Kreosote 30	4 hourly
Decay of teeth;pain and soreness	Plantago 30	4 hourly
Decay of teeth;bleeding gums, sensitive to hot or cold	Mercurius sol.30	4 hourly
Intercurrent remedy	Syphilinum 200 or 1M	weekly(3)

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Causation - Ailments due to(see different ailments and occupational hazards,etc.also)

Symptoms/Problems	Remedy	Frequency(Doses)
Ailments due to carrying heavy weight in labourers etc.	Ruta g.30 or 200	6 hourly
Effect of cold drinks;(when overheated; takes cold drinks or water and suffers)	Bellis p.30	4 hourly
Due to fasting	Dioscorea 30	4 hourly

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[Occupational hazards](#)

Cervical spondylosis(see slipped disc, Spondylosis etc.,also)

Symptoms/Problems	Remedy	Frequency(Doses)
Vertigo;worse closing eyes due to degeneration of spinal cord	Theridion 30	4 hourly
With muscular weakness; perspiration of hands,specially in bachelors	Conium mac.200 or 1M	3 hourly(3)
With numbness;worse night	Kali iod.200 or 1M	3 hourly(3)
Head remedy;tearing pain with weakness	Acid-phos.30	4 hourly
Intercurrent remedy	Psorinum 200 or 1M	weekly(3)
Pain nape of neck;better movements,worse by rest,cold and damp,after drinking icy cold water	Rhus tox.200 or 1M	4 hourly

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[Slipped disc](#)
[Spondylosis](#)

Change Of Life(see Menopause)

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[Menopause](#)

Chicken-pox

Symptoms/Problems	Remedy	Frequency(Doses)
Preventive medicine	Variolinum 200	10 min(3)
High fever with anxiety and shiny red face	Aconite 30 or 200	2 hourly
fever without thirst,though throat is dry;desire for open,cold air	Pulsatilla 30	4 hourly
Fever with headache and shiny red face;rush of blood towards head	Belladonna 30	3 hourly
Itching in eruptions;tip of tongue red; restlessness	Rhus tox.30	4 hourly
When fever is over and eruptions starts drying up	Mercurius sol.30	4 hourly(3)

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Chilblains

Symptoms/Problems	Remedy	Frequency(Doses)
Painful;worse in cold weather,winter	Agaricus m.30	4 hourly
When there are cracks which bleeds easily;worse winter and cold climate	Petroleum 30	4 hourly
With itching;worse in warmth;better in cold,open air	Pulsatilla 30	4 hourly
With redness and swelling of the skin; itching and burning;restlessness	Rhus tox.30	4 hourly

For External Use:
[Rhus ven.Q](#) and [Glycerine](#) in 1:9

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Children Diseases including problems of New Born Babies

<u>Infant Care</u>	<u>Vaccination</u>	<u>Naval Problems</u>	<u>Feeding Problems</u>
<u>Jaundice</u>	<u>Blue Baby</u>	<u>Convulsion</u>	<u>Tetanus</u>
<u>Cold & Cough</u>	<u>Eyes Problems</u>	<u>Sleeplessness</u>	<u>Crying</u>
<u>Clogged Nose</u>	<u>Teething</u>	<u>Teeth Problems</u>	<u>Mouth Ulcer</u>
<u>Boils</u>	<u>Swelling of Nipples</u>	<u>Stye</u>	<u>Constipation</u>
<u>Abdominal Pain</u>	<u>Indigestion</u>	<u>Cholera</u>	<u>Worms</u>
<u>Bed Wetting</u>	<u>Urinary Problems</u>	<u>Smell in Urine</u>	<u>Fever</u>
<u>Prickly Heat</u>	<u>Itching</u>	<u>Eczema</u>	<u>Whooping Cough</u>
<u>Lice</u>	<u>Liver</u>	<u>Hiccough</u>	<u>Change of Seasons</u>

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Cholera

Cholera is an acute infectious disease caused by the Bacillus Vibrio Cholerae. The spread of disease is through water or contaminated food. In the beginning there is diarrhoea which becomes watery and become profuse very soon. There is sudden loss of fluids. Acute vomiting, weak pulse, blood pressure falls down, urine becomes scanty. If not managed properly patient may die due to loss of fluid.

Symptoms/Problems	Remedy	Frequency(Doses)
Prophylatic remedy	Cuprum met.200 and Verat alb.200	alternate weekly throughout an epidemic
Head remedy;when body becomes cold with internal chill	Camphor Q or 30	1/2 hourly
Desire for cold drinks - violent colic,specially around naval.Patients feels as if anus remains wide open after passing stools	phosphorus 30 or 200	1/2 hourly
Stools - white like rice water;cold sweating and uncontrollable retching with drawing and cramps in the fingers	Verat-alb.30	1/2 hourly
When deathly nausea and cold sweat persists	Tabacum 30	1/2 hourly
Body cold and bluish. Spasmodic diarrhoea, spasms starts from lower extremities and spread to upper extremities,muscles of abdomen and chest	Cuprum met.30	1/2 hourly
Large,yellow,greenish, offensive stools	Podophyllum 30	1/2 hourly

Burning sensation all over the body;restlessness, difficulty in breathing. Rapid onset of collapse. Thirst for small quantities of water at frequent intervals	Arsenic alb.30	1/2 hourly
When vomiting stops but diarrhoea continues; extremities icy cold but patient does not want to cover him.More retching than vomiting	Secale cor.30	1/2 hourly
When body becomes cold; respiration weak and laboured;patient desires to be fanned	Carbo veg.30	1/2 hourly
When cholera symptoms are associated with loud, violent and deathly hiccough	Cicuta v.30	1/2 hourly

Cholera Infantum

Symptoms/Problems	Remedy	Frequency(Doses)
Complaints with cough;stools golden yellow;patient craves for icy cold drinks	Phosphorus 30	1/2 hourly
When there is marked sour smell in stools	Rheum 30	1/2 hourly
When there is frequent thirst for small quantity of water.Vomiting with frequent and watery stools;restlessness	Arsenic alb.30	1/2 hourly

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Chorea-Involuntary movement of muscles(see Nervousness also)

Symptoms/Problems	Remedy	Frequency(Doses)
with pain and numbness	Asafoetida 30	6 hourly
Angular;better during sleep	Argentum nit.30 or 200	6 hourly
Jerking of arms and legs	Mygale 200	weekly(3)
Due to disturbed emotions; specially facial muscles;worse after inhaling smoke	Ignatia 200	6 hourly
Movements of head backward and forward;fear of dark	Stramonium 200 or 1M	6 hourly
Tremors of hands;profuse sweating which do not relieve the complaints	Mercurius sol.30 or 200	6 hourly
In chilly,weak,worn-out patients; worse by cold	Zincum phos.30	6 hourly
Loss of control;movements of extremities;worse during sleep; contraction of muscles	Causticum 30 or 200	6 hourly

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[Nervousness](#)

Coition-Male(see Erections Impotency, spermatorrhoea,etc.,also)

Symptoms/Problems	Remedy	Frequency(Doses)
Aversion to coitus due to impotency;constipated patients; who are prone to be obese	Graphites 200 or 1M	weekly(3)
Desire lost or diminished. Complete loss of erection	Lycopodium 200 or 1M	weekly(3)
Intercurrent remedy	Psorinum 200	weekly(3)

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[Erections Affections](#)

[Impotency](#)

[Spermatorrhoea](#)

Cold,Catarrh and coryza

1st Stage

Symptoms/Problems	Remedy	Frequency(Doses)
Icy coldness of whole body; internal and external both.To give heat to the system	Camphor 6 or 30	1/2 hourly
Cold due to sudden exposure to dry cold wind;chilly feeling; headache,watering of eyes and sneezing;anxiety and fear; feverish feeling	Aconite 30 or 200	2 hourly
Running of nose during day and blockage at night with chilly feeling	Nux vomica 30	3 hourly
Cold with sneezing and profuse from eyes and nose;worse in warmth and indoor;better in open air	Allium cepa	3 hourly
Dryness of nose with headache; worse from motion;thirst more; lips parched and dry;stools constipated	Bryonia 30 or 200	3 hourly
Sneezing;watering of nose and eyes;throat sore with constant desire to swallow saliva;foul smell from mouth;feverish feeling with sweat which do not relieve.Worse at night	Mercurius sol.30	3 hourly
Watering and burning of eyes with streaming nose;acid discharges	Euphrasia 30	3 hourly
Chilly feeling though face is hot; restlessness;un-quenchable thirst, drinks often but little at a time; better hot drinks	Arsenic alb.30	3 hourly

Acrid discharge from the nose which corrodes the upper lip. Nose filled with phelgm;breathes through the mouth	Arum triph.30	3 hourly
Cold;running of nose and sneezing;redness and pain forehead;watering eyes	Sabadilla 30	4 hourly
Cold;pain throat;red face,rush of blood towards head	Belladonna 30	4 hourly
Aching pain;dullness;chilliness in back;sneezing;bland and thick discharge from nose;feverish; better by passing urine	Gelsemium 30	3 hourly
Coryza with sneezing and aching in bones of extremities with soreness of flesh	Eup-perf.30	3 hourly
Cold;better from cold bathing	Calcarea sulph.30	4 hourly
Dripping of nose while eating	Trombidium 30 or 200	6 hourly
Dripping of nose while going to sleep	Thuja oc.30 or 200	6 hourly
Dry coryza;sniffles of infants, blockage of nose	Sambucus nig.30	4 hourly

2nd Stage

Symptoms/Problems	Remedy	Frequency(Doses)
Discharge from nose; yellowish or greenish; stringy	Kali bich.30	4 hourly
Greenish yellow mucous from nose;loss of taste and thirst;better open air	Pulsatilla 30	4 hourly
Thick yellow discharge from nose;post nasal cattarrh;constipation	Hydrastis c.30	4 hourly

Watering from nose like a tap;thirst more;stools constipated;cold aggravates till noon and ameliorates after noon	Natrum mur.30(in acute stage Bryonia 30)	4 hourly
In fat and flabby patient; worse after bathing;chilly patient	Calcarea carb.200	6 hourly
Watery discharge from the nose and finally it becomes thick,yellow. Pain in the throat on swallowing as if full of splinters;sensitive to cold	Hepar sulph.30	4 hourly
Cold worse early morning;chronic;dry catarrh;aversion to take bath	Sulphur 200	weekly(3)
Chronic catarrh;dry coryza,with blockage of nose;worse change of weather and cold	Psorinum 200	weekly(3)
Chronic cases with tubercular history	Tuberculinum k.200 or 1M	fortnightly(6)
Obstinate chronic cases when indicated remedy fails	Bacillinum 1M	weekly(3)

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Colic(see Abdominal pain also)

Symptoms/Problems	Remedy	Frequency(Doses)
Due to food poisoning;unquenchable thirst,sips water at frequent intervals; anxiety and restlessness	Arsenic alb.30	2 hourly
Due to acidity and ulcer;patient desires constant fanning;fresh air	Carbo veg.30	4 hourly
Agonising;cutting pain;better bending double	Colocynth.30	4 hourly
after over-eating;specially spicy-rich food or milk etc	Nux vomica 30	3 hourly
During cholera with cold sweating	Veratrum alb.30	2 hourly
Pain in abdomen due to worms	Cina 200 or 1M	6 hourly
Due to flatulence;better bending backwards	Dioscorea v.30	4 hourly
While eating;burning pain around the naval	Calcarea renal.30	4 hourly
After abdominal operation	Staphysagria 30	4 hourly
when pain comes and goes suddenly	Belladonna 30	4 hourly
After taking rich,fatty food with loss of thirst;desire for cold,open air	Pulsatilla 30	4 hourly
When pains are intolerable;specially in pregnant woman;worse after anger	Chamomilla 200	2 hourly
Severe,violet,spasmodic pain and intermittent	Cuprum met.30	4 hourly

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[Abdominal pain](#)

Colitis(see Dysentery also)

Symptoms/Problems	Remedy	Frequency(Doses)
Symptoms worse after anger; bitter taste;severe pain in abdomen causing patient bend over double	Colocynth.30	3 hourly
Greenish watery stools,gushing out with great force;abdomen distended	Magnesia carb.30	4 hourly
Yellowish watery stools with flatulence;worse after eating, taking icy cold water or preserved fruits;digestion slow	China 6 or 30	4 hourly
Offensive and loose stools; patient can not even tolerate touch of cloth on abdomen; worse during spring and after sleep	Lachesis 30 or 200	4 hourly(3)
Ulcerative or simple colitis;after indignation(such as rape or inhuman acts;etc.)	Staphysagria 200 or 1M	fortnightly(3)
Stools containt white shreddy particles;distention of abdomen; pain over liver region;over sensitive to smell of foods	Colchicum 30	4 hourly

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[Dysentery](#)

Collapse(see fainting and Unconsciousness also)

Symptoms/Problems	Remedy	Frequency(Doses)
When there is internal as well as external coldness;after sudden exposure to cold,during cholera	Camphor Q or 30	15 min(6)
Though the body is cold but patient desires fanning	Carbo veg.30 or 200	1/2 hourly
Sudden;due to fear of exposure to dry cold air	Aconite 200 or 1M	1/2 hourly
Due to concussion(injury)	Arnica 200 or 1M	1/2 hourly(3)
Due to exhaustive discharges, such as loss of blood,excessive vomiting,diarrhoea or semen loss,etc.	China 30	1/2 hourly
In epileptic fits	Cuprum met.30 or 200	1/2 hourly
Due to sun stroke	Glonoine 30 or 200	1/2 hourly
With cold sweating	Veratrum alb.30 or 200	1/2 hourly

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[Fainting](#)

[Unconsciousness](#)

Conjunctivitis(see Trachoma also)

Inflammation of the conjunctiva(the mucous membrane covering the interior surface of the eyeball) is called Conjunctivitis

Symptoms/Problems	Remedy	Frequency(Doses)
Sudden watering from eyes with inflammation after exposure to cold	Aconite 30 or 200	3 hourly
Eye fiery red with pain and inflammation;face red	Belladonna 30	4 hourly
Acrid,watery discharge from eyes; patient cannot bear bright light	Euphrasis 30	3 hourly
Headache;profuse,purulent discharge from eyes which makes vision hazy, should be cleared immediately;acute granular swelling	Argentum nit.30	4 hourly
Eye-lids swollen,red;worse by heat	Apis mel.30	4 hourly
Greenish,yellow discharge from eyes; worse by heat and better in open,cold air	Pulsatilla 30	4 hourly
Acrid lachrymation;severe burning, soreness of the eyes,sensation of foreign bodies in the eyes.Eye-lids get gummed	Mercurius cor.30	4 hourly
Stringy,whitish discharge from the eyes	Kali bich.30	4 hourly
Redness and inflammation of eyes; eyes can be opened with great force only	Rhus tox.30	4 hourly
Itching and burning of eyes;worse by washing	Sulphur 30 or 200	4 hourly(3)

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[Trachoma](#)

Constipation

Symptoms/Problems	Remedy	Frequency(Doses)
Chronic constipation;much flatus,distention of abdomen	Coca Q	6 hourly,10 drops in lukewarm water
Due to fast,sedentary life; ineffectual urging,passing stools many times a day	Nux vomica 30 or 200	6 hourly
Hard stools;due to dryness and non peristaltic action of the intestinal tract.Desire for dry food	Alumina 0/7 or above	6 hourly
Stools hard;as if burnt, seems too large.No desire to pass stools;thirst increased, drinks large quantity of water at a time at long intervals	Bryonia 30 or 200	6 hourly
Tonic for proper bowel movement	Cascara sag.Q	4 hourly,10 - 15 drops
Feels better normal when constipated;fat,flabby and chilly patient	Calcarea carb.200	4 hourly(3)
Patient can pass stools only in standing position	Causticum 30 or 200	6 hourly
Constipation with sinking feeling in stomach;tongue white,flabby and slimy	Hydrastis can.Q or 6	4 hourly
In chilly patient who lacks vital energy;stools goes back to the rectum when partially expelled	Silicea 12X or 30	4 hourly

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Contact Dermatitis

Contact dermatitis means dermatitis due to allergy to a local applied agent

Useful remedy for acute stage is [Apis mel.30](#) and for chronicity [Graphites](#), [Natrum mur.](#), [Sulphur](#) and [Thuja oc.etc.](#),

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Convulsions(Fits)

Symptoms/Problems	Remedy	Frequency(Doses)
Convulsions after seeing water, specially in cases of hydrophobia	Lyssin 200 or 1M	10 min(3)
Convulsions due to whooping cough	Cuprum met.30 or 200	3 hourly
Convulsions due to worms in children	Cina 200 or 1M	6 hourly
Convulsions with hot,red skin, flushed face and glaring eyes; during teething period	Belladonna 30	4 hourly
Violent convulsions;with violent distortions;fear of dark	Stramonium 30	3 hourly
Violent distortions;back bent backward like an arch	Cicuta v.30 or 200	3 hourly

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Corns

Symptoms/Problems	Remedy	Frequency(Doses)
Painful;specially on the soles; tongue thickly whitish coated	Antim-crud.200 or 1M	6 hourly(6)
Corn due to pressure of shoes; painful	Sulphur 200	weekly(3)
Corn with soreness and tearing pain	Lycopodium 200	weekly(3)
Corns of toes;re-appears after cutting	Hydrastis can.30	4 hourly
Corns with deep cracks;stools hard,constipated	Graphites 30	4 hourly

For External Use: Thuja oc.Q

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Coronary Thrombosis

***A clot in blood vessel or in one of the cavities of the heart, formed life from constituents of blood;it may be occlusive or attached to the vessel or heart wall obstructing the lumen.
(seek medical aid immediately and in the meanwhile any of the following medicines according to symptoms can be given)***

Symptoms/Problems	Remedy	Frequency(Doses)
Tightness and contraction of the chest; bruised pains	Arnica 200	1/2 hourly(3)
Constriction of heart region as if the heart squeezed by a tight band	Cactus g.Q or 30	1/2 hourly(6)
With numbness of the left arm and left sided paralysis.Cannot bear tight clothings around neck or waist	Lachesis 200	1/2 hourly(3)
Coronary thrombosis due to bad effects of anger	Colocynth.200	1/2 hourly(3)

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Cough(see Hoarseness,Wheezing etc. also)

Symptoms/Problems	Remedy	Frequency(Doses)
Cough with sensation of dust in the throat	Chelidonium 6 or 30	4 hourly
Dry;violent cough due to exposure to dry cold wind; anxiety and fear in mind	Aconite 30 or 200	4 hourly
Listening of music brings on cough	Ambra gr.30	4 hourly
Coughing causes pain in distant parts	Capsicum 30	4 hourly
Looseness of brain while coughing	Carbo ani.30 or 200	4 hourly
Dry cough during sleep;worse after anger	Chamomilla 30 or 200	4 hourly
Every paroxysm of pain excites nervous cough	Hura b.30	4 hourly
Every time patient stands still while walking he coughs;worse inhaling smoke;feels sleepy after every spell of coughing	Ignatia 30 or 200	4 hourly
Cough worse while going down compare to going up;worse 4 - 8 P.M.	Lycopodium 30 or 200	4 hourly
Cough better while lying down	Manganum acet.30	4 hourly
Cough at night and diarrhoea during day	Petroleum 30	4 hourly
Cough worse inspiration and only during day	Rumex c.30	4 hourly
Cough always ends into sneezing	Senega 30	4 hourly
Cough followed by hic-cough	Trillium p.6 or 30	4 hourly
Dry;painful cough with headache;worse by movement and moaning.Thirst excessive and stools constipated	Bryonia 30 or 200	4 hourly

Cough with hoarseness and loss of voice;desire to drink icy cold water	Phosphorus 30 or 200	4 hourly
With sticky,ropy phlegm;chronic sinusitis;pain in the ears while coughing	Kali bich.30	4 hourly
Cough worse between 2 - 4 A.M.	Kali carb.30 or 200	4 hourly
Cough worse in warm room; better in open air;thirstlessness with dry mouth	Pulsatilla 30	4 hourly
Dry cough;sibilant(hissing) sounds like a saw driven through a pine board	Spongia 30	4 hourly
Urine escapes while coughing; better damp,cold;dry cough	Causticum 30 or 200	4 hourly
Cough worse after first sleep(1-2 hours after sleep)	Aralia r.Q or 30	4 hourly
Cough with constant nausea and wheezing tongue clean	Ipecac 30	4 hourly
Rattling of chest;it is difficult to raise the phlegm;tongue whitish coated;cough and yawning alternate	Antimonium tart.30	1/2 hourly(3)
Dry cough at night with chocking;face turns red with congestion of head	Belladonna 30	4 hourly
Cough after exposure to cold wind;sensation of foreign body in the throat with pain while swallowing;pain over sensitive to touch,cold etc.	Hepar sulph.30	4 hourly
Symptoms constantly change and well selected remedies fail to act; cold is taken from slightest exposure	Tuberculinum b.200	weekly(3)

cough with itching in larynx, spasmodic with gagging and vomiting of mucous;after any inflammatory disease like measles,etc.	Carbo veg.30	4 hourly
Cough dry,hard;worse at night; better during day and moving about slowly	Syphilinum 200 or 1M	weekly(3)
Phlegm yellowish and sweetish in taste;weakness and emptiness in chest	Stannum met.30	4 hourly
Children loose their breath while coughing;face becomes bluish and purplish,gasping for breath. Cough rapid and short like gun fire	Corallium r.30	4 hourly
Cough following measles or suppression of intermittent fever	Eupatorium perf.30	4 hourly
Cough with thick ropy mucous; worse in warm room and taking warm drinks.It comes on while in cold water but relieved by cold drinks and washing face with cold water	Coccus cacti 30	4 hourly
Cough;dry with desire for hot, salty drinks	Lac caninum 30 or 200	4 hourly
Cough better while smoking - short of breath after each attack; cough while or after weeping	Tarentula h.30 or 200	4 hourly
Catarrhal cough;involuntary spurting of urine;sneezing	Scilla mar.30	4 hourly
Cough dry;worse from air into larynx,tobacco smoke,fog and while talking	Mentha pip.30	4 hourly
Cough explosive;persistent, recurring after influenza	Strychninum 30	4 hourly
Cough during pregnancy; spasmodic	Viburnum op.30	4 hourly

Dry cough;has to stoop to cough; no expectoration with cough	Kali-mur.6X or 30	4 hourly
Much rattling of mucous,loose cough;worse after bathing and morning	Sulphur 200	weekly(3)

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[Hoarseness](#)

[Wheezing](#)

Cramps(see Writer's Cramps also)

Symptoms/Problems	Remedy	Frequency(Doses)
Cramps in cold water in swimmers. Cramps in calf muscles at night by stretching the legs at bed	Rhus tox.30 or 200	4 hourly
Cramps in abdomen	Aesculus glab.30	4 hourly
Writer's cramp;pain in parts of hand where bones lie near surface;worse cold	Cyclamen 30	4 hourly
Cramps due to fatigue;bruised feeling as if beaten	Arnica 30 or 200	3 hourly
With icy coldness of limbs and body; as in cholera,etc.	Camphor.Q or 6	1/2 hourly
Cramps of calf muscles,soles and palms.beginning from fingers and toes;spasmodic	Cuprum met.30	4 hourly
Cramp like drawing,in upper gluteals when standing;cold sweating	Verat-alb.30	4 hourly

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[Writer's cramp](#)

Cravings(desire for Eatables,etc.)

Symptoms/Problems	Remedy	Frequency(Doses)
To chew clean cloth;raw food	Alumina 200 or above	6 hourly(3)
Craving for fat;lime,slate, pencils,chalk and clay,etc.	Acid nit.30 or 200	6 hourly(3)
For salt(extra salt in food)	Natrum mur.200 or 1M	6 hourly(3)
For eggs	Calcarea carb.200 or 1M	6 hourly(3)
For sweets	Argentum nit.30 or 200	6 hourly(3)
For pickles and sour food	sepia 200 or 1M	6 hourly(3)
For lemonade	Pulsatilla 30 or 200	6 hourly(3)
For banana	Theridion 30 or 200	6 hourly(3)
For icy cold drinks	Phosphorus 200	6 hourly(3)
for milk	Rhus fox.200	weekly(3)

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Croup

Croup becomes dangerous disease if not attended well in time. It consists of a peculiar inflammation of the lining membrane of the wind pipe, ending in the secretion of a thick, viscid, opaque membrane, like boiled white of an egg when the symptoms fully develop. The symptoms may come as a common cold after cold or damp atmospheric changes, cold wind etc., with cough, sneezing, hoarseness and fever. Shortly the cough becomes deep with hoarseness with a deep ringing sound as if the breath were passing through a metallic tube.

Symptoms/Problems	Remedy	Frequency(Doses)
Sudden attack; worse after exposure to dry cold winds (1st day of treatment)	Aconite 200	15 min(3)
Sudden attack, (2nd day of treatment)	Spongia 200	4 hourly(3)
When the cough is loose, much rattling, (3rd day of treatment)	Hepar sulph. 200	4 hourly(3)
The best result is obtained by giving Aconite 200 . 1 dose first, then after 3 hours, 1 dose of Hepar sulph. 200 then after 4 hours one dose Spongia 200 and after that Hepar sulph. 200 and Spongia 200 alternate, 4 hourly (2 doses each)	Refer first column	Refer first column
When there is much rattling in chest; tongue white coated; expectoration difficult	Antimonium tart. 200	10 min(3)
Rattling in chest; tongue clean	Ipecac 30	4 hourly
Recurrent attack, when there is membrane formation; stringy phlegm	Kali bich. 30 or 200	4 hourly
Spasmodic cough	Cuprum met. 30	4 hourly

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Cystitis(Inflammation of bladder)

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;intense burning in urinary passage, urine comes drop by drop	Cantharis 30	4 hourly
Frequent urination;last drop burns,urine mixed with blood;passes only few drops at a time;loss of thirst	Apis mel.30	4 hourly
Constant urging with great straining;pain travels down to thigh while making effort to pass urine	Pareira brava.Q or 6	4 hourly
Thick,muddy urine mixed with blood and albumin; constant tenesmus	Terebinth.Q	4 hourly,5 -10 drops
Intercurrent remedy	Medorrhinum 200 or 1M	weekly(3)

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Dandruff

Symptoms/Problems	Remedy	Frequency(Doses)
Dandruff with itching of scalp and headache;worse bathing with hot water	lycopodium 30 or 200	4 hourly(3)
When the whole scalp is covered with dandruff and hair falls in large bunches	Phosphorus 30 or 200	4 hourly(3)
Dandruff with itching of scalp; hair dry,crispy	Medorrhinum 200 or 1M	fortnightly(3)
dandruff with intolerable itching;scalp sensitive;dry scales	Arsenic alb.30	4 hourly
Dandruff white;scaly;hair dry, falls out;worse damp,humid atmosphere	Thuja oc.200 or 1M	weekly(6)
Dandruff worse margins of scalp;oily,greasy skin and scalp	Natrum mur.12X or 30	4 hourly
Intercurrent remedy;hair dry, rough,lustreless,scalp foul smelling;itching intolerable	Psorinum 200 or 1M	fortnightly(3)
Dandruff profuse,scaly,profuse sweat on occiput	Sanicula 30	4 hourly
Dandruff in circular patches, like ring worms;itching not relieved by scratching	Sepia 30 or 200	4 hourly(3)
Yellowish,copious dandruff; ringworm;eczema on scalp; worse by heat	Kali sulph.6X or 30	4 hourly
Whitish,copious dandruff	Kali mur.6X or 30	4 hourly

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Deafness(loss of hearing)

Symptoms/Problems	Remedy	Frequency(Doses)
Sudden;due to exposure to dry cold winds	Aconite 200 or 1M	4 hourly
To the sounds of voice only	Chenopodium anth.30 or 200	4 hourly
Deafness only to the sound of human voice	Phosphorus 30 or 200	4 hourly
Obstruction deafness to the noisy place;can hear better while riding in a car/bus,etc.	Graphites 30 or 200	6 hourly
With blockage of eustachian tube	Mercurius dul.30 or 200	6 hourly
Due to supression of discharges or eczema	Lobelia inf.30 or 200	6 hourly
After scarlet fever;patient over sensitive to cold; touch,etc.	Hepar sulph.30 or 200 alternate with Belladonna 200	6 hourly
Feels as if ears are stuffed; feels as if something were being forced outward; better cold and open air	Pulsatilla 30 or 200	6 hourly
Due to paralysis of auditory nerve	Causticum 30 or 200	6 hourly
Due to shock or nervous disturbances	Magnesia carb.30 or 200	4 hourly
With cold and clammy feet;sensitive to change of weather;chilly patient	Calcarea carb.200 or 1M	weekly(3)
Intercurrent remedy	sulphur 200 or 1M	weekly(3)

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Dengue fever

Symptoms/Problems	Remedy	Frequency(Doses)
With extreme pain deep into the bones;better sweating	Eupator-perf.30	3 hourly
With muscular pains and restlessness;better by motion	Rhus tox.30 or 200	3 hourly
Bilious,remittent fever;thirst before and after chill and heat; better after vomiting	Nyctanthes a.Q or 30	3 hourly
Chilliness up and down the back; muscular soreness and exhaustion; dull,heavy head	Gelsemium 30	3 hourly
Bursting;splitting headache; bodyache;thirst excessive;stools constipated;worse by motion	Bryonia 30 or 200	3 hourly
High fever;restlessness with exhaustion,thirst unquenchable, sips water frequently	Arsenic alb.30	3 hourly

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Dentition - Affections of(Teething)

At the time of teething,general irritation,loss of appetite, diarrhoea,fever, sleeplessness and weight loss,etc.are the usual complaints of a child.In homoeopathy there are certain remedies which are very useful for teething complaints.

Symptoms/Problems	Remedy	Frequency(Doses)
Fever with restlessness and sleeplessness;child cries because of teething pain	Aconite 6 or 30	4 hourly
Convulsions during teething period;followed by sleep;face red with high fever	Belladonna 30	3 hourly
In fatty children,teething slow; profuse sweat on head;chilly patient	Calcarea carb.200	weekly(3)
Diarrhoea,watery,greenish slimy stools;general irritability,child wants to be carried all the time; worse at night	Chamomilla 30 or 200	4 hourly(6)
Diarrhoea;profuse stools;child presses the gums or puts something hard in the mouth to press	Podophyllum 30	4 hourly

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Diabetes Mellitus(see Sugar in Urine also)

Symptoms/Problems	Remedy	Frequency(Doses)
Very efficacious remedy for blood sugar	Syzygium j.Q	4 hourly,8 - 10 drops
Diabetes mellitus with emaciation	Uranium nit.3X	4 hourly
When diabetes is due to nervous weakness;apathetic condition;general weakness; specially in men	Acid-phos.Q or 6	4 hourly
Complaints with excessive thirst;wasting disease; melancholy;constipation;in sad persons	Natrum mur.12X or 30	4 hourly
Intercurrent remedy	Medorrhinum 200	fortnightly(3)
General debility;thirst for large quantity of water; profuse and frequent urination; recurrent boils with much itching;diabetic itching	Cephalandra ind. Q	4 hourly,5 -10 drops
Dryness of mouth,thirst increased;frequent urination at night;urine profuse; weakness after passing urine; general debility;pruritus vulvae without eruptions	Gymnema syl. Q	4 hourly,5 - 10 drops
Dryness of mouth without thirst.Feels thirsty for large quantity of cold water at night;involuntary urination. Weakness in legs;better rest and pressure	Sulphonamide 30	4 hourly

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[Sugar in Urine](#)

Diarrhoea(Loose Motions,Gastroenteritis,etc.)

Symptoms/Problems	Remedy	Frequency(Doses)
Diarrhoea with intestinal spasm; stools with nauseating odour;feels hungry with hollowness in stomach.Thirst for large quantities of cold drinks,aversion to sweets	Chloromycetin 30	4 hourly
Sudden diarrhoea with anxiety and restlessness;pain in abdomen due to sudden exposure to dry cold wind	Aconite 30 or 200	1/2 hourly
Diarrhoea comes by riding in cars or other modes of automobiles;worse lack of sleep	Cocculus ind.30	4 hourly
Stools Come out with force like a shot,as water from hydrant; better drinking warm water	Croton tig.30 or 200	3 hourly
Chilliness in rectum before passing stools;worse 4 - 8 P.M.	Lycopodium 30 or 200	4 hourly
Shivering while passing stools; smell sour	Rheum 30	4 hourly
Diarrhoea during day and cough at night;after suppression of skin ailments	Petroleum 30	4 hourly
Though diarrhoea persists for a long time but it does not debiliate	Acid-phos.6 or 30	4 hourly
Diarrhoea due to cancer(specially rectum)	Carduus m.Q or 30	4 hourly
Diarrhoea after taking boiled milk	Sepia 30 or 200	4 hourly(3)
Diarrhoea after eating fish	Chin-ars.30	4 hourly
After taking melons or drinking dirty water(as from ponds, nallahs etc.)	Zingiber 30	4 hourly

Eating rich,spicy food in excess; stools ineffectual,cannot tolerate milk	Nux vomica 30	4 hourly
After eating fatty rich food; pastry,non-veg,variety food,etc.; colour and consistency of stools changing constantly;worse at night;thirstlessness with dry mouth	Pulsatilla 30	4 hourly
Passing watery stools;without pain with excessive weakness; thirst more,sweating all over the body;desire for constant fresh air; abdomen bloated	China off.30	4 hourly
Diarrhoea during teething period; marked irritability;worse after anger	Chamomilla 30 or 200	4 hourly(6)
Unable to control stools;even attempt to pass flatus is accompanied by a spurt of faeces; stools found in bed	Aloe soc.30	4 hourly
Diarrhoea with intense colic; better by pressure;doubling up; worse after anger	Colocynth.30	4 hourly
With great restlessness;thirst excessive,drinks little water at a time but very frequently;food poisoning;worse taking icy or preserved foods	Arsenic alb.30	3 hourly
In fat and flabby persons;chronic diarrhoea with ravenous appetite, craving for indigestible things like chalk,coal,pensils etc.	Calcarea carb.200	4 hourly(6)
Greenish stools;milk passes undigested in nursing children	Magnesia carb.30	4 hourly
Morning diarrhoea;driven from bed in the morning due to great pressure	sulphur 30 or 200	4 hourly

Diarrhoea due to excitement and anxiety about coming events, apprehensions,etc	Gelsemium 30	4 hourly
Severe diarrhoea;pain abdomen and lower extremities;marked coldness of the body;stools thin and whitish	Veratrum alb.30	4 hourly
Diarrhoea worse during night	Syphilinum 200	weekly(3)

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Direction Of Symptoms

Symptoms/Problems	Remedy
Diagonally	Agaricus m.,Bothrops
Diagonally;upper left,lower right	Antimonium tart.,Stramonium
Diagonally;upper right,lower left	Ambra gr.,Bromium,Medorrhinum, Phosphorus,Sulphric acid.,
Downward	Borax,Cactus g,Kalmia lat.,Lycopodium, Sanicula
Outwards	Kali carb.,Sulphur
Upwards	Conium mac.,Benzin.,Eupatorium perf., Ledum pal.,
Left side,then right side	Lachesis
Lower half of body	Bacillinum
Symptoms changes side	Lac-can.

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Dreams

The important remedies which are helpful for curing many ailments when a particular dream is noticed repeatedly have been given here

Symptoms/Problems	Remedy	Frequency(Doses)
Of pools of blood	Solanum tub.200 or 1M	weekly(3)
Of falling from height;heavy he is;of misfortune	Thuja oc.200 or 1M	weekly(3)
Black animals;beasts,gold, pleasant	Pulsatilla 200 or 1M	weekly(3)
Another person lying in bed with him/her	Petroleum 200 or 1M	weekly(3)
That he was a blind;a lion	Physostigma 200 or 1M	weekly(3)
Business of;roaming over field	Rhus tox.200 or 1M	weekly(3)
Diasppointments;hunger, intellectual mental exertion	Ignatia 200 or 1M	weekly(3)
Fearful;followed by a dog, earthquake,past events,fights, pursued by,thieves	Silicea 200 or 1M	weekly(3)
Excelling in mental work;fire	Anacardium or.200 or 1M	weekly(3)
Feasting;joyful	Asafoetida 200 or 1M	weekly(3)
Fleeing of	Zincum met.200 or 1M	weekly(3)
Flying	Apis mel.200 or 1M	weekly(3)
Knives	Lachesis 200 or 1M	weekly(3)
Marriage,pleasant	Opium 200 or 1M	weekly(3)
Nightmare;unpleasant	Sulphur 200 or 1M	weekly(3)
Pleasant	Calcarea carb.200 or 1M	weekly(3)
Quarrels	Nux vomica 200 or 1M	weekly(3)
Robbers;thieves,thirsty of being	Natrum mur.200 or 1M	weekly(3)
Snakes;being bitten by	Bovista 200	weekly(3)

Thunder-stroms;threats	Arsenic alb.200	weekly(3)
Unsuccessful effort to talk	Magnesia carb.200	weekly(3)
Water	Ammon-mur.200	weekly(3)

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Dryness Of Mouth

Symptoms/Problems	Remedy	Frequency(Doses)
Dryness of mouth;as if burnt	Medorrhinum 200	weekly(3)
dryness of mouth;like burnt leather	Hyoscyamus 30 or 200	4 hourly
Dryness of mouth and tongue	Kali bich.30	4 hourly
Extreme dryness of mouth;of mucous membrane of mouth,nose and throat	Wyethia 30	4 hourly
With excessive thirst;for small quantities at short intervals; restlessness	Arsenic alb.30 or 200	4 hourly
Dryness of mouth without thirst; tongue stick to the roof of the mouth due to dryness	Nux mosch.30 or 200	4 hourly
In diabetic patients	Acid-phos.6 or 30	4 hourly
Dryness of mouth,without thirst	Pulsatilla 30 or 200	4 hourly

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Dysentery(see colitis also)

Symptoms/Problems	Remedy	Frequency(Doses)
Amoebic dysentery;thirst for small quantities of water at short intervals	Arsenic alb.30	4 hourly
Amoebic dysentery;with nausea and clean tongue	Ipecac 0/5 or higher	4 hourly
Amoebic dysentery (intercurrent remedy)	Thuja oc.200 or 1M	fortnightly(6)
Tearing down pain thighs and legs while passing stools	Rhus tox.6 or 30	4 hourly
Bacillary dysentery;blood in stools with tenesmus and never get done feeling	Mercurius sol.6 or 30	4 hourly
Bacillary dysentery (intercurrent remedy)	Streptococcin.200 or 1M	fortnightly(6)
Indigestion with sour eructations;anorexia; profuse salivation;bitter taste of mouth;tongue coated brown;flatulence with distention of abdomen; stool loose mixed with mucous;urge for stool after eating;worse at night	Terminalia chebula 30	4 hourly
Stools with mucous;worse at night	Mercurius sol.30	4 hourly
Chronic dysentery with discharge of pus and blood	Staphylococcin 200 or 1M	fortnightly(3)
Dysentery in camps life and in immigrants	Septicimin.30 or 200	3 hourly(6)
With large quantities of mucous;gurgling,pain rectum after passing stools, passing stools unnoticed	Aloe soc.30	4 hourly

Every drink of cold water causes chill and is followed by a hurried stool	Capsicum 30 or 0/5 or above	4 hourly
Chronic dysentery when indicated remedies fail; worse in the morning	Sulphur 200	4 hourly(3)
With violent cutting pains as from knives;passing almost pure blood instead of normal stools;sensation of anus wide open	Phosphorus 30 or 200	4 hourly(3)
Stools loose;watery, yellowish,mixed with mucous and blood	Aegle folia.Q or 6	4 hourly

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Dysmenorrhoea(see Menstruation Affections of)

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[Menstruation](#)

Dyspepsia(see Flatulence also)

Indigestion or upset stomach with gastric complaints

Symptoms/Problems	Remedy	Frequency(Doses)
Nausea worse in the morning; greenish yellow vomiting with weakness; canine hunger; desire for sweets; flatulence with heaviness of abdomen worse after eating; bitter taste; indigestion from fried foods; hyper acidity with sour eructations	Atista indica.30	4 hourly
Pain epigastric region with flatulence; tongue yellowish brown with imprints of teeth on edges	Penicillinum 30	4 hourly
With cramps and distention of abdomen soon after eating	Gratiola 30	4 hourly
When dyspepsia is caused by sugar and fat	Faecalis al.30	4 hourly
With dull gastric pain, sour eructations and nausea; loss of appetite, tongue large ,flabby and slimy	Hydrastis can.6 or 30	4 hourly
Dyspepsia after taking calomel	Podophyllum 30	4 hourly
Dyspepsia of alcoholics	Natrum sulph.12X or 30	4 hourly

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[Flatulence](#)

Ear

Ear Affections of(see Otorrhoea,Deafness Etc.)

Ear-Ache(Otalgia)

Symptoms/Problems	Remedy	Frequency(Doses)
Sudden;due to exposure to dry cold wind	Aconite 30 or 200	2 hourly
Throbbing pain with redness of face;hot feeling;rush of blood towards head	Belladonna 30	2 hourly
Intolerable pain;worse by warmth,at night and after anger	Chamomilla 30 or 200	2 hourly
Severe pain in eustachian tubes; with acute cold;worse indoors and warmth	Allium cepa 30 or 200	2 hourly
Due to pressure in ears from collection of wax	Spigelia 30 or 200	10 min(3)
Due to sinusitis;stringy phelgm	Kali bich.30	4 hourly
Due to boil in the ear;perforation, discharge of fetid pus;worse by cold	Hepar sulph.200	10 min(3)
With thick yellowish discharge; better at cold place and cold open air	Pulsatilla 30 or 200	3 hourly

For External Use:
Mullein oil - ear drops.

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[Otorrhoea](#)

[Deafness](#)

Eczema

Symptoms/Problems	Remedy	Frequency(Doses)
Acute;eruptions with tendency to scale formation	Rhus tox.30 or 200	3 hourly(3)
Weeping;with cracks,sticky discharge;stools constipated	Graphites 30 or 200	4 hourly(3)
At the borders of hair;raw,red and inflammted;worse eating salt or at seashore	Natrum mur.30 or 200	4 hourly(3)
Due to staphylococcus or streptococcus infection	Sulphuric acid.30	4 hourly(3)
With yellowish pus;worse by heat,better by cold,open air	Pulsatilla 30 or 200	4 hourly(3)
Dry and scaly eruptions;worse on scalp and face;worse by warmth of bed.Thin,fetid, excoriating discharge;looks dirty	Psorinum 200	10 min(3)
Eczema of beard;watery,oozing with itching;worse by washing	Arsenic iod.30	3 hourly(3)
With thick crusts;of head,ears, face and body;scratching changes location of itching	Staphysagria 30 or 200	3 hourly(3)
With digestive,liver or urinary disorders;skin becomes thick and indurated	Lycopodium 30 or 200	4 hourly(3)
Of fingers and toes erptions like variola;with loss of nails	Borax 30 or 200	4 hourly(3)
At hair margins;eruptions like variola	Hydrastis can.30	4 hourly(3)
Without itching;exudation forms into a hard,lemon coloured crust	Cicuta v.30 or 200	4 hourly(3)
Chronic with irritation;worse by warmth of bed at night	Sulphur 30 or 200	4 hourly(3)

With redness;irritability and anxiety;unquenchable thirst	Arsenic alb.30 or 200	4 hourly(3)
Weeping;in the bend of elbows and knees;foul breath	Mercurius sol.30 or 200	4 hourly(3)
After Mercurius sol;pustular; sensitive patient;better by warmth;worse by cold	Hepar sulph.30 or 200	4 hourly(3)
Eczema on the palms;blisters; burning and intense itching	Ranun-bulb.30	4 hourly(3)

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Emaciation(see Marasmus and Weakness also)

Extreme loss of flesh due to chronic constitutional derangements.

Symptoms/Problems	Remedy	Frequency(Doses)
Late learning to walk and talk; emaciation mostly in the neck	Natrum mur.30 or 200	fortnightly(3)
Emaciation lower limbs,and spreads upwards	Abrotanum 30 or 200	fortnightly(3)
Loosing flesh though eats well	Iodium 30 or 200	fortnightly(3)

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[Marasmus](#)

[Weakness](#)

Encephalitis(Inflammation of the brain)

The inflammation of the brains occurs due to various reasons;as trauma,various kinds of infections,viral infections or allergic reactions,etc.The constitutional or indicated remedy according to the symptoms is helpful.

In severe cases hospitalization should be preferred.

Aconite,Cuprum met.,Eupatorium perf.,Belladonna,Nux vomica, Hyoscyamus,opium,Stramonium,Verat-vir,Zincum met.,Helleborus.etc. are the main remedies in homoeopathy for this ailment.

Complete rest in a dark,airy and quiet room;and light diet (easily digestible and nutritious) is necessary.

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Eosinophilia

The increase in number of eosinophil cells of blood is called Eosinophilia. It can be due to many reasons such as bronchial asthma, skin diseases, filariasis, allergic hay fever, pernicious anaemia, tropical eosinophilia, etc.

Symptoms/Problems	Remedy	Frequency(Doses)
Expectoration scanty and difficult, patient cannot tolerate least opposition. Thyroid disturbances.	Thyroidin.200 or 1M	weekly(3)
Dyspnoea, suffocation; worse pressure of anything around throat; during and after sleep; worse taking vinegar and sour foods	Lachesis 0/5 and above	6 hourly
Intercurrent remedy	Thuja oc.200 or 1M	weekly(3)
Digestive disorders with allergic manifestations	Histamine 200 or 1M	weekly(3)
Dyspnoea during damp weather; every fresh cold brings out complaints; worse after eating rice, banana, etc.	Natrum sulph.200 or 1M	weekly(3)
A well tried homoeopathic medicine; is very useful in acute or chronic cases	Cassia soph.Q or 30	4 hourly
Dyspnoea with wheezing; worse by cold in any form; patient oversensitive to cold, touch, etc.	Hepar sulph.30 or 200	6 hourly

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Epilepsy

A nervous disease with loss of consciousness and with tonic and convulsions.

Symptoms/Problems	Remedy	Frequency(Doses)
Worse before menstruation	Oenanthe cro.30	4 hourly(3)
During moon phases;spasmodic affections,cramps,convulsions, etc.,beginning in fingers and toes	Cuprum met.30 or 200	4 hourly
During sleep at night	Bufo rana 30 or 200	4 hourly(6)
Due to fright;loud screaming and unconscious state	Opium 200 or 1M	6 hourly(3)
Due to worms;itching of nose and anus	Cina 200 or 1M	weekly(3)
Due to suppression of eruptions	Agaricus m.30 or 200	4 hourly
Due to unfortunate love,shock or grief	Ignatia 200 or 1M	4 hourly
Due to head injury	Natrum sulph.200 or 1M	fortnightly(3)
Due to menstrual disorders	Cedron 200	weekly(3)
With swelling of stomach; thumbs turn inwards during attack;worse touch or jar	Cicuta v.30	4 hourly(3)

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Epistaxis(Bleeding from nose)

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy,Bleeding worse by slightest motion(specially beneficial for young esters)	Bryonia Q	3 hourly,5 - 6 drops
Bleeding easy and passive; worse blowing the nose; blood do not coagulate easily; thirst for icy cold drinks/ water	Phosphorus 200	weekly(3)
Blood bright red;nausea; tongue clean	Ipecac 6 or 30	1/2 hourly(3)
Blood dark in colour;do not coagulate easily;worse while washing face or hands	Ammonium carb.30	4 hourly
With redness of face;rush of blood towards head	Belladonna 30 or 200	1/2 hourly
Persistent bleeding(repeated); burning pains and irritability	Arsenic alb.30	6 hourly
Epistaxis at menopause	Lachesis 30 or 200	4 hourly(3)
Blood dark and clotted; bleeding so profuse that it causes fainting and ringing in ears;patient wants to be fanned	China 30	1/2 hourly
Due to relaxation of capillaries;puffiness of the body;worse at night and morning	Bovista 30	4 hourly
Epistaxis with bright red blood;aggravates from heat of sun;after coughing	Cynadon dactylon Q or 6	3 hourly

For External use:

Any one of Ficus relig.Q.Trillium p.Q,Hamamelis Q or

Millefolium Q, 10 - 15 drops should be poured on an ice soaked cotton plug and apply on and in the nostrils.

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Erections-affections of(see other Male Ailments also)

Symptoms/Problems	Remedy	Frequency(Doses)
Erections day and night;at night,incomplete during coition,though desire is strong;violent erections	Phosphorus 30 or 200	4 hourly(3)
Erections in the morning	Ammon-carb.200	6 hourly
Erections while standing; painful,after coition	Acid-phos.30	4 hourly
Erections with shivering and great desire;delayed; wanting	Baryta carb.200	weekly(3)
Erections after night pollution	Nitric-acid.200	weekly(3)
Erections with urging to urinate	Rhus tox.30 or 200	4 hourly
Erections on walking;painful during coition	Hepar sulph.30 or 200	6 hourly
Erections after coition	Sepia 200 or 1M	weekly(3)
Erections painful;night, excessive;during sleeplessness;strong;violent	Cantharis 30 or 200	4 hourly(3)
Erections with retention of urine	Colocynth.200 or 1M	weekly(3)
Erections during erotic thoughts;strong violent with headache	Picric-acid.30	4 hourly
Frequent erections with loss of prostatic fluid	Pulsatilla 30 or 200	4 hourly(3)
Erections incomplete;during coition;desire lost or diminished	Lycopodium 200 or 1M	weekly(3)

Erections incomplete during coition;delayed,stools constipated	Graphites 200 or 1M	weekly(3)
Erections violent in the morning;penis becomes relaxed during coition	Nux vomica 30 or 200	4 hourly
Erections fall when coition is attempted	Argentum nit.200 or 1M	weekly(3)
Erections painful;over excitement	Cannabis sat.200 or 1M	weekly(3)
With coldness of scrotum	Capsicum 200 or 1M	weekly(3)
Erections while sitting	Cannabis indica 200 or 1M	weekly(3)
Erections after sleep;intense excitement of sexual organs	Lachesis 200 or 1M	weekly(3)
Erections without sexual desire while passing stools	Thuja oc.200 or 1M	weekly(3)
Strong erections while undressing in a cold room	Lyssin 200 or 1M	weekly(3)
Violent erections;arrogant patient;contempt for others	Platinum 1M	weekly(3)
Erections wanting;parts cold, relaxed;desire lost	Agnus cast.30 or 200	6 hourly
Erections wanting;erections when half-asleep only	Caladiums 30 or 200	6 hourly
Erections wanting;in fat, flabby and chilly patients	Calcarea carb.200 or 1M	weekly(3)

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Eructations

Symptoms/Problems	Remedy	Frequency(Doses)
Foul tasting the food taken; tongue thickly whitish coated as if painted	Antim-crud.30 or 200	4 hourly(3)
Due to hyperacidity,rancid,sour, putrid eructations;better discharge of gas and in fresh open air	Carbo veg.30 or 200	4 hourly(3)
After taking rich fatty foods; green vegetables,fruits,cake, pastries and non-veg foods;loss of thirst with dry mouth	Pulsatilla 30 or 200	4 hourly(3)
Difficult,causing faintness;worse taking sweets	Argentum nit.30 or 200	4 hourly(3)
with bad taste and breath	Acid-carb.30	4 hourly
Empty eructations;worse drinking milk;intercurrent remedy	Sulphur 30 or 200	4 hourly(3)
With pain in stomach after eating	Abies nig.30	4 hourly

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Erysipelas

Erysipelas is an acute streptococcal infection of the skin. Its main symptoms are fever, chill, headache, vomiting and hot skin. The symptoms of infection appear with oedema in the subcutaneous tissues.

Symptoms/Problems	Remedy	Frequency(Doses)
Eruptions with sore and bruised feeling all over the body; the bed feels too hard	Arnica mont.30 or 200	4 hourly
Sudden onset due to exposure to dry cold wind; high fever; restlessness and fear of death	Aconite 30 or 200	2 hourly
Symptoms with oedema, pale and shiny skin; stinging and burning pains; sack like swelling of eyelids; better from cold and worse from heat	Apis mel.30 or 200	4 hourly
Vesicular eruptions; burning with chill and fever; restlessness; eruptions on face with burning. Worse damp and cold, better by motion	Rhus tox.30 or 200	4 hourly
Intense itching; scratching intolerable; feels as if insects are creeping on the face. Cough and eruptions alternate	Croton tig.30 or 200	6 hourly
When eruptions turn into malignancy or gangrene. Secretion acrid; burning in eruptions; better by heat. Anxiety, restlessness and prostration	Arsenic alb.30 or 200	4 hourly
Eruptions smooth, bright red with throbbing pain; skin intensely hot and dry	Belladonna 30	3 hourly

Eruptions on face with blisters and severe burning;even small touch aggravates burning sensation	Cantharis 30	3 hourly
Complaints with offensive breath and sweat;bitter or salty salivation	Mercurius sol.30	4 hourly
Post vaccination erysipelas. Profuse sweat only on uncovered parts	Thuja oc.200	4 hourly(3)
Symptoms accompanied by delirium;narrow,well defined,red streak right through the middle of tongue	Verat-v.30	4 hourly
When eruptions disappear suddenly.Cramps,spasmodic convulsions sets in	Cuprum met.30	4 hourly
When eruptions turn into malignancy and healing does not take place;large quantity of pus in eruptions	Hipposideritis 30	4 hourly
Purple,mottled and puffy eruptions;worse after sleep. Loquacious,suspicious and jealous patient.Cannot tolerate even mild touch on throat	Lachesis 30 or 200	4 hourly(3)
Recurring erysipelas on face.Skin separated from flesh by a fetid fluid.Symptoms develops with unusual rapidity	Crotalus h.30 or 200	4 hourly(3)
eruptions with a feeling as if a mice is creeping under the skin	Secale cor.30 or 200	4 hourly(3)
Gangrenous erysipelas;better by cold	Baptisia 6 or 30	4 hourly
Great sensitiveness to slightest touch,draught of air,noise. Instability and anger more prominent	Hepar sulph.30	4 hourly

In patients who are mild but irritable; weeps easily; craves for sympathy and open air. Thirstlessness. Worse from heat	Pulsatilla 30	4 hourly
When well selected remedies fail. burning sensation, worse from heat. patient hungry specially at 10 - 11 A.M. Worse contact of water, washing, etc.	Sulphur 200	10 min(3)
Eruptions with transparent glutinous fluid; and fever at night. Stools hard and constipated	Graphites 30	4 hourly(3)

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Exposure Affections of(see Catarrh,cold,etc.,also)

Symptoms/Problems	Remedy	Frequency(Doses)
To dry cold weather	Aconite 30 or 200	1/2 hourly
With high fever after hair cut	Belladonna 30	1/2 hourly
To wet air or rain	Dulcamara 30 or 200	10 min(3)
As a tonic	Avena sat.Q	2 hourly,10 - 15 drops

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[Cold,Catarrh and Coryza](#)

Eye affections of (see other related ailments also)

Symptoms/Problems	Remedy	Frequency(Doses)
Stitches in eyes;sharp,stickng pains;syphilitic iritis;bleeding from eyes while blowing nose	Nitric acid.30 or 200	4 hourly(3)
Eyes stick while sneezing	Gambogia 30	4 hourly(3)
Atrophy of retina	Carbo-sulph.30	4 hourly(3)
Detachment of retina	Naphthaline 30	4 hourly
Sudden electric spark like flushes before eyes;sensation as if bright stars are dancing in front of eyes	Crocus sat.30	4 hourly(3)
Congestion of retina due to heart disease	Cactus g.30	4 hourly
Eyes red hot;apoplexy of retina	Glonoine 30	4 hourly
Bleeding from eyes;brused pain	Arnica 30 or 200	4 hourly(3)
Oedema;burning with acrid lachrymation	Arsenic alb.30 or 200	4 hourly(3)
Congestion of eyes	Ailanthus g.30	4 hourly
Cannot stand light;bland lachrymation	Allium cepa 30	4 hourly
Stitching pain in eyes;worse by motion	Bryonia 30 or 200	4 hourly
Aching pain in eyes	Capsicum 30	4 hourly
Pain over left eye;eyes yellow (due to jaundice)	Chelidonium 6 or 30	4 hourly
Neuralgia in and over right eye	Sanguinaria c.30 or 200	4 hourly
Post orbital neuralgia;due to vaccinations	Thuja oc.200 or 1M	4 hourly(3)
Dark spots before eyes;feels as if veil or gauze is before eyes	Sulphur 30 or 200	4 hourly(3)

Eyes sickly round;twitching of eyes;retinitis;worms infestations	Cina 30 or 200	4 hourly
Blueness around eyes,diplopia, sensitive to light	Crotalus h.30 or 200	4 hourly(3)
Eye agglutinated;pustular inflammation,photophobia	Rhus tox.30 or 200	4 hourly
Eyes dim and fatigued for too much reading or doing fine work;spasms of eye-lids	Ruta g.6 or 30	4 hourly
Itching of eyes;thick,profuse, yellow,bland discharges;lids inflamed;worse by heat	Pulsatilla 30	4 hourly
Eyes as if pulled outwards; weakness in eyes;epithelioma of eye-lids	Conium mac.200	weekly(3)
Styes;inflammation of external canthi;eczema of eye-lids	Graphites 30 or 200	4 hourly(3)
Smoky appearance before eyes; eye-lids heavy,dim-sighted	Gelsemium 30	4 hourly
Eyes feels too large;glaucoma; optic neuritis	Plumbum met.30	4 hourly
Watery,bloody fluids from eyes;fiery,sparkling,staring look;burning in eyes	Cantharis 30	4 hourly(3)
Cold feeling behind eyes	Calcarea phos.12X or 30	4 hourly
Swelling of conjunctival membrane;purulent ophthalmia;catarrhal ulceration	Argentum nit.30 or 200	4 hourly(3)
Burning of eyes with aversion to light;sore canthi	Ammon-carb.30	4 hourly
Coldness;crawling in eyes; objects look smaller than they are	Platinum 200 or 1M	weekly(3)
Loss of sight due to haemorrhages	China off.6 or 30	4 hourly

Opacity;spots and ulcers on cornea;chronic dilatation of pupils	Calcarea carb.200	4 hourly(3)
Trachoma;lids swollen,red, oedematous;lachrymation hot	Apis mel.30 or 200	4 hourly(3)
Recurrent styes;pain in inner canthi	Staphysagria 30	4 hourly
Swelling of right lachrymal gland	Silicea 12X or 30	6 hourly
Sparks before eyes;strabismus; eyes hot,tired	Magnesia phos.12X or 30	4 hourly
Half sight - upper objects remain invisible	Aurum met.200 or 1M	weekly(3)
Visual disturbance with headache	Natrum phos.12X or 30	4 hourly
Colours and bright spots before eyes	Kali bich.30	4 hourly
Puffiness between eyebrows and lids	Kali carb.200 or 1M	weekly(3)
Squinting after convulsions	Hyoscyamus 200	6 hourly
Eyes drawn backward; twitching in eye-lids;eczema of eye-lids	Mezereum 30	4 hourly
Styes on eye-lids near internal canthus;day or night blindness; eyes half open during sleep	Lycopodium 30 or 200	6 hourly(3)
Paralysis of eye-lids	Causticum 30 or 200	6 hourly(3)
Eye-lids seems too heavy to open;black spots in the field of vision	Sepia 30 or 200	6 hourly
Soreness of outer canthi; pustules on cornea and lids	Antim-crud.30 or 200	4 hourly(3)
Wild staring look;fear of dark	Stramonium 200 or 1M	6 hourly(3)

Eyes Burning

Due to acute cold,burning,smarting eyes;with bland discharge	Allium cepa.30	4 hourly
With acrid discharge;restlessness and unquenchable thirst for little quantity of water at a time at short intervals	Arsenic alb.30	4 hourly
With bodyache,dullness,lethargy,shivering up and down the spine,congestion head,thirstlessness. Desire to lie quietly;better passing urine	Gelsemium 30	4 hourly
Redness and burning;eye-lids swollen,throbbing; worse after lying down	Belladonna 30	4 hourly
Burning and swelling of lids,discharge acrid	Euphrasia 30	4 hourly

Eye injury

Injuries due to foreign body	Arnica 200	10 min(3)
For nerve injuries	Hypericum 30 or 200	10 min(3)

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Fainting(see Collapse and Unconsciousness also)

Symptoms/Problems	Remedy	Frequency(Doses)
Due to severe pain;anger after being scolded;over sensitive patient	Chamomilla 200	1/2 hourly(3)
Collapse with extreme coldness, blueness and weakness;post-operative shock	Veratrum alb.30 or 200	1/2 hourly(3)
Due to disturbed emotions; shock or grief(disappointments, etc.)	Ignatia 200 or 1M	1/2 hourly(3)
Due to fear and excitement; nervous tension	Phosphorus 200	1/2 hourly(3)
After being disturbed and touched;sudden realisation of financial losses;due to injury	Arnica 200 or 1M	1/2 hourly(3)
Due to hot stuffy atmosphere; suppression of discharges; jealousy	Lachesis 200	1/2 hourly(3)
Due to sight of pins and needles; ill affects of vaccination	Silicea 200 or 1M	1/2 hourly(3)
Due to loss of sleep;riding in a carriage or on shipboard	Cocculus ind.200	1/2 hourly(3)
Due to bad news,emotional excitement,fear,apprehension, etc.	Gelsemium 200	1/2 hourly(3)
Due to apprehension, anticipation of coming events	Argentum nit.200	1/2 hourly(3)
After effects of fear(as after accidents,etc.)	Opium 200 or 1M	1/2 hourly(3)
Indignation;wounded honour; rudness of others	Staphysagria 200 or 1M	1/2 hourly(3)
Due to excessive joy	Coffea 200 or 1M	1/2 hourly(3)

Mortification with anger (sometimes the patient goes into coma after suppression of anger)	Colocynth.200 or 1M	1/2 hourly(3)
Intercurrent remedy	Sulphur 200	1/2 hourly(3)
Due to fear;sudden exposure to dry cold wind	Aconite 200	10 min(3)
Due to exhaustive discharges (like vomiting,diarrhoea,blood or semen loss etc.)	China off.30 or 200	1/2 hourly(3)
In epileptic fits;aura begins at knees and ascends to hypogastrium	Cuprum met.30 or 200	10 min(3)
Due to sun stroke,heat on head; due to working under gas light, etc.	Glonoine 3X or 6	1/2 hourly(3)
After diarrhoea;taking juicy fruits,etc.	Arsenic alb.200	1/2 hourly(3)

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Fatness(see Obesity also)

Symptoms/Problems	Remedy	Frequency(Doses)
With excessive appetite; obesity after abdominal operation;craving for eggs; chilly patient	Calcarea carb.200 or 1M	weekly(6)
If Calcarea carb. fails; specific for persons suffering from goitre	Fucus ves.Q	4 hourly,20 - 30 drops
Accompanied with unhealthy skin.Obesity during menopause;stools constipated	Graphites 200	6 hourly
In shy and emotional individuals;loss of thirst; feels better in open air	Pulsatilla 200	6 hourly
When due to malfunctioning of thyroid gland	Thyroidinum 200 or 1M	fortnightly(6)
To reduce fats from the body (also available in tablet form)	Phytolacca berry Q	4 hourly,10 - 15 drops
Obesity with flesh decreases, muscles become harder and firmer	Calotropis 30 or 200	6 hourly
Fatness;more around buttocks and thighs	Ammonium mur.200	6 hourly
Fatness;due to gastric complaints;constipations; tongue thickly whitish coated as if white washed	Antim-crud.200	6 hourly

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Fear(see Anxiety also)

Symptoms/Problems	Remedy	Frequency(Doses)
Of falling;downward motion	Borax 200 or 1M	weekly(3)
Of pointed things;knives and forks,etc.	Spigelia 200 or 1M	weekly(3)
Of Dogs;animals	Belladonna 200 or 1M	weekly(3)
Being alone;thunder strom, ghosts,etc.	Phosphorus 200	weekly(3)
Appearance before audience; examination etc.	Argentum nit.30 or 200	10 min(3)
Fear of failure(examinations etc.)	Gelsemium 30 or 200	4 hourly(3)
Aeroplanes flying over the head	Aconite 200	10 min(3)
Child fears to go to bed alone	Causticum 30 or 200	4 hourly
Fear to be alone;feels better in open air even though patient is chilly	Pulsatilla 30 or 200	4 hourly
Fear of poverty	Calcarea flour.200 or 1M	weekly(3)
Fear of accidents	Carbo veg.200	weekly(3)
If Carbo veg. fails	Psorinum 200	weekly(3)
Fear of being touched	Arnica 200 or 1M	weekly(3)
Fear of Cholera	Lachesis 200 or 1M	weekly(3)
Fear of consumption; contagious disease,going to a dentist	Calcarea carb.200 or 1M	weekly(3)
Fear of cutting face while saving	Caladiums.200 or 1M	weekly(3)
Fear of dark	Stramonium 200 or 1M	weekly(3)
Fear of death;impending illness,disgust for life	Pneumococcin.200	10 min(3)
Intercurrent remedy	Sulphur 200 or 1M	weekly(3)

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[Anxiety](#)

Fever-Simple(see Other Relevant Ailments also)

Symptoms/Problems	Remedy	Frequency(Doses)
Early stage;due to exposure to dry cold wind	Aconite 30 or 200	3 hourly
High fever;with thirstlessness, changing moods;better in open air	Pulsatilla 30 or 200	3 hourly
Flushed face with high fever;due to acute tonsillitis,etc.	Belladonna 30	3 hourly
With headache coming from nape of neck;dullness,loss of thirst,desire to lie quietly;better after passing urine	Gelsemium 30 or 200	3 hourly
With restlessness and thirst for small quantities of water at short intervals;burning sensation	Arsenic alb.30 or 200	3 hourly
With pain all over the body; excessive thirst,drinks large quantity of water at a time at long intervals;constipation;worse by motion;better by rest	Bryonia 30 or 200	3 hourly
Due to sun stroke or exposure to heat	Glonoine 6 or 30	4 hourly
Due to urinary infection; frequent micturition with burning	Cantharis	4 hourly
With nausea and vomiting; thirstlessness,tongue clean. Irregular pattern of fever	Ipecac 30	2 hourly(3)
Fever after getting wet;with extreme restlessness;better by movements,severe body ache; triangular tip of tongue red	Rhus tox.30 or 200	3 hourly
Fever after injury;sore,bruised feeling(as if beaten)all over the body	Arnica 30 or 200	1/2 hourly(3)

Desires cold water during chill, and no thirst during stage of heat;wants fanning	Carbo veg.30	1/2 hourly(3)
Thirst only during chill stage of fever	Capsicum 30	2 hourly
Disproportion between pulse and temperature;high fever;septic fever	Pyrogenium 200 or 1M	10 min(3)
Fever with headache;body-ache and constipation;bitter taste in mouth;worse in morning;nausea and vomiting soon after breakfast;burning sensation in hands;fever with chill;worse at night	Amoora rohutika 30	4 hourly
Fever with chill worse 8 - 10 A. M. and 2 - 4 P.M.;weakness after fever;white coated tongue; headache better by pressure; thirst for cold water	Caesalpenia bon.30	4 hourly
Fever with heaviness of eye-lids; laziness,dullness and no desire to work;irritability;worse mental or physical exertion	Sulfonamide 30	4 hourly

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Filariasis

A diseased state due to the presence of filaria which burrows in the skin,producing irritation and swelling. In early filariasis,the onset is manifested by painful swelling of the scrotal contents.Acute swelling of the lymph glands of the inguinal and femoral lesion is common

Symptoms/Problems	Remedy	Frequency(Doses)
In cases of recent origin; frequent episodes of adenolymphangitis;worse by exertion;cord like swelling	Rhus tox.30 or 200	4 hourly
Hot patient;excessive thirst - drinks large quantities at long intervals;worse motion'local oedema of all types,specially fibrotic	Bryonia 30 or 200	4 hourly
With glossy oedema; thirstlessness,burning sensation; worse by heat	Apis mel.30 or 200	4 hourly
Complaints with intolerance to sun;desire for extra salt in all preparations;thirst increased. Mental irritabilty;aversion to sympathy;worse at sea shore	Natrum mur.30 or 200	4 hourly
In hot patients,desire for cold; thirstlessness with dryness of mouth;changing moods;weeps while telling symptoms;gentle, mild disposition	Pulsatilla 30 or 200	4 hourly
With complaints of male genitalia;hydrocele;worse by storms	Rhododendron 200 or 1M	weekly(3)

With local or generalised burning;better by cold;desire for sweets;cold accompanied by gastric complaints or skin ailments	Sulphur 30 or 200	weekly(3)
Profuse sweat which does not relieve;thirst with moist mouth; suppurative tendency;stools in Q effectual,contains mucous; oedema of legs which becomes hard	Mercurius sol.30 or 200	4 hourly
Chilly patient;desire for warm food,sweets;flatulent dyspepsia; always in a hurry;worse by heat	Lycopodium 200 or 1M	weekly(3)

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Fissure(Anal)

Symptoms/Problems	Remedy	Frequency(Doses)
To start the treatment (also intercurrent)	Tuberculinum k.1M or 10M	fortnightly(6)
With a sensation of splinters piercing into the anus;foul smelly discharge	Acid-nit.30 or 200	weekly(3)
Rectum feels as if full of broken glasses;burns for hours after passing stools	Ratanhia 6 or 30	6 hourly
Fissure due to severe constipation;hard stools with mucous	Graphites 30 or 200	6 hourly
Constant smartness in the anus all the time;with much oozing	Paeonia Q or 30	4 hourly
Fissure due to dryness of all the mucous membranes of the body;watering from mouth or watering from nose or eyes	Natrum mur.30	4 hourly
Stools come down with difficulty,with spasm of splinters,when partly expelled recedes back	Silicea 12X or 30	4 hourly
Marked redness around anus with constant burning and urging to pass stools	Sulphur 30 or 200	6 hourly

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Fistula(Ano)

Fistula means pipe and Fistula-in-ano means a pipe like canal opening usually at or near the anus.Fistula can be blind,internal or open.The out-come is usually the result of a simple or tubercular abscess in the tissue surrounding the rectum.This abscess opens into the bowel and on the surface of skin.

Symptoms/Problems	Remedy	Frequency(Doses)
To start the treatment (also intercurrent)	Tuberculinum k.200 or 1M	fortnightly(6)
Initial stage of pus formation with throbbing pain;redness of anus	Belladonna 30 and Mercurius sol.30	Alternate 3 hourly
When first stage is over and there is intense pain; abscess turns into pus	Hepar sulph.30	4 hourly
When ulcerative stage comes and the passage converts into sinus;fetid, watery discharge	Silicea 12X or 30	4 hourly
In tubercular patients (intercurrent remedy) who are susceptible to cold	Bacillinum 200 or 1M	fortnightly(3)
When there is intense hammering pain in the rectum	Lachesis 30 or 200	4 hourly(3)
Soreness and intense burning pain;greenish discharge	Acid-nit.200 or 1M	weekly(3)
In blind fistula;yellowish, greenish painless discharge	Sulphur 200 or 1M	weekly(3)

With tearing pain around the anus;to improve the drainage of the passage	Berberis vulg.Q	4 hourly,5 - 10 drops
Burning and soreness in the rectum;chronic large piles;better in humid climate	Causticum 30 or 200	4 hourly(3)

***For External Use:
Lotion of Hydrastis or Calendula.***

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Fits(see Convulsions)

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Flatulence-Wind Formation(see Dyspepsia also)

Symptoms/Problems	Remedy	Frequency(Doses)
Flatulence with puffiness and loud noise in the abdomen	Thuja oc.30 or 200	4 hourly(3)
Pain in stomach and flatulence; smell of food aggravates	Colchicum 30 or 200	4 hourly(3)
With distended abdomen effecting lower abdomen;better belching and passing of flatus. Worse 4 - 8 P.M.	Lycopodium 30	4 hourly
Flatulence in the upper part of the abdomen pressing upwards, (everything eaten converts into wind,better by belching and passing wind)worse night and after lying down	Carbo veg.30	4 hourly
Flatulence and distention in abdomen;not relieved by passing wind;digestion slow	China 30	4 hourly
When wind formation is around the naval.No emission of flatus by mouth or anus for long time	Raphanus 30	4 hourly
With loud eructations and belchings	Asafoetida 30	4 hourly
Flatulence with burning like that of red pepper taste in upper part of abdomen and going upto the throat	Capsicum 30	4 hourly
Every food or drink taken turns into gas;flatulent dyspepsia	Nux mosch.30	4 hourly
Flatulence due to sedentary life; bad effects of alcohol.Ineffectual urging to pass stools with constipation	Nux vomica 30	4 hourly

Offensive flatus;even small quantity of stools passes with wind;with much rumbling in abdomen	Aloe soc.30	4 hourly
Accumulation of flatulence in hypochondriac region;worse after anger	Chamomilla 30 or 200	4 hourly
Flatulence;smells like rotten eggs;intercurrent and most useful remedy	Psorinum 30	3 hourly(3)
Abdomen distented,no relief from passing flatus,craving for sweets;loud eructations	Argentum nit.30	4 hourly

[Home](#)[Dyspepsia](#)

Food and Drinks-Aggravation from or Allergic to **(see Allergies also)**

Symptoms/Problems	Remedy	Frequency(Doses)
Celery(Itching)	Apium gr.30 or 200	4 hourly
Strawberry(urticaria)	Fragaria v.30 or 200	4 hourly
Sugar	Saccharum 30 or 200	4 hourly
Quinine	Chin-sulph.30 or 200	4 hourly
Parsley	Petroleum 30 or 200	4 hourly
Eggs	Sulphur 30 or 200	4 hourly
Beer,pickles,sour foods and vinegar	Ferrum met.30 or 200	4 hourly
Preserved or cold foods/drinks; over ripen fruits	Arsenic alb.30 or 200	4 hourly
Rich,fatty,variety food;non-veg, eggs,etc.	Pulsatilla 30 or 200	4 hourly
Onions	Thuja oc.30 or 200	4 hourly
Oysters	Lycopodium 30 or 200	4 hourly
Wheat;milk	Psorinum 30 or 200	weekly(3)
Cabbage;vegetables and chicken salad	Bryonia 30 or 200	4 hourly
Scallops	Pectin 30 or 200	4 hourly

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[Allergies](#)

Food Poisoning

Symptoms/Problems	Remedy	Frequency(Doses)
Due to eating melons or drinking impure water	Zingiber 30	1/2 hourly
Eating icy preparations;preserved food or over rippen fruits	Arsenic alb.30	1/2 hourly
After eating spoiled or tinted food;patient wants fresh air,fanning	Carbo veg.30	1/2 hourly
After eating rich,fatty food;non-veg, variety foods,chocolates,etc.	Pulsatilla 30	1/2 hourly

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Foreign body - Skin

Symptoms/Problems	Remedy	Frequency(Doses)
To expell foreign body from the skin in fresh cases	Hepar sulph.200 or 1M	10 min(3)
In chronic cases to expell foreign body from the skin	Silicea 200 or 1M	4 hourly(6)
To expell iron nails,etc.,pricked into the body	Ledum pal.200 or 1M	4 hourly(6)

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Frozen(from Cold)

When the result is a consequence of exposure to cold(snow, etc)the patient should be kept in a cool room and he should not be exposed to a current of air.If there is no signs of life the patient should be covered with snow.The mouth and nostrils being left out,the patient should be placed in such a position that the melted snow should be readily run off and the process should be renewed.In case of non availability of snow,a cold bath with a very cold water may be substituted, the body can be immersed in cold water for a short time. After that the body should be covered with clothes wet in cold water covered tightly and then a blanket should be wrapped,due care should be taken and the body should be rubbed properly.This process should last for hours together until it becomes apparent that restoration is not possible. After restoration **Carbo veg.30,Arsenic alb.30 or Veratrum alb.30**can be given according to symptoms.

Symptoms/Problems	Remedy	Frequency(Doses)
Though the body is very cold; patient wants fanning,fresh air	Carbo veg.30 or 200	1/2 hourly(3)
When the body becomes cold,cold sweating and blueness of the body	Verat alb.30 or 200	1/2 hourly(3)
Restlessness but can't move because of excessive weakness	Arsenic alb.30 or 200	1/2 hourly(3)

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Gait - Walking

Symptoms/Problems	Remedy	Frequency(Doses)
Agility;to stimulate the functional activity of all organs	Coffea 30 or 200	weekly(3)
Spastic;knees knock against each other while walking	Lachesis 30 or 200	fortnightly(6)
Staggering;unsteady when unobserved	Argentum nit.30 or 200	fortnightly(6)
Drags feet while walking	Nux vomica 30	6 hourly
Heels do not touch ground while walking	Lathyrus s.200	4 hourly
Legs feel heavy as of load, while walking	Medorrhinum 200 or 1M	fortnightly(3)
Legs feel heavy as if made of wood or glass	Thuja oc.200 or 1M	fortnightly(6)
Involuntary thrown back while walking	Mercurius sol.30 or 200	6 hourly
Lifts feet higher than usual and brings them down hard	Heloderma 200	weekly(6)
Limps involuntary,while walking	Belladonna 200	6 hourly
Stoops while walking	Arnica 200	weekly(6)
Walking is very difficult on uneven ground	Lilium tig.30 or 200	weekly(6)
Suddenly falls to ground while walking	Magnesia carb.30	weekly(6)

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Gall Stone Colic

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;pain through the lower edge of the right shoulder blade.Liver tender to touch and pressure;dirty yellow face and vomiting	Chelidonium 30	4 hourly
Head remedy for gallstone colic	Cholesterinum 3X	4 hourly
Gall stones;jaundice, uncomfortable fullness in liver region	Carduus m.Q or 6	3 hourly
Violent pain liver region; sensitive to touch,feet constantly cold	Lycopodium 200 or 1M	weekly(3)
Gall stones colic;patient craves for icy cold water/ drinks	Phosphorus 200	weekly(3)
Gall stone colic;itching,pain in the region of liver with renal disease.Twitching and shooting pains;spasmodic pain confined to a small spot	Berberis vul.Q or 30	4 hourly
Violent pain;worse by movement or jar,flushed face	Belladonna 30	4 hourly
Great chilliness;darting pain from right to left with profuse sweating	Calcarea carb.30 or 200	weekly(3)
Periodic recurrence of colic. Stools undigested;liver sensitive to touch and pressure;loss of appetite though feels hungry	China 6	6 hourly for 1st month,in 2nd month 30 potency on alternate days

Gall stone colic;shifting, cutting pains;better bending backwards	Dioscorea v.30	4 hourly
Gall stones;discomfort in stomach after eating, constant gagging or empty retching;stools white,loose	Podophyllum 30	4 hourly
Bilious colic;gall stones; constipation;to prevent formation of gall stones	Chionanthus v.Q or 6	6 hourly
Intercurrent remedy	Medorrhinum 200 or 1M	fortnightly(3)

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Gangrene

Gangrene means the pathologic death of one or more body cells, or of a portion of tissue or organ due to obstruction of blood supply, it may be dirty or wet

Symptoms/Problems	Remedy	Frequency(Doses)
Dry; specially of toes and feet, the part becomes cold and numb; better by cold applications	Secale cor.30 or 200	4 hourly
Gangrene of the cheek; typhoid fever like symptoms	Baptisia 30 or 200	4 hourly
Dry; specially of lungs and uterus with soreness and burning sensation; better by warm applications; restlessness and prostration	Arsenic alb.30 or 200	4 hourly
When the effected parts become purple or blue, due to blood poisoning; blood decomposes	Lachesis 30	4 hourly
Wet; effected part emits foul discharge, oozes freely	Crotalus h.30	4 hourly
Wet; purple and icy cold; effected part emit foul discharge; patient desire fresh air and fanning	Carbo veg.30	4 hourly
Specially of lungs and uterus in old age; better by warmth	Kreosote 30	4 hourly
Gangrene of the cheek; aversion to food; hic-cough; frequent putrid eructations; brown tongue, vomiting; discharges foul and dirty	Acid-mur.30	4 hourly
Gangrene after mechanical injuries	Acid-sulph.30	4 hourly

***For External Use:
Lotion of Echinacea a.***

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Gastroenteritis(see *Diarrhoea*)

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[Diarrhoea](#)

Giddiness(see Vertigo also)

Symptoms/Problems	Remedy	Frequency(Doses)
Giddiness seeing flowing water	Ferrum phos.6X or 30	4 hourly
From exhaustion and nervous weakness	Kali phos.6X or 30	4 hourly

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Glands Ailments of(see Goitre and Tonsillitis also)

Symptoms/Problems	Remedy	Frequency(Doses)
Stony hardness;hard knots in female breasts,goitre etc.	Calcarea flour.12X or 30	4 hourly
Ulceration of cervical glands	Rhus tox.30	4 hourly
Induration of parotid glands; enlargement of goitre and other glands	Bromium 30	4 hourly
Swelling of inguinal glands	Terebinth.Q or 6	4 hourly
Swelling of sub-maxillary glands	Pinus syl.6 or 30	4 hourly
Glands stony hard;progressive debility;specially in old bachelors and maids	Conium mac.200 or 1M	weekly(3)
Left sided glands swollen;hard and red	Merc-bin-iod.3X or 6	4 hourly
Enlargement of glands;tonsils, thyroid etc.	Calc iod.3X or 6	4 hourly
Right sided glands swollen; hard and red	Merc-proto-iod.3X or 6	4 hourly
Intercurrent remedy	Tuberculinum 200 or 1M	weekly(3)

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Goitre

Symptoms/Problems	Remedy	Frequency(Doses)
At the age of puberty; specially when the patient is susceptible to cold	Calcarea iod.3X	4 hourly
For obese,constipated patients;exophthalmic,non- toxic goitre	Fucus ves.Q	4 hourly,10 - 30 drops
Exophthalmic goitre;from suppressed menses	Ferrum iod.3X	4 hourly
Hard;with a feeling as if the air inhaled is passing through the goitre;pain heart region,chocking feeling in the throat	Spongia 30 or 200	6 hourly
Intercurrent remedy - specially in fatty patients	Thyroidin.200 or 1M	fortnightly(6)
Swollen;painful,with emaciation even though eating well;worse during menstrual period,gradual increase in size	Iodium 30 or 200	4 hourly
With cardiac symptoms; constriction of goitre	Cactus g.Q or 6	4 hourly
Left sided;with liver disorders;jaundice	Chelidonium Q or 6	6 hourly
Right sided;patient oversensitive to all impressions;marked chilliness	Hepar sulph.30 or 200	4 hourly
Goitre quite big;of the size of hen's egg	Bromium 6 or 30	4 hourly
Hard;swollen;worse during new moon,chilly patient	Calcarea carb.200 or 1M	weekly(6)
Nodular;goitre swollen with heat and inflammation	Phytolacca d.30 or 200	4 hourly

**Pressing pain;round hard
swelling on upper right
lobe of the goitre**

Natrum carb.30

4 hourly

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Gonorrhoea

Symptoms/Problems	Remedy	Frequency(Doses)
Suppressed;to restore discharge or to take care of bad effects of suppression or syctic miasm	Medorrhinum 200 or 1M	weekly(3)
Secondary;history of repeated gonorrhoea and impotency	Agnus cast.200	weekly(3)
Burning while urinating; frequent urging;spasmodic closure of the sphinctre of the bladder	Cannabis sat.200 or 1M	weekly(3)
Intense burning;sexual excitement,constant urge to pass urine;urine bloody	Cantharis 30 or 200	4 hourly
Very difficult to begin to urinate;burning and scalding during micturation and straining afterwards	Chimaphilla umb.Q or 200	4 hourly
Frequent urination;burning after urination;urine scanty and reddish,inflammation of urethra	Kali bich.30 or 200	4 hourly
Cystitics with violent pain in urinary passage and bladder; passing almost blood instead of urine	Acid-nit.30 or 200	4 hourly
Profuse,slimy discharge due to suppressed gonorrhoea; haematuria;urine acrid, cutting pain while passing urine	Pulsatilla 30 or 200	4 hourly
Retention of urine;urine excoriates;urine white reddish	Sulphur 30 or 200	4 hourly(3)

**Thin,greenish discharge;
scalding during micturation;
rheumatic complaints**

Thuja oc.200 or 1M

weekly(3)

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Gout(see Arthritis)

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[Arthritis](#)

Gums

Gums Ailments of

Symptoms/Problems	Remedy	Frequency(Doses)
Gums spongy;bleeds easily;caries of teeth	Kreosote 30	4 hourly
Ulceration and bleeding of gums; offensive breath,gums unhealthy, sensitive to hot and cold	Mercurius sol.30	4 hourly
Gum abscess;due to decayed teeth or otherwise	Heckla lava 3X or 6X	4 hourly
Inflammation and throbbing pain in the gums with hot feeling	Belladonna 30	4 hourly
Bleeding of gums;worse morning and pressure;gums purple in colour	Lachesis 30	4 hourly
Itching of gums;complaints are worse before a storm	Rhododendron 30	4 hourly
Ulceration and bleeding of gums; blood do not cogulate easily	Phosphorus 30	4 hourly
Gums retracted and bleed easily; pyorrhoea	Carbo veg.3X or 6	4 hourly

For External Use:

Gum paint Glycerine 70% + Arnica Q,Calendula Q and Echinacea Q 30%

Gums Bleeding(see Bleeding)

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[Bleeding](#)

Haematuria

Any condition in which the urine contains blood or red blood cells;(haemorrhage in urinary system can be due to infections,etc.)is called Haematuria.The haemorrhage can be from kidney,ureter,bladder or urethra.So the cause or source should be looked first and the treatment should be given accordingly.

Symptoms/Problems	Remedy	Frequency(Doses)
In the beginning;flow of bright red blood,with fever and anxiety	Aconite 30 or 200	2 hourly
Due to mechanical injury and infection;bruised pain in the urinary passage	Arnica 30 or 200	4 hourly(3)
When due to haemorrhage from kidney;coffee-ground like sediments in urine;pressure in the bladder extending upto kidney	Terebinth Q	3 hourly,5 - 7 drops
With red sediments in the urine; due to haemorrhage from kidney,bladder or urethra	Ocimum can.30 or 200	4 hourly
With dark,thick,brick dust sediments in urine;retention of urine;at times this medicine replace the use of cathetor	Thlaspi b-p.Q	4 hourly,5 -7 drops
When urine contains bright red blood;constant nausea,tongue clean	Ipecac Q or 30	3 hourly
Without pain or any other discomfort;accompanied by sub normal temperature	China-sulph.30	4 hourly
Patient faints due to excessive haemorrhage;but desires to be fanned;blood dark,clotted	China off.Q or 6	1/2 hourly

Blood bright red,clotted;comes out suddenly in gushes	Erigeron Q	3 hourly,5 - 7 drops
With burning pain before, during and after urination; more after drinking water; urine comes drop by drop	Cantharis 30	4 hourly
When due to over indulgence of wine and spirituous drinks;or sudden check of the piles; backache and smarting pain in urethra;chilly patient	Nux vomica 30	4 hourly
Bloody urine with burning sensation;pain in kidney and liver region.Patient craves for icy cold drinks	Phosphorus 30 or 200	4 hourly

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Haemorrhoids(see Piles)

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[Piles\(Dry\)](#)

Hair

Hair affections of

Symptoms/Problems	Remedy	Frequency(Doses)
Unwanted hair(face)in females	Oleum jac-a.3X	4 hourly
Dry,tangling,matted hair;offensive smell from scalp	Psorinum 200 or 1M	weekly(3)
Soreness of scalp;patients avoid shaving,hair cut and combing of hair	China 6 or 30	4 hourly
Curly;soft,reddish hair;eczema of scalp	Mezereum 30	4 hourly

Hair falling of

Symptoms/Problems	Remedy	Frequency(Doses)
Hair breaks;splits,mats up and ragged,end of the hair dry with loss of natural lustre	Acid-fluor.200 or 1M	weekly(3)
Falling of hair;due to excessive dandruff;hair fall in bunches leaving big bald patches	Phosphorus 200 or 1M	weekly(3)
Falling of hair from head and other parts of the body;leaving bald,shiny patches	Selenium 6 or 30	4 hourly
Falling of hair;from head and other parts of the body due to weakness	Acid-phos.6 or 30	4 hourly
Falling of hair eruptions,pimples near hair,margins	Sepia 30 or 200	weekly(3)
Falling of hair from head due to eruptions and itching	Zincum phos.30	6 hourly

Falling of hair with heat in the head;hair stands on its end	Sulphur iod.6	4 hourly
Hair mats up together and falls;eczema of scalp	Mezereum 30	4 hourly
Falling of hair;unhealthy hair,pulling sensation;itching of scalp	Magnesia carb.30	4 hourly
Beard falling of	Sphingurus 6 or 30	4 hourly
Falling of hair,with copious,whitish dandruff	Kali mur.6X or 30	4 hourly

Hair-premature greying of

Symptoms/Problems	Remedy	Frequency(Doses)
To prevent pre-mature greying of hair	Thyroidinum 200 or 1M	4 hourly
Due to weakness;seminal loss;in children	Acid-phos.3X or 30	4 hourly
Pre-mature greying of hair;in persons who are under constant mental stress	Lycopodium 30 or 200	weekly(6)
After exhaustive diseases like Typhoid etc.;fear of dark,noise etc,craving for icy cold drinks	Phosphorus 200 or 1M	weekly(3)
In psoric patients,when hair turns grey in patches	Psorinum 200 or 1M	weekly(3)
To darken the hair with speedy growth	Wiesbaden 30	4 hourly
When there is excessive sweating all over the body;pre-mature greying of hair	Pilocarpine 1M(Jaborandi 1M)	weekly(6)
Pre-mature grey hair;hyperacidity	Acid-sulph.30	4 hourly
Another well proved remedy	Ceanothus Q	4 hourly,5 -7 drops

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Hang over(see Alcoholism also)

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy for hang over	Nux vomica 30 or 200	1/2 hourly
Congestion of head after taking wine	Silicea 200	10 min(3)
Insatiable craving for liquor which patient hated earlier	Medorrhinum 200 or 1M	weekly(6)

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[Alcoholism](#)

Hay fever(see Allergy and Cold,catarrh,coryza also)

Symptoms/Problems	Remedy	Frequency(Doses)
Sudden;after exposure to dry,cold wind	Aconite nap.30	1/2 hourly
Coryza with violent sneezing; localised tingling in the throat	Sabadilla 30	2 hourly
Thin,watery discharge from nose with irritation and violent,painful sneezing;restlessness and unquenchable thirst	Arsenic alb.30	3 hourly
Watering of nose and eyes,intense sneezing;soreness of lips and nostrils;worse indoors,morning; better in open air	Allium cepa 30	2 hourly
Violent sneezing,bland discharge from nose but discharge from eyes burn;worse in open air	Euphrasia 30	4 hourly
Violent sneezing,running of nose in the morning;excoriating discharge; eyes feel hot and heavy;aching all over the body;loss of thirst;limbs heavy;better after passing urine	Gelsemium 30	4 hourly
Patient chilly and irritable; irritation in nose,eyes and face; violent spells of sneezing;nose stuffed at night	Nux vomica 30	4 hourly
Patient sensitive to cold;chronic catarrh	Psorinum 200 or 1M	3 weekly(3)
Constant sneezing;nose stuffed up or running of nose and eyes;worse in open air,damp,being chilled when hot	Dulcamara 30 or 200	4 hourly

Nose stuffed;sneezing;worse at night;pricking in nose with desire to bore into nostrils or watering of nose profusely making nostrils raw and sore

Arum triph.30

4 hourly

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[Cold_Catarrh and Coryza](#)

Headache(see Migraine,sinusitis,etc. also)

Symptoms/Problems	Remedy	Frequency(Doses)
With constant nausea;clean tongue	Ipecac 30	3 hourly
With severe throbbing and rush of blood towards head	Belladonna 30	3 hourly
Due to over eating;stomach disorders;tongue thickly whitish coated;worse bathing specially after river bathing	Antim-crud.30 or 200	4 hourly(3)
Due to exposure to dry,cold wind; sudden with anxiety	Aconite nap.30 or 200	1/2 hourly(3)
With watering of eyes and sensitiveness to bright light	Euphrasia 30	3 hourly
Headache;better by bending backwards;due to nerve injury	Hypericum 30	3 hourly
Headache with humming in ears; due to nervous weakness	Kali phos.6X or 30	3 hourly
Hammering headache;worse during menstrual cycle going in sun;school girls	Natrum mur.30 or 200	4 hourly
Headache starts from nape of neck and shift over to the head; patient desires to lie down quietly; better passing urine	Gelsemium 30 or 200	3 hourly
Violent headache due to working under gas light;sun-stroke	Glonoine 6 or 30	2 hourly
Bursting headache;worse by stooping and movements; excessive thirst and constipation	Bryonia 30 or 200	3 hourly(6)
Nervous headache;after grief, disappointment;worse inhaling smoke	Ignatia 200 or 1M	3 hourly(3)

Headache;due to sinusitis, pressure and pain at the root of nose	Kali bich.30	4 hourly
Due to eating rich fatty food,loss of thirst,better in open cold air	Pulsatilla 30	4 hourly
Due to eye strain;disturbances of accomodation of eye sight	Ruta g.30	4 hourly
After taking alcoholic drinks; sedentary habits;chilly patient	Nux vomica 30	4 hourly
Sun haedcahe;aggravation from sun rise to sunset;from cardiac origin	Kalmia lat.30 or 200	6 hourly
Of school children;crushing headache,pressure on top of head	Acid-phos.30	4 hourly
Headache localised;at the nape of neck;worse by walking and noise	Pneumococcin.200	10 min(3)
Frontal headache;neuralgic pain above and behind the right eye; heaviness of head.Better by rest, lying down and eating	Penicillinum 30 or 200	10 min(3)
Headache worse early morning; empty gone sensation at 10 -11 A. M.	Sulphur 200 or 1M	weekly(3)

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Heart affections of(see other heart ailments also)

Symptoms/Problems	Remedy	Frequency(Doses)
Palpitation;lying on the right side	Alumen 30	4 hourly
Palpitation;better by walking	Carduus mar.Q or 6	4 hourly
Patient feels as if heart is on right side	Borax 30	4 hourly
Pain in the heart before,during and after urination;or at the time of menses	Lithium carb.30	4 hourly
Palpitation and dyspnoea in organic heart diseases;worse when thinking of it	Oxalic acid.30	4 hourly
Palpitation after being emotional	Calcarea ars.30	4 hourly
Palpitation due to anaemia; restlessness and burning sensations	Arsenic alb.30	4 hourly
Heart ailments due to suppression of haemorrhoids or menstruation	Collinsonia 30 or 200	4 hourly(3)
Degeneration of heart;patient craves for icy cold preparations	Phosphorus 30 or 200	6 hourly(SOS)
Fatty heart;feels as if heart leaped into throat	Phytolacca 30	4 hourly
Inflammation of heart;pain and ache worse with slightest movements	Bryonia 30 or 200	4 hourly
Rapid action of heart;conscious about heart	Pyrogenium 200	1 dose
Slow action of heart;pulse feeble and rapid	Latrodectus m.30	1/2 hourly(3)
Weakness and irritation of heart	Prunus v.30	6 hourly

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Hernia

The protrusion of an organ or other structure through the wall of cavity normally containing it is called Hernia.

Symptoms/Problems	Remedy	Frequency(Doses)
Hiatus;with pain abdomen; worse lying down;patient feels better in open air	Pulsatilla 30 or 200	4 hourly
Inguinal;painful,stools usually constipated;chilly patient	Silicea 12X or 30	4 hourly
Inguinal;left sided;umbilical; worse in the morning and when constipated;chilly and irritable patient	Nux vomica 30 or 200	4 hourly
Inguinal or strangulated;right sided;patient prone to gastric complaints	Lycopodium 30 or 200	4 hourly
When well selected remedies fail to act	Cocculus ind.200	4 hourly(3)
Inguinal;sadness of mind; suicidal thoughts	Aurum met.200 or 1M	weekly(3)
Incarcerated;with anxiety and burning pain	Aconite nap.200	4 hourly
Incarcerated or strangulated; patient can not tolerate the touch of cloth on the abdomen	Lachesis 30 or 200	4 hourly
Incarcerated;with uneasiness and fetid flatus;better by passing flatus or belching	Carbo veg.30	4 hourly
Incarcerated;with restlessness and burning sensation; unquenchable thirst,sips liitle water at a time but frequently	Arsenic alb.30	4 hourly
Strangulated;with deathly nausea	Tabacum 30	4 hourly

Strangulated;other type of hernia;with pain around navel region	Plumbum met.30	4 hourly
Incarcerated or strangulated; with vomiting of faecal matter	Opium 200 or 1M	4 hourly
For all types of hernia;when the walls of abdomen are thin	Calcarea carb.200 or 1M	weekly(3)
Hernia of the bladder	Staphysagria 30	4 hourly
Femoral hernia	Wiesbaden 30	4 hourly
Umbilical hernia	Granatum 30	4 hourly

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Herpes zoster

An infection caused by Herpes virus varicellae, characterized by an eruption of groups of vesicles on one side of the body following the course of a nerve. The condition is self limited but may be accompanied by or followed severe post-herpetic pain.

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;(with fever, restlessness,itching,burning and tingling)	Rhus tox.30 or 200	3 hourly
With burning and shooting pain; restlessness and anxiety	Arsenic alb.30 or 200	4 hourly
On right side;with intense burning	Cantharis 30	4 hourly
On back;sensitive to cold	Cistus can.30	4 hourly
On legs;throbbing pain worse by heat	Comocladia 30	4 hourly
Itching and painful burning with redness of the skin; formation of vesicles and pustules,desiccation, desquamation and falling off of the pustules	Croton tig.30	4 hourly
Burning in the face;inflamed cheeks with boring,gnawing and digging sensation from gums to ears;itching and tingling in the cheeks	Euphorbia 30	4 hourly
Specially on left side;oozing of sticky discharge;stools constipated	Graphites 30 or 200	4 hourly
On right side;following with gastric derangement	Iris ver.30	4 hourly

Facial;in spring and fall;of purple colour	Lachesis 30 or 200	4 hourly(3)
To relieve the burning and to prevent the appearance of new crops.Right sided extending across the abdomen	Mercurius sol.30 or 200	4 hourly
With pain and itching;burning after scratching;brown scabs on eruptions	Mezereum 30	4 hourly
Worse after taking cold drinks or by tobacco smoke;gastric derangement;evening aggravation and a mild,yielding, tearful disposition	Pulsatilla 30 or 200	4 hourly(3)
With severe burning pain and itching;worse by touch or motion;preceding intreco-stal neuralgia due to alcoholism	Ranun-bulb.30	4 hourly
Due to suppressed gonorrhoea; burning after scratching	Thuja oc.200	3 hourly(3)
With lacinating pain; suppurating herpes	Zincum met.30	4 hourly
Eruptions;large;swollen;burns and stings;better by cold applications	Apis mel.30	4 hourly
Due to digestive disturbances; sedentary habits;indulgence of women and wine	Nux vomica 30	4 hourly
Violent;worse by taking hot drinks;fear of dark	Stramonium 30	4 hourly
Herpes of labialis pudendi	Terebinth.30	4 hourly
Facial neuralgia after herpes zoster	Kalmia lat.30	4 hourly

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Hiccough

Symptoms/Problems	Remedy	Frequency(Doses)
After smoking;eating or emotional disturbances	Ignatia 200 or 1M	10 min(3)
After smoking;worse after hot drinks	Veratrum alb.30 or 200	10 min(3)
After smoking;worse after cold drinks or during fever; restlessness	Arsenic alb.30 or 200	1/2 hourly
Due to gastric origin;chilly patient	Nux vomica 30 or 200	1/2 hourly(3)
After slightest provocation;such as laughing,talking or taking food	Cajuput 30	3 hourly
Violent and noisy;associated with convulsions	Cicuta v.30 or 200	2 hourly
After eating;associated with convulsions;worse at night,post-operative;hysterical	Hyoscyamus 30 or 200	3 hourly

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Hoarseness(see Laryngitis also)

An unnaturally deep and harsh quality of the voice.

Symptoms/Problems	Remedy	Frequency(Doses)
Hoarseness;due to sudden exposure to dry cold wind	Aconite 30 or 200	2 hourly
Due to over use of voice;of politicians,singers etc.	Arnica 30 or 200	3 hourly
In professional singers;chronic laryngitis	Argentum nit.30 or 200	4 hourly
When Argentum nit. fails	Manganum acet.30	4 hourly
Sudden;violent hoarseness with scrapping feeling in the throat	Belladonna 30	4 hourly
Due to paralytic effects;cannot tolerate touch of clothes around throat	Lachesis 30	4 hourly(3)
Due to catarrh;involuntary urination while coughing; constant hawking	Causticum 30	4 hourly(3)
Due to hysteria;emotional disturbances;inhaling smoke	Ignatia 30 or 200	4 hourly(3)
Due to paralysis of vocal cord	Oxalic acid.6 or 30	4 hourly
Hoarseness with sore throat; worse by eating sweets;clears throat constantly	Spongia 30	4 hourly(3)
Complete loss of voice; accompanied with loose cough; loss of thirst with dry throat; better in open and cold air	Pulsatilla 30	4 hourly
Hoarseness of singers;as soon as they begin to sing	Selenium 30 or 200	10 min(3)
Tendency to get hoarseness off and on	Wyethia 6 or 30	4 hourly

Hoarseness with constant hawking in public speakers. Worse by singing,talking,due to sudden exposure	Arum triph.30	4 hourly
Hoarseness due to exposure,with profuse clammy perspiration; worse in the evening;desire for icy cold drinks	Phosphorus 30 or 200	4 hourly(3)
Hoarseness during menstrual cycle;feverish and leathergic feeling	Gelsemium 30	4 hourly
Intercurrent remedy for psoric patients(over sensitive and prone to cold)	Psorinum 200 or 1M	weekly(3)
Hoarseness due to sudden exposure	Borax 1X or 30	10 min(3)
Hoarseness due to exposure to heat	Antimonium crud.30	4 hourly
Hoarseness;better by talking	Rhus tox.30	4 hourly
Hoarseness from cold or congestion of vocal cords;tongue clean;persistent nausea	Ipecac 30	4 hourly
Hoarseness due to exposure; accompanied by vomiting and excessive hunger	Cina 30 or 200	4 hourly
Complete loss of voice;burning in throat,as from hot vapors, excessive salivation	Mercurius sol.30	4 hourly
With irritation of throat; localised irritation at one point	Sabadilla 30	4 hourly
When well selected remedies fail; patient feels discomfort at night	Syphilinum 1M	weekly(3)

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Hydrocele(see Orchitis also)

A collection of serous fluid in a sacculated cavity; specially, such a collection in the tunica vaginalis testis is called Hydrocele.

Symptoms/Problems	Remedy	Frequency(Doses)
Due to injury,stitches in scrotum;testes hard,swollen and tender	Arnica mont.200 or 1M	weekly(6)
Congenital;testes swollen; soreness,tearing pain;testicles hang down;left hang low	Pulsatilla 200 or 1M	weekly(6)
With induration of testes; specially in boyhood	Sulphur iod.3X or 6	4 hourly
Testes heavy and sore; enlarged,hard,specially after injuries	Conium mac.200 or 1M	weekly(6)
Testes drawn up;swollen, painful,hard;worse right side; when air become cold and before storms	Rhododendron 200 or 1M	weekly(6)
Swelling and tensive pain in the right testicle as if bruised; atrophy of testicles;sadness in mind	Aurum met.200 or 1M	weekly(6)
Stitches in testicles while sitting;painful tensions from right testicles along spermatic cord in groin	Bryonia alb.200	6 hourly
Lassitude;it seems as if he should walk for ever;pain better by walking	Acid-flour.200 or 1M	weekly(6)
Hydrocele with skin ailments; constipation	Graphites 200 or 1M	weekly(6)

Sticking through testicles; pain worse after lying down and at night,pressure in spermatic testes cords;hang down	Silicea 200 or 1M	weekly(6)
Intercurrent remedy	Sulphur 200 or 1M	fortnightly(3)

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[Orchitis](#)

Hydrocephalus

Abnormal accumulation of cerebro-spinal fluid within the skull, which may involve ventricular cavities and the general spaces. Due to this distension the cranial bones may expand and the skull becomes enlarged. This complication may be congenital or acquired.

Symptoms/Problems	Remedy	Frequency(Doses)
Rush of blood to face and head; face red; fever; violent headache	Belladonna 30	4 hourly
Accumulation of fluid rapid; patient cries with intense pain; loss of thirst	Apis mel.30 or 200	4 hourly
Bulging of the fontanelles; suppression of urine; constant involuntary motion of one leg	Apocynum can.Q or 30	4 hourly
When there is tubercular history in the family or the patient	Tuberculinum k.1M	fortnightly(3)
Rolling of head; jerking of muscles during sleep; fidgety feet; patient bores his head in the pillow and screams	Zincum met.30 or 200	6 hourly
Suspension of senses; unconsciousness with screaming; urine suppressed; eyes do not react to light; involuntary motion of one half of the body; beginning of paralytic stage	Helleborus 30 or 200	6 hourly
After measles or scarlatina; head-sweats which do not relieve; moaning; patient rattles head	Mercurius sol.30 or 200	6 hourly

Tubercular or syphilitic history in the family;violent headache;better in open air	Kali iod.30 or 200	6 hourly
Stupor;cold sweat;patient cries in sleep;history of suppression of eruptions	Sulphur 200 or 1M	10 min(3)
Sweating of entire head;face and hands cold;offensive foot sweat;startling in sleep,chilly patient	Silicea 30 or 200	4 hourly
In chronic cases;patient feels worse during and after sleep	Lachesis 30 or 200	weekly(3)
Sweating on scalp during sleep; head large;desire for eggs. Child weak though fatty	Calcarea carb.200 or 1M	fortnightly(3)

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Hydrophobia(Rabies)

There is no set treatment for hydrophobia in homoeopathy.

The patient should be rushed to the hospital.

The developed disease requires first of all "the removal of every cause of excitement";the separation of the patient from everything calculated to disturb or render him anxious; the maintenance of the utmost quiet;the employment of a friendly tone of address(in place of coercive measures);And the endeavour to calm the sufferer by kind treatment.

The following medicines can be tried till patient is hospitalised.

Symptoms/Problems	Remedy	Frequency(Doses)
Congested face;wild staring look,pupil dilated;sensitive to sunlight or shining objects;throst sore,spasm of throat,hoarse,barking voice; inability to swallow; oppression;anxiety, hallucinations;biting and snapping;convulsions	Belladonna 30 or 200	1/2 hourly
When swallowing is prevented by inflammation; and not only from spasms of the throat;spasms follow the pain caused by swallowing; also when there is priapismus	Cantharis 200 or 1M	10 min(3)
When the skin becomes blushed red,with edges hard and swollen.Fear of water	Hydrophobinum 200 or 1M	10 min(3)

General convulsions more prominent than spasms of the throat; abuses those around. Sleep is interrupted as if by a sudden fright followed by convulsions	Hyoseyamus 200 or 1M	10 min(3)
Fear of imaginary objects; and the great mobility and restlessness; with screaming and fear of dark	Stramonium 200 or 1M	10 min(3)
In the worse state of developed disease	Lachesis 200 or 1M	10 min(3)

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Hypertension(High blood pressure)

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;with nervousness (during pregnancy use with care)	Rauwolfia s.Q	4 hourly
With depression;suicidal tendency;cardiac symptoms	Aurum met.200 or 1M	10 min(3)
With arteriosclerosis and senile paresis	Aurum iod.30	6 hourly
With senility and senile behavioural changes	Baryta carb.200 or 1M	weekly(3)
Systolic pressure high and diastolic pressure very low	Baryta mur.3X or 6X	4 hourly
With constriction in heart region and anginal pain	Cactus g.Q or 30	3 hourly
For fat and flabby patient;sweat on head,palms and soles,craving for eggs;chilly patient	Calcarea carb.200 or 1M	weekly(3)
In old age;old bachelors and old maids	Conium mac.200 or 1M	weekly(3)
Palpitations in slight exertion; dyspnoea,insomnia and gastric complaints	Crataegus ox.Q or 30	4 hourly
Due to shock(broken love affair etc.)emotional disturbances	Ignatia 200 or 1M	4 hourly(3)
Due to congestion in brain; severe headache,lassitude and dizziness	Glonoine 3X or 6	1/2 hourly
Due to syphilitic origin; lancinating pain in head and bones	Kali iod.30 or 200	4 hourly(3)
Due to gastric origin;flatulence; craving for sweets and warm food;worse 4 - 8 P.M.	Lycopodium 30 or 200	4 hourly

Due to shock or grief; hyperthyroidism,goitre, addision's disease,diabetes,etc. Desire for salt preparations	Natrum mur.200 or 1M	10 min(3)
In syphilitic cases;angina pectoris;vertigo,dyspnoea and endocarditis	Natrum iod.30 or 200	10 min(3)
In tall,intelligent,hypertensive people;craves for icy cold things; fear of dark and stroms,etc.	Phosphorus 30 or 200	10 min(3)
With sclerotic degeneration specially of spinal cord	Plumbum iod.30 or 200	6 hourly
Due to grief;apprehension, dullness,loss of thirst,etc.	Gelsemium 30 or 200	3 hourly
During menopausal stage;worse after sleep;great loquacity	Lachesis 30 or 200	4 hourly
Bursting pain in head;better by cold application,pressure, vertigo;palpitation of heart; worse when alone;sleeplessness with heaviness in head; oedematous swelling on face and legs	Boerhaavia diffusa Q or 6	4 hourly

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Hypotension(Low blood pressure)

Symptoms/Problems	Remedy	Frequency(Doses)
Due to fluid loss;exhaustive discharges(excessive vomiting, diarrhoea,blood loss or semen loss,etc.)	China off.30	4 hourly
Due to low vitality;flatulence in upper part of abdomen;desire for fresh air	Carbo veg.6 or 30	4 hourly
Faints in hot sun,craves for salt, excessive thirst and constipation	Natrum mur.12X or 30	4 hourly
Craves for sweets;flatulence in lower part of abdomen;uric acid diathesis	Lycopodium 30 or 200	4 hourly(3)
When pulse is weak and slow; vertigo,weight and oppression of heart as if being squeezed	Viscum alb.Q or 30	4 hourly
With irregular heart beating and palpitation;feels as if heart would stop beating if do not move about	Gelsemium 30	4 hourly
Due to excessive sexual indulgence	Acid-phos.30	4 hourly

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Hypothyroidism

Thyroid gland synthesizes, store and secrete two hormones - Thyroxine and tri-iodo thyroxine; iodine is an essential constituent of these hormones. The decreased function of thyroid gland is called Hypothyroidism. The main symptoms are Oedema, weight gain and thickening of skin and mental derangements, it is more common in ladies during the age of 30 to 50 years.

Symptoms/Problems	Remedy	Frequency(Doses)
Lack of self confidence; absent minded; easily offended; loss of memory; feels better after eating	Anacardium or.30 or 200	6 hourly
Shy; childish behaviour; aversion to strangers; chilly patient	Baryta carb.200 or 1M	weekly(3)
History of abortions; weight gain; oedema of extremities and face	Pyrogenium 200 or 1M	weekly(3)
In chronic cases; as an intercurrent remedy	Tuberculinum k.1M	fortnightly(3)
In unmarried persons; forced to celibacy; old bachelors and maids	Conium mac.200 or 1M	weekly(3)
Melancholy, irritability and restlessness; desires sweets, cannot stand opposition	Thyroidin.3X or 30	4 hourly
With restlessness; eats well yet emaciates	Iodium 30	4 hourly
Fear of darkness and thunderstorms; delicate, anaemic patients, craves for cold and salt preparations	Phosphorus 200	weekly(3)

**For hot patients;sweats easily;
worse in warm damp weather.
Better from any motion,
exercise and at sea**

Bromium 30

weekly(6)

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Hysteria

Symptoms/Problems	Remedy	Frequency(Doses)
Changing moods;laughing and crying alternately	Ignatia 200 or 1M	10 min(3)
Due to sudden suppression of discharge	Asafoetida 200	4 hourly(3)
Jaws clenched;psychic causes of disease;ill effects of grief, fright,anger,etc	Natrum mur.200	4 hourly(3)
Breath suddenly arrested; worse ascending;disfunction of pituitary and thyroid gland	Calcarea carb.200 or 1M	10 min(3)
With forward jerking of head; fainting fits	Nux mosch.30 or 200	6 hourly
Deep stupor;attempt to run away;obscene,lascivious mania; patient uncovers body	Hyoscyamus 200	4 hourly

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Impotency(Male)

Symptoms/Problems	Remedy	Frequency(Doses)
Absence of erection and desire;to tone up the sexual system	Nuphar lut.Q	4 hourly,5 - 10 drops
Due to masturbation; erections only when half-asleep	Caladium s.30 or 200	6 hourly
Due to old age;complete loss of desire(even in young man); premature emission	Lycopodium 200 or 1M	fortnightly(3)
Due to sexual excesses; debility and impotency	Kali brom.30	6 hourly
Due to excessive indulging in sex;penis shrivelled; spermatorrhoea;guilty look	Staphysagria 30 or 200	6 hourly
Due to injury	Arnica 200 or 1M	weekly(3)
In fat and flabby persons;due to frequent coitus;increased desire	Calcarea carb.200 or 1M	fortnightly(3)
Due to syphilis;in humorous (jolly)persons	Kali iod.30	6 hourly
Impotency due to debility; enlargement of prostate gland	Sabal ser.Q	4 hourly,5 - 10 drops
Due to spinal injury	Hypericum 200 or 1M	fortnightly(3)
In young boys who are afraid of marriage due to their past of free sexual indulgence	Anacardium or.200	weekly(3)
Impotency with diabetes melitus	Moschus 30 or 200	fortnightly(3)
Due to excessive loss of seminal fluid(chronic);due to onanism	Acid-phos.Q or 30	4 hourly

Due to excessive loss of seminal fluid(acute);excited lascivious fancy	China 30	4 hourly
Impotency with lascivious thoughts.Stools constipated, can be passed by mechanical aid-by finger,etc.,only	Selenium 30	4 hourly
Premature old age,due to abuse of sexual power. Genitalia cold,relaxed,no desire,no erection;after suppressed gonorrhoea	Agnus cast.30 or 200	4 hourly
Sexual debility due to nervous prostration;to tone up the sexual system	Damiana Q	4 hourly,5 -10 drops
Neurasthenic impotence. Strong and lasting erections	Yohimbinum Q	4 hourly,5 - 10 drops
With nocturnal emissions followed by great weakness	Medorrhinum 200 or 1M	fortnightly(3)
Due to suppression of desire (chronic bachelors)or excessive indulgence	Conium mac.200 or 1M	fortnightly(3)

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Select by Disease

<u>Abdominal pain</u>	<u>Abortion</u>	<u>Abscesses & Boils</u>	<u>Acidity</u>
<u>Acne</u>	<u>Addictions</u>	<u>Adenoids</u>	<u>Albuminuria</u>
<u>Alcoholism</u>	<u>Allergies</u>	<u>Amoebiasis</u>	<u>Anaemia</u>
<u>Anger</u>	<u>Angina pectoris</u>	<u>Anxiety</u>	<u>Aphthae</u>
<u>Apoplexy</u>	<u>Appendicitis</u>	<u>Appetite</u>	<u>Arthritis</u>
<u>Ascites</u>	<u>Asphyxia</u>	<u>Asthma</u>	<u>Aversions</u>
<u>Backache</u>	<u>Bad breath</u>	<u>Barbers Itch</u>	<u>Bed sores</u>
<u>Bed wetting</u>	<u>Bereavement</u>	<u>Beauty tips</u>	<u>Birth marks</u>
<u>Bites</u>	<u>Bladder/Urethra</u>	<u>Bleeding</u>	<u>Blepharitis</u>
<u>Blindness</u>	<u>Blisters</u>	<u>Blood pressure</u>	<u>Body odour</u>
<u>Bone affections</u>	<u>Brain affections</u>	<u>Breast affections</u>	<u>bronchiectasis</u>
<u>Bronchitis</u>	<u>Burns</u>	<u>Cancer</u>	<u>Change of Life</u>
<u>Caries of Teeth</u>	<u>Causation-Ailments</u>	<u>Cervical spondylosis</u>	<u>Chicken pox</u>
<u>Chilbains</u>	<u>Children Diseases</u>	<u>Cholera</u>	<u>Chorea</u>
<u>Coition-Male</u>	<u>Cold,Catarrh,Coryza</u>	<u>Colic</u>	<u>Colitis</u>
<u>Collapse</u>	<u>Conjunctivitis</u>	<u>Constipation</u>	<u>Contact Dermatitis</u>
<u>Convulsions</u>	<u>Corns</u>	<u>Coronary Thrombosis</u>	<u>Cough</u>
<u>Cramps</u>	<u>Cravings</u>	<u>Croup</u>	<u>Cystitis</u>
<u>Dandruff</u>	<u>Deafness</u>	<u>Dengue Fever</u>	<u>Dentition</u>
<u>Diabetes Mellitus</u>	<u>Diarrhoea</u>	<u>Direction of symptoms</u>	<u>Dreams</u>
<u>Dyspepsia</u>	<u>Dysentery</u>	<u>Dysmenorrhoea</u>	<u>Ear</u>
<u>Eczema</u>	<u>Emaciation</u>	<u>Encephalitis</u>	<u>Eosinophilia</u>
<u>Epilepsy</u>	<u>Epistaxis</u>	<u>Erections affections</u>	<u>Eructations</u>
<u>Erysipelas</u>	<u>Exposure</u>	<u>Eye</u>	<u>Fainting</u>
<u>Fatness</u>	<u>Fear</u>	<u>Fever(simple)</u>	<u>Filariasis</u>

<u>Fissure(Anal)</u>	<u>Fistula(Ano)</u>	<u>Fits</u>	<u>Flatulence(Wind)</u>
<u>Food/Drinks</u> <u>Excessive</u>	<u>Food Poisoning</u>	<u>Foreign body(Skin)</u>	<u>Frozen(from cold)</u>
<u>Gait(Walking)</u>	<u>Gall Stone(colic)</u>	<u>Gangrene</u>	<u>Gastroenteritis</u>
<u>Giddiness</u>	<u>Glands Ailments</u>	<u>Goitre</u>	<u>Gonorrhoea</u>
<u>Gout</u>	<u>Gums</u>	<u>Haematuria</u>	<u>Haemorrhoids</u>
<u>Hair</u>	<u>Headache</u>	<u>Heart affections</u>	<u>Hernia</u>
<u>Herpes Zoster</u>	<u>Hiccough</u>	<u>Hoarseness</u>	<u>Hydrocele</u>
<u>Hydrocephalus</u>	<u>Hydrophobia</u>	<u>Hang over</u>	<u>Hay fever</u>
<u>Hypertension</u>	<u>Hypotension</u>	<u>Hypothyroidism</u>	<u>Hysteria</u>
<u>Impotency</u>	<u>Injury</u>	<u>Indigestion</u>	<u>Influenza</u>
<u>Inoculation</u>	<u>Insanity</u>	<u>Insomnia</u> <u>(sleeplessness)</u>	<u>Iritis</u>
<u>Itching</u>	<u>Jaundice</u>	<u>Keloids</u>	<u>Keratitis</u>
<u>Kidney</u>	<u>Labor</u>	<u>Lachrymation(Tear)</u>	<u>Lactation</u>
<u>Laryngitis</u>	<u>Left Sided Remedies</u>	<u>Leprosy</u>	<u>Leucoderma</u>
<u>Leucorrhoea</u>	<u>Leukemia</u>	<u>Lice</u>	<u>Lumbago</u>
<u>Lupus</u>	<u>Malaria</u>	<u>Mammary glands</u>	<u>Mania</u>
<u>Marasmus</u>	<u>Mastoid Process</u>	<u>Masturbation(Male)</u>	<u>Masturbation</u> <u>(Female)</u>
<u>Measles</u>	<u>Meningitis</u>	<u>Menopause</u>	<u>Menstruation</u>
<u>Mental</u> <u>Derangement</u>	<u>Metritis</u>	<u>Metrorrhagia</u>	<u>Miasms</u>
<u>Migraine</u>	<u>Morning Sickness</u>	<u>Mouth Ulcers</u>	<u>Mumps</u>
<u>Myopia</u>	<u>Nails affections</u>	<u>Nausea</u>	<u>Nephritis</u>
<u>Nervousness</u>	<u>Neuralgia(Facial)</u>	<u>Neuritis</u>	<u>Nightmare</u>
<u>Nose</u>	<u>Nymphomania</u>	<u>Obesity</u>	<u>Occupational</u> <u>Hazards</u>
<u>Oedema</u>	<u>Opposite</u> <u>Characteristics</u>	<u>Orchitis</u>	<u>Osteomyelitis</u>

<u>Otorrhoea</u>	<u>Overies affections</u>	<u>Pain</u>	<u>Palpitation</u>
<u>Pancreas affections</u>	<u>Paralysis</u>	<u>Peculiar symptoms</u>	<u>Peptic Ulcer</u>
<u>Periodicity</u>	<u>Peritonitis</u>	<u>Phimosis</u>	<u>Pharyngitis</u>
<u>Piles(Dry)</u>	<u>Pimples</u>	<u>Pleurisy</u>	<u>Plague</u>
<u>Pneumonia</u>	<u>Poisoning</u>	<u>Polypus</u>	<u>Pre/Post Operation</u>
<u>Pregnancy Ailments</u>	<u>Prickly Heat</u>	<u>Preventive Remedies</u>	<u>Prolapsus</u>
<u>Prostate Gland</u>	<u>Pruritus</u>	<u>Psoriasis</u>	<u>Pterygium</u>
<u>Pulse affections</u>	<u>Pyorrhoea</u>	<u>Renal Calculi</u>	<u>Restlessness</u>
<u>Retina Ailments</u>	<u>Rheumatism</u>	<u>Rickets</u>	<u>Right Side (Remedies)</u>
<u>Ring Worm</u>	<u>Sadness</u>	<u>Salivation</u>	<u>Scabies</u>
<u>Scarlet Fever</u>	<u>Sciatica</u>	<u>Scars</u>	<u>Scurvy</u>
<u>Seminal Emission</u>	<u>Sensations</u>	<u>Septicaemia</u>	<u>Sexual Desire (Male)</u>
<u>Sexual Desire (Female)</u>	<u>Sinusitis</u>	<u>Skin Disorders</u>	<u>Sleep affections</u>
<u>Sleeplessness</u>	<u>Slipped Disc</u>	<u>Small Pox</u>	<u>Sneezing</u>
<u>Snoring</u>	<u>Spermatorrhoea</u>	<u>Spine affections</u>	<u>Spleen Ailments</u>
<u>Spondylosis</u>	<u>Sprains</u>	<u>Squint</u>	<u>Stammering</u>
<u>Sterility</u>	<u>Stone</u>	<u>Stools affections</u>	<u>Stye(eyes)</u>
<u>Sugar in Urine</u>	<u>Suicidal Disposition</u>	<u>Sun Burn</u>	<u>Sun Stroke</u>
<u>Suppressions</u>	<u>Sweat affections</u>	<u>Syphilis</u>	<u>Taste</u>
<u>Tears</u>	<u>Teeth affection</u>	<u>Tennis Elbow</u>	<u>Testicles</u>
<u>Tetanus</u>	<u>Thalassemia</u>	<u>Thermal Variations</u>	<u>Thirst</u>
<u>Throat sore</u>	<u>Thrombosis</u>	<u>Thyrotoxicosis</u>	<u>Time Modalities</u>
<u>Tobacco Craving</u>	<u>Tongue Affections</u>	<u>Tonsillitis</u>	<u>Toothache</u>
<u>Trachoma</u>	<u>Travel Sickness</u>	<u>Tuberculosis</u>	<u>Tumours affections</u>
<u>Typhoid Fever</u>	<u>Ulcers affections</u>	<u>Unconsciousness</u>	<u>Urine affections</u>

<u>Urticaria</u>	<u>Uterus affections</u>	<u>Vaccination Affections</u>	<u>Varicose Veins</u>
<u>Vertigo</u>	<u>Vision affections</u>	<u>Voice Loss</u>	<u>Vomiting</u>
<u>Walking</u>	<u>Warts</u>	<u>Wax in Ears</u>	<u>Weakness</u>
<u>Weeping</u>	<u>Wheezing</u>	<u>Whitlow</u>	<u>Whooping Cough</u>
<u>Worms</u>	<u>Writers Cramp</u>	<u>Yawning</u>	<u>Dryness of mouth</u>

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Indigestion

Indigestion may be the result of faulty habits of eating or drinking; dietary indiscretion, either episodic or habitual.

Mental tension, inadequately countered by a healthy nonchalance and proper periods of leisure and relaxation; fear and anxiety, rage and resentment; impatience and irritation; these and allied harmful emotions are potent disturbers of digestive rhythm and well being. These tensions causes indigestion in three ways. They interfere with the tone of muscle in the wall of the stomach and gut which leads to spasm or over-distention.

Symptoms/Problems	Remedy	Frequency(Doses)
Indigestion from taking tea in excess	Thuja oc.30 or 200	4 hourly
With constriction of oesophagus	Abies nig.30	4 hourly
Accompanied with flatulence; better passing flatus	Carbo veg.30	4 hourly
From over eating; sedentary habits	Nux vomica 30 or 200	4 hourly
After being angry; better doubling up	Colocynth.30 or 200	4 hourly(3)
Due to anticipation; taking sweets	Argentum nit.30 or 200	4 hourly(3)
While going somewhere or hearing any sudden news, etc; due to apprehension	Gelsemium 30 or 200	1/2 hourly(3)
After taking coffee; excessive thirst and constipation	Natrum mur.30 or 200	3 hourly(3)
Eating vegetables, preserved food; unquenchable thirst; burning sensation in the stomach or abdomen with restlessness	Arsenic alb.30 or 200	4 hourly(3)

Heartburn;pain and fullness in pit of stomach 2 to 3 hours after eating;foul breath,bad taste in mouth;hollow sinking feeling or 'plug' sensation in belly;worse after taking cold drinks,emotional stress;better after eating

Anacardium or.30 or 200

4 hourly

Distress in stomach pit soon after food,with heaviness 'like a stone';water-brash; biliousness;dull pain in liver region;heartburn;hiccough; thirst for large quantities but warm drinks are vomited; better lying quiet still on back; thoughts of business

Bryonia 30 or 200

4 hourly

Constrictive pain in pit of stomach about 2 hours after eating;constant desire to retch or swallow;saliva dribbles during sleep;eructations tasting of food or acid;feels nauseated and weak;trembling in the morning;much burning, griping and bloating

Graphites 30

4 hourly

Burning,heaviness and pressure in stomach pit,even after eating small meal;severe bloating;frequent belching; faintness in the morning; bilious attacks;sticking pain in liver region;desire for vinegar, wine,spicy food;worse when walking;better after eating

Hepar sulph.30

4 hourly

Constant pain in pit of stomach;as from a hard cornered object;feels horribly ill;nothing taste right,vomits every thing taken,tongue feels burnt,worse after beakfast and eating vegetables	Hydrastis can.6 or 30	4 hourly
Heartburn and weight in stomach immediately after taking food with pain which spreads to back between shoulder-blades;may be small spot of soreness and tenderness below ribs on left side;better after eating food	Kali bich.30	4 hourly
Much bloating,sensation as if 'had eaten too much' or 'a stone in stomach',1 to 2 hours after eating;food regurgitates;eructations tasting of food;raw, burning in stomach;vomiting of food taken some hours before;worse in a warm room, eating warm and rich food; better temporarily from taking cold things	Pulsatilla 30 or 200	4 hourly
Due to nervousness;grief or disappointment	Ignatia 30 or 200	4 hourly

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Influenza(see Cold,Catarrh,Coryza also)

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;restlessness with prostration and excessive thirst at short intervals	Arsenic alb.30	4 hourly
Intercurrent remedy	Influenzinum 200 and Sulphur 200	4 hourly
Early stage with chill and sneezing;heaviness and tiredness of body and limbs; loss of thirst,bursting headache;relief from passing large quantities of pale urine	Gelsemium 30 or 200	4 hourly
Severe pains in limbs and back;bones feel 'broken', bursting headache;shivering, and chills in back;eyeballs sore	Eupatorium perf.30 or 200	3 hourly
Rapid prostration;high fever, gastric symptoms;dull red face,nervousness	Kali phos.6X or 30	4 hourly
With dry,hacking cough; headache is worse after least movement;wants to lie still and alone;better by pressure, tongue is coated white;great thirst	Bryonia alb.30 or 200	4 hourly
Patient very chilly;feels cold even in bed;least movement or exposure intensifies the sensation of cold;fresh shivering and chill after drinking;aching in limbs and back;nose stuffed up at night	Nux vomica 30 or 200	4 hourly

Severe pains in back and thighs;chilliness,no fire or heat can warm up the patient; rapid pulsation with temperature not proportionately high; restlessness;violent pulsations; bruised feeling all over

Pyrogenium 200

3 hourly(3)

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[Cold,Catarrh and Coryza](#)

Injury(Trauma,cuts,wounds,etc.)

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;covers even unconsciousness;bruised pains and tumefication of soft parts	Arnica 200 or 1M	3 hourly(3)
Injury of deeper tissues; sprains and bruises	Bellis p.6 or 30	4 hourly
Bad effects of head injury; sheershaasan(head-stand) or fall on head	Natrum sulph.200 or 1M	10 min(3)
Injury to fibrous tissues; tendons and muscles;sprains and over strain	Rhus tox.30 or 200	4 hourly
Injury to periosteum and bones;sprains of ankles and wrist;house maid's knee	Ruta g.30 or 200	6 hourly
Open/ragged wounds due to injuries	Calendula 30	4 hourly
Wounds turns black;instead of healing	Carbo veg.30	4 hourly
To avoid tetanus;punctured wounds due to splinters,insect bites,nail-prick,etc.	Ledum pal.200 or 1M	10 min(3)
For wounds which are very painful and do not heal	Acid-nit.30	4 hourly
Injury of cornea	Opium 30 or 200	4 hourly(3)
To aid speedy union of fractured bones;eye injury without any marked sign	Symphytum 6 or 30	4 hourly
Corneal ulceration by a blow; sharp cut wounds	Staphysagria 30 or 200	4 hourly
Spinal injury;injury to nerves, crushed fingers in a door or machine etc.	Hypericum 200 or 1M	10 min(3)

When small wounds bleed much;blood bright red as after extraction of tooth,etc.	Phosphorus 200 or 1M	10 min(3)
Oozing of blood through bandage	Strontium carb.30	4 hourly
Stage of toxæmia and septicaemia with fever and restlessness	Phyrogenium 200 or 1M	10 min(3)
Neuralgia in stump;exposed nerves;after amputation	Allium cepa 30 or 200	4 hourly
When patient becomes unconscious;due to shock after injury and body becomes cold	Camphor.Q	15 min(3),5 drops
When Camphor Q do not respond and body remains cold;patient desires fanning	Carbo veg.30 or 200	15 min(3)
When Carbo veg also fails and body remains cold	Veratrum alb.30 or 200	15 min(3)
Cataract after injury	Conium 30 or 200	fortnightly(3)

For External Use:

Ferrum phos.1X should be sprayed on the cuts/wounds to check the bleeding(dressing should be done with Calendula lotion or Calendula ointment).

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Inoculation(ill effects of)

Symptoms/Problems	Remedy	Frequency(Doses)
Dick serum	Ailanthus g.200	10 min(3)
Diphtheria	Merc-cy.200	10 min(3)
Typhoid fever	Bryonia alb.200	10 min(3)
Whooping cough	Pulsatilla 200	10 min(3)
Yellow fever	Arsenic alb.200	10 min(3)

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Insanity - Madness(see Mania also)

Symptoms/Problems	Remedy	Frequency(Doses)
Dictatorial patient;envy;easily aroused to anger with violence	Lycopodium 200 or 1M	weekly(3)
Due to head injury; melancholy from hearing music;thinks and tries to shoot himself	Natrum sulph.200 or 1M	weekly(3)
Due to fright or grief;attempts to escape,sadness and crying at slightest provocation	Arsenic alb.200 or 1M	weekly(3)
With paralysis and loquaciousness;quarrelsome; patient becomes violent,scolds and insults others due to jealousy;intolerance of noise	Nux vomica 200 or 1M	weekly(3)
Due to intolerable pain;with convulsions;suspicious, delirious and quarrelsome	Veratrum alb.200 or 1M	weekly(3)
Due to sexual excesses; exaggerated idea of one's own importance,of his grandeur and riches	Phosphorus 200 or 1M	weekly(3)
With increased strengths; threatens death and destruction;quarrelsome and mischievous;sensitive to music	Tarentula h.200 or 1M	weekly(3)
Abnormal impulses; sleeplessness;lies awake for hours in bed;uncover the whole body without shame	Hyoscyamus 200 or 1M	10 min(3)
Imagines as if under superhuman power;fear of being poisoned;thinks others are talking about him	Lachesis 200 or 1M	10 min(3)

Plays and wears rags and thinks as if he is not less than a king;monomania	Sulphur 200 or 1M	10 min(3)
Patient becomes wild;fear of dark	Stramonium 1M	10 min(3)
Imagines that he hears music, shuts his eyes and is lost in delicious thought melody; excitement with dancing, laughing;talks nonsense	Cannabis ind.200 or 1M	10 min(3)
Excessive anger at slight offence;breaking out in personal violence;conscious of double ego	Anacardium or.200 or 1M	10 min(3)
Intercurrent remedy	Bacillinum 1M or 10M	fortnightly(3)

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Insomnia(Sleeplessness)

Symptoms/Problems	Remedy	Frequency(Doses)
Sleeplessness during menopausal stage	Senecio aur.30	4 hourly
Cannot sleep in the early hours of night;utterly wide awake,mind active; sleeplessness due to excitement	Coffea 30	6 hourly
Cannot sleep after 3 A.M.; sleeplessness due to mental strain or sedentary habits; sleep dreamy and restless	Nux vomica 30	at bed times for 7 days
Due to fear or panic; insomnia after shock or fright;restlessness and tossing in bed	Aconite nap.30	4 hourly
Due to tiredness;either physical or mental;bed feels too hard;must keep moving in search of soft portion for relief in bed	Arnica mont.30 or 200	1/2 hourly(3)
Sleeplessness after midnight from anxiety and restlessness; has to get up and walk	Belladonna 30	4 hourly
Sleepy yet unable to sleep; child tosses,kicks clothes off, twitches;restless sleep with frightful dreams	Arsenic alb.30 or 200	4 hourly(3)
Sleeplessness and restlessness; specially in first part of night; gets up and walks on the floor,as soon as the bed time comes patient is wide awake	Chamomilla 30 or 200	4 hourly
Sleeplessness due to old grief; after dreams of thieves or robbers	Natrum mur.200 or 1M	10 min(3)

Sleeplessness due to sudden shock;disappointment	Ignatia 200 or 1M	10 min(3)
Feels sleepy but cannot sleep; clocks striking at a distance keep him awake;bed feels hot; moves about in vain to find a cool spot in bed	Pulsatilla 30 or 200	4 hourly
Restlessness during early part of sleep;sound sleep when it is turns to rise;gets too hot in bed;throws off covers,gets chilly and puts them on again;puts arms above the head during sleep	Opium 30 or 200	4 hourly

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Iritis

Inflammation of the Iris

Symptoms/Problems	Remedy	Frequency(Doses)
Due to exposure to dry cold wind	Aconite nap.30 or 200	2 hourly
Due to mechanical injury	Arnica mont.200	4 hourly(3)
Complaints due to syphilitic origin;wart like growth in the iris	Thuja oc.200	4 hourly(3)
After getting wet or after cataract operation;eye-lids swollen; watering from eye on opening	Rhus tox.30 or 200	4 hourly
Severe pain in around the eyes; worse in night and damp weather; sensitive to light;iris discoloured, pupil contracted	Mercurius sol.30	4 hourly
Marked inflammation;syphilitic origin;specially after Mercurial treatment	Kali iod.6 or 30	6 hourly
With severe pain;which seems deep in the bones surrounding the eyes	Aurum met.200	4 hourly(3)
Pain occurs in inner canthus and extends across the eye brows or even passes around eyes	Cinnaberis 200	4 hourly(3)
When the inflammation extends to the neighbouring tissues and cornea;and pus forms in the anterior chamber;letter by warmth	Hepar sulph.200	4 hourly(3)
After exposure to cold;sharp and shooting pain in the eyes extending to the head or face; worse by motion	Bryonia alb.30	3 hourly
Burning pains;worse at night; better by warmth	Arsenic alb.30	4 hourly

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Itching(see Scabies and Pruritus also)

Symptoms/Problems	Remedy	Frequency(Doses)
Itching all over the body without eruptions	Dolichos 30	4 hourly
Itching worse after undressing; scratching is pleasurable but results in burning	Sulphur 30	4 hourly
Barber's itch;arms covered with itching and rash;itching on ears,nose and in urethra	Sulphur iod.6 or 30	4 hourly
Scrotal itching;worse by touch or walking	Croton tig.30 or 200	4 hourly
Hot bath ameliorates the itching;worse at night	Syphilinum 200 or 1M	weekly(3)
Intense and incessant itching; worse at night and when thinking of it	Medorrhinum 200 or 1M	10 min(3)
Itching with soreness;body has always filthy smell even after a bath;skin dirty,usually moist as if bathed in oil and at times dry also	Psorinum 200	6 hourly
Burning and itching;worse by warmth;urticaria like eruptionss	Rhus tox.30	4 hourly

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Jaundice

Symptoms/Problems	Remedy	Frequency(Doses)
Jaundice in new born baby; during pregnancy.Acute pain in the liver region with fever and anxiety	Aconite nap.30	3 hourly
Jaundice in new born baby.child cries a lot;better by carrying	Chamomilla 30 or 200	4 hourly
In the beginning when there is nausea and indigestion with clean tongue	Ipecac 30	3 hourly(6)
With shooting,stitching pain in the abdomen;complaints after eating non-veg;excessive thirst and constipation	Bryonia 30 or 200	4 hourly(6)
With bad taste;vomiting and dull headache;dragging pain-right hypochondriasis after lying down on left side.White coated tongue specially in center	Carduus m.Q or 30	4 hourly
With inflammation and shooting pain in liver radiating to every direction of liver;liver sensitive to touch;eyes pale	Chelidonium Q or 30	4 hourly
With constant nausea;Jaundice specially during climacteric age. Foaming black urine	Lachesis 30 or 200	4 hourly(3)
When jaundice is due to gastric catarrh;liver swollen and sensitive;digestion slow;jaundice due to sexual excesses;loss of vital fluids	China off.6 or 30	4 hourly
Jaundice due to gastric complaints;too high living. Frequent but ineffectual urging to pass stools;chilly patient	Nux vomica 30 or 200	4 hourly

Intercurrent remedy	Sulphur 30 or 200	weekly(3)
After abuse of quinine; unquenchable thirst and restlessness	Arsenic alb.30	4 hourly
Jaundice in complication with liver affection;Chalk like,dirty, watery,offensive stools	Podophyllum 30	4 hourly
Flow of dark blood from nose, mouth,uterus,bowels etc. Malignant black Jaundice	Crotalus h.30 or 200	4 hourly(3)
Yellow dirty skin,dark brown colour of face;canine hunger	Iodium 30	4 hourly
Jaundice with liver disorders. Black,tar like stools	Leptandra 30	4 hourly
Jaundice with deep seated brain and lung diseases associated with Anaemia	Phosphorus 30 or 200	4 hourly(3)
Loss of appetite;with nausea and vomiting;indigestion from milk; pain in right hypochondrium;dry hard stools;conjunctiva yellow	Carica papaya Q or 30	4 hourly(3)
For 'Haemolytic Jaundice'	T.N.T 200	weekly(3)

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Keloids

A fibrous growth almost like a tumor usually occurring at the site of a scar

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;to dissolve the scar tissues	Thiosinamine.3X	4 hourly
When there are deep cracks in keloids;constipated stools	Graphites 30 or 200	4 hourly
To dissolve the scar tissues;in chilly patients	Silicea 200 or 1M	weekly(6)
In tubercular constitution;when there is tubercular history in the family	Tuberculinum k.1M	fortnightly(6)
Edges of keloids red;itching; worse by warmth;offensive sweat	Acid-flour.30 or 200	6 hourly
When the love of life is lost due to ugly look of keloids;suicidal thoughts	Aurum met.200 or 1M	weekly(3)
Due to old injury or burns	Causticum 30 or 200	6 hourly
Intercurrent remedy when there is pain in keloids	Acid-nit.200 and above	fortnightly(6)

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Keratitis

Inflammtion,thickening and haziness of cornea without ulceration is called Keratitis.

Symptoms/Problems	Remedy	Frequency(Doses)
When discharge from eyes is sticky,profuse and whitish	Kali bich.30 or 200	4 hourly
With over sensitivity to light; ciliary neuralgia	Lac-fel.30 or 200	4 hourly(3)
With acrid tears and intolerable pain in cornea	Mercurius sol.30 or 200	4 hourly
When eyes are very sensitive to touch and to light;discharge yellowish,thick with corneal opacity	Hepar sulph.30 or 200	4 hourly
Corneal opacity;profuse,acrid tears;severe pains;worse at night;superficial tendency of ulceration	Acid-nit.30 or 200	4 hourly
With pain worse at night; better after bathing with cold water	Syphilinum 200 or 1M	weekly(3)
In fat,flabby and chilly patients;worse by cold	Calcarea carb.200 or 1M	weekly(3)
Intercurrent remedy	Sulphur 200 or 1M	weekly(3)

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Kidney-Affections of

Symptoms/Problems	Remedy	Frequency(Doses)
Acute nephritis.Urine dark, scanty;retention of urine with stitching pains in kidney.Fever with anxiety	Aconite nap.30 or 200	3 hourly
Urine scanty with albumen; acute nephritis;albuminuria; thirstlessness	Apis mel.30 or 200	4 hourly(3)
Severe pain in kidneys extending to bladder and urethra	Berb-vul.Q or 30	4 hourly
Nephritis with irritation of bladder;intolerable burning, urine hot,bloody,albuminous. Constant urging to urinate	Cantharis 30 or 200	4 hourly(3)
Pain in upper part of right kidney extending downward and forward	Ocimum can.30	4 hourly
Scanty urine with albumen. Difficulty in breathing specially after midnight and on lying down.Excessive exhaustion from slight exertion	Arsenic alb.30 or 200	4 hourly(3)
In early stage;bloody urine, violent burning and pain in urethra and kidney region while passing urine;coffee ground like sediment in urine	Terebinth.Q	4 hourly,5 - 7 drops
Dropsy with nephritis.Pulse slow and weak;sensation as if heart stood still.Scanty,dark urine	Digitalis 30	4 hourly
Nephralgia of right kidney.Pain right side of the body with ineffectual urging to urinate	Nux vomica 30 or 200	4 hourly

Suppression of urine which passes drop by drop only. Spasmodic,crampy pain which appear and disappear suddenly with sensation of a warm feeling in the bladder	Belladonna 30	4 hourly
Kidney affections associated with pneumonia or pulmonary catarrh.Constant pain in the region of right kidney with bloody urine	Phosphorus 30 or 200	4 hourly(3)
Repulsive odour of urine;dark brown sediments in urine.Severe kidney pain which penetrate into the chest	Acid-benz.30	4 hourly

Kidney-Stone(see Renal Calculi)

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[Renal calculi](#)

Labor

The process of expulsion of a fetus from the uterus at the normal termination of pregnancy

Symptoms/Problems	Remedy	Frequency(doses)
Os rigid,large,thick,hard, band like;nervousness; unrhythmical,spasmodic, severe pains which often become weak after initial stage	Caulophyllum 200	10 min(3)
Restlessness and fear;patient becomes violent being upset by examination	Aconite 200 or 1M	10 min(3)
After prolonged restlessness; when patient becomes weak and exhausted;wants heat and to be covered	Arsenic alb.200	10 min(3)
Patient nervous,cross and easily excited;hard to manage, says nasty things and shouts	Chamomilla 200 or 1M	10 min(3)
Feels pain severely;Cries,begs to be helped and generally makes a lot of noise and fuss, but not so cross and irritable as Chamomilla	Coffea 200	10 min(3)
Patient sad;weeps and sighs, always takes very deep breath.Patient does not seem to be able to get the air deep enough into her lungs	Ignitia 200 or 1M	10 min(3)
Nausea very prominent; specially accompanied by sharp cutting pains about the navel region	Ipecac 30 or 200	10 min(3)

Patient keeps one foot jiggling against the floor,bed or chair and moves during the pains.Weeps and complains a great deal	Actaea racemosa 30 or 200	4 hourly
Patient sad;weeps,feels faint and wants lots of open,fresh air	Pulsatilla 200	10 min(3)
Patient wants to be covered; pains accompanied by shuddering;old history perhaps of car sickness and bearing down or prolapsus	Sepia 200 or 1M	10 min(3)
After pains,excited by least motion,even by taking a deep breath;parched lips,mouth dry;headache as is head would split	Bryonia 200 or 1M	10 min(3)
To be given during last stage (and another dose after placenta is removed on account of bruised condition of genital organs)	Arnica 200 or 1M	10 min(3)
After pains;excited by putting baby to breast;pain extending from left to right	Conium mac.200	10 min(3)
After pains at night;hardly any during day;better from changing position and from being properly covered	Rhus tox.200 or 1M	10 min(3)
After pains;spasmodic with severe cramping,contractions of os uteri;pain radiating down the legs	Viburnum op.30 or 200	10 min(3)

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Lachrymation(Tears)

Symptoms/Problems	Remedy	Frequency(doses)
Tears bland;worse indoors;better open air	Allium cepa 30	4 hourly
Tears acrid;irritates the eyes	Euphrasia 30	4 hourly
Tears burning;due to blockage of naso-lachrymal duct;worse by cold	Rhus tox.30 or 200	4 hourly
When Rhus tox. fails;chilly patient	Silicea 30 or 200	4 hourly

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Lactation

Symptoms/Problems	Remedy	Frequency(doses)
Profuse flow of milk;breasts inflammated,red,hot,swollen, tender,at times stony hard;face flushed;skin hot and dry	Belladonna 30 or 200	4 hourly
Copious flow of watery milk; refused by infant;or milk scanty with distended breasts;patient chilly,aversion to cold air;pale, flabby,weak,apt to perspire, specially on head at night	Calcarea carb.200	4 hourly(3)
Diminished secretion of milk; decrease in size of breasts;feels very depressed and despondent; very thirsty	Lac def.30 or 200	6 hourly
Flow of milk excessive;nipples extremely sore,nursing painful, pain radiates all over the body; breasts hard,lumpy,possibly due to formation of pus	Phytolacca d.30	4 hourly
Milk scanty;nursing painful,pains extend to chest,neck and back;or continued secretion of milk after weaning and breasts feel stretched, tense and sore;mild,and tearful patient;aversion to stuffy heat and desire for cool.open air	Pulsatilla 30 or 200	4 hourly
Milk suppressed;discharge of blood from nipples when attempts to nurse the infant;child refuses milk or vomits after feed;breasts inflammated,deep red in center and rose coloured elsewhere breasts hard and sensitive to touch	Silicea 30 or 200	4 hourly

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Laryngitis(see Hoarseness also)

Symptoms/Problems	Remedy	Frequency(doses)
With inflammatory fever;larynx sensitive to touch and to inspired air;voice husky	Aconite nap.30	4 hourly
Laryngitis of singers;loss of voice;better from getting over heated,in a warm room;worse after rest	Antim-crud.30 or 200	4 hourly
Acute laryngitis;vocal cords bright-red;pain in larynx when talking	Belladonna 30	4 hourly
Chronic laryngitis of singers; raising the voice causes cough; inflammation and swelling of the posterior wall and lining of the larynx;hoarseness and loss of voice	Argentum nit.30 or 200	4 hourly
Burning pain in larynx;short, dry,hoarse cough in rapid paroxysms,mostly in daytime, less at night and in warm bed	Arsenic alb.30	4 hourly
Inflammation of larynx and pharynx;constant pain and internal swelling;voice hoarse, deep and weak or aphonia	Arum triph.30	4 hourly
laryngeal catarrh of singers;the laryngeal muscles refuses to act, can not speak a loud word; worse morning and evening	Causticum 30 or 200	4 hourly
Violent catarrhal laryngitis; hoarse cough,seems to split and tear the larynx	Allium cepa 30	4 hourly
Constriction in larynx when talking;sensation of a feather in larynx	Drosera 30 or 200	10 min(3)

Stitches and pains extending from ear to ear while swallowing;great hoarseness with rough barking cough; scanty,tenacious,muco-purulent secretion,difficult to expectorate; aphonia with slight suffocative spasms;worse morning	Hepar sulph.30 or 200	4 hourly
Laryngeal and tracheal ulceration;voice altered,husky; dry,irritating cough with dyspnoea;tightness and constriction about larynx and trachea with soreness and hoarseness	Iodium 30	4 hourly
Laryngeal and tracheal ulceration;voice altered,husky; dry,irritation of air-tubes;dry, tormenting cough chiefly at night;fat,flabby and chilly patient	Calcarea carb.30 or 200	4 hourly(3)
Oedematous laryngitis; hoarseness,rawness and dryness of larynx;sensitive to touch; feeling of lump in throat with sensation of suffocation	Lachesis 30 or 200	4 hourly
Syphilitic laryngitis;parts much swollen,dark coloured with much hawking and cough	Mercurius sol.30 or 200	4 hourly
Chronic laryngeal cough; without expectoration;stinging, smarting sensation as if a ulcer were there,generally felt on one side;long standing,short,dry cough,continuing all day	Nitric acid.30 or 200	4 hourly
Violent tickling in larynx when speaking;dry,spasmodic cough with constriction of throat, stitches in larynx,chilliness with cough	Phosphorus 30 or 200	4 hourly(6)

Dry,irritating cough with burning and tickling in larynx; swelling of submaxillary glands; larynx swollen;difficult respiration as due to a plug in throat;great dryness of larynx with short or barking cough	Spongia 30	4 hourly
Laryngeal phthisis with constant short,irritating and hacking cough	Stannum met.30	4 hourly
Hawking of mucous from larynx; voice hoarse,tickling in throat; cough increased by pressure on larynx;worse evening	Rumex 30	4 hourly
Acute oedematous from laryngitis;dryness in throat with soreness,swelling and redness; expectoration of thick mucous	Sanguinaria c.30 or 200	4 hourly
Chronic laryngitis with congestion;swelling of the tissues and increased secretion of a glutinous fluid;worse morning; follicular laryngitis with ropy and stringy discharge	Kali bich.30 or 200	4 hourly
Follicular inflammtion; laryngeal irritation and dry cough;burning and tickling in throat;oedema of larynx	Kali iod.30 or 200	4 hourly
Fetid breath;loss of voice; hoarseness with white and viscid expectoration	Kali mur.12X or 30	4 hourly
Intercurrent remedy	Sulphur 200	weekly(3)

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Left sided remedies

Medicines which have special affinity to the left sided organs of the body have been given here. For repetition, etc, see actual ailments accordingly

Symptoms/Problems	Remedy
Affect left arm, left leg, left sided abdomen, etc.	Asafoetida 30 or 200
Pain from left side of stomach through to the back	Alstonia 30 or 200
Symptoms appear to the left side and then right	Benzoic acid.30 or 200
Left sided complaints - stitches in spleen	Bellis perennis 30 or 200
Oedema of left hand and foot	Cactus g.30 or 200
Left sided sciatica, following influenza	Iris versicolor 30 or 200
sweating mostly on left side	Jaborandi 30 or 200
Left sided intercostal neuralgia with numbness of the whole left arm	Kalmia lat.30 or 200
Left sided rheumatism; sharp pains through the lower lobe of left lung	Oxalic acid.30 or 200
Left half of the face red and hot whereas right half is cold and pale	Paris quadrifolia 30 or 200
Left sided symptom; worse 3 P.M.	Thuja o.c.30 or 200
Paroxysmal neuralgias mostly on the left side though the sciatica is right sided	Colocynth.30 or 200
Neuralgias about the abdomen; worse left side	Nux vomica 30 or 200
Left sided pains	Colchicum 30 or 200
Left infra-mammary pains suggesting ovarian troubles	Cimicifuga 30 or 200
Left sided throat complaints; diphtheria, sore throat, ulceration etc.	Merc-bin-iod.30
Left sided headache; neuralgia of the fifth nerve	Spigelia 30 or 200
Left sided throat complaints	Lachesis 30 or 200

Leprosy

Chronic granulomatus infection caused by the Mycobacterium leprae is called Leprosy. Leprosy occurs in two relatively stable types; lepromatous and tuberculoid. The first sign of infection is the appearance of eruption on the skin and slowly the disease progress and later on the sensation in the effected area is diminished or lost.

Symptoms/Problems	Remedy	Frequency(doses)
Head remedy (to start the treatment)	Sulphur CM	monthly(3)
Intercurrent remedy	Bacillinum 1M	fortnightly(6)
Thickening of skin;scale formation	Hydrocotyle 30 or 200	4 hourly
With depression;love of life lost with suicidal tendency	Aurum met.200 or 1M	monthly(3)
Dropping of fingers and toes; night sweats	Arsenic iod.30 and above	6 hourly
Cracks and oozing of sticky fluid;music makes the patient to weep	Graphites 200 or 1M	fortnightly(6)
Complaints with numbness in hands and feet	Hoang nan Q	4 hourly,5 - 7 drops
Thickening of skin;sypilitic origin	Thyroidinum 200 or 1M	weekly(6)
effected parts cold;loss of sensation	Secale cor.200 or 1M	fortnightly(6)
Pimples on projecting portion of bones	Hura br.CM	monthly(3)
Gangrenous tubercules; thickening of skin,heat in stomach	Calotropis 200 or 1M	weekly(6)
Intercurrent remedy;when there are tubercular history in the family	Tuberculinum 1M	weekly(6)

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Leucoderma - Vitiligo*(Whitish discoloration of the skin)*

Symptoms/Problems	Remedy	Frequency(doses)
Head remedy	Arsenic sul-fl.3X	4 hourly
Intercurrent remedy	Tuberculinum bov.1M	fortnightly(6)

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Leucorrhoea - White discharge from the vagina

Symptoms/Problems	Remedy	Frequency(doses)
Leucorrhoea associated with diabetes mellitus;thick whitish discharge;stains the linen; irregular,painful,scanty,dark and clotted menstruation with backache;worse by movement and better by rest	Abroma augusta 30	4 hourly
Discharge leaves yellow spot on the clothes	Chelidonium 6 or 30	4 hourly
Acrid;yellow discharge due to trichomonas infection;causing low backache;worse between periods	Kreosote 30 or 200	4 hourly
Acrid;curd like or white of egg; with sensation as if warm water is flowing	Borax 3X or 30	4 hourly
Head remedy;leucorrhoea with backache	Ova tosta 3X	4 hourly
Acrid;excoriating,yellowish or greenish discharge with constipation.Bearing down sensation as if everything will come out from vagina	Sepia 200 or 1M	weekly(3)
Milky,creamy,bland and acrid discharge;sometimes with burning.In mild,tearful women; loss of thirst with dry mouth	Pulsatilla 30 or 200	6 hourly
Leucorrhoea with burning, itching and rawness;worse at night	Mercurius sol.30 or 200	4 hourly
Leucorrhoea like milk with burning and itching of parts before and after menstruation; in liitle girls;feet cold and damp;chilly patients	Calcarea carb.200 or 1M	weekly(3)

Acrid,ropy,profuse,transparent discharge;running down to heel with burning;worse during day time and after manstruation; better by washing	Alumina 0/7 or above	6 hourly
In obese females profuse discharge of white colour;with itching around genitals and constipation	Graphites 200 or 1M	weekly(3)
Whitish,non irritating discharge;menses late and scanty	Penicillinum 200	4 hourly(3)
Intercurrent remedy;patient feels worse at night;when there is history of miscarriage	Syphilinum 200 or 1M	fortnightly(3)

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Leukemia

Progressive proliferation of abnormal leukocytes found in hemo tissues, other organs, and usually in the blood in increased numbers; occurring due to acute infection; with severe anaemia, haemorrhages and slight enlargement of lymph nodes or the spleen is known as Leukemia.

For Homoeopathic treatment find the suitable remedy based on the totality of the symptoms of the sick.

Arsenic alb., Arsenic iod., Calcarea iod., Calcarea phos., China off., Ferrum phos., Ceanothus, Natrum mur., Natrum sulph., Ocimum sanc., Phosphorus, Bacillinum, Malaria off., Ocimum can., Tuberculinum. Sulphur, Syphilinum, Radium brom., Medorrhinum and Carcinocin, etc. are the main remedies. The treatment should be under an expert Homoeopath.

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Lice

Symptoms/Problems	Remedy	Frequency(doses)
For head lice and also for lice of private parts	Staphysagria Q or 30	4 hourly
Lice in skin;difficult to cure, breeds very fast	Lycopodium 30 or 200	4 hourly
Hair lustreless and dirty,head lice; intercurrent remedy	Psorinum 200 or 1M	weekly(3)
Head lice.Acuteness of smell is a prominent symptom	Carbolic acid.30	4 hourly
Head lice;scalp offensive;moist and eruptions on head	Vinca min.30	4 hourly

For External Use:

Staphysagria Q in oil;ratio 1:9(Coconut,mastard or oilve oil, etc.can be used)

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Lumbago(see Backache)

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Lupus

Erosion of the skin

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;intercurrent also	Radium brom.30 or 200	4 hourly
Brown saddle across the nose; aversion to loved ones and family members	Sepia 30 or 200	6 hourly
Worse going in the sun. Disseminated erythematous lupus	Natrum carb.30 or 200	4 hourly
Lupus with burning sensation; restlessness and exhaustion;better by hot,worse by cold. Unquenchable thirst	Arsenic alb.30 or 200	4 hourly

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Malaria - Fever

Symptoms/Problems	Remedy	Frequency(Doses)
Fever comes every other day or every week.great thirst before chill which ceases as soon as chill begins;no thirst during stage of heat which returns again during stage of sweat; worse by motion;better by warmth	China off.30 or 200	3 hourly
Paroxysms regular;thirst in all stages;severe shaking chill continues for long.Tongue clean,profuse,exhausting sweat. Pain in back(spine)worse during stage of chill(almost specific)	China sulph.1X and above	4 hourly(6)
Severe aching bone pains,as if bones are broken.Nausea and vomiting as the chill passes on. Great thirst.Drinks excites nausea and vomiting in every stage(chill,heat and sweat) better after sweating except headache.Tongue thickly (yellowish)coated;taste bitter	Eup-perf.30 or 200	4 hourly
Chill without thirst(thirst almost absent in all the stages); violent shaking,chills up and down along the spine(back); patient wants to hold;sweat and heat stage long and exhausting;pain in the nape of neck;soreness of muscles, muscular power weakened; desire to lie down quietly and to sleep;drowzy;sweat absent; better after passing urine	Gelsemium 30 or 200	3 hourly

When there are no clear cut indication for medicine (paroxysms not clear)- a few doses of <i>Ipecac 30</i> opens up the case,specially after (suppression)/abuse of quinine or relapse.Nausea,vomiting and dyspnoea in all the stages and clean tongue	<i>Ipecac 30 or 200</i>	3 hourly
Great thirst with trobbing headache,before chill and during stage of heat.Severe long lasting chill between 10 - 11 A.M.,even lips and nails becomes blue because of shivering.Profuse sweat,which relieves all the symptoms except headache	<i>Nat-mur.30 or 200</i>	4 hourly(6)
Chill with thirst;worse by warmth and motion.Fever(heat stage) without thirst or little thirst;sweating alternate with dry heat or little sweat	<i>Apis mel.30 or 200</i>	4 hourly
Paroxysms irregular;chill absent or very little;sweat usually absent;great restlessness;unquenchable thirst,drinks frequently but little at a time,better after sweating and by warmth	<i>Arsenic alb.30 or 200</i>	4 hourly
Chill with great thirst and external coldness,drinks at long intervals but at large quantities at a time;stools constipated. stitching pain in chest and in the region of spleen;sour sweat after slightest exertion. Irritable;desires to lie quietly	<i>Bryonia 30 or 200</i>	3 hourly

Chill followed by sweat.Icy coldness,one feet cold and the other hot.Thirst during stage of heat for warm drinks(vomit after taking cold drinks);worse 4 to 8 P.M.	Lycopodium 30 or 200	4 hourly
Chill without thirst.Great heat (with thirst) yet patient cannot move or uncover,feels very chilly;better by warmth and after sweating	Nux vomica 30 or 200	4 hourly
Paroxysms ever changing;chill at 4 P.M. without thirst; sweating worse left side;feels very hot in bed,desires to uncover;thirst during stage of heat,licks the lips(with water) only;thirst during stage of sweat only	Pulsatilla 30 or 200	4 hourly
Dry exhausting cough an hour before chill and continues till chill lasts.Extreme chill and heat.Chill starts in thigh and between shoulders or over one scapula,small of back,running up spine.Restlessness,changing position constantly;urticarial rashes;better during sweat stage and warmth	Rhus tox.30 or 200	4 hourly
Chill with clock like periodicity with pain long bones;chill lasts for long - throughout day and night	Aranea dia.30 or 200	4 hourly
Paroxysms regular;at clock like periodicity (at same hour). Thirst during stage of heat for warm drinks;tearing pain and/ or numbness in legs or whole body during stage of heat;eyes red	Cedron 30 or 200	4 hourly

Thirst before chill;shivering and chilliness after every drink, chill starts in back and spreads over the whole body;after chill, heat without thirst and cold sweat	Capsicum 30 or 200	4 hourly
Paroxysms irregular;chill with thirst,heat without thirst. Patient wants fanning instead of drinking water during heat stage;coldness of legs even after covering with blanket.Sweat profuse,sour and offensive	Carbo veg.30 or 200	4 hourly
Chronic;spoiled cases; paroxysms irregular;chill,heat, sweat all erratic.Fever followed by severe heat - making one almost senseless followed by profuse sweating.Feet cold and wet,shivering with thirst;worse in the evening	Sepia 30 or 200	4 hourly
Intercurrent remedy;chronic cases,when symptoms are not clear.Chill with shivering, without heat or thirst;palms and soles hot and burns	Sulphur 200	4 hourly(3)
Fever worse at night;tongue thickly whitish coated.Desire for acids and pickles,etc.Patient desires to sleep;chill quite often with gastric complaints	Antim-crud.30 or 200	6 hourly(6)
Paroxysms irregular.During heat stage body is covered with boiling and offensive sweat	Psorinum 200 or 1M	10 min(3)
Chill begins at back;fever rises quickly,great heat with profuse sweat;fever do not come down with sweat.Restlessness.Fever and pulse impropportionate	Pyrogenium 200 or 1M	10 min(3)

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Mammary Glands(breast)Affections of

Symptoms/Problems	Remedy	Frequency(Doses)
Undeveloped;with infantile uterus and ovaries.For proper growth of female organs	Pituitary g.200	fortnightly(6)
Breasts undeveloped and shrivelled;with infantile uterus and ovaries;general and sexual debility	Sabal ser.Q	4 hourly,5 -10 drops
Breasts undeveloped with infantile uterus and ovaries;aching in breasts and itching of nipples	Onosmodium CM	monthly(3)
Atrophy;mammae lax and shrunken,painful to touch	Conium 200 or 1M	weekly(6)
Atrophy;painful tumours,with undue secretion of milk.Very large breasts with tumour	Chimaphila Q or 30	4 hourly
Abscess;fistula of mammary glands;stitching pain.Desire for cold drinks	Phosphorus 200	4 hourly(3)
Eruptions on mammary glands;sensation of burning and pressure everywhere	Piper nig.30	4 hourly
Pain behind mammary glands;worse by heat;loss of thirst;desires open cold air	Pulsatilla 30 or 200	4 hourly
Mammary glands sensitive;sharp,cutting pain in ovaries;worse at night	Syphilinum 200 or 1M	weekly(3)
Soreness of mammary glands	Symphytum 6 or 30	4 hourly
Ulceration of mammary glands;itching and burning	Paeonia Q or 6	4 hourly

Pain between the space of breasts;below the mammary glands;sexual insomnia and gastric complaints	Raphanus 30 or 200	4 hourly
Tumours of the breasts;hard and sensitive;when child nurses pain goes from nipple all over the body	Phytolacca 30 or 200	4 hourly
Sinuses in mammary gland; chilly patient	Silicea 12X or 30	4 hourly

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Mania(see Insanity also)

Symptoms/Problems	Remedy	Frequency(Doses)
Patient moves constantly; cannot sit at one place; uncontrollable laughter	Cannabis ind.200 or 1M	10 min(3)
Abusing everyone;destructive, tears clothes;sings songs and love music	Tarentula h.200 or 1M	10 min(3)
After sexual excesses;with an exaggerated idea of one's importance	Phosphorus 200	10 min(3)
After injury;fears to be touched or approached by anyone	Arnica mont.200	10 min(3)
Due to sun stroke;great loquacity;worse after sleep	Lachesis 200 or 1M	10 min(3)
Intercurrent remedy; monomania;worse early morning	Sulphur 200 or 1M	weekly(3)

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Marasmus(see emaciation also)

Symptoms/Problems	Remedy	Frequency(Doses)
Marked emaciation of legs; ascending muscles;neck weak; cannot hold the head;flabby, loose skin;better when diarrhoea occurs	Abortanum 30 or 200	6 hourly(3)
Marked emaciation of neck; dehydration;constipation; desire for extra salt	Natrum mur.30 or 200	4 hourly
Emaciation with good appetite; weakness after physical or mental exertion	Acid-picric.30	4 hourly
Emaciation with grandular swelling and enlargement of abdomen;nature shy	Baryta carb.200 or 1M	weekly(3)
Though eats well but emaciates;joints swollen and deformed	Iodium 30 or 200	4 hourly
Intercurrent remedy;when there is tubercular family history;susceptible to changes of weather	Tuberculinum 200 or 1M	weekly(3)
Emaciation of children; mentally deficient;excitable and nervous	Ambra gr.30 or 200	4 hourly
Progressive emaciation;craves for sweets which do not suit; much flatulence	Argentum nit.30 or 200	4 hourly
Rapid emaciation;diarrhoea soon after drinking or eating anything;burning in stomach	Arsenic alb.30	4 hourly
Emaciation of neck and face; much flatulence;desires sweets and hot drinks	Lycopodium 30 or 200	4 hourly

Emaciation;cannot digest milk though desires it;craves for meat	Magnesia carb.30 or 200	4 hourly
Emaciation due to defective assimilation;offensive foot sweat,chilly patient	Silicea 30 or 200	4 hourly
In bottle fed babies	Natrum phos.6X or 30	4 hourly

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[Emaciation](#)

Mastoid process

Symptoms/Problems	Remedy	Frequency(Doses)
Inflamated stage;affected part red and hot	Belladonna 30 or 200	4 hourly
Pain and swelling with deep seated abscesses and caries of mastoid	Capsicum 30 in acute cases and higher potencies in chronic cases	3 hourly(6)
In diabetic patients;to check destructive processes	Acid-fluor.30 or 200	6 hourly
Inflammation and swelling of left side or starting at left side; tearing,gnawing pain;worse at night	Mercurius bin iod.3X	3 hourly
Painful inflammation,very sensitive to external impressions,touch and cold air, splinters like pain	Hepar sulph.30 or 200	4 hourly
Swelling which is painful on touch with drawing pain; sticking on swallowing and cough	Silicea 30 or 200	4 hourly

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Masturbation - Female

Symptoms/Problems	Remedy	Frequency(Doses)
Masturbation;resulting in leucorrhoea and hysterical disturbances;shy and timid patient	Pulsatilla 200 or 1M	weekly(3)
Habit of masturbation due to excessive sexual desire	Origanum 30 or 200	6 hourly
Habit of masturbation due to itching of vulva and vagina	Caladium s.30 or 200	2 hourly
To remove the bad effects of excessive masturbation;sexual melancholia;guilty look on face	Staphysagria 30 or 200	4 hourly
Sexual melancholia due to habit of masturbation;voluptuous crawling extending up in abdomen;superiority complex	Platina 200 or 1M	weekly(3)
Habit of masturbation due to pruritus of vulva;worse at night; better during menstruation	Zincum met.30	4 hourly
Habit of masturbation due to pruritus of vulva;vagina dry and sore;sadness in mind	Natrum mur.30 or 200	4 hourly
Masturbation due to itching of clitoris;sexual thoughts	Sulphur 200 or 1M	4 hourly(3)

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Masturbation - Male

Symptoms/Problems	Remedy	Frequency(Doses)
Habit of masturbation during sleep;superiority complex	Platina 1M	fortnightly(3)
Excessive desire to masturbate; after self-abuse,depression of spirits;fatigue with nervous weakness.Sexual power diminished	Calcarea carb.200 or 1M	weekly(3)
Weakness from masturbation due to excessive semen loss; pale,sickly expression;face pale and sallow;eyes sunken and surrounded by blue and dark margins;perspiration profuse and debilitating;sweats easily on least exertion	China off.6 or 30	4 hourly
Patient feels fatigued or un-refreshed in the morning on waking;constipated and chilly patient	Nux vomica 200 or 1M	4 hourly
Chronic cases of masturbation. Face sunken;guilty look, abashed facial expression;loss of memory and sadness; hypochondriasis;nocturnal emissions;backache;legs weak	Staphysagria 200 or 1M	weekly(3)
Intercurrent remedy;sexual thoughts and inclination to masturbate	Sulphur 200 or 1M	fortnightly(3)
Bad effects of masturbation; impotency and unsteady gait; cannot stand erect;legs weak; drowsiness.Intellectual faculties greatly impaired. Memory absolutely lost	Kali brom.30	4 hourly

Weakness and weariness; nervous debility and trembling. Distressed by the culpability of his habit of masturbation	Phosphorus 200 or 1M	weekly(3)
Uncontrollable desire of self- abuse;bad effects and weakness of pre-public masturbation. Patient grows too fast and too tall	Phosphoric acid.6 or 30	4 hourly
Bad effects of masturbation, tired and heavy feeling all over the body,specially of limbs. Brain fag,mentally and physically exhausted	Picric-acid.30	4 hourly

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Measles

It is a viral,infectious disease with symptoms of acute coryza, watering of eyes,sore throat,cough etc.,chilly feeling,fever and rash.As the rash appears the fever may rise upto 105 degree F with Lachrymation and photophobia.The symptoms may last for 4 - 8 days.Pneumonia and capillary bronchitis may occur if the case is not managed properly.

Symptoms/Problems	Remedy	Frequency(Doses)
Prophylactic remedy	Morbillinum 200	10 min(3)
High fever with catarrh; conjunctiva red;dry cough;rash with burning.restlessness and anxiety	Aconite 30 or 200	3 hourly
Profuse lachrymation; thirstlessness with dryness of mouth;better in open cold air	Pulsatilla 30 or 200	4 hourly(3)
Fever with restlessness;triangular tip of tongue red;better by movements	Rhus tox.30 or 200	4 hourly
Rattling in the chest,dyspnoea, loose cough with difficult expectoration;tongue whitish coated	Antim-tart.30 or 200	10 min(3)
Rash bright red;skin hot and dry; congestion and rush of blood towards head;sore throat	Belladonna 30	3 hourly
Dry,hard cough with stitching pain in chest.Drowzy,mild delirium;tongue coated,lips dry; stools constipated.Thirst for large quantites of water;worse by movements	Bryonia 30 or 200	4 hourly(3)
High fever;kicks the covering; eyes sore,tearful and irritable;loss of thirst and better by cold	Apis mel.30 or 200	4 hourly(3)

Hot,burning tears from eyes with photophobia;bland discharge from nose and throbbing headache	Euphrasia 30	4 hourly
Chill and heat alternate; restlessness;drowzy and stupid; better passing urine	Gelsemium 30	4 hourly
Croupy cough with rattling in the chest.Oversensitive to touch,cold, air etc.	Hepar sulph.30 or 200	3 hourly
Measles with purulent,stringy, ropy discharge from eyes and ears	Kali bich.30	4 hourly
Exhaustive,dry cough with desire to vomit.Tightness in chest cannot lie on left side;craves for icy,cold drinks	Phosphorus 30 or 200	4 hourly(3)

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Meningitis

The inflammation of the membranes of the brain or spinal cord is called meningitis. It may be due to trauma or various kinds of infections due to micro-organism like meningococci, pneumococci, staphylococci; various kinds of bacillus, tubercle and viral infections and syphilitic origin, etc. The onset is usually sudden with severe headache and high fever, vomiting and rigors may be in the beginning, on 2nd or 3rd day along with high fever, backache, pain in limbs and intense headache is present and often the stiffness of neck passes on to rigidity with dilatation of pupils and intolerable headache, delirium, photophobia, restlessness etc. develops.

The symptoms move towards fatal end.

The treatment of the sick should be timely and hospitalization should be preferred.

Symptoms/Problems	Remedy	Frequency(Doses)
Head; neck and spine bends backwards in cerebral-spinal meningitis	Cicuta v.30	4 hourly

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Menopause(Change of life)

Symptoms/Problems	Remedy	Frequency(Doses)
Aversion to bathing;tiresome, loosing weight;hot and itchy feeling	Sulphur 200	4 hourly(3)
Melancholic,irritable and talkative patient.Burning sensation all over the body. Cannot bear touch even of clothes.Dark coloured haemorrhage.Distressing headache,palpitaion and haemorrhoids.Worse after sleep	Lachesis 200 or 1M	weekly(3)
Weeping disposition; changeable temper;hot perspiration in close and warm room;loss of thirst;desire for open,cold air	Pulsatilla 200 or 1M	weekly(3)
Tired feeling due to over work; pale,flabbu,relaxed and chilly patient	Calcarea carb.200 or 1M	weekly(3)
Tall,thin,easily depressed patient;dislikes sympathy. Bearing down pains, haemorrhage with prolapsus of uterus;leucorrhoea with dyspepsia or constipation.Hot flushes;tendency to faint	Sepia 200 or 1M	weekly(3)
Small bones is painful in morning with acidity;dirty coated tongue;filthy taste and bad breath;pallore and chilliness;worse in cold weather.Facial neuralgia due to suppression of leucorrhoea; better sea side	Medorrhinum 200 or 1M	weekly(3)

**Rheumatism of muscles of the back and soreness of neck.
Violent headache;patient feels as if top of the head is torn off**

Actaea racemosa 30

4 hourly

**Physical symptoms disappear as mental symptoms develop.
Arrogant and proud patient; contempt for others.Excessive bleeding of dark clotted blood with pain in ovaries.
Nymphomania**

Platina 200 or 1M

weekly(3)

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Menstruation - Affections of Including Dysmenorrhoea,etc.

Symptoms/Problems	Remedy	Frequency(Doses)
Dark,clotted;copious or scanty menses,during day time only;1st menses delayed and painful;intermittent and irregular;changing moods; likes open air	Pulsatilla 30 or 200	4 hourly
Early and profuse;copious; during night on lying down; frequently;intermittent;painful	Kreosote 30 or 200	3 hourly(3)
Menses dark;acid,excoriating, during night only,after lying down	Bovista 30 or 200	4 hourly
Copious and dark;worse after injury	Hamamelis 30	3 hourly(3)
Dark,clotted,painful and frequent,due to displaced uterus;during night only	Trillium p.Q or 6	3 hourly
Copious;gushing and frequent; worse after exertion;every 2 weeks or every few days; lasting for a week or more	Medorrhinum 200 or 1M	monthly(3)
Copious,offensive,clotted and painful,due to uterine fibroid; difficult to wash	Platina 200 or 1M	3 hourly(3)
Menses bright red,copious, clotted,painful and frequent; worse during menopause; walking ameliorates;history of abortion	Sabina 30 or 200	6 hourly
Menses bright red,mingled with dark clots;offensive	Belladonna 30	4 hourly

Mense bright red;gushing; nausea or vomiting, clean tongue	Ipecac 30	4 hourly
Menses bright red;copious and frequent	Millefolium Q or 30	4 hourly
Menses bright red;vicarious; patient desires icy cold water	Phosphorus 30 or 200	4 hourly(3)
Menses acrid;excoriating; copious after miscarriage; frequent;intermittent	China 6 or 30	4 hourly
Menses copious;continues upto next period;dark and clotted; irregular	Secale cor.30	4 hourly
Menses profuse and early; copious with dark clots and abdominal distention	Nux vomica 30 or 200	6 hourly
Early and excessive;bright red, long lasting with headache; copious;worse after exertion; early in young girls lasting for long;late in adults	Calc-phos.12X or 30	3 hourly(3)
Copious;lasting a week or more,frequent,every 2 weeks; intermittent	Sulphur 200 or 1M	4 hourly(3)
Amenorrhoea;dark clotted blood;copious,frequent, delayed;first menses delayed; exhausting;pale,thin blood	Ferrum met.3X or 6	4 hourly
Irregular;painful,delayed or frequent;worse after exertion	Sepia 30 or 200	3 hourly(3)
Early;profuse and frequent; every 2 weeks;during lactation; lasting a week or more;returns after excitement;suppressed after working in water or becoming wet	Calcarea carb.200 or 1M	3 hourly(3)

Menses copious,frequent,dark, intermittent and irregular; during day time only;offensive, painful and thick	Lilium tig.30 or 200	4 hourly(3)
Menstrual flow suppressed after fright or shock;in plethoric young girls;menses profuse with nose bleed;late; marked fear and restlessness	Aconite 30 or 200	3 hourly
Menses frequent and copious; offensive;passive bleeding	Helonias Q or 6	4 hourly
All complaints better during menstruation;copious or scanty;painful for very short period only;dark,lumpy and black	Lachesis 200 or 1M	3 hourly(3)
Copious;worse after injury or coition;bruised pains	Arnica 200 or 1M	3 hourly(3)
Menses copious;late or suppressed;worse while sitting; feels better after flow starts	Zincum met.30 or 200	3 hourly(3)
Dark,clotted,stringy,offensive, painful and frequent;worse from least movements	Crocus sat.Q or 6	4 hourly
Delayed;specially first menses; irregular,painful,pale and scanty;stools constipated	Graphites 30 or 200	3 hourly(3)
Delayed and painful;flow aggravates the complaints; neuralgic,rheumatic pain; scanty or suppressed due to emotions or fever	Actaea rac.30 or 200	4 hourly(3)
Delayed,scanty,stopped due to cold;putting hands in cold water,due to cold;breast becomes enlarged,sore and painful during menstrual cycle	Conium mac.200 or 1M	3 hourly(3)

Delayed or stopped;by putting hands in cold water; suppressed after drinking milk	Lac-def.200	3 hourly(3)
Early or delayed;exhausting, scanty or profuse;stools hard and constipated;haemorrhage between periods	Thlaspi b-p.Q or 6	4 hourly
Copious;alternate periods more profuse;frequent and painful;very slight(1st day only),2nd day with vomiting; mentrual colic with large clots	Cyclamen 30	4 hourly
Painful and scanty;increases while sitting and less while walking	Alumina 30 or 0/5	4 hourly
Menses with neuralgic pain; dysmenorrhoea with pains flying to other parts of the body	Caulophyllum 30 or 200	4 hourly(3)
Early,dark and stringy with neuralgic pain;better after flow starts;menstrual colic; membranous dysmenorrhoea	Magnesia phos.12X or 30	3 hourly
menses lasts for long;thick and dark;irregular	Nux mosch.200	3 hourly(3)
Early and profuse;menses returns after over exertion; long walk,passing hard stools etc;discharge of blood between periods	Ambra gr.200	3 hourly(3)
Painful;only for one day or one hour;late and scanty; amenorrhoea with ophthalmia	Euphrasia 30 or 200	4 hourly
Menses appear only for one day;scanty,pain in small of back and stomach during menstruation	Baryta carb.200	4 hourly(3)

Clotted,stringy,passive and bright red;profuse after miscarriage;worse after slightest provocation	Ustilago Q or 6	4 hourly
Early and profuse;suppressed after bathing in river or swimming pool;tongue thickly whitish coated	Antim-crud.200	4 hourly(3)
Suppressed with colic;better bending double and by pressure	Colocynth 200	3 hourly(3)
Acrid,early,profuse and prolonged;suppressed after getting feet wet	Rhus tox.200 or 1M	3 hourly(3)
Early and profuse;epistaxis instead of menses;worse by motion	Bryonia 30 or 200	4 hourly
Totally exhausted during menstruation,can hardly speak;lasting for long,though not profuse	Carbo an.200	3 hourly(3)
Menses early or late;scanty or profuse;pain with soreness about genitals;pain from back passes down through left labium	Kali carb.200 or 1M	3 hourly(3)
Gushing;exhausting with colic as from sharp stones rubbing together;irregular and painful	Cocculus ind.30 or 200	4 hourly
Scanty;early or delayed;clots of black blood;menstrual flow aggravates all the complaints	Thuja oc.200 or 1M	3 hourly(3)
Frequent;early or delayed during day time only;no menses at night;scanty and offensive	Causticum 200 or 1M	3 hourly(3)

Frequent and gushing; membranous;painful and stringy;breasts swollen and painful before menses and better afterwards;excessive menstruation;discharge of bloody mucous after menses at the time of new moon	Lac-can.200 or 1M	3 hourly(3)
Menses during lactation period;while nursing the child	Silicea 200 or 1M	3 hourly(3)
Membranous;early and profuse,with griping in abdomen;nausea and pain in stomach extending to small of back	Borax 30	4 hourly
Early with thick and strong odour;offensive;premature and too copious	Carbo veg.30 or 200	3 hourly(3)
Menses offensive;vicarious; mammar swollen and painful	Psorinum 200 or 1M	monthly(3)
Menses painful;suppressed; colic before the appearance of discharge	Verat-vir.30 or 200	4 hourly(3)
Dysmenorrhoea;menses usually delayed	Pneumococcus 30 or 200	3 hourly(3)

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Mental Derangement(see Insanity and Mania also)

Symptoms/Problems	Remedy	Frequency(Doses)
Never laughs or smiles; variable mood.Suicidal tendency after seeing a knife or blood	Alumina 200 or 1M	10 min(3)
Feels happy at other's misfortune;fastidious; oversensitive to disorders; wants things in proper order	Arsenic alb.200 or 1M	10 min(3)
Lively music makes the patient sad;complaints due to head injury	Natrum sulph.200 or 1M	10 min(3)
Child weeps without tears; violent outbursts of passion, dwells in sexual matters;guilty look	Staphysagria 200 or 1M	10 min(3)
Music causes weeping and trembling;feels as if soul and body are separate	Thuja oc.200 or 1M	10 min(3)
Irritable;always talks about business	Bryonia 200 or 1M	10 min(3)
Mild;gentle yielding,weeping; easily discouraged;religious melancholy;loss of thirst;likes cold,open air	Pulsatilla 200 or 1M	10 min(3)
Ever changing moods;sighing and sobbing;complaints after disappointments	Ignatia 1M or 10M	10 min(3)
Lack of natural affections; aversion to loved ones;even to husband and children	Sepia 200 or 1M	10 min(3)
Suicidal thoughts with no love of life;feeling of worthlessness	Aurum met.200 or 1M	10 min(3)

Rapid alternation of mental condition;hysterical laughter and pleasant mania	Crocus sat.200 or 1M	10 min(3)
Anxiety and inferiority complex;fear of being alone; spells or writes wrong words	Lycopodium 200 or 1M	10 min(3)
Mania due to suppressed neuralgia;dreams of impending evil	Actaea race.200 or 1M	10 min(3)

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Metritis(Inflammation of the Uterus)

Symptoms/Problems	Remedy	Frequency(Doses)
Due to excessive blood loss from uterus;restlessness and exhaustion	Arsenic alb.30	4 hourly(6)
After miscarriage;oversensitive to least jar;face flushed	Belladonna 30 or 200	4 hourly
After premature labor or abortion. Pain from sacrum to pubis and from below upwards shooting up to the vagina	Sabina 30 or 200	4 hourly(3)
With throbbing pain and over-sensitivity to pain;pressure,cold etc.	Hepar sulph.30	4 hourly
With burning pain and swelling; puerperal metritis with cystitis	Cantharis 30	4 hourly

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Metrorrhagia(see Abortion also)

Uterine haemorrhage other than at the menstrual periods

Symptoms/Problems	Remedy	Frequency(Doses)
Caused by a fall;blood blackish;occurring between menstrual periods;soreness in abdomen	Hamamelis Q or 30	3 hourly
After miscarriage, haemorrhage in spells, cogulated;fits because of severe pains	Chamomilla 30 or 200	3 hourly(3)
Due to threatened abortion in 3rd month;sudden;when there is no other health problem	Kreosote 30 or 200	3 hourly(3)
Due to prolapsus of uterus; after coition;due to mechanical injury	Arnica 30 or 200	3 hourly(3)
Chronic haemorrhage;worse before or after an abortion	Lycopodium 30 or 200	4 hourly(3)
In chilly,flabby and fat patient; threatened abortion	Calcarea carb.200 or 1M	4 hourly(3)
Blood bright red;continues for long;nausea or vomiting with clean tongue	Ipecac Q or 30	4 hourly
With induration of uterus; labor like pains;followed by great exhaustion	Carbo an.30	4 hourly
Painful;due to over exertion; profuse bleeding;like muddy water	Acid-nit.30 or 200	4 hourly(3)
During pregnancy; thirstlessness,hot feeling and stinging pain	Apis mel.30 or 200	4 hourly(3)

During pregnancy;due to lack of sleep;clotted blood with spasmodic colic	Cocculus ind.30	4 hourly
Blood profuse;thin,blackish, prolonged,continuous oozing of watery blood	Secale cor.30 or 200	4 hourly(3)

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Miasms

There are three miasms in homoeopathy which are the root cause for every chronic disease. They are [Psora](#), [Syphilis](#) and [Sycosis](#). For details, see other sections

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Migraine(see Headache also)

Symptoms/Problems	Remedy	Frequency(Doses)
From mental work;cold, uncovering head,pressure,sitting upright or sun-stroke	Glonoinum 30	3 hourly
For nervous,gastric,bilious individuals.Migraine due to mental over exertion in teachers and students.Right sided,specially Sunday migraine,blurred vision, hemiopia;blindness;often burning pain in entire gastro-intestinal tract with violent acid vomiting at the height of attack;worse hot weather;spring and fall;better after vomiting or sufficient night sleep	Iris v.200 or above	10 min(3)
For irritable hypochondriacs of bad temper;choleric, neuropathics;from abuse of alcohol,coffee,spices,tobacco, vexation and worry,mental over exertion,business worries,sexual excesses,sedentary habits,cold dry air and winds	Nux vomica 30 or 200	4 hourly
For pronounced vasomotor individuals(irritable and full of fear)during pre-climacteric and menopausal stage.Tired expression,head congestion, circumscribed red cheeks;pain above right eye,throbbing, stitching,rhythmic pain,often in every 8 days,early morning, beginning in nape,extending upwards,locating in the region of eye,rising and falling with the sun; sensation of heavy congestion	Sanguinaria c.200	10 min(3)

For weak,fat and irritable patient; often apathetic,changing moods, strange changes of character (egocentric),memory weak,due to disturbance during climacteric period,results of tobacco abuse. Person with shallow complexion, yellow saddle across the nose;pain located on left temple;throbbing, stitching pains	Sepia 200	10 min(3)
For neuropathic persons,full of fear caused by noises,change of weather or worms;with face pale, located above left eye;specially left pupil(ciliary neuralgia);sharp, shooting,tearing,stitching, periodical pain from occiput to left eye;slowly rising in intensity with sun.Bile vomiting at the height of attack,slowly improving with setting sun.feeling as if head were open along sagittal suture	Spigelia 200 or 1M	10 min(3)
Left sided;worse during and after sleep;before menstruation;heat; during menopause	Lachesis 200 or 1M	10 min(3)
Intercurrent remedy	Bacillinum 200 or 1M	fortnightly(3)

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Morning sickness - Vomiting etc, During pregnancy **(see Travel sickness and Vomiting etc., also)**

Symptoms/Problems	Remedy	Frequency(Doses)
Persistent vomiting with gastric disturbances; nausea, bitter taste and constipation	Symph-race.30	4 hourly
Worse after lying down; tongue clean; nausea; mouth moist with saliva	Ipecac 30	3 hourly
Flatulence and coated tongue; vomiting; worse morning and after eating	Nux vomica 30	4 hourly
Worse sight of water; water is thrown up as soon as it gets warm in the stomach	Phosphorus 30 or 200	10 min(3)
Obstinate vomiting; constant nausea and vomiting with restlessness	Lac vac-def.30	4 hourly
With frequent and un-quenchable thirst; restlessness; vomiting worse after eating or drinking	Arsenic alb.30 or 200	4 hourly(3)
Extreme nausea and vomiting; faintness and weakness at epigastrium	Lobelia inf.6 or 30	4 hourly

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[Vomiting](#)

Mouth ulcers(see Aphthae also)

Symptoms/Problems	Remedy	Frequency(Doses)
Small ulcers of the aphthous type;bleed if touch,mouth hot and tender	Borax 6 or 30	4 hourly
Excessive salivation;spongy gums which bleed easily; sweetish metallic taste in the mouth;thirst with moist mouth	Mercurius sol.6 or 30	4 hourly
Aphthae with rush of blood towards head	Belladonna 30	4 hourly
Small blisters or extremely sensitive ulcers;better holding cold fluids in the mouth	Natrum sulph.12X or 30	4 hourly
Ulcers are accompanied by sharp splinter like pains;acrid and offensive salivation	Nitric acid.30	4 hourly

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[Aphthae](#)

Mumps(see fever also)

Symptoms/Problems	Remedy	Frequency(Doses)
When effected lesion is hard and painful;skin pale;shooting pain into ears on swallowing	Phytolacca d.30 or 200	4 hourly(6)
When air is effected and painful; worse by heat;better open cold air,loss of thirst	Pulsatilla 30 or 200	4 hourly(6)
Preventive remedy;also to start the treatment	Parotidinum 200 or 1M	1 dose
Swelling and inflammation with fever;restlessness;triangular tip of tongue red	Rhus tox.30 or 200	4 hourly(6)
Flushed face and neck with sweating	Pilocar-mur.3X or 200	4 hourly
Sudden onset;after exposure to dry cold winds;fever with anxiety and fear	Aconite 30 or 200	4 hourly
Swelling bright red and hot; stitching pain extending into ears;face flushed	Belladonna 30 or 200	4 hourly
Swelling pale;tongue flabby, moist with marks of teeth; excessive salivation with thirst	Mercurius sol.30 or 200	4 hourly(6)
Associated with fever;measles, small pox,etc;unbearable pain, anxiety,restlessness,un-quenchable thirst,drinks little at a time but frequently	Arsenic alb.30 or 200	4 hourly(3)
When swelling becomes of purplish colour;intense swelling, very painful	Lachesis 30 or 200	4 hourly(3)
When swelling becomes harder; patient desires fresh air,fanning	Carbo veg.30	4 hourly

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Myopia(Shortness of sight)

It is a condition in which in consequence of an error in refraction or of elongation of the globe of the eye parallel rays are focused in front of the retina.

Important remedies:

***Conium mac.,Lilium tig.,Phosphorus,Phosphoric acid,
Physostigma,Pulsatilla,Calcarea carb.,China off.,Nitric acid.,
Agaricus m.,Carbo sulph.,etc.***

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Nails (Affections of)

Symptoms/Problems	Remedy	Frequency(Doses)
Nails uneven;corrugated and spotted	Calcarea carb.200 or 1M	weekly(6)
Finger and toe nail becomes thick,brittle,black and falls off	Graphites 30 or 200	6 hourly
Nails grow too fast;deformed, uneven,becomes brittle and break easily	Acid-flour.30 or 200	6 hourly
Nails becomes waxy;distorted, soft and brittle	Thuja oc.200 or 1M	weekly(6)
Nails becomes shrivelled and brittle	Ambra gr.30 or 200	6 hourly
Nails become discoloured and distorted	Natrum ars.30 or 200	6 hourly
Nails become loose;painful, over sensitive	Hepar sulph.30 or 200	4 hourly
Roots of nails painful;general weakness and anaemia	Calcarea phos.6X or 30	4 hourly
Nails and hair unhealthy, sensitive to least touch	Magnesia carb.30	6 hourly
Finger nails painful with swelling and pain of phalanges	Myristica seb.3X or 6	3 hourly
Nails grow slowly;better in humid condition	Causticum 30 or 200	6 hourly
Nails painful;grows into flesh	Magnetis pol-australis 30	6 hourly
Cold and blue nails;painful, chilblains of toes	Acid-nitric.30 or 200	6 hourly
Crippled nails;white spots on nails,ingrowing toe nails, affections of finger nails	Silicea 12X or 30	6 hourly
Falling of nails;vesicular eruption between finger and toes	Helleborus 30 or 200	4 hourly

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Nausea

Symptoms/Problems	Remedy	Frequency(Doses)
Relieved by eating;specially in pale,anaemic women	Lactic-acid.30	3 hourly
Nausea;worse at smell or sight of food,lying on side,in morning before eating	Sepia 30 or 200	3 hourly(3)
Nausea with vertigo,when closing eyes,least motion,due to spondilosis	Theridion 30	3 hourly
Deathly nausea;worse opening the eyes;least motion,smell of tobacco smoke	Tabacum 30 or 200	3 hourly(3)
On looking upward with thirstlessness;worse in a warm room;better in cold,open air	Pulsatilla 30 or 200	3 hourly
After abdominal operation; patient craves for tobacco	Staphysagria 30 or 200	3 hourly(3)
Nausea with vomiting;worse after eating or drinking;due to food poisoning;restlessness	Arsenic alb.30	3 hourly
During pregnancy;worse in the morning,with weak digestion	Carbo veg.30	3 hourly
Nausea with vomiting in the morning,after eating,wants to vomit but can not	Nux vomica 30	3 hourly
Constant nausea with clean and moist tongue	Ipecac 30	3 hourly

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Nephritis - Inflammation of the kidneys(see Kidney Affections also)

Symptoms/Problems	Remedy	Frequency(Doses)
Nephritis due to any acute disease with constant tenesmus	Terebinth Q	3 hourly,5 - 6 drops
Acute nephritis with threatening uraemia. Albumin and renal elements in the urine.In heart diseases,the kidneys previously working well suddenly becomes affected	Eel serum 30	4 hourly
In initial stage;with sharp cutting pains in the region of kidney after exposure	Aconite nap.30 or 200	2 hourly
With soreness in the region of kidney(intercurrent remedy)	Medohrrhinum 200 or 1M	fortnightly(3)
Shooting pains;extending to the bladder with heat and distention in the region of the kidneys;urine red in colour	Belladonna 30 or 200	3 hourly
With burning;aching, dragging and smarting pain as if from excoriation extending from the region of kidneys towards the groin;difficult urination	Cannabis sat.200 or 1M	10 min(3)
With cutting pain; tenesmus, and severe burning;urine comes in drops mixed with blood or complete suppression of urine	Cantharis 30 or 200	4 hourly(3)

With sharp, stitching pain; involuntary urination during coughing or sneezing	Kali carb.30 or 200	4 hourly(3)
Region of kidney tender; pain extends from kidney to abdomen, bladder, lower extremities. Urine contains albumin, mucous and phosphoric acid	Solidago Q	4 hourly, 4 - 5 drops
Due to mechanical injuries; such as continuous or severe concussions	Arnica 30 or 200	4 hourly
Excessive nausea with extreme distention of abdomen; scanty, painful urination; urine bright red; contains decomposed blood, albumin and sugar	Colchicum 30	4 hourly
In chronic cases when there is induration of the glands; patient over sensitive to pain and cold, etc.	Hepar sulph.30 or higher	4 hourly
When there is diarrhoea and tenesmus with induration of glands; urine dark, scanty, bloody and albuminous	Mercurius viv.30	4 hourly
When the complication is after suppression of haemorrhoidal discharge; sedentary habits and excess of stimulants; constipation; drawing up of testes and spermatic cord	Nux vomica 30	4 hourly
Due to suppression of menses; urine dribbles while coughing or sneezing; worse after lying down	Pulsatilla 30	4 hourly
Due to loss of sleep; night watching; in nursing women	Cocculus ind.30	4 hourly

**With excessive thirst;
restlessness and exhaustion;
urine contains albumin.
epithelial cells,fibrin,pus
and blood,etc.**

Arsenic alb.30

4 hourly

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[Kidney affections](#)

Nervousness(see Anxiety also)

Symptoms/Problems	Remedy	Frequency(Doses)
With anxiety;better after eating	Anacardium or.30 or 200	4 hourly
With acute anxiety;extreme impatience,fears;intolerance of pain,music and least noise; confusion of mind;thoughts and ideas chase one another	Aconite 30 or 200	3 hourly
Due to worries about coming events,fear of heights,of crowds,of closed places,of water;examination funk,etc.	Argentum nit.30 or 200	3 hourly(3)
Due to after effects of grief and worry;patients unhappy, inclined to tears,hopeless; jumps at least noise;critical to others,forgetful;very sympathetic	Causticum 200	3 hourly(3)
With bad temperament; extreme restlessness;nothing pleases,intolerance to every thing	Chamomilla 200	3 hourly(3)
Unable to cope with life; depression,after influenza; mind seems paralysed;listless, indolent;fear of falling, tremulous,shaky and apprehensive	Gelsemium 30 or 200	4 hourly
After sudden shock or stress; depressed and irritable; moods alternate;dwells with sorrows in secret;can not forget past events;involuntary tears;sighing;can not bear pain	Ignatia 200 or 1M	3 hourly(3)

Due to prolonged strain; lassitude and depression; averse to meet people	Kali phos.6 or 30	4 hourly
With indigestion;chilly,tense, active person;frustrated; quarrelsome,critical, hypersensitive,wants to throw things	Nux vomica 30	6 hourly
Weepy,mild and touchy patient;effects of bad news, anxiety,emotional upset; desires company	Pulsatilla 200	4 hourly(3)

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Neuralgia - Facial(Nerve pain)

Symptoms/Problems	Remedy	Frequency(Doses)
Sudden onset;after exposure to dry,cold winds	Aconite nap.30 or 200	3 hourly
Periodic attacks;burning pain; worse around the eyes and temples;worse by cold;better by warmth	Arsenic alb.30 or 200	3 hourly
Facial neuralgia;darting pain in the cheek bones,nose,jaws, temples or in the neck;rush of blood towards head	Belladonna 30	3 hourly
Periodical attacks;extreme sensitivity and soreness of the skin;due to fluid loss	China off.30	4 hourly
Violent;unbearable darting pain,more towards left side of the face,extends towards head and temples;worse by touch	Chamomilla 200 or 1M	10 min(3)
Pain towards right side of the face;worse in the evening 4 - 8 P. M. and warmth	Lycopodium 30 or 200	10 min(3)
Facial neuralgia with coldness and torpor in the affected side of the of the face;loss of thirst, worse in the evening	Pulsatilla 30 or 200	4 hourly
Shooting pain along the nerve; better by heat and pressure	Magnesia phos.6X or 30	3 hourly
Pain improves only with heat of stove	Mezereum 30	4 hourly(3)
Left sided neuralgia;burning, stitching,intolerable pain	Spigelia 30 or 200	4 hourly
Pain worse during night (intercurrent remedy)	Syphilinum 200 or 1M	weekly(3)

Neuritis - Inflammation of nerves

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;due to injury of nerves	Hypericum 30 or 200	4 hourly
Sudden onset with anxiety and fear;worse noise and light	Aconite 30 or 200	2 hourly
Due to exposure to sun or heat; better by motion and uncovering the head	Glonoine 3X or 6	2 hourly
Better by pressure and warmth; worse in and by cold	Magnesia phos.6X or 30	4 hourly
Due to congestion;rush of blood towards head,face flushed	Belladonna 30	3 hourly
Due to uterine disorders;reflex symptoms	Cimicifuga 30	4 hourly
Interstitial neuritis;sensitive to air and touch	Ranun-bulb.30	4 hourly

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Nightmare

Symptoms/Problems	Remedy	Frequency(Doses)
Patient cries in sleep as if frightened and grasps his mother/guardian	Borax 30 or 200	4 hourly
Patients awakes frequently at night,chews and swallows, profuse sweat on head	Calcarea carb.200 or 1M	weekly(3)
Patient starts weeping all of a sudden during sleep due to fearful dreams	Chamomilla 200	4 hourly
Patient shrinks and trembles in sleep due to nightmare	Kali brom.30 or 200	4 hourly
Patient speaks during sleep	Sulphur 200 or 1M	weekly(3)
Nightmare with dreams of quarrelling with dead person	Cedron 200	weekly(3)
Nightmare with a feeling as if a stone is lying upon him(in dream)	Kali carb.200 or 1M	weekly(3)
Nightmare when the patient lies with the eyes half closed	Opium 200 or 1M	weekly(3)
Nightmare,with inability to move	Rhus tox.200 or 1M	weekly(3)

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Nose Affections of

Symptoms/Problems	Remedy	Frequency(Doses)
Pains and swelling of nasal bones;caries and ulceration. Fetid smell from nose;yellow-green fetid pus like discharge from the nose	Mercurius sol.30	4 hourly
Tip of nose shiny red;tickling of nostrils	Capsicum 30	4 hourly
Nose hard and red;nostrils sore, scurfy and ulcerated	Kali carb.30 or 200	4 hourly(3)
Nose stuffed up;obstructed, very dry;discharging yellow mucous;with plug clinkers in nostrils as if nose would burst; nose feels heavy;septum ulcerated	Kali bich.30	4 hourly
Itching of nose;patient rubs and picks the nose all the time	Cina 30 or 200	4 hourly
Burning in nose;sniffing and chronic cold affecting posterior nose	Cistus can.30	4 hourly
Swelling and inflammation of nose;alae red and scabby nose; ulceration in nostrils	Sulphur 30 or 200	4 hourly(3)
Fissures in nose;ulceration in nostrils;warts and pimples on nose	Causticum 30 or 200	4 hourly(3)
Numbness of nose;caries of nasal bones,shyphilitic ozaena	Asafoetida 30	4 hourly
Painful downward pressure of nose;tip swollen,red and shiny	Borax 30	4 hourly
Eruptions on nose;nostrils red, excoriation of nostrils	Mezereum 30	4 hourly

Ulcerated;painful,swollen nose; knobby tip of nose;caries;fetid discharge	Aurum met.30 or 200	4 hourly(3)
Discharging green mucous; nasal bones sore;pressing pain at the root of nose	Pulsatilla 30 or 200	4 hourly
Violent sneezing,when well selected remedy fails	Opium 30 or 200	4 hourly(3)
Large pedunculated nasal polypus	Calcarea phos.12X or 30	4 hourly
Ephithelioma or polypus of nose;soreness and bleeding from nose	Conium mac.30 or 200	4 hourly

Nose bleed(see Epistaxis)

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[Epistaxis](#)

Nymphomania(see Masturbation(Female) also)

Extreme Uncontrollable sexual desire in woman

Symptoms/Problems	Remedy	Frequency(Doses)
Coition creates more desire for sex;worse during menstruation	Tarentula h.200 or 1M	weekly(3)
Worse before and during menses;unable to control herself	Veratrum alb.30	4 hourly
Worse before menses and during pregnancy;easily influenced by coition	Phosphorus 200	weekly(3)
In young girls;forced to masturbate due to excessive sexual desire	Origanum 30	4 hourly
During menses or after suppression of menses;excessive sexual desire	Platina 200 or 1M	weekly(3)
Clitoris erects after masturbation with excessive desire;worse before menses	Calc-phos.12X or 30	4 hourly
Swelling and irritation of vulva with excessive desire;sexual mania	Cantharis 30 or above	4 hourly
When there is intolerance of weight of clothings around waist; loquacious and jealous women; specially at the time of change of life(menopause)	Lachesis 200 or 1M	weekly(3)
Excessive desire with ailments of uterus;prolapsus and pulsation in the neck of uterus	Lilium tig.30 or 200	4 hourly(3)
Excessive sexual excitement with enlarged and indurated uterus; least touch causes violent excitement	Murex 200 or 1M	4 hourly(3)

Nymphomania;libidinous thoughts and lascivious dreams; sexual passion	Salix nig.Q or 30	4 hourly
Insatiable excitement with great violence;fear of dark	Stramonium 200 or 1M	4 hourly(3)

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[Masturbation\(Female\)](#)

Obesity - Corpulence(see Fatness also)

Symptoms/Problems	Remedy	Frequency(doses)
Tongue thickly white coated;patient feels exhausted in warm water	Antim-crud.200	6 hourly
With unusual tallness in children;chilly patient	Silicea 30X or 30	4 hourly
When the tongue is constantly whitish coated; with liver disorders	Kali mur.30X or 6	4 hourly
Fat,flabby and chilly patients.Profuse sweat on hand;worse at night,by exertion;easily fatigued;feet are cold and damp;craving for eggs;sensitive to cold and damp climate	Calcarea carb.200 or 1M	4 hourly
Especially for fatty women approaching menopause; sensitive to cold weather; liver and spleen enlarged	Calcarea ars.200	6 hourly
Obese patient who suffers from constipation; flatulence;goitre or thyroid enlargements	Fucus ves,Q	4 hourly,10 -20 drops
Intercurrent remedy; specially when obesity is due to thyroid disturbances	Thyroidinum 200 or 1M	weekly(3)
Obese,chilly,constipated patients,specially in women when there is a history of delayed menstruation; prone to skin ailments;feels cold;easily chilled and easily overheated	Graphites 200 or 1M	weekly(6)

For fatty women;feels completely exhausted; (whether they do anything or not)	Lac-def.200	weekly(6)
To reduce weight(flesh and fat);to make the muscles hard and firm	Calotropis 30 or 200	6 hourly
To absorb abnormal tissues; new growths and fat	Phytolacca berry Q	4 hourly,10 drops
Obese patient with weak heart;sensitive to cold; aversion to water;habits of uncleanliness;prone to colds	Ammon-carb.200	6 hourly

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Occupational Hazards

Symptoms/Problems	Remedy	Frequency(doses)
Actors;auctioneers/clergy-man/orator's sore-throat	Arum triph.30	4 hourly
Studious persons or writers (book worms)-cough;gastric complaints due to worry or sedentary life	Nux vomica 30	6 hourly
Studious persons with headache	Calcarea phos.6X or 30	6 hourly
Teachers/businessman's - brain fag and headache	Picric-acid.30	6 hourly
Weakness due to physical and mental strength	Coca Q, 5 -10 drops or Kali phos.6X	4 hourly
Clergyman's - hoarseness; washer womens' toothache	Phosphorus 30 or 200	4 hourly(3)
Emigrants;compositors - constipation	Platina 200 or 1M	4 hourly(3)
Foundryman's - diseases of optic nerve and retina	Mercurius sol.30	4 hourly
Miners - asthma due to inhalation of coal dust	Natrum ars.30	4 hourly
Nausea;exhausted by long nursing and loss of sleep	Cocculus ind.30	6 hourly
Sailors - asthma better going into the sea	Bromium 30	4 hourly
Servant girls,coming to cities from countrysides/villages become anaemic	Pulsatilla 30	6 hourly
Singers/speakers - nervousness	Gelsemium 30	4 hourly
Stonemasons - chest affection, cough,asthma,bronchitis etc, (use with care)	Silicea 6X or 30	6 hourly
Tender feet of sales girls	Squilla 30	6 hourly

Washer womens' remedy	Sepia 200	6 hourly
Tailor's remedy	Ruta g.30	6 hourly
Dyer's and painter's remedy	Plumbum met.30	6 hourly
Weaver's remedy	Gossypium 30	6 hourly

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Oedema - Dropsical Swelling(see Ascites, Laryngitis,Pleurisy,Kidney and heart diseases also)

Oedema means retention of fluid(water and sodium salts)in the sub-cutaneous tissues.It can be due to various reasons or ailments(for treatment please refer to specific ailments).

Important Remedies:

Apis mel., Arsenic alb, China off., Convallaria, Halleborous, Liatris spi.,and Mercurius sol. etc.

Salt should be restricted.Skimmed milk should be used freely.Rest and warmth are essential.The diet should be light and easily digestable.Vegeterian diet is good.

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Opposite Characteristics Symptoms

Sr.no	Symptoms/Problems	Remedy
1.	A. The edges of teeth decay B. The roots of teeth decay	Staphysagria, Merc-sol Thuja, Mezereum
2.	A. Dry mouth without thirst B. Moist mouth with thirst	Pulsatilla Merc-sol
3.	A. Diseases begin on the left and go to the right side B. Diseases begin on the right side and go to the left side	Lachesis Lycopodium
4.	A. Cough aggravates going from warm to cold air B. Cough aggravates coming to a warm room from open air	Phosphorus Bryonia alb.
5.	A. Acrid coryza with bland lachrymation B. Acrid lachrymation with bland coryza	Allium cepa Euphrasia
6.	A. Pain aggravates by motion B. Pain ameliorates by motion	Rhus tox.
7.	A. Cough aggravates by cold drinks B. Cough ameliorates by cold drinks	Spongia tosta Cuprum met.
7.	A. Toothache(pain)ameliorates by heat B. Toothache ameliorates by cold water	Magnesia phos. Coffea, Natrum s., Bismuth
8.	A. Colic ameliorates from bending double B. Colic ameliorates on bending backwards	Colocynth Dioscorea v.
9.	A. Cough aggravates on expiration B. Cough aggravates on inspiration	Aconite n., Causticum Spongia tosta

10.	A. Sweats as soon as one closes eyes to sleep B. Sweat when one wakes up	Conium, China off Sambucus nig.
11.	A. Constipation before and during menstruation B. Diarrhoea before and during menstruation	Silicea Bovista, Veratrum album, Ammon-carb.
12.	A. Child is good whole day; restless, screaming and troubles whole night B. Child cries whole day, sleeps whole night	Psorinum, Jalapa Lycopodium

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Orchitis(see Hydrocele also)

Inflammation of the testicles is called Orchitis

Symptoms/Problems	Remedy	Frequency(doses)
Acute;due to exposure to dry cold winds	Aconite 30 or 200	4 hourly
With pain and swelling of lower part of the right testicle	Argentum nit.30 or 200	4 hourly(3)
With squeezed pain in the testicles;testes hard and inflamed	Baptisia 30 or 200	4 hourly
Pain comes and goes suddenly; face flushed	Belladonna 30	4 hourly
Bruised pain,swelling of the right half the scrotum and testicle.Testicle very hard	Clematis 30	4 hourly
Orchitis due to contusion; testicles hard and enlarged	Conium 200 or 1M	10 min(3)
Swelling and hardness of testicles and scrotum with shining redness;dragging pain in testicles and spinal cord	Mercurius sol.30 or 200	4 hourly(3)
Pain and inflammation of testicles with painful drawing of spermatic cord	Nitric acid.30 or 200	4 hourly(3)
Chronic orchitis;testicles feel crushed;worse during thunder storm	Rhododendron 200 or 1M	10 min(3)
Complaints after suppression of gonorrhoea with pain in spermatic cord	Spongia tosta 30 or 200	4 hourly(3)

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Osteomyelitis

Inflammation of the bone marrow and the adjacent bone and epiphysial cartilage.

The Important Remedies:

Arnica mont, Alumina silicat, Hypericum, Silicea, Medorrhinum, bryonia alb., Plumbum met, Cicuta v., Cuprum ars, Strychninum phos., etc.

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Otorrhoea(Discharge from the ears)

Symptoms/Problems	Remedy	Frequency(Doses)
Redness and swelling of both ears;after scarlatina;violent pain in left ear when chewing	Apis mel.30 or 200	4 hourly(3)
Otorrhoea with profuse, ichorous and foul discharge; accompanied by burning and itching in canal and crawling sensations in ears	Arsenic alb.30 or 200	4 hourly(3)
Otorrhoea with offensive discharge and diseased bones (carries etc.)	Asafoetida 30 or 200	4 hourly(3)
Acute;when acute symptoms arise in chronic disease	Belladonna 30	4 hourly
Sub-acute otitis with much purulent and offensive discharge;fear of downward motion due to cerebral anaemia	Borax 30	4 hourly
Watery,bad-smelling,thick discharge;fetid pus from ears, inner swelling of ears;swelling begins at the ear and extends upto half way up to cheek	Cistus can.30	4 hourly
With catarrhal deafness and pain from throat into middle ear;patient feels chilly.loss of thirst;better by passing urine	Gelsemium 30	4 hourly
With thick,mucous discharge; dropping down of mucous from the posterior nares into the throat;stools constipated	Hydrastis can.30	4 hourly
Discharge of thick,yellow,fetid pus;itching deep in ear,with stinging pain;sharp stiching pain dart from ear to throat	Kali bich.30 or 200	4 hourly

Irritating,offensive discharge; accompanied by boring,tearing pain in the temporal bone	Kali iod.30 or 200	6 hourly
With excoriation and ulceration of meatus;sensitive to cold; abundant secretion;flow of pus and blood from the ears; tonsillitis or diseased parotids; pulsative roaring in the affected ear	Mercurius sol.30 or 200	4 hourly
Offensive,purulent otorrhoea; difficult hearing;better while riding in a carriage	Nitric acid.30 or 200	6 hourly
Offensive,purulent otorrhoea; yellow fetid discharge;forming crusts and intolerable itching	Psorinum 200 or 1M	weekly(3)
Offensive,watery,curdy otorrhoea;with soreness of inner nose and crusts on upper lip; itching in eustachian tube and in ears	Silicea 30 or 200	6 hourly
Otitis media with rupture of tympanum;pouring out of pus which at first may be fair but afterwards becomes offensive, smelling like fish brine	Tellurium 30	4 hourly
Watery,purulent otorrhoea; smelling like putrid meat;inner ear feels swollen with increased loss of hearing	Thuja oc.200 or 1M	weekly(3)
Otorrhoea with fetid pus; frequent,acute stitches in right ear,near tympanum	Zincum met.30 or 200	6 hourly
With intense,shooting pain, stinking pus;patient over sensitive to touch,pain and colds etc.	Hepar sulph.30	4 hourly
With pain and greenish pus; better in open and cold air	Pulsatilla 30 or 200	4 hourly(3)

Chronic,offensive discharge from ears;syphilitic origin	Aurum ars.30 or 200	10 min(3)
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Ovaries(Affections of)

Symptoms/Problems	Remedy	Frequency(Doses)
Ovarian complaints after exposure to dry,cold winds; anxiety and fear	Aconite nap.30 or 200	4 hourly
Stage of suppuration;frequent chill;throbbing and pricking pain	Hepar sulph.30 or 200	4 hourly(6)
Burning in ovarian region; constant urging to pass urine	Cantharis 30	4 hourly(6)
Ovarian neuralgia;intense pain causing patient to draw up double;restlessness	Colocynth.30 or 200	4 hourly(3)
Stitching pain in ovaries on deep inspiration;worse from least motion;constipation and excessive thirst	Bryonia 30 or 200	6 hourly
Throbbing pain,appear and disappear suddenly;great bearing down with feeling as if everything would protrude from vulva;worse slightest jar	Belladonna 30	4 hourly
Burning,lancinating pain as if coals were burning in the part; relieved by hot application, restlessness	Arsenic alb.30 or 200	4 hourly(3)
Ovary swollen,specially right; stinging,burning pain;worse by coughing;loss of thirst and scanty urine	Apis mel.30 or 200	4 hourly(3)
Chronic ovaritis;lancinating pain;soreness and swelling of breast before menses; intermittent flow of urine	Conium mac.200 or 1M	weekly(3)

Ovarian neuralgia, inflammation and induration; the left ovary is attacked first and then the right one. Pain relieved by a discharge from uterus. Neuralgic pain (left ovary) with tenderness; worse pressure even of the clothes	Lachesis 30 or 200	6 hourly(3)
Swelling and induration of left ovary with stony hardness; violent pain on touch; stools constipated	Graphites 30 or 200	6 hourly(3)
Ovary swollen with a diffused agonizing soreness over whole abdomen	Hamamelis virg.Q or 30	4 hourly
Induration and swelling of ovary with thick, yellow, burning leucorrhoea; patient feels better after eating	Iodium 30 or 200	4 hourly
Stitching pain in the left ovary; thirst with moist mouth; sweating which do not ameliorate	Mercurius sol.30 or 200	4 hourly(3)
Ovaritis due to suppression of menses after getting feet wet; chilliness and loss of thirst; patient feels better in open cold air	Pulsatilla 30 or 200	4 hourly(3)
Ovaritis due to masturbation; face shows guilt	Staphysagria 30 or 200	4 hourly(6)

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Pain(see Arthritis,Neuralgia and Neuritis,etc. also)

For details see remedy for pain under different ailments

Symptoms/Problems	Remedy	Frequency(Doses)
Burning pain as a result of insect bite;loss of thirst	Apis mel 30	4 hourly(6)
Burning pain specially while passing urine	Cantharis 30	4 hourly
Shooting pain with any movement and in cold damp weather	Actaea rac.30	4 hourly

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[Arthritis](#)

[Neuralgia](#)

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Palpitation(see Heart Ailments also)

Symptoms/Problems	Remedy	Frequency(Doses)
Violent palpitation in heart region	Aethusa cy.30	4 hourly
Palpitation with nausea,headache and nervous excitement	Bromium 30	4 hourly
In patient subject to piles, dyspepsia or flatulence	Collinsonia 30 or 200	4 hourly(3)
Palpitation with constriction of chest/heart	Cactus g.Q or 30	3 hourly
Palpitation;worse by exertion or excitement	Crataegus ox.Q or 30	3 hourly

The above two remedies i.e. Cactus g and Crataegus ox. act as a heart tonic and can be given alternatively

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[Heart ailments](#)

Pancreas(Affections of)

Symptoms/Problems	Remedy	Frequency(Doses)
Inflammation and catarrh of pancreas with rush of blood towards head	Belladonna 30	3 hourly
Pancreas enlarged;specially for scrofulous affections	Calcarea iod.30	4 hourly
Pancreas contracted;excessive vomiting and indigestion;loosing weight and flesh while food intake is good	Iodium 30	4 hourly
Fatty degeneration;indigestion and craving for icy cold drinks	Phosphorus 30 or 200	10 min(3)
Pancreas inflamed;burning sensation.Vomiting of sweetish matter and indigestion	Iris v.30	4 hourly

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Paralysis(of different body parts)

Symptoms/Problems	Remedy	Frequency(Doses)
With insensibility; specially of brain after effects of fear, accidents etc.	Opium 1M or above	10 min(3)
Paralysis of eye-lids;larynx; muscles refuse to obey	Gelsemium 200	10 min(3)
Paralysis of arms;great weakness and weariness;ill effects of grief or fright	Natrum mur.200	10 min(3)
Paralysis of single parts; bladder,larynx,pharynx or tongue,etc.	Causticum 30 or 200	4 hourly(6)
Paralysis of bowels;suddenness of symptoms	Phosphorus 200	10 min(3)
Paralysis of brain;left sided; patient can not bear anything tight anywhere on body	Lachesis 200	10 min(3)
Paralysis of eye lids and face; extreme prostration	Cadmium sulph.200	10 min(3)
Paralysis of eye muscles;left side of face;heat in the face	Senega 30	4 hourly
Facial paralysis,stickling pain in extremities;drags feet while walking and trembles	Nux vomica 30 or 200	6 hourly
Paralysis of legs,ascending; great weakness;tired,heavy feeling all over the body	Acid-picric.30	4 hourly
Paralysis of extremities with heaviness and loss of sensation; restlessness	Rhus tox.200 or 1M	4 hourly
One sided paralysed while convulsions in the other side; fear of dark	Stramonium 200 or 1M	4 hourly

Paralysis of wrist or single muscles that withers;beginning in extensor	Plumbum met.30 or 200	6 hourly
Paralysis in old patients;prone to cold;childish behaviour	Baryta carb.200 or 1M	10 min(3)
Paralysis from below upwards; specially in old bachelors or maids	Conium mac.200 or 1M	10 min(3)
Painless paralysis of limbs;lungs	Laurocerasus 30 or 200	4 hourly(3)

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Peculiar Symptoms

Symptoms/Problems	Remedy	Frequency(Doses)
Bed feels too hard	Arnica 30 or 200	4 hourly
Feels better when thinking of his/her complaints	Camphor 30	4 hourly
Every symptoms worse after taking coffee	Causticum 200 or 1M	weekly(3)
Desire to eat coal	Cicuta v.30 or 200	6 hourly
Talking excessively;changing topics	Lachesis 200 or 1M	weekly(3)
Feeling of hollowness in head, chest or abdomen	Cocculus ind.30	4 hourly
Fan like motion of the alae nasi	Lycopodium 30 or 200	4 hourly
Feels better when constipated	Calcarea carb.200	weekly(3)
Feels better after violent exertion; dancing etc.	Sepia 200 or 1M	weekly(3)
Always feels better just before a severe attack of any ailment	Psorinum 200 or 1M	fortnightly(3)

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Peptic Ulcer(including Gastric and Duodenal Ulcers)

Ulceration of gastro - intestinal tract is due to the biochemical reaction of hydrochloric acid and pepsin. It is more common in person who leads a stressful life and also smokers. The complication is worse after taking Aspirin and strong allopathic drugs. Pain in epigastrium is the main symptom. Frequent repetition of medicine is dangerous in chronic cases.

Symptoms/Problems	Remedy	Frequency(Doses)
Extreme thirst;with extreme irritability of the stomach; extreme soreness with burning heat;pain with unbearable anxiety	Arsenic alb.30 or 200	4 hourly(3)
Stinging,ulcerative pain below left short ribs;worse by touch and deep inspiration;gripping with burning;warmth in epigastrium;craving for sweets which aggravates the complaints	Argentum nit.30 or 200	4 hourly(3)
Sensitiveness of epigastrium region;acidity when lying on back and walking;burning; every sort of food disagrees; acid dyspepsia with heart burn; burning in the stomach sometimes extends into small of back with excessive distention by gas	Carbo veg.30 or 200	4 hourly(3)

Stomach and abdomen enormously distended and tense after every meal. Rumbling in abdomen after eating with uneasiness and thin stools	Acid-nit.30 or 200	6 hourly(3)
Craving for acids and spicy food;empty eructations; vomiting like coffee ground, mixed with dark,acid matter, worse in hot weather	Phosphorus 30 or 200	4 hourly(3)
Gastric ulceration with haemorrhage;pain worse when food passes pyloric outlet. Painful sinking sensation across epigastrium	Ornithogalum Q	4 hourly,5 - 7 drops

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Periodicity(periodical appearance of symptoms)

The remedies which have special periodic affinity have been given here. The detailed description of such remedies are given under the different ailments, only main remedies are mentioned here.

Period	Remedy
Annually	Tarentula h.
Every spring	Crotalus h.
Eighth day	Iris v.
Regularly	Rhus tox.
Whole night	Syphilinum
Whole day	Medorrhinum
Worse every winter; skin cracked	Petroleum
Cough every morning	Alumina
Diarrhoea on rising; 9 A.M.	Natrum sulph.
Diarrhoea at 5 A.M.; morning aggravation	Sulphur
Worse after midnight; fourth day	Arsenic alb.
Worse 2 - 4 A.M.	Kali carb.
Worse 3 - 5 A.M.; same hour	Kali bich.
Worse, 8 - 11 A.M.	Natrum mur.
Worse, 6 - 7 P.M.; profuse urination	Bryonia alb.
Complaints return at regular intervals; evening; warmth	Pulsatilla
Complaints return at regular intervals; third day, twenty-first day; fever	China sulph.
Complaints return at regular intervals; seventh day, morning	Sulphur
Complaints return at regular intervals; tenth day	Phosphorus
Complaints return at regular intervals; fourteenth day; after sleep	Lachesis
Complaints return at regular intervals; twenty eighth day	Nux vomica

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Peritonitis(see Fever also)

Inflammation of the serous membrane lining of the abdomen

Symptoms/Problems	Remedy	Frequency(Doses)
Due to exposure to dry cold winds; high fever with peritoneal pain	Aconite 30 or 200	4 hourly
With intense swelling and pain of abdomen;worse by touch or pressure;local congestion	Belladonna 30	4 hourly
Peritonitis with fever and burning sensation;worse by motion; excessive thirst for large quantities of water at long intervals	Bryonia alb.30 or 200	6 hourly
When simple fever converts into typhoid fever;tongue dry - triangular tip red,restlessness; better by movements	Rhus tox.30 or 200	4 hourly
In suppurative stage with intense sweat which do not relieve;fever with loose stools	Mercurius sol.30	4 hourly
When patient can not bear even slightest touch or pressure even of clothes on abdomen	Lachesis 30 or 200	4 hourly(3)
With extreme coldness of the body; cramps in the extremities and desire for cold drinks;vomiting and fever	Veratrum alb.30	4 hourly

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Pharyngitis(see other Throat Trouble also)

Symptoms/Problems	Remedy	Frequency(Doses)
Pharyngitis with small pin head like ulcers that bleed easily	Belladonna 30	3 hourly
With chronic catarrh of pharynx;sore throat	Silicea 12X or 30	4 hourly
With tough,stringy,whitish mucous	Kali bich.30	4 hourly
When there is paralysis of muscles of pharynx	Lachesis 30	4 hourly
With whitish spots on ulcers in throat	Phytolacca d.30	4 hourly
With dryness of throat;thirst more, stools constipated	Natrum mur.30	4 hourly

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Phimosi

The narrowness of the opening of the prepuce; preventing its bringing drawn back over the glans is called Phimosi

The important remedies:

Acid-nitric, Aconite, Apis mel., Belladonna, Hepar sulph., Mercurius sol., Sulphur, Medorrhinum and Tuberculinum

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Piles - Dry(Haemorrhoids)

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy for bleeding or blind piles;itching and burning in the anus	Sulphur 200 or 1M	fortnightly(3)
Haemorrhoids;with pain in lumbo-sacral region;anus feels as if full with sticks or as if a bug is crawling	Aesculus h.6 or 30	4 hourly
Haemorrhoids;like onions, purplish in colour; hammering and throbbing in the anus	Lachesis 30 or 200	4 hourly(6)
Constipation;due to sedentary life.Frequent urging to pass stool with itching and stiching in the rectum;beating or pressing pain after passing stools; worse taking alcoholic drinks; after mental exertion or after eating	Nux vomica 30	4 hourly
Haemorrhoids with biting sensation;soreness in the anus;fissures or ulceration in the anus.Anus moist due to constant oozing	Paeonia Q or 6	4 hourly
Haemorrhoids with prolapsus ani.Protrusion of rectum after passing stools	Podophyllum 30 or 200	4 hourly

Deep or superficial fissure in the anus.Pain after passing stools as if splinters of glass were sticking in the anus and rectum.Heat and pain in the anus is so severe that patient can not keep still.Constriction of the orifice.	Ratanhia 6 or 30	4 hourly
Haemorrhoids protrudes like bunches of grapes after every stool;cold water relieves	Aloe soc.6 or 30	4 hourly
Mucous piles(mucous coming from the anus);tongue whitish coated	Antimonium crud.30 or 200	weekly(3)
Haemorrhoids with stinging and burning pain;better by cold applications	Apis mel.30 or 200	4 hourly(3)
Haemorrhoids with burning pain;better by warm applications	Arsenic alb.30	4 hourly
Haemorrhoids;or any other trouble in anus or rectum makes walking intolerably painful	Causticum 30 or 200	4 hourly(3)
Haemorrhoids;with sensation as if red,hot iron were being thrushed into the rectum; better by applying cold water	Kali carb.30 or 200	4 hourly(3)
Swelling and protrusion of haemorrhoids with bleeding; even while stools are not constipated.Patient is much troubled by wind formation. Haemorrhoids with extreme sensivity to touch,even contact of cloth is intolerable	Acid-mur.30 or 200	4 hourly

Anus moist,fissured and painful;surrounded with flat warts.Violent contraction with burning and pricking anus followed by tearing pains	Thuja oc.200 or 1M	weekly(6)
Haemorrhoids come out every time patient urinates	Baryta carb.200 or 1M	weekly(3)

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Pimples(see Acne)

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Plague

Symptoms/Problems	Remedy	Frequency(Doses)
Curative and preventive for bubonic plague - External heat with internal coldness.Sudden flushes of heat;fever with headache and grandular swelling under armpits and groins.	Ignatia 200	weekly(6)
Curative and preventive for bubonic plague specially during the period of invasion.Chills followed by intense burning fever; with great thirst,anxiety, restlessness and headache, delirium,copious sweating and retention of urine	Tarentula c.200	S.O.S
For pneumonic plague; expectoration frothy,pale red,rust coloured,streaked with blood,cold mucous,tasting sour or sweet; difficult respiration,specially in evening;difficult inspiration. Anxiety about heart with nausea. Bleeding from internal organs - blood,fluid non-coagulable - bleeding from all cavities.Fever with shiverings;flushes of heat over whole body - perspiration profuse on head,hands and feet. Craving for cold water/drinks.	Phosphorus 30 or 200	3 hourly(3)

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Pleurisy

***The treatment should be under experienced physicians only,
the repetition should be with great care.***

Symptoms/Problems	Remedy	Frequency(Doses)
With high fever;due to exposure to dry cold wind	Aconite nap.30 or 200	4 hourly
With stitting pains in the chest; worse by movements;better by warmth and rest	Bryonia 30 or 200	4 hourly(3)
With constriction of the chest; loss of thirst;worse by heat	Apis mel.30	4 hourly(3)
With stitching pain in the chest; worse bending forward;phelgm tastes sweet and attracts flies	Stannum met.30 or 200	4 hourly(3)
With stitching pain in the chest; worse lying on back and in the morning	Sulphur 30 or 200	1 dose
With stitching pain in the chest; worse lying on left side;craving for cold water	Phosphorus 30 or 200	4 hourly(3)
With stitching pain in the chest; worse while walking and warmth	Kali iod.30	4 hourly(3)

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Pneumonia

Symptoms/Problems	Remedy	Frequency(Doses)
Due to exposure to dry cold winds;with high fever,anxiety and restlessness;expectoration bright red	Aconite nap.30 or 200	3 hourly
When bronchitis turns into pneumonia;weak feeling in the chest;tongue whitish coated	Antim-tart.30 or 200	10 min(3)
Tongue clean;spasmodic cough with vomiting;broncho-pneumonia	Ipecac 30	3 hourly
Due to excessive bile formation; chronic cough or whooping cough after measles	Chelidonium 6 or 30	3 hourly
Expectoration copious;offensive, tenacious,pus like,blood streaked;coldness of chest and wandering,stitching pains;worse 3 - 4 A.M.	Kali carb.30 or 200	4 hourly(3)
Expectoration rusty;when croupous exudation takes place; excessive thirst and constipation; worse by motion	Bryonia alb.30 or 200	4 hourly(3)
When destruction of lung tissues starts;patient wants fresh air, fanning even though the body is cold	Carbo veg.30 or 200	3 hourly(3)
When hepatization takes place	Iodium 30	3 hourly
With weak feeling in the chest; phelgm sweetish in taste and attracts flies	Stannum met.30 or 200	3 hourly
When breathing becomes difficult due to extreme hepatization;marked dyspnoea	Lycopodium 30 or 200	4 hourly(3)

When some spots remain into the lungs after recovery;loss of thirst;patient feels better in open, cool air

Pulsatilla 30

4 hourly(3)

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Poisoning(see Allergies and Food Poisoning also)

Symptoms/Problems	Remedy	Frequency(Doses)
By charcoal fumes	Ammon-carb.3 or 6	1/2 hourly
Atomic Radiation	Phosphorus 6 or 30	1/2 hourly
Chloroform	Acetic acid.30 or 200	1/2 hourly
Food;ptomaine poisoning;eating over ripen fruits	Arsenic alb.30	1/2 hourly

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Polypus

Polypus - Ear

Symptoms/Problems	Remedy	Frequency(Doses)
Polypus in the left ear;sensitive to air;tearing pain from zygoma into the ear	Lachesis 30 or 200	4 hourly(3)
Patient prone to ear polypus;post nasal catarrh and constipation	Hydrastis can 30	4 hourly
Polypus in the middle ear;chronic otitis	Thuja oc.200 or 1M	weekly(3)
Polypus in the external meatus	Mercurius cor.30	4 hourly

Polypus - Nasal

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;putrid or loss of smell;profuse mucous from nose;nasal obstruction	Lemna min.Q or 30	4 hourly
Blockage of nose the side patient lies on;worse in wet weather	Teucrium m-v.30	4 hourly
Nasal polyp bleeds easily; frequent sneezing;imaginary foul smell;craving for cold drinks	Phosphorus 200	weekly(3)
Nasal Polyp with loss of smell; smelling at root of the nose. Patient susceptible to cold; worse change of weather;right sided headache	Sanguinaria c.30 or 200	4 hourly(3)
Mucous polyp which bleeds easily;alternately fluent,dry or acrid coryza;chilly patient	Calcarea carb.200 or 1M	weekly(3)

**Blockage of nose;nostrils
inflammed;chilly patient,prone
to cold;perforation of septum**

Silicea 6X or 30

4 hourly

Polypus - Uterus

Symptoms/Problems	Remedy	Frequency(Doses)
Polypus in uterus or vagina; worse in wet weather	Teucrium m-v.30	4 hourly
Uterine polypus protrudes while passing stools	Conium mac.200 or 1M	10 min(3)
In fat and flabby patients; susceptible to colds	Calcarea carb.200 or 1M	weekly(3)
When the polypus bleeds easily	Phosphorus 30 or 200	weekly(3)

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Pre and Post Operative Care

Symptoms/Problems	Remedy	Frequency(Doses)
Before the operation to take care of the shock,after effects etc.	Arnica 200 or 1M	1 dose
For surgical shock	Strontia-carb.30 or 200	10 min(3)
Bad effects of anaesthesia with chloroform	Chloroform 200	10 min(3)
If chloroform fails	Phosphorus 200	10 min(3)
Bad effects of anaesthesia with ether	Antimonium tart.200	10 min(3)
Post operative - retention of urine	Causticum 30 or 200	1/2 hourly(3)
For nervous injury;removal of nails;amputation or circumcision	Hypericum 200	10 min(3)
If Hypericum fails	Allium cepa 30	3 hourly
After tonsilectomy	Calendula 30	3 hourly(6)
To check bleeding after operation	Phosphorus 30 or 200	1 dose
After operation;when haemorrhage is bright red	Millefolium Q or 30	3 hourly

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Pregnancy(Ailments during)

Symptoms/Problems	Remedy	Frequency(Doses)
Affection of ears during pregnancy	Capsicum 30	4 hourly(3)
Shivers during first stage of pregnancy;nervousness	Cimicifuga 30	4 hourly(3)
Suffering due to mechanical pressure;bruised pains	Arnica 30 or 200	4 hourly(3)
Rush of blood to head;loss of consciousness	Glonoine 30	4 hourly(3)
Piles and constipation during pregnancy	Collinsonia 30 or 200	4 hourly(3)
Cramps in toes and soles of feet with chilliness during pregnancy	Viburnum op.30	4 hourly
During pregnancy sight of water makes to vomit	Phosphorus 30 or 200	10 min(3)
During pregnancy swelling and stiffness of hands and feet	Sanguinaria c.30 or 200	4 hourly(3)
Sensation as if os uteri is opening	Lachesis 200	1 dose(SOS)
Toothache during pregnancy	Sepia 30 or 200	4 hourly(3)
During labor patient becomes blind	Cuprum met.200 or 1M	10 min(3)
During labor suffocating spells and convulsions	Hyoscyamus 200	1/2 hourly(3)
Inability to walk during pregnancy	Bellis p.30	4 hourly
For obstinate vomiting of pregnancy	Cuprum ars.30	4 hourly(3)

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Preventive Remedies - Prophylactics

Symptoms/Problems	Remedy	Frequency(Doses)
Cholera	Cuprum met.30	moring and night once in 3 days(6)
Conjunctivitis	Belladonna 30	morning and night once in 3 days(6)
Chicken pox	Variolinum 200	10 min(3)
If Variolinum fails	Antimonium tart.200	10 min(3)
Gastroenteritis	Arsenic alb.200	10 min(3)
Flue	Inflenzinum 30 or 200 on 1st day from next day Arsenic alb.6)	10 min(3) morning and night(12)
Infective hepatitis	Ferrum phos.12X Chelidonium 6	4 hourly and 6 hourly(12)
Jaundice	Mercurius sol.200 Kali mur.6X	10 min(3)1st day from next day
Malaria	Malaria off.200 or 1M	10 min(3)
If Malaria off. fails	Natrum mur 200	weekly(3)
Measles	Pulsatilla 30 or 200	once in 2-3 days(6)
Brain fever	Belladonna 200	weekly(3)
Tetanus	Ledum pal 200 and Hypericum 200	alternately 3 hourly(3 each)
Cataract	Calcarea flour.12X Natrum mur.6X + Calcarea phos.6X + Kali phos.6X	4 hourly,and 2 tablets each,morning and evening
Cold	Aconite 6 or 30 Ferrum phos	in the beginning 1/2 hourly and afterward,6 hourly 2 hourly
Diphtheria	Diphtherinum 200 or 1M	1 dose
Filaria	Capsicum 30 and later Calc.flour.30X	6 hourly for 3 -4 days 6 hourly

Mumps	Parotidinum 200 Pilocarpus 6	1 dose 6 hourly(6)
Plague	Tarentula h.30 or 200	4 hourly(3)
Polio	Lathyrus sat.200	one dose in the first month,next month 1M and in the 3rd month 10M should be given
Meningitis	Belladonna 30 Ferrum phos.12X	3 hourly(6), 3 hourly
Small pox	Variolinum 200	10 min(3)
Tonsillitis	Baryta carb.200 or 1M	fortnightly(6)
Tuberculosis	Tuberculinum k	10M - 1st month,50M - 2nd month,CM - 3rd month 1 dose each
Typhoid fever	Typhoidinum 200 or 1M	10 min(3)
Whooping cough	Pertussin 200 or 1M	10 min(3)

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Prickly Heat

Symptoms/Problems	Remedy	Frequency(Doses)
Prickly heat with much itching; recurrent summer boils	Syzygium jam.Q or 30	4 hourly
Boils;bruised sensation,sore(one after another);crop like	Arnica 30 or 200	4 hourly
Rashes;reddish,hot and rush of blood towards head	Belladonna 30	4 hourly
Eruptions coming up in crops; one heal another comes,mature slowly	Sulphur 30 or 200	4 hourly
Eruption with burning and stinging;loss of thirst,worse heat	Apis mel.30	4 hourly
Rash or eruptions with burning and soreness;burning in urine	Cantharis	4 hourly
Eruptions with burning and intense itching;stools constipated	Graphites 30	4 hourly
Purple coloured eruptions with small vesicles around	Lachesis 30 or 200	4 hourly(3)
Coppery or red coloured eruptions turning blue on getting cold;itching worse at night	Syphilinum 200	10 min(3)
Dry,scaly eruptions;dirty looking; intense itching;worse by warmth of bed	Psorinum 200	4 hourly(3)
Dry eruptions;excessive thirst and constipation	Natrum mur.30	4 hourly
Eruptions with itching;worse at night,warmth and sweating	Mercurius sol.30	4 hourly
Eruptions with itching;worse warmth;stools very hard and constipated	Alumina 30	4 hourly
Itching;renewing constantly	Sepia 30	4 hourly
Eruptions over whole body;worse in humid climate and washing	Dulcamara 200	10 min(3)

**Eruptions only on covered parts
of the body**

Thuja oc.200 or 1M

4 hourly(3)

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Prolapsus

Prolapsus-Rectum

Protrusion of the mucous membrane of the rectum through the anus

Symptoms/Problems	Remedy	Frequency(Doses)
Before or while passing stools; constipation and diarrhoea alternates	Podophyllum 10M or 50M	fortnightly(3)
While passing urine;due to piles,specially in children	Acid-mur.30	4 hourly
With hardness,distension and swelling of the abdomen	Mercurius sol.30	4 hourly
In person leading sedentary life and taking stimulating diet and drinks	Nux vomica 30 or 200	6 hourly
Intercurrent remedy	Sulphur 200 or 1M	10 min(3)
In persons suffering from piles;after passing stools,low backache	Aesculus hip.30	4 hourly
Diarrhoea followed by prolapsus of rectum	Belladonna 30	4 hourly
In children who are constipated and prone to cold	Hydrastis can.30	4 hourly
Prolapsus rectum;worse when stools are soft	Ignatia 200 or 1M	10 min(3)

Prolapsus-Uterus

This is a condition in which womb falls from natural position on account of relaxed state of its ligaments;a consequence of severe labor,and enlarged and inflammated state of the

womb.The organ comes down until it appears at the orifice of the vagina,and may even protrude.

In recent cases rest in the recumbent position will allow the parts to recover to their original state themselves.In older cases support must be used,and some form of pessary should be applied.

Symptoms/Problems	Remedy	Frequency(Doses)
Feeling of weight in the uterus;pressure,bearing down sensation;sinking feeling at epigastrium	Sepia 30 or 200	4 hourly(3)
If Sepia fails;patient feels that contents of pelvis will come out through the vagina, supports vulva with hand. Constant desire to urinate	Lilium tig.30 or 200	4 hourly(3)
Due to concussion;brused feeling	Arnica 200 or 1M	10 min(3)
When the ligaments of uterus are relaxed because of heavy uterus	Fraxinus a.Q	4 hourly;5 -10 drops
Patient feels worse during menstrual period;after lifting heavy weight.Depression or suicidal thoughts	Aurum met.200 or 1M	10 min(3)
Associated with prolapsus of rectum;due to weakness	Podophyllum 30 or 200	6 hourly
In weepy,timid patients; worse after lying down, patient feels better in open and cool air	Pulsatilla 30 or 200	6 hourly
Bearing down sensation;pain in left ovarion region;can not bear tight clothing around the waist	Lachesis 30 or 200	4 hourly(3)

Bearing down sensation; profuse and offensive menses; worse jar	Belladonna 30	4 hourly
Menses early and scanty; bearing down sensation; worse during inter-course	Pneumococcin.30 or 200	4 hourly(3)

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Prostate Gland(Ailments of)

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;for inflammation and enlargement of prostate gland	Sabal ser.Q	4 hourly,5-10 drops
Patient can pass urine easily only while standing;specially for old bachelors	Conium mac.200 or 1M	weekly(3)
Though the urge to pass urine great but urine dribbles in small quantity only	Staphysagria 30 or 200	4 hourly(3)
Great tenesmus with enlarged prostate;loss of thirst with dryness of mouth	Pulsatilla 30 or 200	4 hourly(3)
In old age;childish behaviour; shy nature	Baryta carb.200 or 1M	weekly(3)
Cancer of prostate gland	Cistus can.30 or 200	4 hourly
Cancer of prostate gland,when urine dribbles after lying down	Kreosote 30 or 200	3 hourly(3)
Intercurrent remedy	Sulphur 200 or 1M	fortnightly(3)

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Pruritus - Itching of Genital Organs(see Itching also)

Symptoms/Problems	Remedy	Frequency(Doses)
Pimples on vulva;itching when patient becomes warm in bed	Aethusa cy.30	4 hourly
Itching of orifice of urethra; pruritus vaginae,anus,scrotum and shoulder	Alumen 30	4 hourly
Itching on scrotum;itching on pudenda;swelling of labia; pruritus vulva during pregnancy	Ambra gr.30	4 hourly
Itching and burning of anus; itching of genitals	Ammonium carb.30	4 hourly
Itching with soreness if scratched;itching of penis;of tip of glans;biting;itching as from salt on left side of scrotum	Antim-crud.30	4 hourly
Itching of pudenda;pustules on external genitals	Antim-tart.30	4 hourly
Itching in stitches in internal and external vulva	Calcarea carb.30 or 200	4 hourly(3)
Pruritus vulvae;specially from masturbation,with strong sexual desire,during climaxis	Cantharis 30	4 hourly
Crawling and itching in rectum and on perineum;sticking and itching in anus;itching and creeping in scrotum and glans	Chelidonium 30	4 hourly
pruritus vulva;accompanied by haemorrhoids;obstinate constipation during dysmenorrhoea or in pregnancy; worse when lying down	Collinsonia 30 or 200	4 hourly(3)
Violent itching of pudenda even within vagina;worse just after menstruation	Conium mac.30 or 200	4 hourly(3)

Itching on glans and scrotum; worse while walking;intense itching of female genitals;worse at night;better by very gentle scratching	Croton tig.30	4 hourly
Itching of mons veneris	Euphorbium 30	4 hourly
Pruritus recti;the worms creep at night out of anus	Ferrum met.30	4 hourly
Pruritus ani;itching within and around the anus,on perinium	Fluoric acid.30	4 hourly
Pruritus ani with moisture and tendency to form little vesicles; itching on vulva;worse just before menses	Graphites 30 or 200	4 hourly(3)
Itching at anus;which feels sore as if raw;pruritus of female genital parts	Hamamelis 30	4 hourly
Pruritus vulva;puffed,hot, redness and itching;labia swollen and covered with a curdy;white deposit	Helonias 30	4 hourly
Itching of penis at fraenum preputii;smarting,itching of vulva;little injuries suppurate	Hepar sulph.30	4 hourly
Pruritus vulva;with profuse leucorrhoea and sexual excitement	Hydrastis can.30	4 hourly
Irrestible nocturnal itching; causing one to scratch and thus causing insomnia	Iodium 30	4 hourly
Itching in the region of mons veneris	Kali carb.30	4 hourly
Itching;soreness and smarting between labia and vulva	Kreosotum 30	4 hourly
Itching in anus;worse after sleep	Lachesis 30	4 hourly

Slight excoriation and itching of the external labia;feels at times as if caused by something alive in it	Lac caninum 30	4 hourly
Itching in vagina with feeling of fullness in parts;stinging in left ovarion region	Lilium tig.30	4 hourly
Biting,itching when becoming warm during the day;itching, eruption at anus,painful to touch;itching of inner surface of prepuce	Lycopodium 30	4 hourly
Itching on genitals and scrotum; extending to anus;worse while sitting;better by excercise and motion	Magnesia mur.30	4 hourly
Itching of scrotum which is not relieved by scratching	Muriatic acid.30	4 hourly
Itching,soreness and moisture between scrotum and thighs; leucorrhoea causes itching with yellow complexion;itching of female external parts with falling of the hair	Natrum mur.12X or 30	4 hourly
Falling off of the hair from genitals;itching,swelling and burning of vulva and vagina	Nitric acid.30	4 hourly
Itching between scrotum and thighs;on perinium;soreness and moisture on female genitals with violent itching	Petroleum 30	4 hourly
Itching inside the uterus; pruritus vulvae	Platina 200	4 hourly(3)
Due to amenorrhoea;during pregnancy;pimples,itch violently;about nipples;oozing out of fluid;worse in bed and from warmth;scratches until it bleeds,which gives relief	Psorinum 200	4 hourly(3)

Itching and burning on inner and upper side of prepuce; worse at night;from delayed menses;better from washing with cold water	Pulsatilla 30 or 200	4 hourly(3)
Worse by cold;better by warmth,more formication than burning	Rumex c.30	4 hourly
In newly-married with frequent urging to urinate;stinging and itching of vulva	Staphysagria 30 or 200	4 hourly(3)
Itching with burning;worse evenings and in bed;worse after scratching	Sulphur 30 or 200	4 hourly(3)
Intense itching of vulva and vagina;worse with dryness and heat of the parts	Tarentula hisp.30	4 hourly(3)
Patient cannot sleep on account of the intense itching of the anus;causing him to toss and roll at night;at times due to pin worms	Teucrium m-v.30	4 hourly
Excessive itching during menses; including masturbation,with fidgety feet	Zincum met.30	4 hourly

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Psoriasis

A condition characterized by the eruption of circumscribed, discrete and confluent,reddish,silvery scaled maculopapules; the lesions occur pre-eminently on the elbows,knees,scalp and trunk;and microscopically show characteristic parakeratosis and elongation of rete ridges.

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy(to start the treatment);aversion to take bath;in deep thinking,stoop shouldered patients	Sulphur 10M or 50M	monthly(3)
Intercurrent remedy;in obstinate and chronic cases	Carcinocin 1M or 10M	monthly(3)
In cautious,constipated and indecisive individuals;little injury suppurates	Graphites 200 or 1M	10 min(3)
Individuals over sensitive to cold and other changes; desire for warmth	Hepar sulph.200 or 1M	10 min(3)
With extensive thickening and exfoliation of the skin	Hydrocotyle a.200	6 hourly
Worse cold application and better by warmth;burning sensation	Arsenic a.0/7 or above	6 hourly
In chronic cases when selected remedy fails; burning and itching	Radium brom.200 or above	fortnightly(3)

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Pterygium

It is a vascular,triangular thickening of a portion of the conjunctiva with its apex resting on the edge of the cornea.

The most frequent location of a pterygium is over the internal rectal muscle.Pterygium grows very slowly and has a tendency to spread over the cornea,though rarely seen to grow beyond the center of pupil.

Constitutional treatment in homeopathy is quite satisfactory.

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy	Zincum sulph.1M and above	fortnightly(6)
If caused by exposure to cold and wet;chilly,fat and flabby patient	Calcarea carb.200 or 1M	weekly(6)
With scrofula and grandular enlargements	Chimaphila 30	4 hourly
Smarting and stinging pain at inner canthus;profuse lachrymation and marked photophobia;worse in cold air and at night;better in warm room	Zincum met.30	4 hourly

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Pulse(Affections of)

Symptoms/Problems	Remedy	Frequency(Doses)
Fast and thready;in cases of internal haemorrhage,chilly feeling and restlessness	Arsenic alb.30 or 200	1/2 hourly(3)
Bounding pulse;after waking	Petroleum 30 or 200	6 hourly
Improportionate with temperature	Pyrogenium 200 or 1M	10 min(3)
Excited and frequent pulse; chilly feeling;every fourth or fifth beat intermittent	Nux vomica 30 or 200	4 hourly
Frequent;while in bed	Sulphuric acid.30	4 hourly
Fast;after midnight	Acid-benz.30	4 hourly
Fast;after eating	Lycopodium 200 or 1M	10 min(3)
Frequent;during rest	Magnesia mur.200	10 min(3)
Frequent;after passing stool	Conium mac.200	10 min(3)
Heavy and slow;body icy cold;in exhaustive diseases	Veratrum v.30	1/2 hourly
Every other beat intermittent	Spigelia 200	6 hourly
Every third beat intermittent; irregular,after exertion,lying on left side;excessive thirst and constipation	Natrum mur.30 or 200	4 hourly
Every third or fourth beat intermittent	Nitric acid.200	10 min(3)
Every third or fourth beat intermittent	Cimicifuga 30	4 hourly
Every sixth or seventh beat intermittent	Acid-mur.30	4 hourly
Every tenth beat intermittent; worse exertion;apprehension	Gelsemium 30	4 hourly
Tenth to thirtieth beat intermittent	Cina 200 or 1M	10 min(3)

Slow;in the evening;stools constipated	Graphites 30 or 200	6 hourly
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Pyorrhoea

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy	Calendula 30	4 hourly
Spongy gum with moist mouth;bad odour with excessive saliva and thirst	Mercurius sol.30	4 hourly
Boils on gums;painful inflammation,sensitive to cool air	Silicea 12X or 30	4 hourly
Profuse salivation;toothache,better while eating;worse cold air and contact	Plantago 30	4 hourly
Rapid decay of teeth with bleeding of spongy gums;offensive smell from mouth	Kreosotum 30	4 hourly
A good remedy for Pyorrhoea	Calcarea ren.30	4 hourly
Suppuration of gums with pus formation	Gun powder 3X or 6	4 hourly
Gums retracted;bleeds easily	Carbo veg.3X or 6	4 hourly

For External Use(to massage the gums):
Calendula Q,Echinacea Q and Arnica Q + Glycerine in 1:9.

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Renal Calculi - Kidney Stone

The formation of urinary stones usually takes place in the kidney and from there it passes down the ureter into the bladder, causing severe pain during its travel along the ureter. This severe pain is known as Renal colic. But when the size of the stone is big it remains in the kidney, causing severe or less pain or no pain at all. Hereditary gout or rheumatism plays important role in formation of Renal Calculi

Symptoms/Problems	Remedy	Frequency(Doses)
During acute stage; when the pain is unbearable	Aconite 200 or 1M and Chamomilla 200 or 1M	alternate every 15 minutes(3 doses each)
Ineffectual urging to pass urine; renal colic extending to genitals with dribbling urine; itching in urethra and neck of bladder while passing urine; chilly feeling	Nux vomica 200	4 hourly(3)
Can pass urine after long effort only; flow of urine feeble; red sand in the urine; burning, cutting pain before and during passing urine in the back part of the kidney; better after passing urine; worse right side	Lycopodium 200 or 1M	10 min(3)

Digging;tearing or pulsative pain in the region of one kidney or both;worse from deep pressure;extending from kidney to bladder and urethra with urging to urinate;worse left side. Backache with severe prostration	Berberis vulg.Q or above	4 hourly
Urine bloody red or brownish red with white and mealy sediment.Urine looks like lime water after keeping sometime;burning in urethra during urination	Calcarea carb.200	6 hourly(3)
To expel renal calculi or vesical calculi and to stop the formation of stones	Calcarea renalis 3X or 30	4 hourly
Severe pain is experienced near the neck of bladder soon after of emission of urine	Sarsaparilla Q or 30	4 hourly
Agonizing pain in back and hips from passage of calculi.Brick-dust sediment in urine	Arnica 30 or 200	4 hourly
Kidney pain penetrates chest.Dark brown sediment in urine;foul smell	Benzoic acid.30	4 hourly
Passage of calculi with twisting,crampy pain; better bending backwards	Dioscorea 30	4 hourly
Calculi consisting of calcium oxalate.Red sand or sediment in urine.Urine is cold when it is passed; intolerable;smell strong like horse urine	Nitric acid.30 or 200	4 hourly(3)

Can pass urine better by getting down on hands on knees;urine contains much viscid,thick,whitish mucous or deposit of red sand;smells strongly like ammonia	Pariera br.Q	4 hourly(3),5 -10 drops
Turbide urine with red, sandy or brick coloured sediments	Sepia 30 or 200	4 hourly(3)
Renal colic;deathly nausea which disturbs greatly	Tabacum 30	4 hourly
Calculi in bladder;flow of urine stops suddenly; Urine ropy and bloody. Painful urination with burning sensation	Uva ursi 30	4 hourly
Sharp,tearing pain; burning with urination; inflammation of urinary passage	Cantharis 30	4 hourly
Can pass urine with difficulty;passes urine comfortably by leaning back	Zincum met.200	10 min(3)
Can pass urine better while lying down;cannot hold urine;dribbles after lying down	Kreosote 30	4 hourly

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Restlessness(see Anxiety also)

Symptoms/Problems	Remedy	Frequency(Doses)
Sudden with anxiety and acute imagination;after exposure to dry, cold wind	Aconite nap.200 or 1M	10 min(3)
With debility and exhaustion; unquenchable thirst - drinks less at a time but frequently	Arsenic alb.30 or 200	4 hourly(3)
With great apprehension at night; restlessness;keep tossing in bed	Rhus tox.200 or 1M	4 hourly(6)

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[Anxiety](#)

Retina(Ailments of)

Symptoms/Problems	Remedy	Frequency(Doses)
Detachment of retina;exudation in the retina;retina is inflamed. Pain and soreness in the head and around the eyes;sadness	Naphthaline 30 or 200	10 min(3)
When the eyes are sensitive to light,patient sees ring shaped halo around the light; inflammation of the retina; craving for cold drinks	Phosphorus 200 or 1M	weekly(3)
Inflammation of retina;severe, sharp pain through the eye;worse by motion	Bryonia 30 or 200	4 hourly
Upper half of vision seems as if covered by a black body;lower half visible;retinal infiltration; deposits on the retina	Aurum met.200 or 1M	weekly(3)
Fluid beneath the retina.Passive pain in the lower part of the ball with flushed face and head. Stinging pain through the eye. Oedematous swelling of the lids	Apis mel.200	weekly(3)
Inflammation of retina with restlessness,specially after midnight with small quantities of water.Urine scanty and albuminous	Arsenic alb.30	4 hourly
Inflammation of retina during pregnancy;sudden dimness of vision;detachment of retina due to injury or myopia	Gelsemium 30	4 hourly
Haemorrhages into the retina with inflammation	Lachesis 30 or 200	10 min(3)
Blood in retina;in cases of snake poisoning;inflammation of the retina	Belladonna 30	3 hourly

Retina over sensitive to light;pain deep in the eye	Conium mac.200	10 min(3)
Detachment of retina due to injury.Retinal haemorrhage	Arnica m.200 or 1M	10 min(3)

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Rheumatism(see Arthritis)

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[Arthritis](#)

Rickets

Its character consists essentially of an irritation of the osteo-plastic tissue in consequence of which there is an over growth of the same, with less earthly salts than are required for formation of healthy bone.

Symptoms/Problems	Remedy	Frequency(Doses)
Abnormal cravings; loose or hard constipated stools with much straining; absence of sweat; dry, lustreless hair; slow in walking, speaking and cutting teeth; large head; open fontanelles; bathed in cold sweat; voracious appetite	Alumina 30	4 hourly
Curvature of lumbar vertebrae; squinting; enlarged pupils; pain in the throat when swallowing; thick, protruding belly	Belladonna 30	4 hourly
Slow, difficult teething; profuse sweating about the head; fontanelles open; abdomen enlarged; whitish, frothy diarrhoea; curvature of the spine and deformities of the extremities	Calcarea carb. 200 or 1M	weekly(6)
The fontanelles remain widely open; the diarrhoea and the emaciation of the child; general weakness	Calcarea phos. 12X or 30	4 hourly
When the thighs are notably emaciated, and the disease is in its early stages; with slight pliability of the bones	Natrum mur. 12X or 30	4 hourly

Right Sided Remedies

The Important Remedies:

***Anacardium, Apis mel., Bryonia, Causticum, Chelidonium,
Cinnaberis, Conium mac., Dolichos, Equisetum, Ferrum phos,
Iodium, Kali carb., Lithium carb., Lycopodium, Magnesia phos.,
Mercurius sol., Phytolacca, Podophyllum, Rhus tox.,
Sanguinaria c. and Tarentula h. etc.***

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Ringworm

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy	Bacillinum 200 or 1M	weekly(3)
When accompanied with acidity, indigestion and retching;loss of appetite;aversion to take bath	Sulphur 200	10 min(3)
With offensive,garlic like odour of the body and sweat	Tellurium 30	4 hourly
Ringworm on face;isolated spots on upper parts of the body;better by warmth or warm applications	Sepia 200	weekly(3)
With intense itching;scratches till it bleeds which ameliorates;foul smell from effected lesions	Psorinum 200 or 1M	weekly(3)
Ringworm on scalp;hair falls in patches;skin dry and rough; restlessness;thirst un-quenchable	Arsenic alb.30	4 hourly
Ringworm with fetid sweat;worse in warm damp weather	Dulcamara 30 or 200	6 hourly(3)

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Sadness(see Suicidal Disposition also)

Symptoms/Problems	Remedy	Frequency(doses)
Sadness with whooping moods, due to grief	Causticum 200 or 1M	3 hourly(3)
Sadness;in morning,after sleep, after walking;in sun	Lachesis 200 or 1M	3 hourly(3)
Sadness;twilight,at night,in darkness,causeless	Phosphorus 200 or 1M	3 hourly(3)
Sadness;evening,with suicidal thoughts	Aurum met.200 or 1M	3 hourly(3)
Sadness;while in bed,night,after grief,during heat,cannot weep	Natrum mur.200 or 1M	3 hourly(3)
Sadness;when alone,with restlessness	Arsenic alb.200 or 1M	3 hourly(3)
Sadness;from anger,in warm room	Pulsatilla 200 or 1M	3 hourly(3)
Sadness;after eating;irritable	Nux vomica 200 or 1M	3 hourly(3)
Sadness;due to suppressed eruption;in morning	Sulphur 200 or 1M	3 hourly(3)
Sadness;while at home,during rest	Rhus tox.200 or 1M	3 hourly(3)
Sadness;with impotency; melancholy	Kali br.200 or 1M	3 hourly(3)
Sadness;from itching; hopelessness	Psorinum 200 or 1M	3 hourly(3)
Sadness;from disappointed love; after mortification with sighing	Ignatia 200 or 1M	3 hourly(3)
Sadness;from masturbation;loss of vital fluids	Acid-phos.30 or 200	3 hourly(3)
Sadness;with delayed menses, nervous exhaustion	Kali phos.6X or 30	3 hourly(3)
Sadness;every fortnight day; periodical;during perspiration; lack of interest	Conium mac.200 or 1M	3 hourly(3)

Sadness;during pregnancy; superiority complex	Platina 200 or 1M	4 hourly(3)
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[Suicidal disposition](#)

Salivation

***Though the remedies can not be given only for Salivation,
but they can be helpful when abnormal salivation is
associated with other complaints***

Symptoms/Problems	Remedy	Frequency(doses)
Constant spitting due to accumulation of saliva in mouth	Ammon-carb.30	4 hourly
Saliva acrid;excessive	Arum triph.30	4 hourly
Saliva soapy;frothy	Bryonia 30	4 hourly
Saliva profuse;swallows constantly; tongue clean	Ipecac 30	4 hourly
Saliva roapy;profuse;drips from mouth while talking	Iris v.30	4 hourly
Saliva profuse;foul and bloody	Nitric-acid.30	4 hourly
Saliva sweetish;watery,frothy,cotton like;bad taste,worse in the morning; thirstlessness	Pulsatilla 30	4 hourly

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Scabies

This is a parasitic infection of various layers of epithelium of skin. The symptoms starts with itching and inflammation/ eruptions on the skin. The infection affects the skin of the body, starting usually from folds, eruptions on fingers and toes

Symptoms/Problems	Remedy	Frequency(doses)
Head remedy;itching with burning or soreness after scratching	Sulphur 2X or 6	4 hourly
Pustular eruptions; specially on bends of elbows;itching worse from heat and at night	Sulphur 30 and Mercurius sol.30	4 hourly(alternatively)
With soreness in folds of skin;involuntary urination while coughing or walking; better in humid climate	Causticum 30 or 200	4 hourly
Eruptions on bends of knees;pustular with burning and itching;better by warmth	Arsenic alb.30 or 200	4 hourly(3)
Bluish;pustular eruptions; patient feels worse after sleep	Lachesis 30 or 200	4 hourly(3)
Chronic cases when itch returns in every spring; burning in food pipe	Acid-sulph.30	4 hourly
Itch of genital organs; numbness of skin; numbness of arms	Ambra gr.30	4 hourly
Itching;small reddish eruptions;worse by cold and after rest	Rhus tox.30	4 hourly

Chronic cases;itching and soreness;intercurrent remedy	Psorinum 0/6 and above	4 hourly
Pustular,painful eruptions;sensitive to touch;chilly patient	Hepar sulph.30	4 hourly
Intense itching;scratches till it bleeds;itching worse from warmth of bed	Mezereum 30	4 hourly
Scabies with honey like discharge;stools constipated	Graphites	4 hourly

For External Use:

Sulphur Q mixed in oil or Benzyl benzoate solution should be used;clothes of the patient should be washed in boiling water for 3 - 4 days regularly

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Scarlet Fever(see Fever also)

Symptoms/Problems	Remedy	Frequency(doses)
Head remedy	Belladonna 30	3 hourly
Lack of proper eruptions;turning into malignant scarlatina;threatning paralysis of brain,Body red; malignancy with swollen throat	Ammon-carb.30	3 hourly
With pains from alternating from side to side	Lac-can.30 or 200	3 hourly(3)
Cases of blood poisoning;pulse rapid and feeble;prostration	Mur-acid.30	3 hourly
In obstinate cases;intercurrent remedy	Psorinum 200	3 hourly(3)
Fever with restlessness;triangular tip of tongue red and dry	Rhus tox.30	3 hourly

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[Fever](#)

Scars(see beauty Tips and Keloids also)

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[Beauty Tips](#)

[Keloids](#)

Sciatica(see Arthritis,slipped disc,Lumbago,etc.)

Symptoms/Problems	Remedy	Frequency(doses)
Feels as if tendons in left hip are too short;limps while walking due to this tension;worse while sitting. Pain better while lying down	Ammonium mur.200	4 hourly
Pain worse at night;from least jar;from hanging limb down and warmth	Belladonna 30 or 200	3 hourly
Violent drawing;tearing pains;numb feeling with pain in affected parts;worse in bed at night and by motion	Chamomilla 200 or 1M	4 hourly
Tearing pains;shoot down from heat to thigh,leg and feet;shooting pain like lightning down the whole limbs;sudden pain;worse by touch,cold and motion; better during rest,pressure and warmth	Colocynth 200 or 1M	3 hourly
Shooting pain in course of left sciatic nerve,gnawing in hip-bone;legs feels tired	Eupatorium perf.200 or 1M	3 hourly
due to injury to nerve; excruciating pain	Hypericum 30 or 200	4 hourly
Pain runs upwards. Affected limb cooler than rest of the body.Pain worse in bed when gettng warm; better by cold compresses	Ledum pal.200 or 1M	4 hourly

Pain like electric shock; shooting;on outer side of thigh;desire to move,but movement aggravates pain	Phytolacca 30 or 200	4 hourly
Caused by exposure to wet, straining while lifting;with numbness;worse during rest;better by heat and rubbing.Pain worse in damp cold weather and at night	Rhus tox.200 or 1M	6 hourly
Deep seated pain.Worse during rest,after injuries, contusions,etc.	Ruta g.30 or 200	4 hourly
Worse exposure to cold or even to air,better by covering	Stillingia 30 or 200	4 hourly
Due to over exertion;bed feels very hard	Arnica mont.30 or 200	4 hourly
Pain start from small of back;extends down in lower limbs and keep them in constant uneasiness;worse by cold;chilly patient	Calcarea carb.200 or 1M	10 min(3)
Tendons of knees feel too short;stiff and contracted; constant desire to move the foot;worse in open air; better by warmth	Causticum 30 or 200	4 hourly
Frequent shooting pain; radiating downwards; better stretching the limb and by moving	Dioscorea 30	4 hourly
Numbness alternating with pain;intense darting; burning pain along posterior sciatic nerve; worse by motion	Gnaphalium 200 or 1M	4 hourly

Pain worse motion; exposure to air;patient over sensitive to cold,etc.	Hepar sulph.30 or 200	4 hourly
Tearing pain in the hip joint and knee;worse at night.Profuse sweat which do not relieve	Merc-sol.30 or 200	4 hourly
Left sided sciatica;worse on beginning to move;relieved by gentle motion;better by rubbing and from pressure. Worse in the evening,night and in a warm room;better in open air	Pulsatilla 200	4 hourly
Weakness and lameness of extremities;brused feeling in muscles of thighs;worse standing and walking; radiates downwards	Kalmia lat.200	4 hourly
Pain worse at night; specially towards morning; gnawing pain in periosteum of left leg	Kali iod.200 or 1M or even higher	weekly(6)

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Scurvy

A form of haemorrhagic diathesis due to deficient and improper diet. Mucous membranes of the mouth becomes sore, inflamed and dry; or become the seat of shallow ulcers, or the gums becomes spongy and bleed. This last is one of the main symptoms of the disease called Scurvy

Symptoms/Problems	Remedy	Frequency(doses)
In cases of scurvy or sore mouth; where the gums are tender and bleed easily	Mercurius sol.30	4 hourly
For sore mouth; caused by mercury or pyorrhoea	Carbo veg.3X or 30	4 hourly
Great debility; low feverish state, burning in ulcer and anxiety	Arsenic alb.30	4 hourly

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Seminal Emission - Ejaculation(see Spermatorrhoea also)

Symptoms/Problems	Remedy	Frequency(doses)
Ejaculation;bloody at night	Mercurius sol.200	4 hourly(3)
Ejaculation;cold during coition	Natrum mur.200 or 1M	weekly(3)
Ejaculation;difficult;very quick	Zincum met.200 or 1M	weekly(3)
Ejaculation;falling during coition	Graphites 200 or 1M	weekly(3)
Ejaculation;frothy	Mur-acid.200 or 1M	weekly(3)
Ejaculation;erection before; painful	Sulphur 200 or 1M	weekly(3)
Ejaculation;very late,early	Calcarea carb.200 or 1M	weekly(3)
Ejaculation;Lemon-coloured	Hura b.30 or 200	weekly(3)
Ejaculation;milky with strong odour	Lachesis 200 or 1M	weekly(3)
Ejaculation;odour abnormal or odourless	Selenium 30 or 200	weekly(3)
Ejaculation;like stale urine	Natrum phos.200	weekly(3)
Ejaculation;reddish brown	Fluoric acid.200 or 1M	weekly(3)
Ejaculation;sticky	Staphysagria 200 or 1M	weekly(3)
Ejaculation;sudden	Phosphorus 200 or 1M	weekly(3)

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Sensations

Feeling the translation into consciousness of the effects of a stimulus exciting any of the sense organs

Symptoms/Problems	Remedy	Frequency(doses)
Tingling sensations;stiching and stabbing;numbness	Aconite nap.30 or 200	4 hourly
Sensation as if bugs are crawling over bed;bed feels too hard;moving of the brain in the skull;anxiety and restlessness	Arsenic alb.30 or 200	4 hourly(3)
Sensation as if dogs and cats are running across the room	Aethusa cyn.200 or 1M	weekly(3)
Sensation as if he is not fit for this world	Aurum met.200 or 1M	weekly(3)
Sensation as if a rat is running up the legs	Ailanthus gl.30 or 200	weekly(3)
Sensation of falling	Belladonna 200	weekly(3)
Sensation of bugs running over lips	Borax 200 or 1M	weekly(3)
Sensation as if he or she is 'scattered about'	Baptisia 30 or 200	4 hourly(3)
Sensation of water in the chest; red hot iron at vertex; shortening of right limb;an opening in stomach through which air passes;falling out of bed as if something are alive in the head	Crotalus casc.200	4 hourly(3)
Sensation of being transparent; gradual swelling;a dual existence;as if time and space extended	Cannabis ind.200 or 1M	4 hourly(3)
Sensation of ants running through the whole body	Cistus can.30 or 200	4 hourly(3)

Sensation of heart being stopped	Cicuta v.30 or 200	4 hourly(3)
Sensation as if room were too small	Cyclamen 30 or 200	4 hourly(3)
Sensation as if a black cloud enveloped the patient	Cimcifuga 30 or 200	4 hourly(3)
Sensation as if worms are crawling in the stomach	Cocculus ind.200	4 hourly(3)
Sensation as if mouse is running up legs and arms	Calcarea phos.30 or 200	4 hourly(3)
Sensation of shivering better by moving	Drosera 200 or 1M	4 hourly(3)
Sensation as if someone is following;hammering	Lachesis 200 or 1M	4 hourly(3)
Sensation of shivering worse by moving	Nux vomica 200	4 hourly(3)
Sensation of suffocation	Viburnum opulus.200	4 hourly(3)
Sensation of arms and legs crowding the patient;covering the whole body	Pyrogenium 200 or 1M	4 hourly(3)
Sensation of cold water in the body	Ranun-bulb.30 or 200	4 hourly(3)
Sensation of insects crawling over the body	Phosphorus 200	4 hourly(3)
Sensation of something alive in the body;as if legs were made of wood;body were brittle	Thuja oc.200 or 1M	4 hourly(3)
Sensation as if someone else in the bed	Petroleum 200 or 1M	4 hourly(3)
Sensation of bed being too small	Sulphur 200 or 1M	4 hourly(3)
Sensation as if patient is in a strange place	Opium 200 or 1M	4 hourly(3)
Snsation as if tongue were scaled	Platinum 200 or 1M	4 hourly(3)
Sensation as if cold water ran down outside the oesophagus	Veratrum alb.200 or 1M	4 hourly(3)

Sensation as if damp clothing was on arms and legs	Veratrum vir.200 or 1M	4 hourly(3)
Sensation as if bag of water turns when turning over in bed	Orinthogalum 200 or 1M	4 hourly(3)
Sensation as if drunk;skull would split	Mezereum 200 or 1M	4 hourly(3)
Sensation as if hot water poured from breast into abdomen	Sanguinaria c.200 or 1M	4 hourly(3)
Sensation as if dogs gnawed flesh and bones	Nitric-acid.200 or 1M	4 hourly(3)
Sensation as if spiders crawled over hand	Viscum alb.30 or 200	4 hourly(3)
Sensation as if things and people are black	Stramonium 200 or 1M	4 hourly(3)

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Septicaemia - Blood Poisoning

Symptoms/Problems	Remedy	Frequency(doses)
When due to injuries;veins become darker in colour and fever goes upto 97 deg F to 105 deg F.Infection spreading from uterus;after child birth	Echinacea Q or 30	2 hourly
Muscular soreness;restlessness;great debility and prostration.Particularly in long continued fever like typhoid	Baptisia 6 or 30	4 hourly
Patient over sensitive to touch;can not even tolerate touch of clothes;worse after sleep.Bruised,lacerated wounds, gangrene and carbuncles etc. with high fever	Lachesis 30 or 200	4 hourly(3)
Due to bruises;bed feels very hard; restlessness and bruised pain	Arnica 200 or 1M	4 hourly(3)
Septic fever;pulse fast,out of all proportion to the temperature; discharges offensive	Pyrogenium 200	10 min(3)
Septic fever with excessive thirst for little water at a time at short intervals; anxiety and restlessness;burning sensation;putrid discharge	Arsenic alb.30	3 hourly
Septicaemia after surgical operations; loss of vital fluids,coldness of body and desire for fanning	Carbo veg.30	3 hourly

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Sexual Desire-Female(see Masturbation and Nymphomania also)

Symptoms/Problems	Remedy	Frequency(doses)
Nymphomania,unbearable sexual desire especially in young unmarried girls.Wishes to embrace everybody	Platina 200 or 1M	10 min(3)
If Platina does not relieve the above symptoms,exposes the genital organs,sexual desire unbearable;easily influenced	Phosphorus 200 or 1M	10 min(3)
Patient exposes her genitals; indecent,obscene and talks nonsense	Hyoscyamus 200	10 min(3)
Least touch of the genital organs produces excessive sexual desire	Murex 30 or 200	4 hourly
Itching of genitals;restlessness, sexual excitement;excessive desire to embrace	Agaricus mus.30 or 200	4 hourly
Worms in vagina cause itching; excessive sexual excitement due to scratching the genital organs	Caladium s.30 or 200	4 hourly
Excessive sexual excitement during menstrual periods	Stramonium 200 or 1M	10 min(3)
Leucorrhoea with increased sexual desire	Sepia 200	10 min(3)
Timid,weepy,thirstless and chilly women,likes consolation,open air and to be embraced	Pulsatilla 200	10 min(3)
Aversion to coition due to dryness of vagina	Natrum mur.200	4 hourly(3)

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Sexual Desire(for Male)

Symptoms/Problems	Remedy	Frequency(doses)
Desire diminished or completely lost	Lycopodium 200 or 1M	weekly(3)
Desire diminished after excessive indulgence in sex	Staphysagria 200 or 1M	weekly(3)
Desire excessive;disturbing sleep	Cantharis 200 or 1M	weekly(3)
Excessive desire;easily excited	Zincum met.200 or 1M	weekly(3)
Excessive desire;without erections	Caladium 200 or 1M	weekly(3)
Excessive desire;fear of water	Lyssin 200 or 1M	weekly(3)
Excessive desire;can not control;trembles	Platina 200 or 1M	weekly(3)
Sexual desire with violent erections	Fluoric-acid.200 or 1M	weekly(3)
Sexual desire excessive in the morning	Antim-crud.200 or 1M	weekly(3)
Excessive desire in children or in old	Baryta-carb.200 or 1M	weekly(3)
Excessive sexual desire in patient of cholera	Verat-v.200 or 1M	weekly(3)
Sexual desire even after excess of coition	Phosphoric-ac.200 or 1M	weekly(3)
Desire more during delirium; fear of dark	Stramonium 200 or 1M	weekly(3)
Increased sexual desire at sight of erotic things	Tarentula h.200 or 1M	weekly(3)

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Sinusitis(see Cold,Catarrh,etc.,also)

Symptoms/Problems	Remedy	Frequency(doses)
Right sided frontal sinusitis; discharge thick,yellowish;worse by cold,damp and exertion	Penicillinum 30 or 200	6 hourly
Sinusitis after mastoid operation	Helka lava 3X or 6X	4 hourly
In acute or chronic sinusitis; catarrh with stringy discharge	Kali bich.30	4 hourly
Tearing pain in head;from root of nose,extending to forehead with nausea;dryness of mucous passages	Natrum mur.30	4 hourly
Pain begins at the back of head and settles over the eyes;worse under a fan	Silicea 1M	weekly(6)
Chronic cold with loss of smell and yellow green phlegm;better in cool,open air	Pulsatilla 30 or 200	4 hourly
Intercurrent remedy	Bacillinum 200 or 1M	fortnightly(3)
Complaints worse early morning; aversion to take bath	Sulphur 200	weekly(3)

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[Cold,Catarrh and Coryza](#)

Skin disorders(see Eczema,psoriasis,Scabies, Abscesses & Boils etc.,

Symptoms/Problems	Remedy	Frequency(doses)
Cracked;weeping eczema; constipation	Graphites 30 or 0/5	4 hourly
Injuries tends to suppurate;patient oversensitive to touch and cold etc.	Hepar sulph.30	6 hourly
Intolerable itching;scratching relieves but results in burning	Sulphur 30 or 0/5	4 hourly
Irresistable desire to scratch and scratching brings out blood	Aurum triph.30	6 hourly
When the stools and body odour is offensive alongwith skin complaints	Pyrogenium 200	10 min(3)

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Sleep-Affections of

Symptoms/Problems	Remedy	Frequency(doses)
Aggravation of complaints during or after the sleep	Lachesis 200 or 1M	10 min(3)
Aggravation of complaints due to loss of sleep;child nursing etc.	Cocculus ind.30	4 hourly
Amelioration of complaints after good sleep	Phosphorus 200	10 min(3)

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Sleeplessness(see *Insomnia also*)

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Slipped disc(see Backache,spondylosis etc. also)

Symptoms/Problems	Remedy	Frequency(doses)
Head remedy(to start the treatment);spine very sensitive; spasms in muscles of neck and back;feels bruised pain;as if bed is too hard;worse by movement but has to keep moving	Arnica 30 or 200	4 hourly(3)
Sudden onset of severe pain after exposure to dry cold winds;worse with every movement and at night;patient thirsty,restless,touchy and scared	Aconite 200	3 hourly
Burning,stitching and stinging pain;whole back feels tired and bruised;worse by heat and least movement;patient restless. irritable and depressed;wants to be uncovered and to be in cool air	Apis mel.30 or 200	3 hourly(3)
Violent cutting or tearing pain in the neck,spine or hips;walks restlessly to and fro in search of comfort;bed seems to surging up and down;worse when at rest	Belladonna 30 or 200	3 hourly
Pain in nape,back and limbs; after exposure to dry cold, especially eastern winds;better from heat,least movement; great thirst for large amount of water at long intervals	Bryonia alb.200	3 hourly(3)

Drawing and tearing pain in limbs; specially at back of knee with stiffness and weakness; lower limbs very restless at night; better from warmth and moist weather, cold winds, draughts and taking coffee	Causticum 30 or 200	3 hourly(3)
Pain intolerable; patient says that he would prefer death than this severe pain	Chamomilla 30 or 200	1/2 hourly(3)
Wandering pain; felt specially in fingers and wrists; pain at bottom of spine when sitting; worse by cold air; patient is cross and listless	Kali bich.30 or 200	3 hourly
Stitching and cutting pain often stabbing while at rest; pain extending up and down; back and into thighs; worse by walking; feels as if back would break; firm pressure in small of back gives relief	Kali carb.200	3 hourly(3)
Pain which shifts rapidly and spread centrally; associated with great stiffness; better from cold; worse by heat and movement	Ledum pal.200	3 hourly(3)
Pain which comes on after getting wet or over exertion; specially in lower part of the back; hurts while turning on bed, muscles seems paralysed; cramps in calves and soles at night; worse by dry cold, before rain	Nux vomica 30 or 200	3 hourly
Shooting pain in nape and elsewhere; neck and shoulders 'crack on movement; legs feel heavy in daytime and ache at night	Pulsatilla 200	3 hourly(3)

Pain brought on by over exertion or exposure to cold and wet;back pain is relieved by bending backwards;finger tips feel numb on grasping objects;pain and stiffness worse after rest and better by continued movement	Rhus tox.200 or 1M	3 hourly
Pain worse on walking on uneven surface,pavements etc. in old bachelors or maids	Conium mac.200	4 hourly(3)
Prolapsed disc;pain lumber region;worse by coughing	Ammon-carb.200	4 hourly(3)
Feels as if walking on cotton wools due to degeneration of spinal cord;stools hard, complicated	Alumina 200	4 hourly(3)
In flat,flabby and chilly patients;worse while bathing and exposure to cold	Calcarea carb.200 or 1M	4 hourly(3)

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Small pox

This is a viral and contagious disease characterized by vesicular and pustular eruptions. The initial symptoms are low feeling, shivering, headache and backache, cough with sore throat, hoarseness of voice and fever

Symptoms/Problems	Remedy	Frequency(doses)
Preventive remedy	Malandrinum 200	1 dose
Fever with restlessness and excessive thirst; fear of death and anxiety	Aconite 30 or 200	3 hourly
High fever with redness of eyes and face; rush of blood towards head	Belladonna 30	3 hourly
Initial stage with dullness, dizziness and drowsiness; nausea or vomiting and fever	Gelsemium 30	4 hourly
High fever with burning, hot, flushed face, and thirstlessness; better by cold	Apis mel.30	4 hourly
Eruptions and fever with desire to lie down quietly; lips dry, tongue coated; stools constipated; thirst for large quantities of water at long intervals	Bryonia alb.30 or 200	4 hourly
Eruptions fail to appear cause great anxiety; anger or delirium etc.; patient desires to run out	Hyoscyamus 30 or 200	3 hourly
When pus forms eruptions with pain; moist and swollen eruptions	Mercurius sol.30	4 hourly
Loss of strength, restlessness and burning pain; thirst unquenchable for small quantity of water at short intervals	Arsenic alb.30	4 hourly

When typhoid like symptoms of fever appear.Redness of triangular tip of tongue; restlessness	Rhus tox.30 or 200	4 hourly
Patient collapses due to complications;desire to be fanned; body cold	Carbo veg.30	1/2 hourly

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Sneezing(see Catarrh,cold,cough and Allergies also)

Symptoms/Problems	Remedy	Frequency(doses)
Due to sudden exposure to dry cold winds	Aconite 30 or 200	2 hourly
With burning,excoriating discharge; anxiety and unquenchable frequent thirst	Arsenic alb.30	3 hourly
Sneezing with body pain;cold sensation up the spine;dizziness and lazyness	Gelsemium 30	3 hourly
Sneezing worse entering a warm room; better in open air	Allium cepa 30	3 hourly
Intercurrent remedy	Bacillinum 1M	1 dose

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Snoring

Symptoms/Problems	Remedy	Frequency(doses)
Intercurrent remedy	Bacillinum 200 or 1M	fortnightly(3)
Due to nasal polyp;Chronic cases of atrophic rhinitis	Lemna min.Q or 6	4 hourly
In cases of chronic rhinitis;nose red and swollen;acid,corroding catarrh;bloody offensive discharge	Hippozaeninum 30	4 hourly
Snoring when the patient is unconscious or in coma;breathes through mouth;stools constipated	Opium 200	3 hourly(3)
During labor pains;after convulsions;weepy patients;feels better in open air	Pulsatilla 30	4 hourly

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Spermatorrhoea-Involuntary discharge of semen **(see Seminal Emissions also)**

Symptoms/Problems	Remedy	Frequency(doses)
Due to weakness;after sexual excesses	Acid phos.Q or 6	4 hourly
In unmarried persons;old bachelors	Conium mac.200	fortnightly(3)
Sexual organ cold and relaxed	Agnus cast.Q or 30	4 hourly
Frequent;during sleep;seminal emissions accompanying erotic dreams	Phosphorus 30 or 200	weekly(3)
Prostatic fluid dribbles out while straining to pass stools	Calcarea silic.30	6 hourly
Due to suppressed gonorrhoea; intercurrent remedy	Medorrhinum 200 or 1M	fortnightly(3)
Emissions with voluptuous dream and intense nervous thrill	Zincum phos.30	4 hourly
Intercurrent remedy;morning erections and pollutions;psoric patient	Psorinum 200 or 1M	fortnightly(3)

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[Seminal emissions](#)

Spine affections of(see Slipped disc,Backache and Spondylosis also)

Symptoms/Problems	Remedy	Frequency(doses)
Pain back;with paralytic weakness	Cocculus ind.30 or 200	4 hourly
Pain back;from below up	Conium mac.200 or 1M	4 hourly
Pain back;worse by anger and indignation;nerve pain in spine;pain in left scapula when at rest;drawing sensation in right scapula	Colocynt.200 or 1M	4 hourly
Pain back;cramp like pain in the region of kidneys; paralytic effects	Causticum 200 or 1M	4 hourly
Pain in upper dorsal vertebrae;lumbar and sacral areas	Cimicifuga 30 or 200	4 hourly
Pain in sacrum;pain due to injuries to coccyx.	Hypericum 200 or 1M	4 hourly
Pain across shoulders	Cannabis ind.200 or 1M	4 hourly
Pain in lumbo-sacral area; worse by slightest movement	Bryonia alb.200 or 1M	4 hourly
Pain in whole of spine or sacrumregion	Nux mosch.30 or 200	4 hourly
Pain in shoulder joints	Staphysagria 200 or 1M	4 hourly
Pain in coccyx when sitting	Kali bich.30 or 200	4 hourly
Pain in numbness in coccyx when sitting;pain in umbilical region goes through to back	Platina 200 or 1M	4 hourly
Pain with lancinations;like needles in dorsal spine	Croton tig.30 or 200	4 hourly
Pain tearing;downward through whole spine	Cina 30 or 200	4 hourly

Pain in middle of spine	Muriatic acid.30 or 200	4 hourly
Pain better by walking and pressing something hard;icy cold feeling between scapulae	Sepia 200	4 hourly
Pain shooting up from dorsal spine to occiput	Phosphorus 200	4 hourly
Pain violent;with opisthotonos	Natrum sulph.200 or 1M	4 hourly
Pain better by heat;pain with chilliness along the spine	Magnesia phos.12X or 30	4 hourly
Pain worse by touch and pressure	Kali carb.30 or 200	4 hourly
Pain shooting down to gluteal muscles or hips	Lac-can.200	4 hourly
Burning pain;like hot iron thrust into the spine	Alumina 30 or 200	4 hourly
Pain better by straightening and bending stiffy backwards with rectal symptoms	Aethusa cy.30	4 hourly
Rheumatic pain in shoulder	Sanguinaria c.30 or 200	4 hourly
Interscapular pain	Cicuta v.30 or 200	4 hourly
Pain better warmth;worse rest and cold	Rhus tox.200 or 1M	4 hourly
Pain between scapulae; burning pain	Arsenic alb.30 or 200	4 hourly
Pain in left scapulae;pain worse by lying down;better by warmth	Tuberculinum k.200 or 1M	4 hourly
Stitches in and between scapulae	Nitric acid.30 or 200	4 hourly

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Spleen-Ailments of

Symptoms/Problems	Remedy	Frequency(doses)
Dropsy due to enlarged spleen; restlessness and unquenchable thirst	Arsenic alb.30	4 hourly
Spleen hard and enlarged; emaciation of body though eats well	Iodium 30	4 hourly
Spleen enlarged and sore to touch;craving for cold drinks	Phosphorus 30 or 200	4 hourly(3)
Spleen painful and enlarged; pain in the whole of left side; dyspnoea	Ceanothus Q	4 hourly,5-10 drops
Sharp pain in the region of the spleen;stools constipated	Hydrastis can.Q or 30	4 hourly
Swelling of spleen;worse in damp places or weather;chilly feeling;digestion slow	China off.6 or 30	4 hourly
Enlargement of liver and spleen in infants	Calcarea ars.6	4 hourly

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Spondylosis(see Cervical Spondylosis also)

This is a disorder resulting from chronic disc degeneration. Degeneration changes occur in the inter-vertebral discs.This may effect only one disc or there may be involvement of several discs.The spondylosis is specially liable to interfere with the blood supply to the spinal cord and thus lead to further damages

Symptoms/Problems	Remedy	Frequency(doses)
Head remedy for cervical spondylitis. Inflammation of vertebrae;feels as if bones were scrapped with a knife;paralytic weakness of spine and general weakness;worse by exertion;loss of vital fluids;better by warmth	Acid-phos.30	4 hourly
Pain in lumbar and sacral region;pain spreading to right scapula	Chloromycetin.30	4 hourly
Pain cervical region with frontal and dorsal aching;worse in the morning and before menses	Pneumococcus 200	6 hourly
Dorsal and lumbar spondylosis;to correct deformities of bones.Fat, flabby,weak and chilly patient;injury to lower spine;over lifting, softening and weakness of bones	Calc-carb.200 or 1M	weekly(6)

Intercurrent remedies. To correct deformities of vertebrae.Burning pain;worse small of back and coccyx	Sulphur 200 or 1M	weekly(3)
In delicate person who grow very fast;waxy, anaemic,craves for salt and icy cold preparations;fear of dark;curvature of spine. Burning,shooting pain up dorsal spine to occiput.Vertigo after rising;broken pain in back;worse by exertion	Phosphorus 30 or 200	4 hourly(3)
Spinal weakness;when bones become necrosed, breaks easily.Pain coccyx;fetid for sweat; timid,chilly,over sensitive patient;to correct curvature of bones;vertigo from looking up;better by warmth	Silicea 200 or 1M	weekly(3)
Pain back;between shoulders,lumbar and sacral region;history of over working;chronic bachelors/maids; weakness of body and mind,vertigo,while lying down and turning over in bed	Conium mac.200 or 1M	weekly(3)

Pain small of back and coccyx;worse by heat; stiffness and swelling of joints.Bad effects of mercury;worse by warmth;better by motion and open air	Kali iod.200 or 1M	weekly(3)
Vertigo with sensation of something is rolling round in head.Pain and weakness in small of back;better by lying down,walking and pressure on back	Sepia 30 or 200	4 hourly(3)
Pain and weakness in small of back,burning in spine,shooting down to hips,worse by walking;3 - 4 A.M.	Kali carb.30 or 200	4 hourly(3)
Back pain because of over lifting;gatting wet while perspiring;small of back stiff and bruised. Pain better after continued motion and warmth;worse by cold and rest	Rhus tox.200 or 1M	4 hourly
Soreness and pain in lumbar region;worse rising from chair,back stiff and tense;pain shoulders blades;tearing and drawing pain;better by warmth,damp and wet weather	Causticum 30 or 200	6 hourly

Pain back bones as if broken;burning pain lumbar region;vertigo; worse by motion specially when closing eyes by pressure,noise, least jar	Theridion 30	4 hourly
Pain in small of back, lumbar and sacral area; cracking of cervical vertebrae;worse by walking;brused pain in shoulders and arms; worse by loss of sleep	Cocculus ind.30	4 hourly
Pain small of back, lumbar,sacral vertebrae; mental confusion;pain ascending from nape of neck;worse after getting wet	Dulcamara 200 or 1M	10 min(3)
Pain lumbo-sacral region;worse by slightest motion;vertigo;stitching pain and stiffness in small of back	Bryonia 30 or 200	4 hourly
Pain sacrum region. Vertigo when walking in open air,worse by cold, better by warmth	Nux vomica 30 or 200	3 hourly
Pain coccyx and sacrum when sitting;unable to stoop because of pain between scapula.Vertigo with nausea when rising from seat;better by heat	Kali bich.30 or 200	4 hourly

Pain nerves in spine; drawing pain left scapula when at rest; pain between scapulae; drawing pain in left cervical musclea.Vertigo when turning the head to the left;worse after anger and indignation	Colocynth.200 or 1M	10 min(3)
Backache and chilliness along spine;pain better by heat.Vertigo on moving,falls forward on closing eyes,better walking in open air	Magnesia Phos.12X or 30	4 hourly
Severe pain from brain to coccyx;pain worse touched,pressure; sensation of walking or floating in the air	Lac-can.200	10 min(3)
Back bend backwards like a arch;jerking, tearing pain in coccyx, specially during menses. Vertigo with gastralgia and muscular spasms	Cicuta v.30	4 hourly
Numbness and pain in extremities;tearing pain in sciatic nerve. Numbness alterate with pain	Gnaphalium 200 or 1M	6 hourly
Neck stiff and tense with drawing pain;nape rigid; worse before storms	Rhododendron 200 or 1M	10 min(3)

Pain upper dorsal, lumbar and sacral vertebrae; spine very sensitive, stiffness and contradiction of neck and back; worse moving, cold and during menstrual period	Ledum pal. 200 or 1M	10 min(3)
Intolerable pain in the back; worse during day and better sea side, neck stiff	Medorrhinum 200 or 1M	fortnightly(3)
With bruised pain due to carrying heavy weights; over exertions and injury of bones and sprains; worse by lying down, cold and wet	Ruta g. 30 or 200	6 hourly
Soreness in coccyx, dislocated feeling in sacrum; better by lying on right side. Fear of downward motion	Sanicula 30	4 hourly
Cervical spondylosis; crackling in the vertebrae	Magnetis polus arcticus 30 or 200	6 hourly
Spondylosis due to sexual excess; injury of back-bone	Symphytum 6 or 30	4 hourly
Pain lumbar region; bruised, feels as if vertebrae are dislocated; can not walk erect because of back pain	Arnica 200 or 1M	6 hourly
Pain lumbar region; stiffness of back; worse by heat, bending backwards, anger at night	Chamomilla 200	6 hourly

Pain lumbar region; shooting pain in the nape and back;between shoulders and sacrum after lifting;vertigo; better in open air	Pulsatilla 30 or 200	6 hourly
Despair of recovery; worse by cold air,better by warmth;patient puts warm clothings even in summer	Psorinum 200 or 1M	weekly(3)
Patient feels as if bones are made of glass	Thuja oc.200 or 1M	weekly(3)
Due to concussion of spine;pain sacrum vertebrae and coccyx	Hypericum 30 or 200	6 hourly

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Sprains

An injury to a joint with possible rupture of some of the ligaments or tendons, but without dislocation or fracture is called Sprain

Symptoms/Problems	Remedy	Frequency(doses)
Accompained by bruised pain	Arnica 30 or 200	3 hourly
Sprains of joints of tendons;pain worse by cold;better by warmth	Rhus tox.200	3 hourly
Of wrists and ankles	Ruta gr.30 or 200	3 hourly

For External Use:

Arnica and Rhus tox. Q in vegetable oils in 4:6

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Squint(Strabismus)

The inability to bring the visual axes of both eyes to meet at a certain point, and yet one eye will follow the other in all its movements. If the squinting eye deviates inward, it is 'Strabismus convergens'; if outwards then 'Divergens'; if upwards then it is 'sursumvergens'; and if downward then it is 'Deorsumvergens'.

The use of homoeopathic medicine has in the early stages of some cases relieved the tendency to permanent strabismus. In Acute/obstinate cases surgery is required.

Symptoms/Problems	Remedy	Frequency(doses)
In convergent strabismus occurring in children, particularly if spasmodic in nature, or caused from convulsions	Cicuta vir.30	4 hourly
Convergent strabismus, periodic, and resulting from spasm of the internal recti	Jaborandi 30	4 hourly
Due to worms	Cina 30 or 200	4 hourly

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Stammering

Chronic cases are hard to cure

Symptoms/Problems	Remedy	Frequency(doses)
Head remedy;often pronounces words wrong,and transposes letters and syllables;stuttering in words rich in consonants;lipping,paretic state of tongue and lips	Causticum 30	4 hourly
Trembling,heaviness and paralytic weakness of tongue;stammering speech	Belladonna 30	4 hourly
Patient becomes angry when not understood;stammering speech	Bufo rana 30	6 hourly
Difficulty in pronouncing some letters or particular words;2nd or 3rd word is particularly difficult to pronounce	Lachesis 30 or 200	3 hourly
Rapid and stammering speech	Mercurius sol.30	4 hourly
Stammering;weak speech	Secale cor.30	4 hourly
Repeat the first syllable of the first word several times;after that speaks plainly	Spigelia 30	4 hourly
Stammering;speech becomes difficult and unintelligible	Stramonium 200	6 hourly

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Sterility

The inability of the female to conceive,due to inadequacy in structure or function of the genital organs is called Sterility

Symptoms/Problems	Remedy	Frequency(doses)
Without any structure change	Mandragora 30	4 hourly
When conception does not take place due to white,thick mucilaginous,acid reacting mucous(leucorrhoea), destroying the self mobility of the spermatoza;feels as if warm water was flowing from the vagina.Menses early, painful,profuse or prolonged. Chronic cases of cervix erosion	Borax 30	4 hourly
Bio chemic remedy for similar symptoms	Natrum phos.6X	4 hourly
To arouse the activity of ovaries and pleasurable feeling,specially in tall, slender and over sensitive woman	Phosphorus 200	fortnightly(3)
Inflammation and induration of ovaries;albumen like sharp, excoriating,acid reacting discharge,throbbing,tearing, and burning pain in the uterus and the ovaries.Sex desire prostrated.Pain and Swellings of breast before and after menses.Dizziness on turning the head to the side.	Conium mac.200	fortnightly

In cases of dysmenorrhoea and severe uterine haemorrhage. Neck of the bladder feels as if swollen with intense desire to pass urine	Mitchella Q	4 hourly, 5 - 7 drops
Cases if scanty or delayed menstruation associated with severe headache and pain in the sacral region; uterine atony	Gossypium	4 hourly
Perspiration, sleeplessness and general weakness after every sexual intercourse. Menses early, profuse and long lasting; profuse, acrid, creamy, leucorrhoea continuing day and night. Fat and flabby patient	Calcarea carb. 200 or	fortnightly (3)
Menses scanty, pale, late and often missing from the months. Constipation, skin unhealthy, slow to heal, tendency to eczema, craking of corner of mouths and eye lids	Plumbum met. 30	6 hourly
Colic like pain during menstruation radiating towards groins and anus. Stools constipated	Graphites	6 hourly
History of repeated abortions. Contraction in the uterus stimulating labor	Caulophyllum 30	6 hourly
In cases of functional weakness of the procreative organs; abortion shortly after every conception; membranous dysmenorrhoea	Viburnum opulus Q or 6	4 hourly

**To tone up the uterus.
Bachelor, cutting, pressing,
contracting pain partly from
the uterus and partly from
ovaries; irritability of the
bladder; frequent, painful,
pressing pain in the neck of
the bladder**

Eupatorium purp.30

4 hourly

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Stone

Stone in the Bladder

Symptoms/Problems	Remedy	Frequency(doses)
Frequent urge to pass urine; worse at night;scanty,strong smelling,and coloured urine. Flow of urine slow due to inactive bladder	Medorrhinum 200 or 1M	10 min(3)
Catarrh of the bladder;with thick ropy mucous in urine; smells decomposed	Hydrastis can.30	4 hourly
Burning,cutting pain;frequent urge to pass urine	Cantharis 30	4 hourly
Urine scanty;frequent urge; worse lying on back,tenesmus; patient feels better in open,cool air	Pulsatilla 30	4 hourly
Dribbling of urine;though bladder is full of urine	Nux vomica 30	4 hourly
Urge constant;immediately after a few drops of urine collects in the bladder;can not control the urge;loss of thirst	Apis mel.30	4 hourly

Stone in the Kidney(see Renal Calculi)

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[Renal Calculi](#)

Stools Affections of(see Constipation,Diarrhoea, Dysentery and Cholera etc, also)

Symptoms/Problems	Remedy	Frequency(doses)
Spasmodic pain of sphincter after stool; gelatinous stools;aversion to smell of food	Colchicum 30	4 hourly
Stools passes with great pain and exertion;stools clay coloured	Hepar sulph.30	4 hourly
Stools painless,much flatulence;diarrhoeic-smell as of rotten eggs; dark brown in colour	Psorinum 200	weekly(3)
Intolerable pain in rectum during and after passing stools	Paeonia Q or 6	4 hourly
Pain in perineum while passing stool;must go to stool after eating;strong, long lasting odour of stools	Sanguinaria c.30 or 200	4 hourly
Stools pass only when leaning back with pain	Medorrhinum 200 or 1M	weekly(3)
Stools pass only when standing,hard,constipated	Alumina 30 or 0/5 and above	4 hourly
Stools passes better when standing	Causticum 30 or 0/5 and above	6 hourly
After stool,soreness and burning of perineum	Nitric acid.30	4 hourly
After taking a drink must go to stool;thirst after passing stool	Capsicum 30	4 hourly

Unability to strain due to paralytic weakness of rectal muscles;weakness and palpitation after passing stool,stools cool	Conium mac.30 or 200	4 hourly
With protrusion of stomach;black blood, partly solid,partly fluid; tongue white coated	Antim-crud.30 or 200	4 hourly
Long intervals between stools;offensive,bloody with muscular pain	Arnica 200	4 hourly
With pus;loose,slimy, mushy,very hot	Calcarea phos.6X or 6	4 hourly
Involuntary,after fright; hard and dry stools	Opium 200	4 hourly(3)
Passing stools after excitement;while urinating	Hyoscyamus 200	4 hourly(3)
Hurried;early morning stool	Sulphur 200	4 hourly(3)
Ineffectual urging; irritability	Nux vomica 30	4 hourly
Stools like coffee grounds	Terebinth.Q or 6	4 hourly
Stools dry;faecal matter-light coloured	Collinsonia Q or 30	4 hourly
Stools soft but difficult to expell	Nux mosch.30	4 hourly
Stools lumpy,shredy with mucous	Graphites 30 or 1M	4 hourly
Stools sudden,gushing, noisy,sputtering	Natrum sulph.30 or 200	4 hourly
Stools recedes back when almost voided	Silicea 12X or 30	4 hourly
Stools changes colour;not two stools alike	Pulsatilla 30 or 200	4 hourly
Stools green in colour; sour smelling	Natrum phos.6X or 30	4 hourly

Even solid stools are passed unnoticed	Aloe soc.30	4 hourly
Passing stools immediately after washing the head	Tarentula h.200 or 1M	10 min(3)

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Stye-Eyes(see Cysts also)

It is a small dark red boil like growth on the eye-lid with inflammation and pain.It may suppurate slowly or cysts and may re-occur repeatedly.

Symptoms/Problems	Remedy	Frequency(doses)
Styes with stiching pain;worse straining eyes;burning lachrymation from eyes;better by cold application;sensation of dust particles in the eyes	Aegle mar.Q or 30	4 hourly
Head remedy for styes	Calcarea pic.3X or 6	thrice daily
Stye;specially on the upper lid; worse by heat,better by cold	Pulsatilla 30 or 200	4 hourly
Stye recurrent,ulcerating,do not suppurate,remains hard like a nodule,may convert into cysts if not treated properly	Staphysagria 30	4 hourly
Stye;condylomatous and hard	Thuja oc.200 or 1M	10 min(3)
Stye;near outer canthus	Aurum sulph.30	4 hourly
Stye;recurrent,suppurating,painful; worse by cold;better by heat	Hepar sulph.30	4 hourly
Stye;eye-lids swollen	Alumina silic.30	4 hourly
Stye;pustular,suppurating;burning and redness in eyes	Silicea 30	4 hourly
To dissolve cystic formations	Thiosinamine 3X	3 hourly
Stye;inner canthi with watering of eyes	Natrum mur.30	4 hourly
Syte;right upper eye lid	Ammonium carb.30	4 hourly
Stye;burning sensation;better by hot fomentation	Arsenic alb.30	4 hourly

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Sugar In Urine(see diabetes Mellitus also)

Symptoms/Problems	Remedy	Frequency(doses)
Well proven indian drug	Cephalandra ind.Q	4 hourly,5 - 10 drops
Head remedy	Syzygium j.Q	4 hourly,5 -10 drops
Sugar in urine;fidgety feet	Zincum phos.30	4 hourly
Sugar in urine;urine copious; emaciation,patient ill tempered	Tarentula h.30 or 200	4 hourly(3)
With great emaciation;craves for icy cold water	Phosphorus 30 or 200	4 hourly(3)
The proven indian drug called 'Gur Mar'	Gymnema syl.Q	4 hourly,5 - 10 drops

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[Diabetes Mellitus](#)

Suicidal Disposition(see Sadness also)

Symptoms/Problems	Remedy	Frequency(doses)
Suicidal disposition;by hanging;after midnight	Arsenic alb.200 or 1M	4 hourly(3)
Thoughts driving to suicides	Carbo veg.200	4 hourly(3)
Desire to suicide;with an axe or knife	Naja trip.200 or 1M	4 hourly(3)
Suicidal disposition;always talks of committing suicide but lacks courage	Nux vomica 200	4 hourly(3)
Suicidal disposition;by drowning	Rhus tox.200 or 1M	4 hourly(3)
Suicidal disposition;from disappointed love;desire to run away	Hyocyamus nig.200 or 1M	4 hourly(3)
Suicidal disposition;with fear of death	Nitric acid.200 or 1M	4 hourly(3)
Suicidal disposition;to set oneself on fire	Hepar sulph.200 or 1M	4 hourly(3)
Suicidal disposition;with a knife,during menses,by starving	Mercurius sol.200 or 1M	4 hourly(3)
Suicidal disposition;with a razor;fear of dark	Stramonium 200 or 1M	4 hourly(3)
Suicidal disposition from pain; desire to throw himself from height>window	Aurum met.200 or 1M	4 hourly(3)
Suicidal disposition,during perspiration,by stabbing	Calcarea carb.200 or 1M	4 hourly(3)
Suicidal disposition;by poison	Belladonna 200 or 1M	4 hourly(3)
Suicidal disposition;from sadness,due to indignation,by shooting	Staphysagria 200 or 1M	4 hourly(3)
Suicidal disposition after seeing blood or a knife	Alumina 200 or 1M	4 hourly(3)

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[Sadness](#)

Sun Burn

Symptoms/Problems	Remedy	Frequency(doses)
With redness;heat and throbbing pain	Belladonna 30	3 hourly
After a day in the sun;when a reaction is expected	Cantharis 6 or 30	3 hourly
When patient is in coma;due to fatigue in sun	Opium 200 or 1M	10 min(3)
Chronic effects of sun stroke; excessive thirst and constipation	Natrum mur.6X or 30	3 hourly
With severe headache;sinking and vomiting	Glonoine 3X or 6	1/2 hourly
With cold sweating on forehead; nausea,throbbing pain and loose motions	Veratrum alb.30	1/2 hourly

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Sun Stroke

Sun Stroke(Affections of)

Symptoms/Problems	Remedy	Frequency(doses)
Head exposed in sun;specially while asleep;thirst more,eyes and face red,restlessness,anxiety,fear of death	Aconite 30 or 200	1/2 hourly
With severe throbbing headache; worse jar.Rush of blood towards head	Belladonna 30	1/2 hourly
Head very hot while body temperature is normal,eyes bloody red,attack sudden;stools and urine passes involuntarily	Arnica mont.30	1/2 hourly
When body become cold with complete prostration of vital forces.Cold sweating and cramps in muscles	Camphora Q	1/2 hourly,5 -10 drops
Confusion of mind after sun stroke with prostration and trembling;dimness of vision; headache worse occiput	Gelsemium 30	1/2 hourly
Intense nausea;vomiting; throbbing;violent headache;brain feels as if expanding	Glonoine 3X or 6	1/2 hourly
Face dark;red and bloated;eyes almost closed;unconsciousness	Opium 200 or 1M	1/2 hourly(3)
Sudden with rapid congestion, heaviness,and fullness of head. Vomiting;cold sweat on face, hands and feet	Veratrum v.30	1/2 hourly
Vertigo;headache,nausea, vomiting and vision loss;worse by motion,opening the eyes and noise	Theridion 30	1/2 hourly

Sudden;violent congestion of head as if bandaged;bursting headache with prostration

Cactus g.Q or 30

1/2 hourly

Sun Stroke(After Effects of)

Symptoms/Problems	Remedy	Frequency(doses)
Sun's heat and electrical changes in the atmosphere makes the patient worse;hammering haedache;patient feels weak in summer	Lachesis 200	10 min(3)
Patient feels hot in wet weather; headache;cannot think properly while in sun	Natrum carb.200	10 min(3)
Feels worse in sun and heat;anaemic, cachectic,faints easily in sun;excessive thirst,stools constipated	Natrum mur.200	10 min(3)
The complaints becomes worse with the rising sun and patient feels energitic as the sun sinks down	Selenium 30	4 hourly(3)
Forgets the known streets and roads due to sun stroke	Glonoine 3X or 30	4 hourly

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Suppressions-Bad effects of(see other relevant ailments also)

Symptoms/Problems	Remedy	Frequency(doses)
Mania;due to suppression of eruptions	Zincum met.200 or 1M	10 min(3)
Insanity;due to suppression of eruptions	Sulphur 200 or 1M	10 min(3)
Convulsions or cataract.etc; after suppression of foot sweat	Silicea 200 or 1M	10 min(3)
Asthma;due to suppression of foot sweat	Oleum an.200	10 min(3)
Gonorrhoea;after effects of	Medorrhinum 200	10 min(3)
Haemorrhoids;due to suppression of leucorrhoea	Ammon-mur.30 or 200	4 hourly
Deafness;due to suppression of syphilis	Kreosote 30 or 200	10 min(3)
Burns;after effects of	Causticum 30 or 200	weekly(3)
Itching;due to suppression of eruptions	Arsenic alb.30 or 200	4 hourly(3)
Twitching;due to suppression of eruptions	Zincum met.200	10 min(3)
Bad effects of insults; humiliation or indignation	Staphysagria 200 or 1M	10 min(3)
Kidney troubles;after diphtheria,scarlatina or typhoid fever	Terebinth.Q or 30	4 hourly
Rheumatism;after suppression of diarrhoea	Abortanum 30 or 200	4 hourly(3)

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Sweat Affections of

Symptoms/Problems	Remedy	Frequency(doses)
Never sweats;stools hard and constipated	Alumina 200 or 0/5 onwards	6 hourly
Sweat on uncovered part or every part except face;no sweat on covered parts; smells like honey	Thuja 200 or 1M	10 min(3)
Cold;greasy sweats,while eating;complaints increase with sweats,profuse without relief	Mercurius sol.30 or 200	4 hourly
Profuse;after acute diseases, bringing relief	Psorinum 200 or 1M	4 hourly(3)
Sweat constant;gastric complaints with	Colchicum 30 or 200	4 hourly
With great thirst and weakness;on being covered	China 6 or 30	4 hourly
With smarting sensation in the skin	Chamomilla 30 or 200	4 hourly(3)
With vomiting	Camphora 30	4 hourly(3)
With palpitation;bloody sweat and hammering pain	Lachesis 30 or 200	4 hourly(3)
With itching on walking; sweats,but can not bear to be covered;on hands and feet,warm sweats;worse by heat of bed	Ledum pal.30 or 200	4 hourly(3)
Slight;over whole body,with anxiety and fear	Aconite nap.30 or 200	4 hourly(3)
Lack of sweat even in summer	Nux mosch.30 or 200	4 hourly(3)
Partial sweats;on hands with coldness,on neck and chest	Calcarea phos.6X or 30	4 hourly

Only on covered parts	Belladonna 30	4 hourly
Can not bear to be uncovered while sweating	Aethusa cy.30	4 hourly
Cold sweats,on feet and legs; patient over sensitive	Hepar sulph.30 or 200	4 hourly
Cold sweat;on arms and hands;with ravenous hunger	Acid-phos.Q or 30	4 hourly
Sweats cold and clammy	Veratrum vir.30	4 hourly
One sided sweat of face; worse by heat	Pulsatilla 30 or 200	4 hourly(3)
Sweat sticky	Cannabis ind.30 or 200	4 hourly(3)
Sweat stains linen yellow; tubercular patient	Tuberculinum k.200	4 hourly(3)
Sweat all over after a meal; axillary sweat	Nitric-acid.30 or 200	4 hourly(3)
Feels hungry while sweating	Sanguinaria c.30 or 200	4 hourly(3)
Sweat better on walking; stains yellow	Chelidonium Q or 30	4 hourly
Worse while walking in open air;odour of spice	Rhododendron 30 or 200	4 hourly
On making any motion sweat disappears and heat comes on;smells like onion	Lycopodium 30 or 200	4 hourly(3)
Sweat only while awake	Sepia 30 or 200	4 hourly(3)
Sweat from music;enjoys music	Tarentula h.200	4 hourly(3)
Sweat on forehead;desires fanning	Carbo veg.30 or 200	4 hourly(3)
Sweat on legs	Terebinth.Q or 30	4 hourly
Smells like garlic in armpits	Sulphur 30 or 200	4 hourly(3)
Offensive;carion-like	Pyrogenium 200	4 hourly(3)
On painful parts	Kali carb.30 or 200	4 hourly(3)
Sweat that attracts flies	Caladium s.30	4 hourly(3)
Stains the linen;spotted, stiffening	Selenium 30	4 hourly(3)

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Syphilis

Symptoms/Problems	Remedy	Frequency(doses)
In acute cases or in secondary stage when the chancre is hard;ulceration spreads deeply,bleeds easily; yellowish,fetid discharge, chronic nasal catarrh;acid, greenish,offensive discharge; pain and swelling of nasal bones	Mercurius sol.30 or 200	4 hourly
When Mercurius sol fails; chancre offensive,the outlines are irregular with the zig zag edges;looks like raw flesh but is deeper then Mercurius sol .ulcer.Chancre very sensitive to touch,filled with granulations;bleeds from slightest touch and dressing,offensive urine	Acid-nit.30 or 200	6 hourly
When the chancre and bubo are hard since long with swelling of glands;gums swollen and tender	Merc-bin-iod.3X or higher	4 hourly
Painless chancres with great swelling of inguinal glands; to prevent secondary symptoms of syphilis	Merc-proto-iod.3X or higher	4 hourly
When chancre spreads rapidly and emit acid, corroding pus which leads to spreading of ulcers which degenerates the parts	Merc-cor.30 or 200	4 hourly

In severe cases when gummatous tumors effects the nervous tissues;the edges of chancers are hard,and emits curdy pus.Severe pain in bones,worse at night	Kali iod.200 or above	6 hourly
When the ulcers are very sensitive to touch;bleeds easily;the discharge smells like old cheese;sticking, pricking pain	Hepar sulph.30 or 200	6 hourly
When chancers are extremely sensitive to slighest touch;even cloth of bandage is intolerable; gangrenous,phagedenic chancer,surrounded by a bluish lesion	Lachesis 30 or 200	6 hourly
For indolent chancers;ulcers on leg which do not heal easily;copper colour eruptions on head	Lycopodium 30 or 200	6 hourly
With debility and emaciation;patient desires open air or fanning; secretions foul	Carbo veg.30 or 200	4 hourly
Intercurrent remedy	Syphilinum 200 or 1M	fortnightly(3)

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Taste

Symptoms/Problems	Remedy	Frequency(Doses)
Better for everything;except water	Aconite 30 or 200	4 hourly
Bitter for everything;in tubercular patients	Stannum met.30 or 200	4 hourly
Even sweets bitter	Rumex 30 or 200	4 hourly
Though taste in mouth is bitter; but food and drinks taste normal	Nux vomica 30 or 200	4 hourly
Sugar taste bitter	Sanguinaria c.30 or 200	4 hourly
Plums taste bitter	Iodium 30 or 200	4 hourly
Water taste bitter	Arsenic alb.30 or 200	4 hourly

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Tears(see *Lachrymation* also)

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[Lachrymation](#)

Teeth(see Toothache and Pyorrhoea also)

Symptoms/Problems	Remedy	Frequency(doses)
Teeth feel too long	Chamomilla 30 or 200	4 hourly
Slow dentition	Calcarea phos.6X or 30	4 hourly
Chilly feeling through teeth	Antim-tart.30 or 200	4 hourly
Loose;when chewing	Nitric acid.30 or 200	4 hourly
Irrestible desire to bite teeth together	Phytolacca d.30 or 200	4 hourly
Grinding of teeth	Plumbum met.30 or 200	4 hourly
Black eruptions of teeth	Staphysagria 30 or 200	4 hourly
Tartar on teeth	Calcarea renalis 30	4 hourly
Painful cutting of teeth	Cheiranthus ch.30	4 hourly

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[Toothache](#)

[Pyorrhoea](#)

Tennis Elbow

Symptoms/Problems	Remedy	Frequency(doses)
Trembling of arms after exertion; aching in elbow;stiffness of arms	Rhus tox 1M or 10M	4 hourly(3)
Stiffness all over;sharp,shooting, neuralgic pains under the skin; worse by motion	Agaricus m.30 or 200	4 hourly
Tearing pain;with a sprained and paralysed feeling;drawing in fingers and thumb	Ambra gr.30 or 200	4 hourly
Tearing in bones of arms;cramp like drawing;bruised pain in bones of wrists and back of hands;worse by motion	Ruta g.30 or 200	4 hourly
Pain in elbow due to blow	Allium cepa 30	4 hourly

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Testicles(affections of)

Symptoms/Problems	Remedy	Frequency(doses)
Undescended in young boys	Thyroidinum 1M	10 min(3)
A proven remedy for undescended testicles	Aurum mur-nat.3X	4 hourly,2-3 months

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Tetanus

Symptoms/Problems	Remedy	Frquency(doses)
Tetanus after punctured wounds; to prevent	Ledum 200 or 1M	1/2 hourly(3)
Tetanus with deathly coldness	Camphora 200 or 1M	1/2 hourly(3)
Tetanus with drawing up corners of mouth	strychnin 200 or 1M	1/2 hourly(3)
Tetanic convulsions	Veratrum vir.200 or 1M	1/2 hourly(3)

Tetanus is a fatal disease,once the symptoms develop fully it is hard to manage.Hospitalize the patient in acute stage and give the indicated remedy in the meanwhile

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Thalassemia

Any of a group of inherited disorders of hemoglobin metabolism in which there is a decrease in net synthesis of a particular globin chain without change in the structure of that chain;several genetic types exists;and the corresponding clinical picture may vary from barely detectable hematologic abnormality to severe and fatal anaemia.The hemoglobin lepore syndromes are clinically indistinguishable,but the non-alpha-globin chains are structurally altered

Symptoms/Problems	Remedy	frequency(doses)
To increase the time period of successive blood-transfusion;aplastic anaemia	T.N.T.200	weekly(12)

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Thermal variations(Effects of hot and cold)

Symptoms/Problems	Remedy	Frequency(doses)
feels chilly;after every drink	Capsicum 30 or 200	4 hourly(3)
Though body is cold;yet wants to be fanned	Carbo veg.30 or 200	4 hourly(3)
Feels cold yet better from cold; patient feels better by putting feet in cold water;worse after getting warm in bed	Ledum pal.30 or 200	4 hourly(3)
Feels worse from cold	Sepia 30 or 200	4 hourly(3)
Chilly on slightest movement; though cold but do not feel it; better by warmth	Nux vomica 30 or 200	4 hourly(3)
Patient feels worse from draughts	Belladonna 30 or 200	4 hourly(3)
Desire to be uncovered;burning of soles and palms	Sulphur 30 or 200	4 hourly(3)
Burning sensastion;relieved by heat;feels better after getting warmth in bed	Arsenic alb.30 or 200	4 hourly(3)
Feels externally warm;without internal heat	Ignatia 30 or 200	4 hourly(3)
Patient can not bear heat,sun	Glonoine 30 or 200	4 hourly(3)

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Thirst(Absence of)

Symptoms/Problems	Remedy	Frequency(doses)
With swollen throat	Apis mel.30 or 200	4 hourly
Even in high temperature	Gelsemium 30 or 200	2 hourly
Even though the mouth is dry	Pulsatilla 30 or 200	4 hourly

Thirst(Excessive)

Symptoms/Problems	Remedy	Frequency(doses)
With high temperature and anxiety	Aconite nap.30 or 200	2 hourly
For cold drinks;large quantities at a time	Bryonia 30 or 200	4 hourly
Due to intake of excessive salt; constipated	Natrum mur.30 or 200	4 hourly
Dry mouth and throat,desire for milk	Rhus tox.30 or 200	4 hourly
Unquenchable;drinks frequently though little at a time	Arsenic alb.30	4 hourly

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Throat sore(see Hoarseness also)

Symptoms/Problems	Remedy	Frequency(doses)
Due to sudden exposure to dry cold wind;sudden with anxiety and fear	Aconite nap.30 or 200	3 hourly
Dryness and burning in throat; unquenchable thirst drinks small quantity at a time but frequently	Arsenic alb.30	3 hourly
With excess of saliva;pus formation without pain in throat	Mercurius sol.30	3 hourly
Smarting pain;worse empty swallowing;can swallow liquids only;tonsils swollen	Baryta carb.200 or 1M	10 min(3)
Due to congestion,throat red,hot and swollen with burning	Belladonna 30	3 hourly
With pus formation;shooting and piercing pain;patient over sensitive to cold,touch,etc.,	Hepar sulph.30	3 hourly
With purple colour inflammation in the throat;pressure of clothes around throat intolerable	Lachesis 30	4 hourly

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[Hoarseness](#)

Thrombosis-coronary(see Coronary Thrombosis)

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[Coronary Thrombosis](#)

Thyrotoxicosis

***The state produced by excessive quantities of endogenous
or exogenous thyroid hormone***

Symptoms/Problems	Remedy	Frequency(doses)
Though eats well but losses weight	Iodium 30 or 200	4 hourly
Eats well but losses weight; worse after a shock or grief	Natrum mur.30 or 200	4 hourly
Intercurrent remedy	Thyroidinum 200 or 1M	4 hourly

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Time modalities(Aggravation of Symptoms at a specific time)

As time modality disturbs the patient as a whole so the same is very useful for proper selection of a remedy

Symptoms/Problems	Remedy
Worse about midnight;rest during	Rhus Tox.
Worse between midnight to 3 A.M.	Drosera
Worse 1 A.M. to 2 A.M.(midnight)	Arsenic alb.
Worse before 3 A.M.	Nux vomica,Thuja oc.
Worse 2 A.M. to 3 A.M	Kali bich
Worse 3 A.M. to 4 A.M.	Hypericum
Worse about 3 A.M.	Kali carb.
Worse during day time	Medorrhinum
Worse 10 A.M. to 11 A.M.	Gelsemium,Natrum mur.
Worse about 11 A.M	Ipecac,Sulphur
Worse in morning	Ignatia
Worse about 2 P.M.	Calc-carb.
Worse about 3 P.M.	Belladonna
Worse about 4 P.M.(fever)	Pulsatilla
Worse 4 P.M. to 5 P.M.	Carbo veg.
Worse 4 P.M. to 6 P.M.	Apis mel.
Worse 4 P.M. to 8 P.M.	Lycopodium
Worse 5 P.M. to 6 P.M.	Hepar sulph
Worse about 7 P.M.	Rhus Tox.
Worse before mid night	Aconite
Worse at night	Syphilinum
Worse whole night,specially first part	Merc-sol

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Tobacco craving

Symptoms/Problems	Remedy	Frequency(doses)
To reduce the craving;while discontinuing its use	Tabacum 30	4 hourly
Though addicted to tobacco;but cannot bear the odour of it	Lobelia in.Q	4 hourly,5 -10 drops
Great desire to smoke;tobacco heart; oppression of breathing as in asthma	Caladium s.30	4 hourly
To produce disgust for tobacco for habitual tobacco chewers	Plantago 30	4 hourly

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Tongue(affections of)

Symptoms/Problems	Remedy	Frequency(doses)
Blackish(bluish in typhoid) cracked;with thirst to sip small quantity of water frequently	Arsenic alb.30 or 200	4 hourly
Dry;with thirst for large quantity of water at a time at long intervals	Bryonia 30 or 200	4 hourly
Dry;without thirst,feels better in open air	Pulsatilla 30 or 200	4 hourly
White;thickly coated;gastric complaints	Antim-crud.30 or 200	4 hourly
Tip of tongue(triangular)red	Rhus tox.30 or 200	4 hourly
Flabby;moist with thirst,with imprints of teeth	Mercurius sol.30 or 200	4 hourly
Smooth as if varnished	Pyrogenium 200 or 1M	10 min(3)
With red streak in the center	Veratrum vir.30 or 200	4 hourly
Moist;dirty yellow with imprints of teeth;stools constipated	Hydrastis can.Q or 30	4 hourly
Cold;bluish	Camphora Q or 30	4 hourly
Bluish black,cracked	Bufo rana.30 or 200	4 hourly
Dry;stiff,leathery	Baptisa Q or 30	4 hourly
Dry;blackish;potrusion difficult; patient feels worse after sleep	Lachesis 30 or 200	4 hourly
Dry,pale and clammy	Acid-phos.30	4 hourly
Dry,sticking to the roof	Nux mos.30 or 200	4 hourly
Hangs out of the mouth	Stramonium 200 or 1M	10 min(3)
White coated;with imprints of teeth;diarrhoea	Podyphyllum 30	4 hourly
Retraction and protrusion like snake	Cuprum met.30 or 200	10 min(3)
Sensation of hair on tongue	Silicea 200 or 1M	10 min(3)
Clean with nausea or vomiting	Ipecac 30	4 hourly

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Tonsillitis

Symptoms/Problems	Remedy	Frequency(doses)
Intercurrent remedy	Bacillinum 1M	fortnightly(3)
High fever with redness and enlarged tonsils;after exposure, throbbing pain extending to ears	Belladonna 30	3 hourly
In chilly patient;over sensitive to any kind of cold;tonsils enlarged;throbbing pain; suppurative stage	Hepar sulph.30 or 200	4 hourly(3)
Empty swallowing difficult; worse by smoke	Ignatia 200 or 1M	10 min(3)
Complaints of tonsils begin in left side;worse by heat,vinegar, sour food and better by cold	Lachesis 30 or 200	4 hourly(3)
Complaints begin in right side; extremely painful	Lycopodium 200 or 1M	10 min(3)
With fetid breath;redness and stinging pains;worse at night	Mercurius sol.30 or 200	4 hourly
Slight exposure makes the tonsils worse;tonsils inflamed	Baryta carb.200 or 1M	10 min(3)
Tonsils red with white spots; painful	Phytolacca d.30	4 hourly
Tonsillitis;alternate sides	Lac caninum 200	10 min(3)
Swallowing difficult;dry cough	Spongia 30	4 hourly
Can swallow liquid foods only; solid food gages	Baptisia 30	4 hourly
Worse by heat;and better by cold;loss of thirst;stinging pain in tonsils	Apis mel.200	10 min(3)
Follicular tonsillitis;due to streptococcus infection;pain while swallowing extending to the ears	Ailanthus g.30	4 hourly

Swallowing difficult;patient looks prematurely old	Zincum phos.30 or 200	4 hourly
Tonsils enlarged;painful with tendency to suppurate;chilly patient	Silicea 200 or 1M	10 min(3)
Chronic cases;tonsils ulcerating; patient covers himself with warm clothings even in summer	Psorinum 200 or 1M	10 min(3)
With chronic hardness of parotid glands;cough,worse 3 to 4 A.M.	Kali carb.200	10 min(3)
Better from heat or hot drinks; and worse by cold;restlessness and burning sensation	Arsenic alb.30	4 hourly

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Toothache

Symptoms/Problems	Remedy	Frequency(doses)
Better by sweat;pain extends to ear,temple and cheek bone	Aphis chenopodi Q or 30	4 hourly
Better holding cold(ice) water in the mouth;worse by heat and hot fluids	Coffea 30 or 200	2 hourly
With thirstlessness;better holding cold water in the mouth;worse by warmth	Pulsatilla 30 or 200	2 hourly
Worse dipping hands in cold water;washer woman's toothache	Phosphorus 30 or 200	10 min(3)
Due to decayed teeth;very rapid decay of teeth;decay of milk teeth	Kreosote 30 or 200	4 hourly
Pain extending to ears;sensitive to touch;teeth feel too long	Plantago 30	3 hourly
Severe pain at the roots of the decayed teeth ;worse by pressure;mastication;pain extending to eyes;over sensitive to touch and cold	Staphysagria 30 or 200	4 hourly
Due to inflammation of decayed tooth;worse at night; hot and cold application	Mercurius sol.30 or 200	4 hourly
Severe pain;better by cold,open air,sucking teeth	Allium cepa 30	3 hourly
Worse by eating;drinking cold water,night,carious hollow teeth	Antim-crud.30 or 200	4 hourly
Worse taking anything sweet	Natrum carb.30 or 200	4 hourly
Worse after loss of vital fluids; while nursing the child	China off.30 or 200	4 hourly

Intolerable;radiating to face and ears;worse by warmth and drinking coffee	Chamomilla 200	10 min(3)
Toothache due to pyorrhoea	Carbo veg.30	4 hourly
To check bleeding after extraction of teeth;falling of teeth,and also to reduce pain due to filling etc.	Arnica mont.200	1/2 hourly(3)
Trobbing pain with dry mouth; gumboil	Belladonna 30	4 hourly
Teeth and gum are very sensitive to touch;bleed easily	Hepar sulph.30 or 200	4 hourly
Toothache relieved by heat and hot fluids;during teething in children	Magnesia phos.30	4 hourly

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Trachoma(see Conjunctivitis also)

This also known as granular conjunctivitis.It is highly communicable and it is caused by a virus

Symptoms/Problems	Remedy	Frequency(doses)
Acrid discharge from eyes;worse in open air;eye-lids stick together at night	Calcarea carb.200	10 min(3)
Cracks in the corner of eyes; profuse lachrymation;stools constipated	Graphites 30 or 200	4 hourly
With ulceration of cornea and eye-lids;patient over sensitive to open air and cold.Chronic catarrh of the conjunctiva	Hepar sulph.30 or 200	4 hourly
Eye-lids granulated;stringy,yellow discharge;worse in the evening and at night	Kali bich.30 or 200	4 hourly
When thick,yellow,bland discharge;better in open,cold air, worse by warmth	Pulsatilla 30 or 200	4 hourly
Catarrhal conjunctivitis;worse in inner canthus	Zincum met.30	4 hourly
Conjunctivitis;catarrhal and purulent;granular lids	Cuprum sulph.30	4 hourly

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[Conjunctivitis](#)

Travel sickness

Symptoms/Problems	Remedy	requency(doses)
With nausea while travelling by road;car,rail,sea,or air;with loathing and inclination to vomit	Cocculus ind.30	1/2 hourly
Deathly nausea;vomiting,fainting and sinking feeling;worse by smell of tobacco;sea sickness	Tabacum 30	1/2 hourly
With constant nausea and clean tongue	Ipecac 30	1/2 hourly
In air travel;fear of downward motion	Borax 30	1/2 hourly
Nausea with accumulation water in the mouth;pain with emptiness in the stomach;better by eating;worse sitting up;stiffness of muscles	Nux vomica 30 or 200	1/2 hourly
Nausea with splitting headache; loathing for food etc.Ineffectual vomiting	Petroleum 30	1/2 hourly
Nausea and vomiting accompanied by loss of appetite and giddiness attempting to rise;scalp sensitive to touch;air sickness	Rhus tox.30 or 200	1/2 hourly
Mountain sickness	Coca 6X or 30	2 hourly

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Tuberculosis

A specific disease caused by the presence of Mycobacterium tubercle bacilli;it may affect almost any tissue or organ the body;the most common seat of the disease being the lungs;the general symptoms are those of sepsis;hectic fever,sweats and emaciation.A rapidly fatal disease due to the general dissemination of tubercle bacilli in the blood,resulting in the formation of military tubercles in the various organs and tissues,and producing symptoms of profound toxæmia.

In homoeopathy the treatment of tuberculosis is based on the law of similia which consists of applying drugs which will lower the resistance to tuberculosis of the normal person,if given in crude doses for a long time.The weakness of such resistance is revealed in certain constitutional characteristics much earlier than the actual developement of the disease.The tubercular persons are badly effected by damp,humid climate,by over exertion,by loss of vital fluids and many other factors.

Symptoms/Problems	Remedy	Frequency(doses)
Pleurisy,stitching pain,oedema above the eye lids,patient feels worse at 3 A.M.	Kali carb.30 or 200	4 hourly(3)
Haemoptysis;craving for icy cold drinks	Phosphorus 30 or 200	4 hourly(3)
Loss of weight and emacination; even while eating well	Iodium 30 or 200	6 hourly
Pungent odour from mouth;on coughing due to lung abscess	Capsicum 30	4 hourly

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Tumours(Affections of)

Symptoms/Problems	Remedy	Frequency(doses)
Vomiting without nausea in cases of intracranial tumours	Ferrum met.30	4 hourly
Fibrous tumours of eye lids; uterine fibroids	Teucrium m-v.30	4 hourly
Tumour on skull with morbid matter;about neck	Baryta carb.30 or 200	4 hourly
Tumour with intolerable pain	Stramonium 200 or 1M	6 hourly
Painful or painless nodules under the skin all over the body;lancinating pain in the tumour	Conium mac.200 or 1M	weekly(3)
Malignant tumour of uterus; bleeds easily	Crotalus h.200 or 1M	weekly(3)
Tumours on knees	Calcarea fluor.12X or 30	4 hourly
Fibroid tumour of uterus	Ustilago Q or 30	4 hourly
Grandular tumour where no glands are usually found	Lapis alb.30	4 hourly
Hard tumour on skin	Manganum aceticum 30	4 hourly
Tumour on forehead;tibia,and other places	Stillingia Q or 30	4 hourly
Fibrous tumours of breast	Thyroidinum 200 or 1M	weekly(3)
Abdominal tumour	Kali iod.30 or 200	6 hourly

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Typhoid Fever(see Fever also)

1st Stage(Time of invasion)

Symptoms/Problems	Remedy	Frequency(doses)
Weakness,mild delirium;pain head; back,and limbs;worse by motion; tongue whitish coated;lips dry and parched;with or without thirst for water in large quantities at a time; constipation,restless sleep,full of dreams of business,urine scanty and highly coloured	Bryonia alb.6 or 30	3 hourly
Extreme muscular and nervous prostration with desire to lie down; drowsiness,general trembling, muscles refused to obey the will;little or no thirst,stools normal;urine profuse;drooping of eye-lids	Gelsemium 6 or 30	3 hourly
Prostration and soreness as if bruised;patient falls asleep while answering;stupid,besotted,drunken expression;tongue coated with well defined streak down the middle;at first white and soon turns brown with red edges;stools loose,body parts feel as if scattered;tosses around to get together;profuse, scanty,dark and offensive urine	Baptisia Q or 30	3 hourly
Diarrhoea;tongue dry as a board,red triangular at the tip;delirium and stupor with muttering;restlessness; better by motion,patient toss and changes position	Rhus tox.6 or 30	3 hourly
Chilliness yet can't bear to be in a close room;tongue white,no thirst; weeps easily;menses retarded(usually for women)	Pulsatilla 30	4 hourly

High fever with bright red face;chilly, desires to be covered properly; nervous,sensitive,irritable easily (usually for men)	Nux vomica 6 or 30	4 hourly
Stupid,indifferent,apathetic condition;lies still on back;does not want to talk;painless diarrhoea; yellowish or whitish,watery stools with distension of the abdomen with rumbling(usually a remedy for married man)	Acid-phos.6 or 30	4 hourly
Apathetic;depressed;slees while answering;stupor;brused feeling,bed feels hard	Arnica 6 or 30	3 hourly

2nd Stage(In severe cases)

Symptoms/Problems	Remedy	Frequency(doses)
Muttering;stupor,almost complete insensibility;slees with mouth open,dry,red or dark tongue,trembles and catches on to the lower teeth; stools offensive;if haemorrhage,it is of dark decomposed blood,as of flakes of charred straw;can not tolerate anything about the throat or chest;sleep aggravates	Lachesis 30	3 hourly

Prostration;power of life greatly exhausted;restlessness and anxiety,constants movements of head and limbs, while trunk lies still due to weakness;tongue either dry, red,cracked or black,and stiff; excessive thirst for little water at a time but at frequent intervals;burning in stomach, watery,brownish or bloody offensive stools,worse at mid night	Arsenic alb.30	1/2 hourly
Stage of collapse;prostration, torpor,dissolution of blood, paralytic conditions;face deathly pale,sunken,cold; there may be haemorrhage from nose,mouth or anus; abdomen distented rumbling and gurgling of wind, cadaverous involuntary diarrhoea;rattling in chest, filled with mucous;circulation weak,blood stagnates in the capillaries with cyanotic blueness of face,lips and tongue,cold sweat;desires to constant fanning to get more oxygen	Carbo veg.30(China follows Carbo veg.)	1/2 hourly
due to weakness the patient constantly slides down in the bed;with moaning and groaning;lower jaw dropped; tongue greatly shrunken, leathery;paralysed pulse, intermitting every third beat; involuntary blood stools	Acid-mur.30	3 hourly

Fetidness of all exertion and secretions;pulse out of all proportion to temperature; tongue red,like raw beef,fiery red

Pyrogenium 6 or 30

1/2 hourly(3)

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Ulcers-Affections of(see Abscess & boils also)

Symptoms/Problems	Remedy	Frequency(doses)
Fistulous ulcers;with red, hard,inflamated areola; discharging more blood than pus of offensive odour	Causticum 30	4 hourly
Gangrenous degeneration of ulcers	Kreosote.30	4 hourly
Gastric ulcer with haemoptysis	Ornithogalum Q or 30	4 hourly
Syphilitic ulcer;worse in cold weather	Petroleum 30 or 200	4 hourly
Ulcers very red;dark glistening ulcer	Lac caninum 30 or 200	4 hourly
Yellowish ulcer;deep in tonsils;localised;old leg ulcer;on wrist	Kali bich.30 or 200	4 hourly
Purple colourd ulcer;with blackish patches;ulcer with feeble relaxed tissues; stagnating capillaries	Carbo veg.30 or 200	4 hourly
Ulcer dark;putrid; ulceration of mucous surface	Baptisia 30	4 hourly
Ulcer with whitish-yellow scabs;vesicles around	Mezereum 30	4 hourly
Ulcer with sensation of coldness;when after prolonged allopathic medication,and indicated drug do not act	Mercurius sol.1M or Higher	1 dose
Ulcer without sensation;due to intake of opium	Opium 30 or 200	4 hourly
Ulcer better from cold;and worse by heat	Ledum pal.30 or 200	4 hourly

To help discharge, and healing the ulcer, of soft palate; sensitive to touch, cold etc.	Hepar sulph.30	4 hourly
Ulcer very sensitive, purple coloured; can not bear even touch of clothes	Lachesis 30 or 200	4 hourly(3)
Ulcer internal; due to abuse of mercury	Argentum nit.30	4 hourly
Ulcer of mouth; aphthae; slight injuries suppurate and ulcerate	Borax 30	4 hourly
Chronic stomach ulcer; foul ulcers on skin	Bromium 30	4 hourly
Ulcer on lungs; cough and breathing complaints are worse at 3 to 4 A.M.	Kali carb.30	4 hourly
Ulcer of legs; about the nails and heels	Silicea 12X or 30	4 hourly
Ulcer of mucous membranes, of stomach and bowels	Salicylic acid.30	4 hourly
Ulcer of face and lips; excessive weakness	Conium mac.200	6 hourly
Ulcer very sensitive; ulcers with high and hard edges; easy bleeding	Asafoetida 30	4 hourly

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Unconsciousness(see Collapse and Fainting also)

Symptoms/Problems	Remedy	Frequency(doses)
When new born child do not breathe,and becomes blue without any visible obstruction	Laurocerasus 6 or 30	15 min(3)
After inhaling charcoal gas	Bovista 30	15 min(3)
After drinking alcohol or inhaling coal gas	Carbo-sulph.30	15 min(3)
Due to excessive loss of blood or vital fluids	China 30 or 200	1/2 hourly
In syphilitic miasm is in the background(when there is organic change in heart or lungs, avoid Syphilinum)	Syphilinum 10M	1 dose
If pulse and urine shows set back	Helleborus 200 or 1M	4 hourly(3)
When,due to suppressed anger	Colocynth 200 or 1M	4 hourly(3)
When after fright and lightning	Phosphorus 200 or 1M	15 min(3)
Intercurrent remedy	Sulphur 200	1 dose
When there is history of high blood pressure;depression and weakness of head	Aurum met.10M	15 min(3)

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Urine-Affections of

Symptoms/Problems	Remedy	Frequency(doses)
Burning before and after micturition	Cantharis 30 or 200	4 hourly(3)
Burning in urethra when not micturating;complaints of newly married persons	Staphysagria 30 or 200	4 hourly(3)
Burning,stinging pains before, during and after micturition	Cannabis ind.30 or 200	4 hourly(3)
Difficult micturition;uraemic coma	Plumbum met.30 or 200	4 hourly(3)
Urine profuse with weakness	Calcarea phos.6X or 30	4 hourly
Retention of urine with full bladder	Opium 30 or 200	4 hourly(3)
Can not pass urine;except when standing,involuntary,due to paralysis of sphincter;urine passes with every cough. Retention of urine after operation	Causticum 30 or 200	4 hourly(3)
Urine alkaline and ropy;feels as some urine stills remains in the bladder even after passing	Kali bich.30 or 200	4 hourly
Urine dribbles while sitting; frequent urging with scanty urination and burning,can pass urine only while standing; discharge of gas with urine	Sarsaparilla 30 or 200	4 hourly(3)
Urging to pass urine;due to impending fever;pulse out of all proportion to the temperature	Pyrogenium 200 or 1M	4 hourly(3)
Urine drops vertically;patient must wait before urine starts	Hepar sulph 30 or 200	4 hourly(3)
Cannot pass urine without straining;frequent during day	Lilium tig.30 or 200	4 hourly(3)

Has to weight a long time to pass urine;frequent desire to urinate	Lycopodium 30 or 200	4 hourly(3)
Can urinate only while lying down;frequent and profuse urination	Kreosote 30 or 200	4 hourly(3)
Can pass urine only while passing stools;frequent and copious	Acid-mur.30 or 200	4 hourly(3)
Pain in neck of bladder while urinating;ineffectual urging to urinate	Nux vomica 30 or 200	4 hourly(3)
Involuntary urine;during first sleep;red sediment in the urine which adheres tightly to the vessel	Sepia 30 or 200	4 hourly(3)
Passes urine when walking; coughing;sneezing;can not pass urine in presence of anyone	Natrum mur.12X or 30	4 hourly
Urine very acidic;passes in drops,thick with pus;bruised pain in urethra	Arnica 30 or 200	4 hourly
Urine dribbles while sitting and walking;patient feels better in open and cold air	Pulsatilla 30 or 200	4 hourly
Patient cries and screams before urination;urine hot and smarting	Borax 30 or 200	4 hourly
Urine comes with tickling in urethra	Ferrum phos.6X or 30	4 hourly
Urine offensive;haematuria	Salicylic acid.30 or 200	4 hourly
Urine fetid;burning while urination	Baptisia 30 or 200	4 hourly
Urine pungent;ammoniacal smell;urine dark brown and scanty	Asafoetida 30 or 200	4 hourly

Urine gelatinous,yellowish as in jaundice	Crotalus h.30 or 200	4 hourly(3)
Urine turbid;involuntary discharge of urine due to paralysis of neck of bladder	Dulcamara 30 or 200	4 hourly(3)
Urine albuminous;cloudy with sediments;smells of violets; haematuria	Terebinth.Q or 30	4 hourly
Urine with red sand;milky; with sandy deposits	Lycopodium 30 or 200	4 hourly(3)
Urine cold;strong smelling; patient feels cold while passing urine	Nitric-acid.30 or 200	4 hourly(3)
Urine highly coloured;flows very slowly;painful tenesmus when urinating	Madorrhinum 200 or 1M	4 hourly(3)
Urine like ink;pale,like lime water;retention of urine	Chelidonium Q or 30	4 hourly
Urine very yellow or dark brown;turbid when passed	Colchicum 30 or 200	4 hourly(3)
Urine frequent at night; micturition stops 5 - 6 times before bladder is empty	Thuja oc.200 or 1M	4 hourly(3)
Itching from contact of urine; constant desire but little is passed	Merc-sol.30 or 200	4 hourly(3)
Itching during micturition; dribbling after micturition; discharge of mucous with urine	Petroleum 30 or 200	4 hourly(3)
Blood in urine;persistent tenesmus of the bladder	Mercurius cor.30	3 hourly
Painful urination and constriction of urethra; accompanied by backache	Cucurbita cit.30	3 hourly
Pain in urethra when not passing urine;urine light yellow and cloudy	Natrum carb.30	4 hourly

Everytime patient urinates, jumps due to a sharp pain as if a sharp instrument had been struck under the great toe nail	Sulphur 30 or 200	4 hourly(3)
Can pass urine only while sitting down on knees with knees wide apart	Veratrum alb.30	4 hourly
Intercurrent remedy for all kinds of urinary infections	Morgan pure 200 or 1002	fortnightly(3)
Urinary complaints in syphilitic patient	Syphilinum 200 or 1M	weekly(3)

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Urticaria(Hives)

It is an eruption or itching wheal usually of systemic origin.It may be due to state of hypersensitivity to foods or drugs, foci of infections,physical agents(heat,cold,light and friction), or psychic stimuli.

It occurs in hypersensitive or allergic persons.Constitutional treatment is essential.

Symptoms/Problems	Remedy	Frequency(doses)
After taking rich,fatty food,meat etc.,better in open,cold air;loss of thirst	Pulsatilla 30 or 200	3 hourly
After taking tinned food,acid fruits,ice cream,over ripen fruits, better by heat	Arsenic alb.30 or 200	3 hourly
After taking strawberries	Oxalic acid.30	3 hourly
After taking mushrooms	Absinthium 30	3 hourly
With severe burning and swelling; after taking crabs;no thirst; frequent urination	Urtica urens Q or 30	3 hourly
After taking spoiled fish	carbo veg.30 or 200	3 hourly
After taking milk	Sepia 30 or 200	3 hourly
After taking aspirin,anacin,etc.	Antipyrin 30	3 hourly
After taking Quinine;excessive salt or after suppression of Malaria	Natrum mur.30 or 200	3 hourly
After mosquito bites;better washing with icy cold water	Ledum pal.30 or 200	3 hourly
After undressing;cold weather; better by warmth	Rumex 30 or 200	3 hourly
Due to change of weather; exposure to cold wet weather; violent itching while undressing	Dulcamara 30 or 200	4 hourly

Sudden;after exposure to cold,dry wind with anxiety	Aconite nap.30 or 200	2 hourly
After bathing;itching on getting warm,disturbing sleep	Bovista 30	2 hourly
Every spring;better by heat. Throwing of the clothes aggravates	Rhus tox.30 or 200	3 hourly
With sudden severe swelling amd burning;worse by heat;loss of thirst	Apis mel.30 or 200	3 hourly
In the beginning of winter;filthy smell from the body even after bath	Psorinum 200 or 1M	10 min(3)
Due to gastric catarrh;tongue thickly whitish coated;worse by heat	Antimonium crud.200	10 min(3)
Chronic urticaria;rashes on whole body with itching	Astacus fl.30	3 hourly
After taking alcoholic drinks; chilly patient;feels better in warmth	Nux vomica 30 or 200	3 hourly
Urticaria without itching	Uva ursi Q or 30	4 hourly
Due to suppression of intermittent fever	Elaterium 30	3 hourly
Urticarial rash with burning; fever;worse by heat,wearing woolen clothes;better by cold	Hygrophila spinosa 30	4 hourly

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Uterus-Affections of(see Prolapsus also)

Symptoms/Problems	Remedy	Frequency(doses)
Burning in uterus with metrorrhagia	Terebinth Q or 30	4 hourly
Cramps in uterus;labor-like pain;hysteric convulsion due to uterine irritation	Viburnum op.30	4 hourly
Bruised pain in uterus; complaints after dilatation and curettage(D & C)	Arnica mont.30 or 200	4 hourly
Congestion in uterus;feeble contractions;habitual abortion due to uterine debility	Caulophyllum 30 or 200	4 hourly
Gripping and pinching in uterus; uterine haemorrhage; intolerance of pain	Chamomilla 30 or 200	4 hourly
Bright and stringy haemorrhages from uterus	Lac.caninum 200	4 hourly(3)
Dark and stringy haemorrhages from uterus	Crocus sat.30 or 200	4 hourly(3)
Haemorrhage profuse,bright,in gushes from uterus with nausea and clean tongue	Ipecac Q or 30	4 hourly
Severe neuralgic pains in uterus;worse by touch or jar; displacement of uterus	Lilium tig.30 or 200	4 hourly(3)
Vulva painful and itchy; excessive itching in uterus with excessive sexual urge	Platina 200 or 1M	4 hourly(3)
Cancer;with profuse haemorrhages from uterus	Iodium 30 or 200	4 hourly
Fibroid tumours in uterus;ill effects of suppressed desire; ulcer on neck of uterus; haemorrhage after coition	Kreosote 30 or 200	4 hourly(3)

Polypus and weakness of uterus; prolapsus due to weakness	Calcarea phos.12X or 30	4 hourly
Feels as if everything would fall out from uterus;haemorrhages; gushing and hot	Belladonna 30 or 200	4 hourly
Uterine epilepsy and hysteria; feels better after flow from uterus starts	Cimicifuga 30 or 200	4 hourly(3)
To expel remaining contents from uterus after dilatation and curettage(D & C) in post operative cases	Pyrogenium 200 or 1M	4 hourly(3)
Uterine disorders of maids; unmarried old women	Conium mac.200 or 1M	4 hourly(3)

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[Prolapsus](#)

Vaccination-Affections of

Symptoms/Problems	Remedy	Frequency(doses)
Head remedy;ill effects of vaccination	Thuja oc.200 or 1M	10 min(3)
When Thuja oc. fails to take care of ill effects of vaccination	Antimonium tart.200	1 dose
Abscesses or convulsions after vaccination	Silicea 30 or 200	4 hourly(3)
Puffiness of whole body after vaccination;loss of thirst	Apis mel.30 or 200	4 hourly(3)
Fever with inflammation of vaccinated area of skin	Belladonna 30	4 hourly(3)
Dry,rough skin even after years of vaccination	Malandrinum 200	weekly(6)
Eczema and eruptions with itching after vaccination	Mezereum 30	4 hourly
To relieve eruptions and itching from face and other parts after vaccination	Sarsaparilla 30	4 hourly
Keloid or scar formation after vaccination	Vaccinium 200	weekly(6)

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Varicose veins

Symptoms/Problems	Remedy	Frequency(doses)
Head remedy;even for varicose ulcers	Hamamelis 30	4 hourly
When affected parts are bluish and sore; stinging pain;better in open and cold air	Pulsatilla 30	4 hourly
With burning sensation like fire;worse in mid night;better by warmth and hot	Arsenic alb.30	4 hourly
Chronic cases;worse by warmth;better by cold and while walking	Acid-fluor.30	4 hourly

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Vertigo(see Giddiness also)

Symptoms/Problems	Remedy	Frequency(doses)
Vertigo;worse by noise;with nausea with closing eyes;sea sickness	Theridion 30	4 hourly
Vertigo;worse ridding in a carriage or boat;raising eyes; with roaring in ears	Petroleum 30	3 hourly
Vertigo;from downward motion; afraid of falling	Borax 30	4 hourly
Vertigo;with sleepiness;worse after rising from seat	Aethusa cy.30	4 hourly
Vertigo;with eyes out of focus; worse while sitting;better by walking	Alumina 30	4 hourly
Vertigo;with sensation of falling and headache;during epileptic spasms	Calcarea phos.6X or 30	4 hourly
Vertigo; with pain in liver; inclination to fall forward	Chelidonium 30	4 hourly
Vertigo;with eyes open;motion, on turning head;of old peoples bachelors/maids	Conium mac.30 or 200	4 hourly
Vertigo;with dimness of vision; worse on walking and seeing objects transparently	Cyclamen 30	4 hourly
Vertigo;with momentary loss of consciousness;after dinner	Nux vomica 30 or 200	4 hourly
Vertigo;on rising from chair; motion;better by lying down quietly	Bryonia 30 or 200	4 hourly
Vertigo;on seeing running water; while crossing a bridge	Ferrum phos.12X or 30	4 hourly

Vertigo;on seeing moving objects, from paresis of accommodation, loss of sleep	Cocculus ind.30	4 hourly
Feels as if would fall on left side with vertigo;with giddiness in horizontal position	Salicylic acid.30	4 hourly
Vertigo;in the morning with feeling falling when standing;in married man due to excessive semen loss	Phosphoric acid.30	4 hourly
Vertigo;worse on closing eyes, after sleep,suppression of discharges	Lachesis 30 or 200	4 hourly(3)
Vertigo;worse after rising in the morning;looking upwards	Pulsatilla 30 or 200	4 hourly(3)
Vertigo;worse in open air;after eating in the evening	Phosphorus 30 or 200	4 hourly(3)
Vertigo;worse on turning over to right side	Ceanothus Q or 30	4 hourly

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Vision-affections of

Symptoms/Problems	Remedy	Frequency(doses)
Diplopia;from excess of sexual activity;from masturbation;loss of vision with nausea	Sepia 30 or 200	4 hourly(3)
Diplopia;alternating deafness; staring at objects	Cicuta v.30	4 hourly
Diplopia after diphtheria; affections of heart;patient feels worse after sleep	Lachesis 30	4 hourly(3)
Diplopia during pregnancy; drooping of eye-lids	Gelsemium 30	4 hourly
Disturbed accommodation; myopia,weak feeling in eyes	Physostigma 6 or 30	4 hourly
Patient sees rainbow colours; vision foggy;better rubbing eyes; loss of vision due to masturbation	Acid-phos.30	4 hourly
See snakes;vision obstructed by mucous	Argentum nit.30 or 200	4 hourly(3)
Loss of vision for colours; sudden blind spells with vertigo	Belladonna 30	4 hourly
Loss of visions from alcoholic drinks	Terbinth.Q or 30	4 hourly
Loss of vision without cause; after looking at white objects steadily	Tabacum 30	4 hourly
Loss of vision with epistaxis	Oxalic ac.30	4 hourly
Loss of vision due to inflammation in eyes	Mancinella 30	4 hourly
Loss of vision of over use of eyes; from grief;due to retinal haemorrhage;diplopia with nausea	Croton tig.30 or 200	4 hourly

Loss of vision after sudden fainting	Plumbum met.30 or 200	4 hourly(3)
Loss of vision with headache. Diplopia while blowing the nose	Causticum 30 or 200	4 hourly(3)
Loss of vision after headache; vision confused, letters run together on reading	Silicea 12X or 30	4 hourly
Loss of vision in hydrocephalus patient	Apocynum Q or 30	4 hourly
Loss of vision while reading; hysterical; from lightning, from tobacco; sees halo around the light; vision misty	Phosphorus 30 or 200	4 hourly(3)
Loss of vision; from optic nerve atrophy; diplopia; one image seen below other	Syphilinum 200 or 1M	weekly(3)
Loss of vision; periodical; floating of black spots in front of eyes	Mercurius sol.30 or 200	4 hourly
Loss of vision from retro-bulbar neuritis; after malaria fever	Chin-sulph.30	4 hourly
Loss of vision from lying in sun. Objects look red, striped	Conium mac.30 or 200	4 hourly(3)
Vision dizzy, confusing; sensitive to light	Theridion 30	4 hourly
Vision dim; objects flicker; sees countless stars; diplopia	Cyclamen.30	4 hourly
Objects look black; calls for light; small objects looks large	Stramonium.30 or 200	4 hourly(3)
Sees fiery spots; intercurrent remedy	Psorinum 200 or 1M	4 hourly(3)
Sees sparks; fiery and zig zag appearance around all objects	Natrum mur.12X or 30	4 hourly
Objects look very yellow; photophobia	Kali bich.30	4 hourly

Voice Loss(Aphonia)(see Hoarseness also)

Symptoms/Problems	Remedy	Frequency(Doses)
With hoarseness after debilitating disease	Carbo veg 30	4 hourly
From over use of voice,nervous exhaustion	Kali phos 6X or 30	4 hourly
With laryngitis;constant hawking	Phosphorus 30	4 hourly
Heated,becoming after,due to gastric origin	Antimonium crud.30	4 hourly

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Vomiting

Symptoms/Problems	Remedy	Frequency(Doses)
With burning pain in the stomach; unquenchable thirst,drinks little at a time but frequently;retching and fear of death	Arsenic alb.30	2 hourly
With constant nausea and clean tongue	Ipecac 30	2 hourly
After drinking alcohol;sour vomiting;after an hour of eating	Kali bich.30	2 hourly
Nausea and vomiting;worse after over eating;vomiting during pregnancy	Nux vomica 30 or 200	2 hourly
With face bathed with cold sweat; nausea and vomiting during pregnancy	Lobelia inf.30	2 hourly
Voilent vomiting with deathly nausea	Tabacum 30	2 hourly
Violent,forcible vomiting of slimy acid liquid with food;with painful distortion of face and cold sweat	Verat-alb 30	2 hourly

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Walking(see Gait also)

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[Gait\(Walking\)](#)

Warts

Symptoms/Problems	Remedy	Frequency(Doses)
Warts on prepuce	Cinnabaris 30	4 hourly
head remedy for warts	Calc calcinata 3x	4 hourly
Horny;solid,flat or sharp; especially on face,tip of nose and fingers	Causticum 200	6 hourly
Small warts around the anus	Aurum mur.3X	4 hourly
Cracky;cauliflower like,moist, in crops,bleeds easily on slightest touch	Thuja oc.200	6 hourly
Soft,spongy,horny,bleed easily; itching and stinging sensation	Calcarea carb.200 or 1M	6 hourly
Withered,suppurating,stinging sensation	Kali silic.30	4 hourly
Hard,painful;patient feels hungry at 9-10 A.M.,dread of bathing	Sulphur 200 or 1M	10 min(3)
On back of hands;large, smooth or fleshy on face and hands	Dulcamara 200 or 1M	10 min(3)
Covering whole face ;pimples all over the body	Magnesia sulph.30	4 hourly
Corns with yellowish discoloration and warts; especially hands;epithelial growths	Natrum carb.30 or200	4 hourly
Warts sore,on palms;corn with yellowish colour	Ferrum pic.30	4 hourly
Fig-warts,predunculated,dry, cauliflower like;syphilitic origin	Staphyasagria 200 or 1M	6 hourly
Large,jagged,condylomatous, pedunculated;bleeds easily; painful	Acid-nit 200 or 1M	6 hourly

In chronic cases where there is history of malignancy in patient or family

Carcinocin 200 or 1M

1 dose

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Wax(in Ears)

Symptoms/Problems	Remedy	Frequency(Doses)
Wax in ears ;hard,yellowish in colour	Pulsatilla 30 or 200	4 hourly
Wax,yellowish white,hard,dry, tearing pain in ears	Lachesis 30 or 200	4 hourly
Wax reddish,blood coloured; defective hearing	Conium mac.200 or 1M	10 min(3)
Wax reddish;foul smelling;sore pain behind ears	Psorinum 200 or 1M	10 min(3)
Excessive ear wax;deafness and re-echo of words	Causticum 200	10 min(3)

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Weakness(see emaciation also)

Symptoms/Problems	Remedy	Frequency(Doses)
Due to loss of sleep;nervous tension	Phosphorus 200	10 min(3)
Weakness of legs;after diarrhoea	Bovista 30	4 hourly
Due to nervous exhaustion; chilly patient	Calcarea carb 200	4 hourly(3)
General tonic for nervous exhaustion	Kali phos.6X or 30	4 hourly
Without any apparent cause;after acute disease	Alfa alfa tonic	Before meals
Intercurrent remedy for psoric patient	Psorinum 200 or 1M	weekly(3)

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[Emaciation](#)

Weeping

Symptoms/Problems	Remedy	Frequency(Doses)
Weeps day and night,hard to please	Apis mel.30 or 200	4 hourly(3)
Weeps at 11 A.M;morning	Sulphur 30 or 200	4 hourly(3)
Weeps in sleep,from contradiction	Nux vomica 30 or 200	4 hourly(3)
Weeps all night;laughs all day; alternating with cheerfulness,in dark	Stramonium 30 or 200	4 hourly(3)
Weeps when alone ;worse by consolation;remember unpleasant past events and weeps	Natrum mur 30 or 200	4 hourly(3)
weeps aloud,sobbing,4 -8 P.M., when thanked	Lycopodium 30 or 200	4 hourly(3)
Weeps on rvery occasion; when telling her sickness,while nursing,when interrupted, during coryza,answering a question,consolation ameliorates	Pulsatilla 30 or 200	4 hourly(3)
weeps after anxiety,from music	Graphites 30 or 200	4 hourly(3)
Stop weeping only when carried;obstinate	Chamomilla 30 or 200	4 hourly(3)
Weeps without knowing why; without reasons;restlessness	Rhus tox 30 or 200	4 hourly(3)
Weeps when demands are not fulfilled;when touched	Cina 30 or 200	4 hourly(3)
Weeps at trifles,old people for no reason;when sentiments are touched	Causticum 30 or 200	4 hourly(3)
Weeps before coughing; oversensitive to touch,cold etc.	Hepar sulph.30 or 200	4 hourly(3)

Weeps from joy; superiority complex	Platinum 30 or 200	4 hourly(3)
Weeps when meeting people; suicidal thoughts	Aurum mur.30 or 200	4 hourly(3)
Weeping periodical; every four weeks	Conium mac.30 or 200	4 hourly(3)
Weeps after pollutions (masturbation)	Ustilago 30 or 200	4 hourly(3)
Weeps during pregnancy	Magnesia carb.30 or 200	4 hourly(3)
Weeps while speaking;day time	Medorrhinum 30 or 200	4 hourly(3)
Weeps when spoken to ;violent out burst of passion;due to indignation	Staphysagria 30 or 200	4 hourly(3)
Weeps when walking in open air	Sepia 30 or 200	4 hourly(3)

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Wheezing(see Asthma and Bronchitis also)

Symptoms/Problems	Remedy	Frequency(Doses)
With coated tongue,much rattling due to mucous, shortness of breath,dyspnoea	Antimonium tart.30 or 200	1 dose
With clean tongue ,nausea and vomiting.Wheezing cough;chest full of phlegm	Ipecac 30	4 hourly
Accumulation of mucous, loose cough;difficult respiration; worse by cold and in cold air	Hepar sulph 30	4 hourly
Wheezing,rattling,with rattling in the larynx	Bromium 30	4 hourly
Respiration difficult;wheezy, croupy cough,cold extends downward from head to throat and bronchi	Iodium 30	4 hourly
With copious purulent expectoration;cough worse in the evening,with efforts to vomit with pain in chest	Kreosote 30 or 200	4 hourly
Wheezing; worse after lying down,after first sleep with spasmodic cough	Aralia r.30	4 hourly
Incurrent remedy;for chronic cases	Bacillinum 200 or 1M	fortightly(3)
Wheezing and oppression in chest in acute bronchitis; tenacious,profuse,whitish expectoration;sibilant rales	Grindelia 30	4 hourly
Wheezing; difficulty on raising cough;profused mucous(specially for the aged)	Senega Q or 30	4 hourly

Wheezing cough with rattling chest,spasmodic constriction in chest,worse after eating or drinking	Nux vomica 30 or 200	4 hourly
Wheezing cough with relaxed vulva;better by warmth. worse by cold and 3 - 4 A.M.	Kali carb 30 or 200	4 hourly(3)
Wheezing,paroxysmal cough, with suffocative obstruction of respiration and sneezing	Justicea Q or 30	4 hourly
Rales,loud,as if lungs are full of mucous;specially in bronchial catarrh of infants	Lycopodium 30 or 200	4 hourly(3)
From tickling in throat;glairy, greenish,copius,purulent expectoration;worse in damp weather	Nat-suplh 30 or 200	4 hourly(3)
Racking,spasmodic cough; intercurrent remedy,puts warm clothes even in summer	Psorinum 200 or 1M	10 min(3)
Rales,untill something is expectorated	Carbo ani 30 or 200	4 hourly(3)
With copius expectoration of mucous;worse by exposure from warmth to cold	Dulcamara 30 or 200	4 hourly(3)
Soreness and pressure in chest;catarrh of pharynx, worse in the morning	Sulphur 30 or 200	4 hourly(3)
With muco-purulent expectoration;restlessness and unquenchable thirst	Arsenic alb 30 or 200	4 hourly(3)
Accumulation of mucous in the throat;tickling in the throat pit	Causticum 30 or 200	4 hourly(3)
Accumulation of mucous in larynx;whistling,nausea and rattling in chest	Kali bich 30 or 200	4 hourly

Phlegm loose,but can not get it up; cough worse in the evening and after lying down	Sepia 30 or 200	4 hourly(3)
With greenish,offensive, sweetish sputum	Stannum met.30	4 hourly

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Whitlow

Deep seated abscess near the end of the finger, often under the nail with pain and swelling is called whitlow. The beginning may be in the shape of hard tumour like growth which very soon becomes hot and painful

Symptoms/Problems	Remedy	Frequency(Doses)
In acute cases;to abort abscess	Myristica seb Q or 3X	2 hourly
Before suppurative stage; worse from warmth	Mercurius sol.30	3 hourly
Intense throbbing pain;to promote suppuration	Hepar sulph 3X	2 hourly
When abscess is deep seated; excruciating pain;to promote suppuration	Silicea 30	3 hourly
Dark red or bluish lesion with intense pain	Lachesis 30 or 200	4 hourly(3)
Blackish,painful,burning pain, better by heat and warmth	Arsenic alb.30 and Carbo veg.30	alternate 2 hourly
When fungoid granulation forms in the effected flesh	Acid-nit 30	4 hourly
When pain is intolerable after exposure of nerves	Allium cepa 30	3 hourly
When due to injury of nails; effected lesion cold;better by cold compresses	Ledum pal 30 or 200	3 hourly
Cold applications ameliorates; worse by warmth,feels as if burning vapours are emitted from the effected lesion	Acid-flour 30 or 200	3 hourly(3)

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Whooping cough(see cough also)

Symptoms/Problems	Remedy	Frequency(Doses)
To start the treatment; intercurrent remedy	Syphilinum 1M	1 dose
Preventive remedy(give one dose after Syphilinum 1M in acute stage)	Pertussin 200 or 1M	1 dose
Whooping cough with vomiting of tough,ropy mucous; worse by warmth at night;better taking cold drinks in cold room	Coccus cact.30	4 hourly
While starts eating;coughs and vomits after few mouthfuls only	Bryonia alb.30 or 200	4 hourly
Head remedy;(sudden violent attacks)	Drosera Q or 6	4 hourly(3)
In young children;worse by least breath,air or fog	Mentha pip.30	3 hourly
with cold and clammy perspiration of intermittent nature;spasmodic	Cuprum ars.30	3 hourly
With dryness in throat;pain stomach and tears precede the fit of cough;worse by cold	Belladonna 30	4 hourly

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Worms

Symptoms/Problems	Remedy	Frequency(Doses)
Head remedy;to start the treatment	Cina 1M,15 min(3) from 2nd.day-Santonine 3X and Natrum phos.6X,twice each for one week or more,as required	see remedy
For tape worms; with morbid hunger	Anantherum 30	4 hourly
When worms travel over the perineum and get into the vagina and excite masturbation	Caladium s.30	4 hourly
Grinding of teeth; distension of abdomen with pain;worse after meal; itching around anus; nocturnal enuresis;desire for sweets	Embelia ribes Q or 30	4 hourly
For pin worms	Teucriumm-v.30	4 hourly
For Ascarides	Abrotanum 30	4 hourly
For hook worms	Chenopodium Q or 6	4 hourly
Intercurrent remedy	Sulphur 200 or 1M	weekly(3)

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Writers Cramp(see Cramps also)

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Yawning

Symptoms/Problems	Remedy	Frequency(Doses)
Even while physically occupied; with marked anxiety	Aconite 30 or 200	2 hourly
After eating;with stretching of the limbs	Nux vomica 30 or 200	3 hourly
Though sleeps well in night but yawns during day with desire to sleep	Lycopodium 30 or 200	4 hourly
Constant theorizing;mind always busy due to constant flow of ideas, sleep is not sound,desires to sleep during day and yawns	Sulphur 200 or 1M	10 min(3)
Spasmodic yawning	Platina 200 or 1M	10 min(3)
Yawning with dyspnoea	Bromium 30 or 200	4 hourly
Drowsiness without yawning	Chelidonium 30	4 hourly
For complaints that comes on whenever patient yawns; trembling and shuddering	Cina 30 or 200	4 hourly
Yawning with stretching and extending hands	Ruta g.30 or 200	4 hourly

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